

Links 195: December 2019



Contact Us

Our website is at: www.su3a.org.uk

Here you will find all the latest news and information about SU3A, including items that do not appear in *Links*.

Joining SU3A or to find out more:

Rita Webster-Carr Initial Enquiries Officer (0114) 230 8866 enquirysu3a.org.uk

Membership number or renewal:

SU3A Membership Team wa-adminsu3a.org.uk (01433) 659864

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All news and correspondence to the Editor: email: *linkssu3a.org.uk*

Remember the contributors' copy code:

Early, Literate, Accurate and Emailed

The *Links* Team is not responsible for the content of any articles. Any queries please contact the author of the article. We are sorry we have had to cut articles or carry them over to the next edition, due to insufficient space.

From the Chair

As I write this, the clocks have just been turned back one hour. A real sign that winter is upon us and we are close to the start of the Christmas festive season.

Membership renewal is in full swing and I hope you are all **ticking the box to opt in** to receive the e-newsletter. This will only be sent when we receive requests from our 2 universities or the NHS and occasionally from other U3As for volunteers to help in research projects. Traditionally, over the years our members have willingly volunteered and the results have influenced the reports to the NHS and hopefully contributed to their thinking on many medical issues affecting the over 60's. This symbiotic relationship is important to SU3A, the Universities and the NHS and I hope our members continue to put their names forward whenever they can. You will also be able to sign up from adverts in *Links* or in person at the Drop-In where the universities often have a stall.

Over the past few issues of *Links* the Weekenders, the Lunch & Lecture group and the UK Travel group have been advertising for new members to help run their events. As mentioned in the last issue of *Links*, the European Travel Group have agreed to take over the Weekenders operation and you will find adverts for their first two outings in this *Links*. The UK Travel group now have a new treasurer and will continue to offer quality and value-for-money outings into the future.

I am also pleased to inform you all that two members have come forward at the last minute to take over, from Dot Sutcliffe and Vera Dyer, the running of the Lunch & Lecture events. Over the 8-10 years they have been organising these lectures, we have been enthralled, educated, entertained, laughed and perhaps cried at the stories told. Both Dot and Vera are easing out of their responsibilities and on behalf of the Trustees and all members who have enjoyed the lectures, I thank them and wish them well for the future.

Finally, in the hurly-burly of the festive season, surrounded by our loved ones, it can be easy to forget that others may not be so blessed. Shall we all try to spare a thought and if possible, do something for them this Christmas.

Seasons Greetings for a Merry Christmas and a Happy New Year.



Brian Cave

NEWS

Coordinators: A date for your diary

The proposed date for the Coordinators' Meeting for 2020 is Thursday 19 March

We cannot run this meeting without you so please put this date in your diaries and keep the day clear if you can.

Details and confirmation of venue will be included in your invitations.

A gentle reminder to all Group Coordinators

If your group has an annual turnover above £1000.00 you must have your accounts independently assessed every year. More details are available on the Group Accounts section of the Group Coordinators website page, or contact the treasurer.

Chris Jones treasurersu3a.org.uk 07753 829771

GROUP NEWS

Cycling – Mondays



Cycling - Mondays is a large group of cyclists with a wide range of abilities when it comes to two wheels. Pedalling on quiet lanes and trails around Sheffield, sadly we can't avoid the hills so tend to embrace them for the views they give us. As well as the views from hill top and ridges, we pass through and stop at places of interest, and not just cafés (though the Oil Can Café in Hepworth was a 1950s experience), Pleasley Pit coal mining heritage, Churches, countryside and Stately Home Estates. Popular rides attract up to 20 riders from the 50 or so members of our group - they range from 20 miles to 40 miles and can be 'flattish' or hilly.

We are welcoming and friendly and have vacancies, if you have a Road, Mountain, Hybrid or eBike contact us for information or to join us. See picture above of members on a recent ride to the Oil Can Café.

Alan Bailey alanbailey56btinternet.com

English - Our Ever-changing Language

In recent times there has been much talk about language - how politicians use language to manipulate, how language can be divisive and promote civil unrest. Claims have been made that the English Language is being destroyed by the Internet, tweets, texts, young people... that American English is taking over the world.

In our group we discuss such issues as - how we acquire language, how English has changed over the centuries, why English spelling is so weird, the language of Chaucer and Shakespeare, Language and Social Class, Accent and Dialect and much more.

The group has been running for 5 years now and we will be re-launching in January with a range of new topics. This is not a taught course but a discussion-based interactive group. Meetings are held in S8 on the morning of the first Tuesday of each month. If interested please contact:

Maggie Lyons Iyonsmaidhotmail.com or text 07546 585703

A Cappella - Vacancy for a tenor

The A Cappella Singing Group would welcome another tenor to join them. Requirements are an ability to read music to a moderate standard, some relevant choir experience, to have a voice that blends and to be confident in holding your own part. We meet on a Tuesday afternoon approximately twice a month in members' homes but sometimes a bit more often. A level of commitment is needed to attend practices and members must be prepared to take part in any function/concert we are performing in.

We do not have an audition as such but reserve the right for anyone joining us to have a probationary period. We have no vacancies for other parts at the moment but anyone interested in being on the waiting list please contact me.

Stephanie Dixon stephdixon247gmail.com Tel: (0114) 247 0119 Coordinator: A Cappella

Fitness Tailor-made For You - a member's experience

I saw your article in Links 192 and thought I would just drop you a line to say what a success it has been for me. We were just generally discussing progress at one of the sessions and I realised just how much I have improved. You may remember that I am recovering from heart surgery and live just opposite from the Fitness Studio where the U3A sessions are held. At this time last year I was lucky to be able to walk from the flat to the top of the small hill without having to pause for breath, and I certainly couldn't carry the shopping up three flights of stairs without stopping. Now I regularly walk into the city centre and back and carry three bags of shopping up the stairs with no problem. I'm now walking longer distances out and about with my camera. I'm more or less back to my normal walking speed, i.e. overtaking joggers. So, all in all, it has been a great success for me especially as previously I would not have dreamt of going to a gym.

The sessions are lots of fun and the trainers (all excellent) change them round each time so that it isn't always the same circuit. So if anyone is hesitating about joining feel free to pass on my little success story to them. Thanks for organising the sessions.

Warmest regards, Harvey Charlesworth

For further information about our various classes please consult the Group pages in *Links* or on the website, or contact:

Ann Evans tattyheadx2gmail.com (0114) 348 6607

Walking Cricket

Walking Cricket, as mentioned in previous *Links*, is now an official group. Initially we'll meet on Thursday mornings. Winter play will be in a sports hall and summer play outdoors – venues to be decided. Teams are of 8 – usually with at least 3 ladies – and all kit is provided. We've 12 in the group and we are actively seeking new members. The game is suitable for all. If you'd like to know more contact:

Chris Jones 07753 829771 chrisbjones23gmail.com

Myths and Legends of the Ancient Gods

Ever wondered about the Ancient Gods? Are you interested in learning more? Our group is open for new members.

We meet up once a month either on a Monday or Friday. At the end of each meeting we agree what topic we wish to consider next, e.g. death, wisdom, war, etc. We then go away and investigate the topic (either individually or in pairs) in the context of the different ancient civilisations we are interested in. These currently include Greek, Roman, Egyptian and Norse. Our findings are then discussed the following month in a very relaxed manner over non-alcoholic drinks and biscuits, highlighting the similarities, if any, between the different civilisations.

We also look to visit relevant exhibitions and are currently investigating the "Gateway to Eternity: Death and the Afterlife in Ancient Egypt" exhibition at Wakefield Museum. If you are interested in joining the group please contact:

Samina Aslam sammas1747gmail.com (0114) 235 1489

Blues Ensemble

The Blues Ensemble meets fortnightly on a Thursday at 2.00 pm at the Ale House, off Archer Rd. We are not purists and play a mixture of country, Chicago, Dixie and anything else we can 'bluesify'. We have a mix of instruments (concert, Eb, and Bb pitches) but there's always room for more. We would particularly welcome 5-string banjo, keyboard and, if anybody out there plays, tuba? You don't have to be a great player just as long as you can play straightforward chords or melody (depending on your instrument). Any enquiry can be made to me at:

Clive Langman clive langmanhotmail.com

Opportunities for Members

Sharing Learning about Sheffield's Changing Neighbourhoods

Shared learning projects can take many forms, including, in this case, the great outdoors.

In June, Sheffield U3A Steel City Wanderers got together with the Carter Knowle and Millhouses Community Group (CKMCG) to plan and lead a walk that set out to explore local planning, policy, education and environmental issues relating to the Bannerdale Green and Open Space Consultation. During our visit we discussed the nature and quality of the housing built on the site of the former Abbeydale Grange School and the Barratts Housing scheme currently under development. We also discussed the ecological assessment of the Spring Wood Habitat, proposed leisure developments, drainage issues and the recent history and current developments of schools in the area.

The shared learning bit involved Sheffield U3A members learning about local democracy and community consultation in a specific neighbourhood, while contributing their knowledge and experience of development elsewhere in the city. We also gained access to materials relating to ecological assessment, community consultation and housing policy in Sheffield that may also be applicable to other neighbourhoods. This site visit 'model' is potentially replicable elsewhere in the city.

If you are interested in planning something along similar lines in partnership with a community group, please contact:

Philip Long pelong54gmail.com



University of Sheffield Research Institute Seeks U3A Members' Participation

The University of Sheffield has established the Healthy Lifespan Institute (HELSI) as a new research institute focusing on how to prevent or ameliorate the chronic conditions that affect a majority of people in later life and, especially the 3 in every 5 people aged 65 and over who have several conditions (or multimorbidities). HELSI is dedicated not only to research but also to doing all it can to ensure that research findings are translated as quickly as possible into new policies, clinical practices and products.

To achieve this knowledge exchange and shared learning goal we need to work closely with those affected by later life's chronic conditions and frailties and those for whom they are a future prospect. With this in mind HELSI would like to engage with U3A members who would be interested in being part of an informal consultative group. The idea is that HELSI researchers would contact group members when there are opportunities for collaboration as project advisers. This role would be entirely voluntary but, of course, any expenses incurred would be reimbursed. In return for this occasional assistance HELSI would keep you informed about its activities and extend invitations to relevant meetings.

If you are interested in taking part, or at least willing to attend an introductory meeting please contact:

Gemma Stephens g.stephenssheffield.ac.uk Healthy Lifespan Institute Manager, DU35, Medical School, The University of Sheffield, Beech Hill Road, Sheffield, S10 2RX.

Website: https://su3a.wildapricot.org

Sheffield - Born and Bred

Were you a teenager/young person in 1960s Sheffield?

If so, Weston Park Museum wants your help. Beginning in the spring of 2020 Weston Park Museum will be opening a new room called the *Story Gallery*, which will be all about living your formative years in this great city.

If you are happy to write a small piece about your life, or be interviewed please register your interest by email.

Denise West denisewest3btinternet.com

U3A Good for the health of the Nation?

Guidance from the country's Chief Medical Officer, Professor Dame Sally Davies, states that adults should carry out at least 150 minutes 'moderate intensity' activity per week - such as brisk walking, cycling, Tai Chi and sports, and that people fit as much movement as possible into their daily lives.

The new advice puts a stronger emphasis on "strengthening" activities such as lifting, carrying shopping or doing heavy gardening, especially for older adults. And it says any activity is beneficial, urging those with inactive lives to take up activities such as dancing, bowls or Tai Chi.

Professor Dame Sally Davies said "If physical activity were a drug we would refer to it as a miracle cure."

Members in Sheffield have a number of groups offering many forms of physical activity held both indoors and in the open air. Outdoors there are numerous walking groups for all abilities, half a dozen gardening groups and three groups for cyclists. There are also groups for those interested in ballgames, keep fit exercise, dance, yoga and Tai Chi. Makes one wonder just how much the U3A is contributing to the health of the nation – and how much money we are saving the NHS?

Pat Ryan and Chris Goldthorpe

Fraud and Scams: A very successful talk provided by South Yorkshire Police and their Partners



In October, Andy Foster and Hannah Montague, gave a two-hour, relaxed but very informative, talk on the subject of Fraud and Scams, to a very engaged Sheffield U3A audience. They covered a number of topics with case histories including the good, the bad and the ugly regarding different types of "Power of Attorney".

"Really useful" and "down to earth and practical" were just some of the comments from attendees. There were lots of tips and simple ideas to avoid becoming a victim: from light switch timers to protection from nuisance and scam phone calls, from identity theft to roque traders.

Rogue Traders: Did you know?

Bogus callers may try to trick the public by saying there's an urgent problem with their water. Yorkshire Water recommends that you set up a free security password in advance, so that you can confirm the identity of anyone calling at you home and claiming to be from Yorkshire Water. For safety, always ask for proof of photographic identification. More details can be found on Yorkshire Water website or via the telephone on 0800 1387878.

Samina Aslam sammas1747gmail.com (0114) 235 1489

Remember next Links Copy Deadlines!

Links Open Groups Supplement February 2020 Copy Deadline 6 January 2020

Links 196 April 2020 Copy Deadline 27 February 2020

Sheffield U3A Group and Activities Pages: December 2019

To join Sheffield U3A please contact Rita Webster-Carr (Initial Enquiries Officer) on (0114) 230 8866, Email enquiry@sheffieldu3a.org.uk Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or wish to suggest a new Group, please ring the appropriate General Coordinator, or (01433) 659864. Groups currently notifying they have vacancies are marked with V in the following pages. Full details and some Group programmes can also be found on our website - www.sheffieldu3a.org.uk

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate.

ACCESS: to Group meetings and activities is listed using the following key –

13

MH : Member's Home – access variable; if you have specific needs please contact the Group Coordinator

PVHL: Public Venue - meeting is fully accessible, including a hearing loop

: Public Venue - meeting is fully accessible but does not include a hearing loop

PVAL: Public Venue – meeting access is limited; if you have specific needs please contact the Group Coordinator

: Outdoor

Wednesday Afternoon Monthly. Tu.--,w = Tuesday All Day Weekly. 4w = 4 weeks. AREA:- The Postal Area in which **MEETINGS:** This shows Day, Time and Frequency- e.g. Mo.am.f = Monday Morning Fortnightly. We.pm.m = the Group meets – e.g. (SE) indicates that the Group meets in the South East of Sheffield.

Please notify any amendments to this list to the General Coordinator team.

Groups	Vacancies	Vacancies Meeting	Area	Access	Access Coordinator	Telephone
Art			Set A	General	General Coordinator Fran Rodway	
Art I	۸	We am w	S11	PVHL	Dariel Merrills	230 5952
Art II		Th.pm.w	S11	ΡV	Pauline Miller	258 3678
Art III	۸	We pm w	S11	ΡV	Miriam Currie	01246 414 274
Art on Tuesday	۸	Tu.pm.w	S11	ΡV	Graham Woodthorpe	0114 2960535
Aspects of Art II		Th.pm.m	S7	Z.	Valerie Wiley	236 0726
Outdoor Sketching	۸	Framf	various	0	Dariel Merrills	230 5952
Arts and Crafts			Set B	General	General Coordinator Jenny Graaf	
Architecture Past and Present	^	2ndTu.pm.m	88 88	Μ.	Elaine Burtoft	07803130021
Craft	۸	Th.pm.f		MH	Barbara Lowe	248 8367
Crochet and Knitting	۸	Tu.pm.f	S1	PVAL	Jane Whitehead	457 7740
Dressmaking	۸	Mo.am.f	S11	Μ	Jennifer Austin	2552095
Dressmaking and Sewing	۸	Mo.am.f	S11	ΡV	Ellen Johnson	2683291
Handwork & Craft II		Th.am.f	S11	MH	Elspeth Eggington	230 8755
Knitting		We am m	S10/11/17	ΜH	Jane Harling	230 9576
Knitting II		Th.am.f	S1	PVAL	Helen Gwyddanes	221 6360
Patch & Quilt		Mo.pm.f	S17	MH	Elaine Pritchard	2363975
Photography	٨	3rdTh.pm.m	25	ΡV	Ian Eyre and Pat Robins	07788296975 or 01246 416850
Quilting Hive	٨	Mo.pm.	S8	MH	Lynne Brown	237 7643
Video Production (Documentary)	۸	Mo.am.w	Sheffield area	MH	lan Barkley	01709 812 351
Woodworking/Woodcarving		Th.pm.w	25	MH	Bob Adkins	255 1968
Cards and Board Games			Set C	General	General Coordinator Barbara Lowe	
Bridge - Friday I	۸	Fr.pm.w	S17	PVAL	John Strange	01246 416 558
Bridge - Friday II	۸	Fr.pm.w	S10	ΡV	Brian Jeremiah	230 7250
Bridge - Monday	٨	Mo.pm.w	S17	PVAL	Pat Latham and Peter Goldthorpe	01246 419106 or 07967721154 or 2350211
Bridge - Thursday	٨	Th pm w	S17	PVAL	Brenda Fryer	236 5628
Bridge - Tuesday	٨	Tu.am.w	S7	ΡV	Michael Brumby	236 5676
Bridge - Wednesday	٨	We.am.w	S17	PVAL	Jean Bowie	230 1002
Bridge Stocksbridge	٧	Tu.pm.w	S36	ΡV	Bob Smith	288 8624
Chess	٧	Tu.pm. 4 wkly	S17	MH	Sheila Hardie	236 4498
Mah Jong	٧	We.eve.w	S7	MH	Barbara Lowe	248 8367
Rummikub (Evening)		Mo.eve.w	S17	MH	Chris Cave	236 4648

	Vacancies	Vacancies Meeting	Area	Access	Access Coordinator	Telephone
Rummikub (SE)		Mo.pm.f	S13	MH	Joan Brown	269 4829
Rummikub (SE) II		Mo.pm.f	S20		Barbara Steel	247 4696
Rummikub I		Mo.pm.f	S7/8/17	MH	Shirley Wilks	438 0480
Rummikub II		Mo.pm.w	S10		Rita Carr	230 8866
Scrabble	>	Fr.pm.f	S11		Rosemary Newall	236 0728
Word Games	۸	2nd/4th Fr.pm	S12	MH	Christine Cox	2416897
Discussion, Philosophy, Economics and Religion	Religion		Set C	General	General Coordinator Barbara Lowe	
Current Affairs Discussion	>	2nd Th.pm.m	S11	ΡV	Paul Close and Stephen Geary	268 3082
Discussion I		Tu.pm.f	various	MH	Claire Attwood	280 8286
Discussion II	٨	Tu.am.m	various	MH	Mary Alexander	255 6385
Feminists Over Fifty	۸	1st Mo.am.m	S1	ΡV	Maggie McCarthy	230 6600
Mindful Ageing		2nd and 4th Th —		ΡV	Michael Pupius	2587568
Personal Finance	٨	Mo.pm.m	S11	ΡV	Sandria Gilling and Hilary Dawson	07790700110
Philosophy- Hist/Classical		2ndMo.pm.m	S11	PV	John Kirkman	236 1971
Practical Philosophy		Th.pm., 3 wkly	S10	MH	Martin Manby	230 6505
Sugar & Spice	^	Mo pm f	88	МН	Eunice Southgate	281 1876
Gardening Gardening			Set A	General	General Coordinator Fran Rodway	
Flying Gardeners	^	5th We am	Various	0	Shelagh Woolliscroft	255 8948
Gardening (SE)	٨	Tu.am.f	various		Carol Wright	251 0140
Gardening C		Mo.am.m	S10/11/1	MH	Heather Curtis	255 7228
Gardening D		2ndTu.am.m	various	PV		236 7053
Gardening Greenfingers	^	2ndTu.pm.m	88	PV		274 9246
Gardening at Whirlowbrook Park	٨	2nd & 4th We am m	S17	0	Shelagh Woolliscroft	255 8948
History			Set A	General (General Coordinator Fran Rodway	
Appreciating the Victorian Era	^	Fr.am.	winter in S10	MH	Anne Marples	07942 967463
European History		4thTu.pm.m	S1	PV	John Evans	230 1173
Family History I		2ndWe.am.m	S11	PV	Annie Grassick	230 2777
Family History III	٨	2nd Tu.am.m	S1	PVAL	Tim Simkins	230 2656
Family History IV		4thWe.am.m	S11	PV	Monica Stagg	07870 350271
Greece and Rome	>	Fr.pm.m	S11		Jane Blockeel	236 6861
Local History (SE)	>	We.pm.	Mosborough, S20	PV	Margaret Troop	287 4448
Military History	>	Th.pm.m	S7	PVHL	John Green	230 7768
Visiting History		Tu.pm.m	various	PVAL	Jenny Clark	266 9395

Groups	Vacancies	Vacancies Meeting	Area	Access	Access Coordinator	Telephone
Languages			Set B	General	General Coordinator Jenny Graaf	
Cercle Francais I		Fram w	S11	ΡV	Tina Powell-Wiffen	2551032
Cercle Francais II		Mo.pm.f	0		Hilda Hinchcliffe	230 2561
Classical Greek	۸	We.pm.f	S1	λd	Deidre Eastburn	07401020150
Deaf Awareness Group	۸	eve.m	S1	PVAL	Christopher Carter and Susan Price	07855908007 (text please) or 2395987
English - an evolving language	۸	Tu.am.m	88	MH	Maggie Lyons	07546 585 703
French Improvers	۸	Fr	S11	λd	Malcolm Scott	07940285442
French for Holidays		Mo.pm.f	S7	MH	Usha Fitch	236 5009
French-Advanced	>	Framw		PV	Peter Keen	236 4914
French-Intermediate		Th.am.w	S11	PV	all	2631039
German for Improvers		Mo.am.w			Anne Bonell	01246 416094
German-Advanced	۸	Tu.pm.w	3/10/17	HW	Colin Pears	01142335531
German-Intermediate		Mo.am.w			Katharine Brown	265 6477
Italian		Tu.pm.f	S10/11/6	MH		266 4678
Italian for Holidays	۸	Fr.pm.w	1		Mike Hague	236 6336
Latin - Old Skool		Mo.pm.f			Paul Cordwell	3273954
Latin II		2nd & 4th Fr.am.m		λd	Jane Blockeel	236 6861
Latin III		We.pm.f	S10	HM	Deidre Eastburn	07401020150
Latin Improvers		Mo.am.f	S1	ΡV	Rose Tanner	245 0200
Mandarin		We am w	S10	HM	Wendy Eyre	0114 274 5332
Polish Culture and Heritage	۸	1st We am m	S11	HM	Krystyna Chandler	07779013780
Portuguese For Fun		Tu.am.w			ler	258 3678
Portuguese Improvers		Mo.am.w	S11		Pat Cantril	230 8571
Spanish Advanced	۸	Th.am.w			Eileen Osborn	2863136
Spanish Improvers		Mo.pm.w		MH	Israel Newton	266 3138
Spanish Listening & Speaking		Tu.pm.w	S8	PV	Bill Horner	249 4921
Welsh - an introduction		Tu.am.f				255 8422
Welsh Beginners	۸	Tu.am.w	various	MH		255 8422
Welsh Conversation	۸	Tu.am.f	various		Geoffrey Turner	01142309054
Welsh Intermediate	>	Tu.am.f	various	MH	Nigel Thomas	281 6611
Literature and Drama			Set B	General (General Coordinator Jenny Graaf	
Ancient Authors		Tu.pm.m		PVAL	Jane Blockeel	236 6861
Book Group I	^	Fr.am.m	S17	ΡV	Margaret Walton	255 6563

2	Vacancies	Vacancies Meeting	Area	Access	Access Coordinator	Telephone
Book Group II			S17			236 2066
Book Group III		2ndTu.am.m	S17	bΛ	Wendy Jenrick	268 7047
Book Group IV		Fr.am.m	S17	bΛ	Mary Whyms	236 8628
Book Group V		Tu.pm.m	S11	MH	Mary Brookes	235 0180
Bookworm	>	Fr.pm.m	S36		Angela Butler	288 4778
Drama Study	>	Tu.pm.f	S11	MH	Jacqueline Bailey	2664678
Enjoying Literature		We am f	S10		Roger Smith	07582 458050
Film Appreciation	۸	Tu.pm.m	S1	bΛ	Lesley Dixon	268 5881
Novel Reading I	>	Mo pm , 4 wkly	S10	MH	Pam West	266 2188
Novel Reading II	^	Mo.pm.m	S11		nith	01143483069
Novel Reading III	>	2ndFr.am.m	various	HM	Judith Vernier	01246 418607
Novel Reading IV	>	Fram m	S5	MH	Anne Chatterton	266 8998
Play Reading 3		Mo pm m		PΛ	Linda Evans	230 1173
Play Reading I		Tu pm , 4 wkly	various		Mike West	266 2188
Play Reading II		Last Tu.pm.m	S10	MH	John Lees and Irene Lees	235 9340
Poetry for Pleasure	>	We.pm.f	S17		Pat Parkin	236 8009
A Reading for pleasure	۸	Th.pm.m	S17		Pauline Young	2307909
Shakespeare for Pleasure		Tu.am.f	S10/11		Jennifer Mellor	2304332
Story Writers		Tu.am., 4 wkly	various		Margaret Briddon	262 0501
War Poets	۸	We/Th.am			Hilary Berry	07904 208738
World of The Book		We.am.m	S1	PVAL	Julie Edworthy	201 5847
Music			Set C	General (General Coordinator Barbara Lowe	
A Cappella		Tu.pm.f	Various			247 0119
Belleplates	Λ	Fr.pm.f			Anderson	268 0924
Drumming		Th.pm.w	S1	ΡV		233 8517
Guitar Group		Mo.pm.f	S1		John Stevens	236 3557
Guitar Group II	Λ	We eve f	S10		Kirk Davis	01142302932
Guitar Group III	Λ	Th.eve.f	S10		Kirk Davis	01142302932
Handbell Ringing	۸	We eve w	S35	Ţ	aylor	236 0245
Jazz Appreciation I		2ndTu.am.m	S10		John Green	230 7768
Jazz Appreciation II		3rdTu.am.m	S7		David Bone	268 1016
Music Appreciation	>	Th.pm.f	98		Avril Williams	2492226
Recorder	>	Fr.am.f	S1	PVAL	Linda Evans	230 1173

Groups (Music conf.)	Veccusion	Mosting	Aros	Arroce	Access Coordinator	Tolonbone
Cichapa (music cont.)	vacalicie	S I III COLINIA	שונים	20000	CONTRIBUTION	ciephone con 112
Recorder for beginners	>	Mo.pm.f		PVAL	Hilary Dowson	221 4417
Singing for Pleasure		Fr.pm.f	S1	PVAL	Irene Lees	235 9340
Strings 'n' Stuff		We eve w	S1		Anne Saunders and lan Fisher	01709 541695 or 01709 382887
Ukulele		Fr.pm.f	88	PVAL	Ann Beedham	274 8331
Ukulele 2	>	Tu.am.f	S35	PVAL	Diane Bingham	0114 2340131
Ukulele 3	>	Tu.am.w	S10	ΡV	Christine Osborne	07753 662073
Vintage Voices	>	Mo.am.w	S1	PVAL	Carole Hurst	293 9163
Warblers		Mo.pm.w			Anne Saunders	01709 541695
Physical Activities			Set C	General	General Coordinator Barbara Lowe	
Belly Dancing Stocksbridge	>	Tu.am.w	S36	ΡV	Kathryn Smith	283 1171
Bowling Crn Grn (SE)	>	Th am w	S9	0	John Hunt	269 8811
Bowling Crown Green	>	Mo.am.Th.am.w	S8	0	Tony Hobson	281 5373
Country Dancing	۸	Tu.pm.f	<i>S</i> 2		Anne Marples	07942 967463
Croquet		We am, Tu/Th pm w	S11	0	Brian Cave	07768121767
Cycling - Mondays	۸	Mo.f	various	0	Alan Bailey	236 7219
Cycling - Wednesdays	>	1st and 3rd We – f		0	Sandie Andrews	07887 740592
Cycling - ebikes	^	4th Fr.m		0	Robert Peck	2301853
Fitness: Tailor made for you	>	Mo.pm.,Tu,Th,Fr.am	S11	ΡV	Ann Evans	348 6607
Pilates		Tu.pm.w	S18	ΡV	Mary Maddison	2366643
Racketball	۸	Mo am , Th am w	S17	PVAL	Peter Keen	236 4914
Racketball Stocksbridge	>	Tu.am.w	S36	PV	Elaine Smith	288 8624
Table Tennis		Mo, Th.am.w	S17	ΡV	Belinda Taylor and John Warwick	230 4489 or 253 0789
Tai Chi & Chi Kung West Sheffield Group 2		Th.pm.w	S 11		Ron Jarman	0114 2306878
Tai Chi & Qi Gong South Sheffield		Tu.am.w	S17	ΡV	Pat Ryan and Clare Ryan	236 8749
Tai Chi Stocksbridge	۸	Framw	S36	ΡV	Christopher Goldthorpe	01226 762 201
Yoga	^	Mo./Th.w	S11	ΡV	Anne Ledbetter	01246488038
Yoga - Restorative	>	Mo.am.Tu.pm.w	S11	PV	Ann Evans	348 6607
Science and Technology, Social Science			Set C	General	General Coordinator Barbara Lowe	
Coding for the web		Alt. Th.pm.f	S11		Camilla Jordan	2685355
Environment	^	Tu.am.f	S11		Cliff Ellis	250 0883
Geology		Wem	various	0	David Edmonds	234 3604
Maths	^	Tu.am.m	88	ΡV	Alan Zinober	2367001
Science & Technology		Mo.am.m	88	PV	Roy Stanley	230 2941

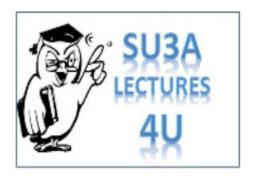
Sustainable Development V Mo.pm.m Central PP Social Social Set A G Afternoon Tea We.pm.m S11 PP Afternoon Tea Me.pm.m Various PP Bus Pass Explorers Sa.m Various PP Uning Vaggie Buffet V 1st Th.eve.m various PP Lunch Group ModeLeve.m various PP Bird Watching II V Various PP Bird Watching II V Wew various O Waking Modew various O Waking Modew various O Dippers I (4-6mls) V Wew various O Waking Making Mo.f various O Dippers I (4-6mls) V Wew various O Uppers I (4-6mls) V Wew various O Dippers I (4-6mls) V Wew various		l Llo Couldry	~~;= ~~~
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V Sa.am.f various V Tu.am.f various We.f various V Sa.am.f various V Su.f various V Su.f various V Fr.am.w various V Akt Tu./We.w various		Sheila Hewitt	268 6891
V Tu.am.f various We.f various V Sa.am.f various V Su.f various V Su.f various V Fr.am.w various V Akt Tu./We.w various		Ray Pigott	236 4078
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V Sa.am.f various V Sa.am.f various V Su.f various V Su.f various V Fr.am.w various V Alt Tu./We.w various	rious 0	Pat Clifton	251 0450
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V Su.f various V Fr.am.w various V Alt Tu./Ne.w various	rious 0	Jenny Parker	236 0798
V Fr.am.w various Fr.am.w Various	rious 0	David Hydes	288 7815
V Alt Tu./We.w various		Antje Barker	268 3912
	rious 0	Jill Fletcher	07769037521
Walking Grp B (6-7mls) \ \ \ \ \ \ \ various	rious 0	Joyce Cooper	236 2730
Walking Grp C (5-7mls) V We.w various C	rious 0	Gilbert Smith	230 5769

Groups (Walking cont)	Vacancies	Vacancies Meeting	Area	Access	Access Coordinator	Telephone
Walking Grp D (9-11mls)		Alt We./Th.w	various	0	David Levine	258 9026
Walking Grp E (5-7mls)	۸	Alt We./Th.w	various	0	Chris Cave	236 4648
Walking Grp F (9-11mls)	۸	Alt We./Th.w	various	0	Peter Digby	236 6821
Walking Grp G (5-7mls)	^	Th.am.w	various	0	Tim Caley and Pauline Caley	230 3212
Walking Grp H (9-11mls)	^	Mo.w	various	0	Ray Goulding	2306905
Walking Grp J (10-14mls)	۸	Alt Tu./We.w	various	0	Alan Heath	230 4898
Walking Grp K (4-5 mls) Pub Trspt.		Th.f	various	0	Pat Clifton	251 0450
Walking Grp L (3 or 5 mls)		Th.am.w	various	0	Barbara Cassidy	262 0699
Walking Grp M (5 - 6 mls)		Fr.w	various	0	Gordon Young	296 2402
Walking Grp N (6 - 7mls)		Fr.am.w	various	0	Sylvia McColm	236 5872
Walking Grp NW (5 - 8mls)		Th.am.w	various	0	Pauline Shaw	07752 638350
Walking Grp P (8 -10mls)		Alt We./Th.w	various	0	Anne Fitzpatrick	236 0989
Walking Grp Q (5-7mls)	۸	Tu.am.f	S5/S35	0	Anne Chatterton	266 8998
Walking Grp R (7 - 9mls)		Mo.w	Various	0	Camilla Jordan	2685355
Walking Grp SE (6 - 8 mls)	۸	Tu.w	various	0	Johanna Lattimer	0114 268 1227
Short Courses			Set A	General	General Coordinator Fran Rodway	
Map Reading for Walkers	Set A	Set A Various	Various	0	Gordon MacNair	258 5442
Orienteering Group	Set A			0	Colin Best	07800 540596
Life Writing Workshops	Set A	Set A Mo.am.	City centre	ΡV	Shelagh Woolliscroft	255 8948
THE FOLLOWING GROUPS ARE ADVER	TISED IN	ARE ADVERTISED IN LINKS AND ARE OPEN TO ALL MEMBERS	EN TO ALL MEMB	ERS		
Classical Concertgoers	Set C	Set C various	Null	PV	Pamela Sandford	236 1815
European Travel Group	Set A	Set A various	Various	ΡV	Samina Aslam	235 1489
Lunch & Lecture	Set B	Twice yearly	88	ΡV	Dorothy Sutcliffe	268 5918
Steel City Wanderers	Set A	Set A Once a month	various	ΡV	Pat Ryan and Clare Ryan	236 8749
Travel Group	Set A	Set A various	InN	ΡV	Sheila Harris	236 9653
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EVENTS

Friday Lectures at the Showroom Cinema

These lectures are free to all members. There may occasionally be a retiring collection for the speaker's charity. There is normally no booking system but please note the special arrangement for the January 2020 Lecture.



Lectures are held in Cinema 4 at the Showroom Cinema, Paternoster Row, starting at 11.00 am, and finishing by 12.30 pm. The Showroom café serves refreshments from 10.00 am and now also sells preprepared lunches. Greeters wearing U3A lanyards are at the door to welcome new members.

A voucher, obtainable from the box office, enables half-price parking at Q-park (the Cheesegrater) on Charles Street off Arundel Gate.

Sheffield U3A's audio system for the hard of hearing is usually available. It connects the audit personal receivers (using either the hearing aid 'T' position or an earpiece). For further information please contact Chris Carter by email at *U3AChrisCartergmail.com*. Please come to the lecture at leas twenty minutes early in order to be briefed on its use.

The team will endeavour to post last-minute programme changes on the Urgent News page on the SU3A website.

Queries to Shelagh Woolliscroft: (0114)255 8948

Programme for 2019/20

15 November - The Bauhaus and its legacy. Matthew Jefferies, Professor of German History, University of Manchester.



Professor Jefferies specialises in the history of Germany 1870-1945, with particular reference to the relationship of art and politics; architecture, monuments, and town planning; lifestyle reform, naturism, conservation and the environment. He will explain the Bauhaus movement and how ideas from it have influenced art and architecture to the present day.

20 December - Sheffield's Father Christmas, JG Graves, Businessman and Benefactor. Mike Spick, former Local Studies librarian. (This talk first given in December 2016 and repeated by popular request)



Mike will recount the life and times of J G Graves, entrepreneur, businessman and Sheffield's greatest benefactor. You will know of Graves Park and Graves Art Gallery, now learn about Graves himself, who rose from humble origins to develop a multi-million pound business whilst always shunning the limelight.

A special SU3A two-course Christmas lunch is on offer after the lecture, price £13. Bookings with payment via the Showroom Box Office, *tel (0114) 275 7727.*

17 January - Sheffield Painter Joe Scarborough will talk about his life and we will play some of his Desert Island Discs. At the end there will be a draw for three framed prints. There will be a retiring collection for The Alzheimers Society.

This is likely to be a very popular event, so we are using a ticket system in order avoid confusion and ensure that the session starts on time. We will ask for the doors to Cinema 4 to be unlocked at 10.00 a.m. On arrival at the Showroom each member should collect a draw ticket from the Greeters by the door into the café. The number of tickets issued will match the number of seats. This ticket should be shown to the Greeters at the top of the stairs before you proceed down to the cinema. Hold on to it as it may also be your prize-winning ticket!

Outline Lecture Programme for 2020

- 21 February **What would Ethel do?** Tomo Thompson, Chief Executive CPRE (South Yorks and Peak District). A talk about the history of and work in the Peak District.
- 20 March The Brontes Amber Regis, University of Sheffield.
- 17 April **The Contribution of the University to Sheffield Life** Professor Koen Lamberts, Vice-Chancellor, University of Sheffield.
- 15 May Landslides It's downhill all the way. Professor Dave Petley, University of Sheffield.
- 19 June **The French Resistance Movement.** Matthew Cobb, University of Manchester.
- 17 July The composer William Sterndale-Bennett (to be confirmed).
- 21 August Life Ruins. Exploring the links between crime, poverty and homelessness in a fictional setting. Danuta Kot.

- 18 September Mining villages in South Yorkshire. Mel Jones.
- 16 October **The Architecture of Frank Lloyd Wright**. Dr Xiang Ren, Lecturer in Architecture, University of Sheffield.
- 20 November **The Life & Works of Anne Lister.** Anna Hawthorne, Department of English, University of Sheffield.

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18 December - Immigration to Sheffield. David Price.

Tutankhamun Exhibition in London Saturday/Sunday 14/15 March 2020	weekenders
Full Name(s):	
SU3A No(s):	
Address:	
Tel: Email:	
Emergency Contact for each person named above	ve
Name: Tel:	
Name: Tel:	
Please reserve place(s) for me. I enclose a (£234 per person), payable to Sheffield U3A Weeke Please send to Fran Rodway 16 Kirkdale Close (enders.

online via Wild Apricot.

Pond Street

Please indicate your preferred pick up point:

Ecclesall Road South/Knowle Lane

with a small sae by Friday 13 December. Remember you can also book

(.....)



Stamford and the Open Air Theatre Saturday 15 August 2020

Full Name(s):	
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Please indicate your preferred pick up point: Ecclesall Road South/Knowle Lane Pond Street (Penny Black Pub)	08.30 () 08.45 ()
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Lectures Report : From Barrows to Bunkers, Friday Lecture 20 September 2019

Alex Sotheran, Archaeological Advisor for the Defence Infrastructure Organisation

Ever heard of MOD (Ministry of Defence)? Do you ever think about what it is defending? Is it defending our territory? Our people? Our wildlife? Our archaeology? Our heritage? How can it do that if it is dealing in explosives and weapons and so on? Who owns the most land? The MOD? English Heritage? To be honest, I can't remember the answer, but I seem to remember it's a close call.

Alex Sotheran is Archaeological Advisor for the Defence Infrastructure Organisation (DIO) which is part of the MOD. He told us that it is responsible for 1.8% of UK land. Its built estate includes large areas in Portsmouth. Its rural estate includes Salisbury Plain (near Stonehenge) and the Otterburn Ranges (in Northumberland). There's not a lot of MOD land in South Yorkshire, the closest locations being Catterick, RAF Coningsby (Lincolnshire) and Leek. That's a shame as one of Alex's roles is to raise awareness among the general public about the heritage that is preserved on MOD land and he and his colleagues can arrange to lead tours of various sites.

Ah! There are even MOD sites in Kenya, Cyprus and Belize. Could we go and visit these sites? Well maybe, but they are not within Alex's geographical area of responsibility. However St Kilda's is, but I think it would have to be an intrepid SU3A group that wanted to go there to view some of the 1200 cleits still dotted around. Apparently cleits are stone structures that act like fridges – and they are built with gaps between the stones to let the air flow through. I've just asked Google Maps how to get to St Kilda but was told: 'Sorry, your search appears to be outside our current coverage area for transit.' But Alex did tell us that at times you can get a ferry there.

Operation Nightingale! What's this? Well to quote what Alex said in a blog post (https://insidedio.blog.gov.uk/2017/09/18/veterans-excavating-first-world-war-training-trenches/) 'I am lucky enough that some of my work involves Operation Nightingale, a programme which facilitates archaeological digs for sick, injured and wounded service personnel and veterans.' We were shown quite a few images of Op Nightingale participants at work, one of whom found a Saxon bucket that was then whisked off to be displayed in the British Museum.

We saw pictures of the 'golf balls' under construction at RAF Fylingdales (near Whitby) as well as evidence of finds from the Bronze Age, Medieval times and even World War II. Alex reckons that although in the past, the MOD allowed a listed monument to be used as target practice, that is not happening now. He reckons the MOD is now keen to reduce its footprint, improve sustainability and preserve our heritage for the generations to come.

Lecture Report by Elizabeth Birks

Tutankhamun Exhibition in London Saturday/Sunday 14/15 March 2020





Never to be repeated in our lifetimes, an amazing collection of Tutankhamun artefacts comes to London.

This trip includes a visit to Bletchley Park on the way to the 3* Jury's Inn hotel in Watford, where we

will stay overnight on half board basis, leaving for London on the Sunday morning following breakfast.

An executive coach departs from Sheffield on 14 March (timings will be finalised nearer the time) and we travel to our overnight hotel in Watford, after visiting Bletchley Park, the top secret home of WW2 code breakers, now a vibrant heritage attraction and museum. Dinner is included on Saturday night.

On Sunday we travel to the Saatchi Gallery to see the highlight of this weekend break.

The cost of the trip is £234 per person (with a single supplement of £19 for solo travellers), and includes coach travel throughout, dinner, bed and breakfast in Watford, entrance fees for both visits and driver's gratuity. Insurance is available from Tailored Travel for £24 each.

Places are limited so if you would like to join us, please book online (login at https://su3a.wildapricot.org using your email address and password) or complete the form on **page 24**.

Fran Rodway fran048hotmail.co.uk 07774 14240



Stamford and the Open Air Theatre Saturday 15 August 2020

In August 2020 we return to the Rutland Open Air Theatre to see a matinée performance of Oscar Wilde's *The Importance of Being Earnest* performed by the Stamford Shakespeare Company on their open-air stage set in beautiful grounds.



This comic play tells the story of two bachelors, John 'Jack' Worthing and Algernon 'Algy' Moncrieff, who create alter egos named Earnest to escape their tiresome lives. They attempt to win the hearts of two women who, conveniently, claim to only love men called Earnest. The pair struggle to keep up with their own stories and become tangled in a tale of deception, disguise and misadventure. The elaborate plot ridicules Victorian sensibilities with some of the best-loved and bizarre characters to be found on the modern stage.

All the seats in the theatre are under cover and no performance is cancelled because of rain. (A T loop is available for anyone hard of hearing.) There will be free time in Stamford to have lunch and wander

around this interesting little town before attending the performance. The cost of the trip is £33 per person which includes the coach fare, theatre ticket and the driver's gratuity. Places are limited so if you would like to join us, please book online (login at https://su3a.wildapricot.org using your email address and password) or complete the form on page 25.

Samina Aslam sammas1747gmail.com (0114) 235 1489

Walking Group NW recently enjoyed a walk at Winscar and Woodhead. It's always good to hear from our many and varied Groups and especially to receive photos of members enjoying taking part in their activities.

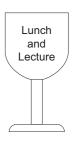


Walking Group NW striding out at Winscar

Lunch and Lecture - under new management!

We are pleased to announce that **Lunch and Lecture** will continue with a new team. Our first Lunch and Lecture will be in May 2020 but then we will revert to the traditional dates. If you know of any possible speakers please contact:

Sarah Williamson slwilliamson49hotmail.com





Romania Trip - a snapshot

The front cover of this issue of *Links* shows a photograph of the *The Palace of Parliament* in Bucharest, and what a palace it was! In just under 1.1/2 hrs we walked 1.25 km, traversed 400 steps and saw just 3% of the building!

From the grand to the legendary and the beauty of the Carpathian mountains it was an eye-opener for us to witness the beauty and hear the rich history of Romania as well as witnessing the more mundane and down-to-earth living for the "ordinary" folk.



The beauty of the Carpathian mountains, photo taken from 2000 metres from the cable car.

Bram's Castle

More photographs can be found on the Sheffield U3A website

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For queries about membership, joining SU3A, information on Groups, etc. see the contacts list inside the front cover.

Calendar 2019/20

Dec	2	Travel Group: Gainsborough Old Hall and Harley Gallery
	3	Drop-In Session + ipad/web support: 10.00-12.00: CURC
	20	Showroom Lectures: Sheffield's Father Christmas, J G Graves
Jan	7	Drop-In Session + ipad/web support: 10.00-12.00: CURC
	17	Showroom Lectures: Joe Scarborough
Feb	4	Drop-In Session + ipad/web support: 10.00-12.00: CURC
	8	Classical Concert Goers: Royal Concert Hall, Nottingham
	21	Showroom Lectures: What would Ethel do?
Mar	3	Drop-In Session + ipad/web support: 10.00-12.00: CURC
14	-15	Weekenders: Tutankhamun Exhibition, London
	20	Showroom Lectures: The Brontes
April	7	Drop-In Session + ipad/web support: 10.00-12.00: CURC
	17	Showroom Lectures: The Contribution of the University to Sheffield Life
May	5	Drop-In Session + ipad/web support: 10.00-12.00: CURC
9	-14	ETG: Santiago de Compostela
	15	Showroom Lectures: Landslides – It's Downhill All the Way
June	2	Drop-In Session + ipad/web support: 10.00-12.00: CURC
	19	Showroom Lectures: The French Resistance Movement

CURC: Central United Reformed Church
Regd. Charity No 703147