From the Chair

This is the 150th edition of our Newsletter and an opportune moment to thank all the 'unsung heroes' who have kept us up to date over the past 25 years. The Newsletter has been dropping effortlessly (or so it would seem!) on to our mats without fail since the first edition rolled off the photocopier in February 1986. At that time Shirley Howarth, our founder Secretary, undertook the Editorship and carried on for nearly seven years. Back then it was two A4 pages of typescript; before changing to the current magazine format in 1995 when Colin Forsyth was Editor.

Remarkably there have only been seven Editors over 25 years. Margaret Briddon stepped into Colin's shoes in 1996, followed by Nigel Sandford in 2000. In those days there was a sizeable 'correspondence column' and members' prose and poetry appeared regularly. However, pressure of space made the Editor's task more challenging. Myra Smith, who, with her husband Norman, took over the red pencil in 2003, recalls there were many irate phone calls from members whose work could not be included.

Up until 2003 *Links* was produced in MS Word[®]. Then Norman and Myra were trained in MS Publisher[®], which has also been used by Roger Heesterman and John Williams. This allows for the easier insertion of artwork and stops things 'dropping off the page'. For reasons of cost, *Links* is currently limited to 48 pages, including the cover. Each edition takes about two days compilation by the Editor, (optimistic!-Editor) before being proof-read by the Deputy Editor. It is then taken to StarPrint and when the white smoke appears the boxes are collected. Lorna Baker prints off the labels; Derek and Maureen Shipley supply envelopes and the 'Stuffing Party' assembles. Ken Cliff and Dave Caborn head this happy band, who no doubt put the world to rights as they stuff.

There can be no doubt that the production of *Links* is critical to the success of SU3A. It is THE source of information about new

Cover: background image prepared by Gerald Alsop

Groups, vacancies, activities open to all, Committee business and of course the AGM. It helps us to connect with the wider movement of which we are all a part. So "Viva Links" and our grateful thanks go to all who bring it to us 'on time, every time'.

It will not escape your notice that it is time to re-subscribe to SU3A for the 2011 calendar year. The process may seem unusual in these days of direct debit and Pay Pal, but until we need to introduce a new system to replace cheques, it is the most efficient way of ensuring that we are all paid-up members. This is important for our insurance. I am glad to report that the fee of £10 remains lower than that of nearly every other U3A in our Region; so I hope that you will join up again and enjoy the many good things on offer in celebration of our first twenty five years.

And may I wish you a peaceful Christmas and health and happiness in the New Year.

Shelagh Woolliscroft

Sheffield U3A News Update

Executive Committee Report

We hope you like the cover of *Links* issue 150 – another milestone!

Membership Renewal

It is that time of the year again! Please note, when you write your cheque, that the subscription has gone up to £10 per person. Also, if you have not yet signed up for Gift Aid, please complete the section at the bottom of the Membership Renewal form, which explains how it works (see page 29).

Notice of Annual General Meeting

The Annual General Meeting will take place on the morning of Monday 18 April 2011 and a draft agenda will be in the February 2011 *Links*. Whilst you have the opportunity to bring up any issues throughout the year via your Executive Committee, the AGM is very

important to all members, so please make a note in your diary.

New Blood

The Executive Committee hope to invite on board soon a new Deputy Editor of Links and Treasurer. We will also be coopting another member to join the Committee as soon as possible.

Silver Jubilee

Planning continues for our celebration year – see proposed programme of events on page 5. If you would like to be involved in the planning of any of these events, please contact Shelagh Woolliscroft (details on the inside of the front cover). We especially need more helpers at the main event at Wortley Hall on 30 June.

Criteria for including copy in *Links* and information on the Website

The Executive Committee have revisited the criteria. Copy/information criteria should now be -

- Of benefit to members
- In the interests of members
- In support of inter-generational activity
- Invitations to participate in research.

Adult Learning

The Executive Committee noted the cutbacks in funding to other providers of adult learning and the increasing mention of *the U3A model*. So far as we are aware, the Open Learn facility arranged via U3A a couple of years ago is still available at *www.open.ac.uk/openlearn/home.php*. This site provides hours of free material to download. When you register with Open Learn, please add the tag 'U3A member' to the list of interests on your profile.

Finally, the Executive Committee would like to wish all members a very Happy Christmas and a healthy, peaceful 2011.

The date of the next Executive Committee meeting is 7 January 2011.

Vera Dyer

Eastern Moors

Those of us living in Sheffield think ourselves fortunate to have easy access to open countryside on all sides of the City. The Eastern Moors stretch from Froggatt, Curbar and Birchen Edges to Big Moor, Totley Moor, Ramsley Moor and Leash Fen. They include spectacular viewpoints, climbing areas and important Bronze Age remains. The National Park Authority has asked the National Trust and the RSPB to manage the Eastern Moors for the next 15 years. Their expertise will bring benefits for biodiversity, access, landscape and carbon stewardship.

Developing this vision will depend on greater public involvement than ever before. The partnership will be building on substantial improvements to the condition of the land made by the Authority since buying the estate from Severn Trent Water in 1984.

Stella Longden



Design the Jubilee Programme Cover

Extension of Deadline

We are looking for more submissions for the cover for the Wortley Hall Celebration on 30 June 2011. The final version will be similar to the style of the cover of this issue of *Links*. Please include the following information -

SU3A Jubilee Celebration Day; 30 June 2011; 10.00 am - 4.00 pm.

Please also try to include the SU3A logo which can be copied from the SU3A website. Designs should be sent to the Publicity Coordinator by 30 December 2010.

Please have a go.

Pat Battams Publicity Coordinator (0114) 296 0515

2011 JUBILEE YEAR PROGRAMME

Date 2011	Event	How to take part
March (date to be agreed)	Planting a Memorial Woodland Garden at Whirlowbrook Park	Details re donations and date for planting in February <i>Links</i>
26 March	Jubilee Quiz	Esporta, Archer Road Details in February <i>Links</i>
14 May 2.00pm	Canal Boat Cruise with afternoon tea	Booking form will be in February <i>Links</i>
30 June	Jubilee Day at Wortley Hall	Booking form for lunch and transport will be in every <i>Links</i> starting February
30 July	Celidh	Holy Trinity Church Booking form in June <i>Link</i> s
16 August	Picnic	Chatsworth Park Lunch Time Just turn up (with picnic)
8 October	Dinner and Dance at Cutlers' Hall	Booking form in June and August <i>Link</i> s
16 November	Jubilee Lecture Sheffield Town Hall	Details will be in August <i>Links</i>



COME DANCING!

8 October 2011

What could be more fun that putting on your 'gladrags' (lounge suit for the gentlemen and a long or short dress for the ladies) and coming to join us at the Cutlers' Hall, Sheffield, for a Dinner and Dance!

For the price of £35 per head at this beautiful and historic venue, you will receive a welcome drink on arrival, a three course meal with half a bottle of house wine per person (or soft drink, if preferred), plus the services of a DJ who will play the kind of music we would want at a level of sound that we would want. Do not be put off if you are a single person – just come along and enjoy the evening. If you would like to join the party, please fill in the booking form at the end of this issue of *Links* and send a £10 deposit to reserve your place, by **10 January 2011** at the latest.

Why, you may ask, are we being asked to commit to an event so far ahead? Well, the answer is that we need at least 100 members to register an interest before we can confirm the booking, at which point we would be required to pay a 25%, non-refundable deposit.

Vera Dyer

The Woodland Garden Project

We are about to begin the task of clearing land for our woodland garden in Whirlowbrook Park (see From the Chair, October 2010 *Links*). We hope to plant the first phase (about 50 shrubs) early next year. It is now time to ask for expressions of interest in donating the cost of a shrub in memory of a loved one. The decision about how much to donate is being left up to individuals but, as a guide, the average cost of a medium size shrub works out at £20. It is intended to keep a permanent record of donors in the

Parks Department and the SU3A archive. You can find out more about this project, or pledge your donation, by phoning Alison Cowper on (0114) 274 6165

If you are interested in helping out with the work in the Park, then please contact Greta Pearman on (0114) 236 3336. You do not have to wield a spade - there is some hand weeding and path sweeping as well. It is

amazing what can be achieved in an hour or so!

Shelagh Woolliscroft

New Deputy Editor

You will be pleased to learn that Jenny Emby has now been appointed as our new Deputy Editor of *Links*. She will be shadowing Roger Heesterman until next April.

Important

A reminder about members' insurance cover

Every member of SU3A should have a copy of "Insurance Cover for U3A Members". If required, a further copy may be obtained from the General Coordinator, or the document may also be seen on the SU3A website.

This is an important document, which explains who is covered by the insurance, and who is not covered. Please familiarise yourself with the conditions under which visitors are permitted to join a Group, and the consequences, to <u>all</u> members of the Group, of allowing visitors to exceed their permitted number of visits.

The insurance is arranged centrally by the Third Age Trust, and any specific enquiries regarding insurance cover should be addressed to the Company Secretary, Lin Jonas, on (0208) 466 6139

Power to the People - The September Lecture

The standard of living and quality of life we enjoy have resulted largely from a plentiful supply of cheap fuel. Today these sources are drying up and their damaging global effect is now widely accepted. If we are to maintain our present way of life, and help poorer countries, we need to find alternative sources of environmentally friendly energy.

The illustrated talk by the Sheffield Renewables Group presented the case for once again using Sheffield's rivers to produce renewable energy. We were reminded that for at least 900 years Sheffield's river network had provided the energy to enable the city to prosper and grow. Eventually water power was replaced by more efficient and convenient forms of energy - such as dams, weirs and goyts. However, the infrastructure which supported water power can still be found on Sheffield's rivers.

Reducing reliance on harmful fossil fuels has led to the proposal to design and install small scale sustainable hydro-electric schemes using the water from Sheffield's rivers. They would use the latest technology, such as modern turbines and advanced water wheels, and bring back into use some of the surviving infrastructure from the past. These schemes would make a small but significant contribution to the mix of renewable energy.

Two projects are planned for the River Don in Sheffield: the Kelham Island Water Wheel and the Jordan Dam Hydro Screw. They will be developed and managed through a community based social enterprise, offering local people the opportunity to buy shares to part fund the costs.

The presentation was expertly delivered by Christine Ball, Abigail Hathway and Rob Pilling from the Sheffield Renewables Group. In his vote of thanks, Paul Grassick, on behalf of SU3A's Sustainable Development Group, reminded us that future generations will have to find solutions to the problems that we will have handed on to them. He encouraged the present generation to give their financial support and/or offer their considerable expertise by volunteering to local renewable energy projects. For more information go to www.sheffieldrenewables.org.uk.

Lunch and Lecture

You are invited to lunch at the Sheffield Park Hotel, Chesterfield Road South, Meadowhead, Sheffield S8 8BW on

Friday 25 March 2011

Please arrive at 12.00 for 12.30 pm - cost £15.50

There is ample parking and the number 53 bus from bay A3 at the Sheffield Interchange stops outside the hotel. The number 75 bus from Ecclesfield, via High Street, stops near the hotel at Meadowhead.

The menu will be: roast leg of lamb, studded with garlic, rosemary and redcurrant jelly, with gravy and mint sauce; followed by lemon meringue pie, with clotted cream and berry compote; coffee and mints. The vegetarian option is aubergine and beef tomato mousaka, which is layers of aubergine, beef tomato and mozzarella, drizzled with basil and olive oil.

Speaker:

Peter Thornton – My Life in the Family Business

Remember when Sheffield was called *The Sweet City,* with Bassetts, Thorntons and Simpkins? Now, sadly, only Simpkins is left in Sheffield. Peter Thornton takes a nostalgic look at the founding of the company in Norfolk Street, Sheffield, in 1911. Peter, born and brought up in Sheffield, reveals with startling frankness, his career in the business from 1956 through to his dismissal as Chairman in a Boardroom coup in 1987. Discover the intrigue, the family politics and the jealousies which plagued the company and led to its demise as a family run business when it became a public company. Sadly, as he no longer has any connection with the company, he will not be bringing along any free samples of chocolate!

If you would like to book a place, please fill in the form at the back of this issue of *Links*, to arrive **no later than Friday 4 March 2011.**

Tales of World War II

It's hard to imagine that a shortage of enamel mugs could present a problem, but it did to Cliff Crellin when he was evacuated from Liverpool to North Wales at the start of the Second World War. All the children had been told to take an enamel mug, but excessive demand led to the shops selling out. This was one of the tales Cliff and Pat Crellin told the 10 and 11 year old pupils of Carfield School in Meersbrook, when they visited as part of SU3A's World War II. Inter-generational Project with Schools.

The children had been studying the War and what it would have been like to be a child at that time. Cliff and Pat agreed to share their experiences with the children. Cliff told them about being evacuated to North Wales, separated from his brother, and being given a large bar of chocolate and told not to eat it until somebody told him to. During his stay he lived with several families, one of which was very poor. Going to school was difficult, as lessons were taught in Welsh, so the Welsh children attended from 8.00 am -1.00 pm and the English children from 1.00 - 6.00 pm.

Pat told them how she was going to be evacuated to America because her parents thought she would be safer there. However, in September 1940 the City of Benares, a ship taking children to Canada, was sunk and 77 children were drowned. After this the scheme was stopped, so Pat remained at home throughout the War. The children were curious about Cliff and Pat's feelings at this time and asked lots of questions. Cliff said it had been hard to leave his parents and he was very sad at the time, but they had tried to be brave and smile about it, because that was what you had to do.

The children were completely spellbound by the stories of gas mask drills, Anderson shelters and air raids. They were surprised to learn that people actually had some fun during the War, when Cliff told them about a snowball fight he had been in. They had assumed that everybody had been sad all the time. One curious child wanted to know if people had to drink Oxo during the War and was quite surprised when Cliff said it had not been compulsory.

After the visit, the children wrote thank you letters to Pat and Cliff. One said it had really brought to life what they had learned in class.

Dot Sutcliffe

Group News

Classical Concertgoers' Group

Our first concert in 2011 will take place at the Bridgewater Hall, Manchester on Friday 11 February. It will be given by the BBC Philharmonic Orchestra, directed by Yutaka Sado, with Nobuyuki Tsujii (piano). The programme includes Mendelssohn's Overture to *A Midsummer Night's Dream*, Rachmaninov's 2nd Piano Concerto and the Symphony No. 9 *From the New World* of Dvorak.

The cost is £30.00 per person and reservations may be made using the reply slip at the end of this issue. Remember to enter the full names and contact numbers of all members for whom you are applying. Please send applications as soon as possible, with a small stamped addressed envelope, to Derek Shipley, 40 Wollaton Avenue, Sheffield, S17 4LA. The coach will leave the bus parking bay on Ecclesall Road South, near the top of Millhouses Lane, promptly at **4.30 pm**.

Our visits are open to all SU3A members. No special Group membership is required.

Derek Shipley Coordinator (0114) 236 6257

Poetry for Pleasure

At the last meeting of the Poetry for Pleasure Group we were pleased to welcome a gentleman who came along to give us a try. I have had gentlemen previously who balked at the idea of being solo amongst the women. So this is to invite any other gentlemen poetry lovers to come along for a taster session and give him support.

Pat Parkin Coordinator (0114) 236 8009

Friday Bridge Club

New members would be welcome to play Duplicate Bridge on Friday afternoons at Abbeydale Sports Club. Please contact me for further information.

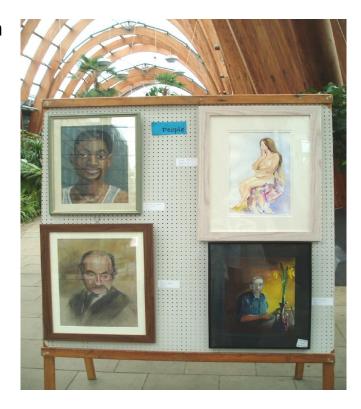
Audrey Lupson Coordinator (0114) 235 1618

Winter Gardens Art Exhibition

Art Group I, which meets on Wednesday mornings at Banner Cross Methodist Church, mounted a week long exhibition in September, which was delightfully successful on many counts.

Sheffielders' passing through the Winter Gardens between 10.00 am and 6.00 pm every day could pick up leaflets and chat about U3A. I am sure we triggered a few new recruits at least.

Pictures displayed included those of members who have been involved in art one way and another during their professional lives, as well as others like me who took it up as a way of brain stretching and expanding skills only after they collected their bus



passes. As a result, the public could see real evidence of U3A aims realised. And we even made a couple of sales!

Our encouraging and ever-challenging member-tutor, David Allott, has set projects over the past year or so ranging from still life and life drawing, through studying and copying the masters, to creating an image to convey a concept from our own sketchbooks and imagination.

The "Selection Committee" (David plus the Coordinator and Treasurer) chose examples of the best work from all these projects to exhibit. Although the selection was rigorous, everyone had at least one piece accepted. Reporting as a strictly impartial observer, of course, I can say it was a fantastic show.

The Winter Gardens is a good exhibition space, with many people passing through, which may be of interest to other Groups. There is

no charge, although exhibitors have to provide their own stands. We borrowed stands from another art group in the city. Currently Dierdre Pashley is in charge of events in the Winter Garden; and the Town Hall switchboard can put you through to her, to discuss mounting your own exhibition. Our Coordinator, Ann Ritchie, would be happy to pass on hints and tips from our experience.

Dariel Merrills

Free Adult Art Classes

These are held in Stannington, Penistone, and Denby Dale. Full details appear on the SU3A website.

Also, for details about future classes, please visit our website at www.artinthepark.org.uk. Places are limited and allocated on a first come first served basis, so be sure to book your place early! To book a place please call us on (0114) 268 6813.

Jeremy Knowles East Peaks Project Assistant

Paris: a Wartime Diary

The Literature Network is undergoing a change. Rita Brent and her team of dedicated helpers completed a variety of talks at Shirley House, but have decided to call it a day. Next year I will be introducing a new team with a speaker in the Spring from Sheffield University to help us.

Dr Michallat, from the Department of French, is translating a remarkable diary written in Paris during the German occupation. She will be speaking to SU3A on 12 April. Further details will appear in the next issue of *Links*. Meanwhile, if you are interested in helping with the new Literature Network please contact me. We are open to fresh ideas.

Peter Barclay (0114) 230 4327



New Groups

Grow your own organic fruit and vegetables

I am thinking of starting a *grow your own fruit and vegetables* Group. I have had an allotment for some 25 years and have grown organically throughout that time. I would be happy to use my allotment to demonstrate fruit and vegetable growing.

The Group would be particularly useful for people who have never grown vegetables and fruit before, but would also be open to any organic fruit and vegetable gardener. We could possibly visit Group members' gardens to discuss and solve problems that arise, to look at soil preparation and the best use of land available.

My allotment is in the Meersbrook Park area and I live in Sheffield 8. If you are interested, please phone me and I will arrange a meeting.

Sue Bell (0114) 250 8941

Personal Finance Group

Some years ago we had a Personal Finance Group, which covered subjects like investments on the stock market, pensions, insurance, banking, utilities and inheritance, making use of internal and external expertise. After a run of success it appeared to have met the needs of the members and declined and eventually folded.

Since then many new members have joined SU3A. A small group of us who have been meeting monthly, primarily to discuss investments, thought it was worth exploring reviving the old Personal Finance Group, especially for newer members of SU3A. Subjects discussed would be such as those mentioned above. It could be particularly helpful for women who are now on their own and are having to cope with financial matters for the first time.

If you are interested in joining a revived Personal Finance Group, please ring indicating areas of interest. Please note that members would not be expected to reveal confidential financial matters.

John Brooke (0114) 255 2905

2010 Sheffield U3A Activities & Interest Groups - DECEMBER

To join Sheffield U3A please contact Rita Webster (Initial Enquiries Officer) on (0114) 289 1351.

Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or Groups currently notifying they have vacancies are marked with a V in the following pages. Full details and wish to suggest a new Group, please ring the General Coordinator Jim Walker on (0114) 236 9687. some Group programmes can also be found on our website - www.sheffieldu3a.org.uk.

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate. Accessibility of Group meetings and activities is listed using the following key -**KEY TO MEETING DETAILS:-**

Afternoon Monthly. *Tu.-.w.*= Tuesday All Day Weekly. *4w* = Every 4 weeks. **AREA:-** The Postal Area in which This shows Day, Time & Frequency - e.g. *Mo.am.f* = Monday Morning Fortnightly. *We.pm.m* = Wednesday the Group meets - e.g. (SE) indicates that the Group meets in the South East of Sheffield. 15

Please notify any amendments to this list to the General Coordinator.

- Member's Home access variable; if you have any specific needs you are advised to contact the Group Coordinator Ξ
- Public Venue meeting is fully accessible, including a hearing loop *
- Public Venue meeting is physically accessible, but does not include a hearing loop 4
- Public Venue meeting access is limited; if you have any specific needs you are advised to contact the Group Coordinator.

GROUP	VACANCIES M	MEETING	AREA	ACCESS	ACCESS COORDINATOR	TEL No.
ARTS AND CRAFTS						
Appreciating Architecture		Th.pm.m	S8	⋖	Sheila Harris	236 9653
Architecture Past and Present	>	Tu.pm.m	S8	∢	Roy Pilkington	01246 416 139
Art (SE)	>	We.pm.w	S13	×	Sylvia Ludlam	269 7034
Arti		We.am.w	S11	* \	Ann Ritchie	230 4552
Art II	>	Th.pm.w	S11	⋖	Ruth Lamb	236 2807
Art III	>	We.pm.w	S10	×	Miriam Currie	01246 414 274
Aspects of Art I		Th.pm.m	S7	⋖	Beryl Moore	268 6632
Aspects of Art II		Th.pm.m	S7	⋖	Valerie Wiley	236 0726
Card Craft	>	Mo.pm.f	S7	×	Margaret Lycett	269 0429
Cards 'R' Us		Fr.pm.f	S20	MH	Lily Taylor	248 0565
Digital Photography	>	Th.pm.m	S11	⋖	Grenville Morgan	230 5981
Handwork & Craft II		Th.am.f	S11	MH	Jean Davis	233 9784
Looking at Art	>	Th.pm.m	S8	⋖	Christine Green	01709 519 175
9 Knitting	>	Мо.рт.т	S10/11	MH	Jane Harling	230 9576
Outdoor Sketching I	>	Fr.am.f	various	⋖	Florence Ames	236 7108
Outdoor Sketching II	>	We.am.f	various	⋖	Audrey Morris	236 3619
Patch & Quilt	>	Mo.pm.f	S17	MH	Inge Davies	236 0318
Photography NW	>	Fr.pm.f	836	⋖	Harold Norton	288 6920
Practical Dressmaking	>	Th.pm.f	S7	×	Christine Barker	250 8807
Quilting Hive		Mo.pm.f	88	MH	Lynne Brown	237 7643
Visiting Art	>	Tu.am.m	various	Η	Linda Jackson	
Woodworking/Woodcarving		Th.pm.w	S7	M	Bob Adkins	255 1968
BIRD WATCHING						
Bird Watching I		Mo.am.f	various	×	Gillian Tutt	236 6237
Bird Watching II	>	Wew	S11/17	×	Malcolm Swift	01246 412 737
CARDS AND BOARD GAMES	IES					
Bridge - Friday I	>	Fr.pm.w	S17	⋖	Audrey Lupson	235 1618
Bridge - Friday II	>	Fr.pm.w	S10	∢	Brian Jeremiah	230 7250
Bridge - Friday III	>	Fr.pm.w	S7	⋖	Rati Chiba	01433 659 864
Bridge - Monday		Мо.рт.w	22	⋖	Patricia Latham	01246 419 106
Bridge - Thursday	>	Тһ.рт.w	S17	∢	David Jones	236 7405

GROUP	VACANCIE	VACANCIES MEETING	AREA	ACCESS	ACCESS COORDINATOR	TEL No.
CARDS AND BOARD GAMES cont.	MES cont.					
Bridge - Tuesday	>	Ти.ат.w	S11	×	Michael Brumby	236 5676
Bridge - Wednesday	>	We.am.w	S17	×	Jean Bowie	230 1002
Chess	>	Tu.pm.m	S17	Ξ	Sheila Hardie	236 4498
Rummikub I		Mo.pm.f	various	Ψ	Shirley Wilks	236 7673
Rummikub II		Mo.pm.f	S18	Ψ	Rita Webster	230 8866
Rummikub (SE)		Mo.pm.f	S13	Ψ	Joan Brown	269 4829
Scrabble	>	Fr.pm.f	S7	×	Liz Barber	288 1984
Whist cntrct & dble 12 Domi-	>	Su.eve.w	various	Ξ	Gerald Cartwright	281 1499
DISCUSSION, PHILOSOPHY AND RELIGION	PHY AND F	RELIGION				
Discussion I		Tu.pm.f	various	Ξ	Susan Hydes	255 2141
ر Discussion II	>	Tu.am.m	various	Ψ	Mary Alexander	255 6385
Discussion Deepcar	>	Tu.am.m	S35	×	Hazel Millington	286 3814
Ideas	>	Мо.ат.т	S35	Ξ	Alec Jenner	286 2546
Philosophy - Historical/	>	Мо.рт.т	S11	∢	Teresa McLaren	230 1320
Philosophy - Topics/Theme	>	Mo.am.m	88	⋖	Janet Haigh	230 3070
Sugar & Spice		Mo.pm.f	88	Ξ	Eunice Southgate	281 1876
Today's World		Th.am.m	various	Ψ	TBA	
Wealth & Poverty	>	Mo.pm.4w	S11	Ψ	Jeanne Rogers	255 0584
GARDENING						
Gardening (SE)	>	Tu.am.f	various	×	Carol Wright	251 0140
Gardening A		Mo.am.m	various	×	Glennis Williams	230 5521
Gardening Aspen	>	Th.pm.m	various	×	June Pollard	231 4939
Gardening C		Mo.am.m	S10/11/17	×	Susan Fielding	230 3987
Gardening D		Tu.am.m	various	×	Hilary Hutson	225 8570
Gardening Greenfingers	>	Ти.рт.т	88	×	Jane Gregory	274 9246

GROUP	VACANCIES	MEETING	AREA ,	ACCESS	ACCESS COORDINATOR	TEL No.
HISTORY						
Classical Civilisation		Fr.pm.m	S11	ΜH	Anne Thomas	230 5281
Family History I		2ndWe.am.m	S10	⋖	Ann Grassick	230 2777
Family History II	>	Tu.am.4w	S7	⋖	Stuart Lodge	220 7192
Family History III	>	Tu.pm.m	S35	* \	Paul Cordwell	232 2766
History I	>	Tu.am.f	S17	* \	Robert Bragg	281 9534
History II	>	Mo.pm.4w	S10/11	Μ	Roy Morris	236 3800
Local History (SE)	>	We.pm.f	S20	⋖	Margaret Troop	287 4448
Local History III	>	Mo.am.f	S7	⋖	Peter Evans	281 9532
Local History IV	>	Fr.pm.m	S11	⋖	Margaret Laycock	236 4109
Local History North		Tu.pm.m	S5/35	* *	Peter Hughes	245 1172
Local History V	>	Tu.pm.f	S7	Μ	Margaret Etchells	236 3317
Military History	>	Th.pm.m	S7	⋖	Marion Monaghan	01246 414 137
Oral History	>	Tu.am.4w	S7	⋖	Vera Wibberley	255 4982
Visiting History	>	Tu.pm.m	various	×	Kathleen Head	243 8021
* LANGUAGES						
Cercle Francais I	>	Fr.am.w	S7	×	Ronald Blunt	01433 650 758
Cercle Francais II	>	Mo.pm.f	S10	Ψ	Margaret Platts	230 7300
Classical Greek Alpha	>	We.pm.f	S1	⋖	Deidre Eastburn	281 8446
French-Advanced		Fr.am.w	S10	⋖	Audrey Sainsbury	230 7446
French-Intermediate		Th.am.w	S11	×	Pauline Wiley	286 4085
French for Holidays		Mo.pm.f	S7	ΜH	Usha Fitch	236 5009
German - Advanced		Tu.pm.f	S8/10/17	Ψ	Kenneth Gale	236 4057
German for Beginners	>	Мо.ат.w	S18	Ψ	Shelagh Woolliscroft	01246 416 139
German - Intermediate		Мо.ат.w	S10	* Y	Anthony Gibbs	01246 410 003
Italian	>	Tu.pm.f	S10/11	Ξ	Rosalind Rogerson	268 1426
Italian for Holidays	>	Fr.pm.w	S11	×	Mike Hague	236 6336
Latin II	>	Мо.рт.w	S17	Η Μ	Dorothy Hill-Wilson	236 6042
Latin III		Tu.pm.f	S11	Ξ	Frank Murphy	296 2424
Latin for Absolute Beginners		Mo.am.f	S1	*	Paul Cordwell	232 2766
Latin Quattuor		Tu.am.f	various	Η Μ	Brian Bezant	236 6596
Modern Greek	>	Th.pm.f	S11	Η Σ	Margaret Halstead	258 2541

GROUP	VACANCIES	MEETING	AREA	ACCESS	ACCESS COORDINATOR	TEL No.
LANGUAGES cont.						
Portuguese For Fun		Tu.am.w	S11	Ψ	Pauline Miller	258 3678
Sanskrit	>	Th.am.w	S7	⋖	Roger Linstead	236 3640
Scottish Gaelic		Mo.am.f	various	Ψ	Steve Clements	255 8422
Spanish for Beginners	>	Th.pm.f	various	Ξ	Greta Pearman	236 3336
Spanish (Inter) I	>	Th.am.w	S7	×	Hilda Wisbey	262 1730
Spanish (Inter) II	>	Fr.am.w	S1	×	TBA	
Spanish (Inter) III		Th.am.w	S 7	×	Pat Smith	230 6432
Welsh	>	Mo.am.f	88	Η	Steve Clements	255 8422
LITERATURE AND DRAMA						
Book Group I		Fr.am.m	S17	⋖	Margaret Walton	255 6563
Book Group II		Fr.am.m	S17	⋖	Irene Voyce	235 2637
Book Group III		Tu.am.m	S17	⋖	Wendy Jenrick	268 7047
Book Group IV		Fr.am.m	S17	⋖	Mary Whims'	236 8628
6 Book Group V		Tu.pm.m	S11	Ξ	Mary Brookes	235 0180
Bookworm		Fr.pm.m	S36	⋖	Angela Butler	288 4778
Drama Study		Tu.pm.f	S11	Ξ	John Parsons	230 4902
Enjoying Literature I		Th.am.m	various	Ψ	Jack Holland	236 5060
Enjoying Literature II	>	We.am.f	S7	Ψ	Jackie Wilson	246 9095
Film Appreciation	>	Ти.рт.т	S1	⋖	Lesley Dixon	268 5881
Novel Reading I		Mo.pm.4w	S10	Ξ	Pam West	266 2188
Novel Reading II	>	Мо.рт.т	S11	Ψ	Kay Beeston	01433 631 247
Novel Reading III		Fr.am.m	various	Η	Judith Vernier	01246 418 607
Novel Reading IV	>	We.am.m	S5	⋖	Mary Simpson	245 2568
Play Reading I	>	Tu.pm.4w	various	Ψ	Mike West	266 2188
Play Reading II	>	Fr.pm.m	S11	MH	Doreen Findlay	266 8577
Play Reading III		Th.pm.4w	S 17	MH	Mavis Frost	236 4249
Poetry for Pleasure	>	We.pm.f	S17	M	Pat Parkin	236 8009
Poetry Study	>	We.pm.f	S11	Ξ	Enid Bennett	236 1379
Shakespeare for Pleasure		Tu.am.f	S11	Η	Kay Nicholson	230 7576
Story Writers		Tu.am.4wk	various	Η	Margaret Briddon	262 0501

GROUP	VACANCIES	S MEETING	AREA	ACCES	ACCESS COORDINATOR	TEL No.
MUSIC						
Enjoying Opera I		Mo.pm.f	S10	Ψ	John Williams	230 4568
Handbell Ringing	>	<i>We.рт.w</i>	S35	⋖	Hazel Bradey	234 2608
Listening to Music (SE)	>	Th.pm.f	various	Ψ	Brenda Keeling	266 1635
Listening to Music II		We.pm.f	88	Ψ	Ray Cottam	235 0536
Music and Film	>	Tu.pm.m	S2		Tony Allwright	264 5883
Music Appreciation I	>	We.pm.f	S11/17	Ψ	David Andrews	235 3389
Music Appreciation II	>	Th.pm.f	98	⋖	David Andrews	235 3389
Singing for Pleasure		Fr.pm.f	S1	⋖	Irene Lees	267 1857
PHYSICAL ACTIVITIES						
Belly Dancing Stocksbridge	>	Tu.am.w	S36	⋖	Beryl Sharp	283 1392
Bowling Crown Green (SE)	>	Th.am.w	S20	×	John Hunt	269 8811
Bowling Crown Green	>	Mo./Th.am.w	88	×	Keith Alcock	230 7813
Bowling Indoor - Mon		Mo.am.w	S36	×	Keith Alcock	230 7813
Country Dancing	>	Tu.pm.f	88	×	Anne Marples	266 8794
Croquet		Tu.&Th.pm.w	S7	×	Peter Jones	230 5987
Midweek Cyclists	>	Alt. Tu/Wed.am	various		Yvonne Bland	283 0992
Pilates		<i>We.рт.w</i>	S18	×	Vera Dyer	237 7854
Table Tennis		Mo.&Th.am.w	S17	×	Anne Coghlan	236 4770
Tai Chi I	>	Tu.am.w	S35	×	Jenny Freeman	220 6670
Tai Chi Stocksbridge	>	Fr.am.w	S36	⋖	Beryl Sharp	283 1392
SCIENCE AND TECHNOLOGY, SOCIAL	JGY, SOCI,	AL SCIENCE				
Environment I	>	Tu.am.f	88	Ψ	Elisabeth Vallance	255 3132
Geology	>	Wem	various	×	Dan Higbid	230 3919
Natural History I		Tu.am.m	various	×	Chris Hobson	253 0416
Natural History II	>	Thm	various	×	Marion Edmondson	235 0313
Science & Technology		Mo.alt/am/pm.m	88	⋖	David Cassy	247 4454
Sustainable Development	>	Various.pm.m	central	×	Rose Tanner	245 0200

GROUP	VACANCIE	VACANCIES MEETING	AREA	ACCES	ACCESS COORDINATOR	TEL No.
SOCIAL						
After Hours		Eve/weekend	various	×	Mary Entwisle	255 2368
After Hours NW	>	Tu.eve.m	various	×	Joyce Franks	234 8587
Dining Out I	>	We.pm.m	various	×	Lorna Baker	236 9025
Dining Out II	>	We.pm.m	various	×	Roy Morris	236 3800
Dining Out NW		Tu.eve.m	various	×	Pamela Conroy	288 7081
WALKING						
Dippers "Too" (7-10mls)	>	Mof	various	×	Margot Williams	268 2476
Dippers I (4-6mls)	>	Mof	various	×	Donald Ward	296 0629
Gannets (5-7mls)	>	Mof	various	×	John Lees	267 1857
Late Walkers (5mls)		We.am.w	various	×	Jill Whyms	235 9893
Peak in Bloom	>	Suf	Pk Dst.	×	Wendy Taylor	230 9290
Strollers I (Public Trspt.)	>	Wef	various	×	Pat Parkin	236 8009
Strollers II (Public Trspt.)	>	Mof	various	×	Cicely Chibnall	230 8803
Strollers II (Saturday)	>	Sa.am.f	various	×	Norman Benson	236 1080
Strollers II (Tuesday)	>	Tu.am.f	various	×	Clive Williams	230 8177
Strollers III (Public Trspt.)		Wef	various	×	Pat Clifton	251 0450
Strollers III (Saturday)	>	Sa.am.f	various	×	Judy Hillman	266 7574
Strollers SE (Saturday)	>	Sa.am.f	various	×	Barbara Steel	247 4696
Sunday Walkers (7-9 mls)	>	Suf	various	×	David Hydes	288 7815
Walking Grp A (5-6mls)	>	Alt Tu./Wew	various	×	Jack Wearing	01246 413 613
Walking Grp B (7-8mls)	>	Alt Tu./Wew	various	×	Anita Wall	233 1024
Walking Grp C (5-7mls)		Alt Tu./Wew	various	×	Gilbert Smith	230 5769

GROUP	VACANCIE	VACANCIES MEETING	AREA	ACCES	ACCESS COORDINATOR	TEL No.
WALKING cont.						
Walking Grp D (9-11mls)	>	Alt We./Thw	various	×	Jan Taylor	230 2511
Walking Grp E (5-7mls)	>	Alt We./Thw	various	×	John Ould	236 9606
Walking Grp F (10-14mls)		Alt We./Thw	various	×	Peter Digby	236 6821
Walking Grp G (5-7mls)		Th.am.w	various	×	Glyn Davies	289 0987
Walking Grp H (9-11mls)		Mow	various	×	Eric Bridgeland	250 8819
Walking Grp J (10-15mls)	>	Alt Tu./Wew	various	×	Bill Barraclough	258 1294
Walking Grp K (5-7mls)PubTrspt.		Thf	various	×	Pat Clifton	251 0450
Walking Grp L (4-5 mls)	>	Th.am.w	various	×	Barbara Cassidy	262 0699
Walking Grp M (6-8mls)		Frw	various	×	David Lightowler	236 3177
Walking Grp N (5-7mls)		Fr.am.w	various	×	Sheila Harris	236 9653
Walking Grp NW (5-7mls)	>	Th.am.w	S36	×	Mary Condon	288 5238
Walking Grp P (8-10mls)	>	Alt We./Thw	various	×	Mollie Ibbotson	01246 412 849
Walking Grp Q (5-7mls)	>	Tu.am.f	S5/S35	×	Anne Chatterton	246 2106
Walking Grp R (7-9mls)	>	Mow	various	×	Marion Edmondson	235 0313
Walking Grp S (5-7mls)	>	Fr.am.w	various	×	Mike Denial	235 0584
Walking Grp SE (8mls)	>	Tuw	S20	×	Kenneth Stringfellow	230 4063

THE FOLLOWING GROUPS ARE ADVERTI	RTISED IN LINK	S AND ARE	DEN 1	ISED IN LINKS AND ARE OPEN TO ALL MEMBERS	
Classical Concertgoers'	various	various	×	Derek & Maureen Shipley	236 6257
ICT	Tu.pm.w	S10	∢	Clare Chiba	01433 659 864
Literature Network	various	S11	∢	Peter Barclay	230 4327
Lunch and Lecture	various	88	⋖	Doreen Bezant	236 6596
Travel	various	various	×	Barbara Robertshaw	236 9102

Group Coordinators are reminded that SU3A has a YHA Group Card, which means that non-YHA members do not have to pay the £3 per night additional charge. Please contact Marion Edmondson on (0114) 235 0313 for further details if you are planning a trip involving stays in Youth Hostels.

Travel Group News

Travel Organising Committee

Barbara Robertshaw, Coordinator (0114) 236 9102 Barry De Roek, Treasurer (0114) 236 9169 Derek Shipley, Secretary (0114) 236 6257 Margaret Bullivant (0114) 296 2256 Val Wiley (0114) 236 0726

Only members of Sheffield U3A are eligible to take part in our activities.

Insurance - for short breaks and holidays in the UK and overseas (but **not** day visits), travel companies require that all participating members have personal travel insurance cover.

Illness / Medical Conditions / Disabilities - when applying you must inform the Visit Organiser of any problem or pre-existing medical condition. Please remember that all visits will involve some walking. Access to sites and places of interest frequently involves steep slopes, steps and uneven or slippery surfaces. Always wear comfortable, suitable footwear.

Agreed Pick-up Point - if you wish to make a change, you must notify the Visit Organiser in advance.

Reply Envelopes - please remember to include a suitable **stamped addressed envelope** with your application. For day visits - any small envelope; for short breaks and holidays - a *Links* size envelope.

In case of problems or emergencies - first try to contact the Visit Organiser; or if they are not available, any member of the Travel Committee.

Sheffield U3A Travel Group - AGM

Our Annual General Meeting will be held on Thursday 10 March 2011,1.30 - 4.30 pm, at Holy Trinity Church Hall, Millhouses. Come and discuss the past year's activities, our programme for 2011 and plans for the future. We look forward to seeing you.

Barbara Robertshaw Coordinator (0114) 236 9102

Travel Excursion and Short Break

Visit to Manchester - Bridgewater Hall and Salford Quays Wednesday 23 March 2011

Our first visit in 2011 takes us to Manchester, where, after coffee and biscuits (included), we have arranged a behind-the-scenes visit to the Bridgewater Hall, the modem international concert hall.

Afterwards, we shall travel the short distance to Salford Quays, where we shall have lunch (not included) and a free afternoon, with time to visit the Lowry Exhibition, the Imperial War Museum and the huge retail centre. Admission is free and all venues are within easy walking distance.

The inclusive price is £19.00 per person. Applications may be made using the slip at the end of this issue. Please send it, with a cheque and small stamped addressed envelope, to Derek Shipley as soon as possible.

Scottish Highlands Holiday 11 - 16 September 2011

The village of Nethy Bridge spans the lower reaches of the River Nethy, a mile before it joins the River Spey north of Aviemore. The Nethybridge Hotel will be our base for this five night stay in the Cairngorms National Park.

Our visits include the award winning Highland Folk Museum in Kingussie, where a 1700's township with turf houses and open peat fires has been recreated. The open air museum gives a unique insight into rural Highland life over the last two hundred years.

The Highland Wildlife Park specialises in Scotland's native animals and birds and rare animals of the world's mountains and tundra regions. This Park is part of the Royal Zoological Society of

Scotland, which promotes the conservation of threatened species and habitats. A guide will accompany us on a drive through the reserve and then we can discover the rest of the park on foot. Look out for European bison, wolves, red pandas, wildcats, pine marten, capercallie and more!

As well as seeing something of Speyside, while we are in the area we must go up the Cairngorm itself! The funicular railway will take us close to the summit for spectacular mountain views of this ancient glacial landscape. From the award winning visitor centre we may take a walk with a ranger up to the top or on a shorter, less demanding route.

After a visit to Culloden Field - the site of the last pitched battle on British soil - we travel to Inverness to board the boat that will take us through Thomas Telford's Caledonian Canal and on into Loch Ness. This is the first of the long narrow waters that fill The Great Glen. We will have a three hour round trip as far as Drumnadrochit and back.

Of course no holiday in Scotland is complete without seeing a castle and a distillery, so Ballindalloch Castle and Dalwhinnie Distillery will be on the itinerary!

The cost per person for this six day/five night holiday is £423, with a single supplement of £50. Hotel, dinner, bed and breakfast, coaching throughout by Walter Martin and all remunerations are included. Also included in the cost are all visits except at Culloden where National Trust members go free but non-members will pay £7.50 each. The cost of lunches, snacks and any other refreshments are not included.

Places on this holiday are on offer only to members of Sheffield U3A. Members must arrange their own comprehensive travel insurance and send a photocopy to the organiser as soon as possible.

To apply for a place, please complete the form at the end of this issue and send it with a deposit of £50 per person, together with a *Links* size stamped addressed envelope, to Margaret Bullivant, to arrive no later than 16 January 2011.

Member's Contributions

A View of the Lakes



We have just returned from a short break in Cumbria and, although our base was in Carlisle, the main focus of our holiday centred around the Lakes.

As we sped north the rain clouds chased us, but we managed a visit to Levens Hall near Kendal in full sun. This fortified building was enlarged and refurbished in the 16th century with wood panelling and unusual Codova leather wall coverings. It also boasts of having no less than three ghosts, including a

small black dog. Its individuality is its world famous topiary garden laid out in 1694 (pictured). The parterre is bedded out with purple verbena, heliotrope and golden snapdragons forming a luminous backdrop to the gigantic dark contortions of the topiary trees.

The Lake District is said to be England's wettest area. This is because of its location on the north western coast and the mountainous geography of the region. On a clear day, the landscape of the Lakes is magnificent and breathtaking - a sweeping panorama of humpbacked mountains, razorblade crags and scree covered hillsides tumbling down beside waterfalls into tarns and large, natural lakes. True to form it was a wet day when we toured around with Tom Keating our Blue Badge guide, but fortunately for us he painted the landscape into our mind's eye with his highly descriptive stories and informative words.

The beauty and sheer scenic splendour of this region inspired some of our finest poets and thinkers. It is therefore unthinkable that we miss out Hawkshead. We took the opportunity to visit Hill Top, the small farmhouse where Beatrix Potter wrote her famous children's stories. Also, picturesque Grasmere and Dove Cottage, where William Wordsworth created some of his greatest poetry, and his sister Dorothy her journals. The exhibition showed how they made this lovely place their home and how it inspired some of the most memorable romantic poetry ever penned.

Situated on the east side of Coniston Water is Brantwood, home of John Ruskin from 1872 until his death in 1900. It is regarded as one of the finest houses in the area, offering excellent views of the mountains beyond. Ruskin purchased the house without seeing it and thought it "dilapidated and dismal" when he did. So he set about repairing it. The first addition he made was the inspired bedroom turret, which afforded him "a view in a million". During his residence here he filled Brantwood with priceless art and treasures. Many of his drawings and watercolours still adorn the walls, along with his furniture, books and personal items which all provide a fascinating insight into Ruskin's life and work.

Ruskin championed the Arts and Crafts Movement, which was a reaction against the increasing dominance of mechanisation brought about by the Industrial Revolution. Blackwell, the Arts and Craft House, is a gem of a building located at Bowness - on - Windermere. Although a large house, with its medieval type hall, minstrel gallery and split level spaces. the architect M.H. Baillie Scott had somehow created the atmosphere of an intimate family home. Natural images expressed through Art Nouveau's flowing



lines are littered throughout the house. There are leaf shaped door handles, curious window catches, stained glass plants and scrolled foliage in the Hall.

The white panelled drawing room was stunning and I had to be levered from the fireplace inglenooks, with a view of the garden on one side and William de Morgan tiles on the other. Blackwell is beautiful, practical and simply the loveliest example of a Lakeland retreat I have ever seen.

We thoroughly enjoyed our short break, for it had been conducted in the true spirit of U3A. It was well coordinated by Barbara and



John Robertshaw and we had learned much about where we had been and what we had seen. However, just as importantly, we had done all this in good company, sharing many laughs along the way.

Our final day was a little bit special. It began by wandering around the streets of Carlisle, visiting the Castle battled by centuries of Border warfare; and enjoying the fine Norman Cathedral with its eye-boggling bright blue, vaulted ceiling. It ended in a wonderful train journey from Carlisle to Settle crossing over the architecturally magnificent Ribblehead viaduct. Our coach was to meet us at Settle station for the journey back to Sheffield, and it was here in a holiday, chock-a-block with views, that I saw the most unusual one of all - a queue for the MEN'S loo. Well I never!

Denise West

Dedication to Zuhal Sultan and the National Youth Orchestra of Baghdad

On 13 August 2010, BBC News 24 carried a report by their foreign correspondent, Hugh Sykes, about the National Youth Orchestra of Iraq, founded in 2008 by a seventeen year old Iraqi pianist, Zuhal Sultan.

She is a native of Baghdad, who was a scholarship student at the prestigious Baghdad Music and Ballet School when the Iraq war started in 2003. As the war continued, the School was on the brink of closure, as many of the teachers fled the country. However, despite the absence of teachers and in the face of extraordinary

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adversity, Zuhal and her fellow students managed to keep the school and teach themselves.

Due to the continued sectarian violence in Baghdad, the NYOI, comprising Arab and Kurdish musicians, is now based in Erbil in Iraqi Kurdistan; while cherishing the hope of returning eventually to the capital, when order is restored. In the meantime they are being coached by professional musicians from the USA and UK, including British conductor Paul MacAlindin, and supported by funding from the British Council, UNESCO and other sources in the UK and Iraq.

I was already working on a challenge by Rosalind Rogerson, of our German Group, who at the last meeting before our summer break asked us to revisit Schubert's *An die Musik* and Franz von Schober's poem and produce a translation in current English for her to set to new music. I found this difficult and decided to abandon early 19th century German romanticism. I continued to struggle until Hugh Sykes' report, which he ended with "Music, messenger of peace in a troubled land."

I dedicate this to Zuhal Sultan and her orchestra.

To Music, the Universal Muse

The Muse, who has spanned millennia, girdles the globe, With universal language speaks to all, Enfolds the downcast in her consoling robe Inspires mankind with her exalting call, Inspires with her exalting call.

A messenger of peace in troubled lands, From discord she brings forth harmonious unity, Uplifts the oppressed in cruel exploiting hands, Reveals a joyful vision of her eternity, Reveals the joy of her eternity

Ian Birch U3A Advanced German Group

Classical Concertgoers' Group

Visit to the Bridgewater Hall, Manchester

Friday 11 February 2011

Name(s)	SU3A N	lo(s)		• • • •
Address	Tel:			
	Postco	de		
Please reserve place(someque for £	e to SU3A Concertg envelope . If possible at the concert. ssible to Derek Ship S17 4LA.	oers' and a , I would like Forms sho	a e to uld	be
Visit to Manchester -				
Bridgewater Hall and S	Salford Quays			
Wednesday 23 March 201	1			
Name(s)	SU3A N	lo(s)		
Address	Tel:			
	Postco	de		
Please reserve place(s) a cheque for £ payable small size stamped address to arrive as soon as possible Avenue, Bradway, Sheffield SMy preferred pick-up point is	le to Sheffield U3A is ed envelope . Form e to Derek Shipley, 4 617 4LA.	<i>Fravel</i> and a second second to the second s	a	
Sheffield Interchange - Platfo	rm 5	8.15 am	()
Bus Bay Knowle Lane / Eccle	esall Road South	8.30 am	()

Chenobyl Children

As I type this I can hear the voices of children chattering upstairs in their bedrooms. Nothing unusual about that, except that I can understand nothing of what they are saying. The two children staying with us at the moment are from Belarus and are Russian speakers. They are part of a group of children visiting south Sheffield for one month's respite holiday, away from the contamination that affects the area where they live. The legacy of the 1986 Chernobyl disaster.

The explosion caused 200 times more radiation to be released into the environment than the atom bombs dropped on Hiroshima and Nagasaki during World War II. Radiation levels in the plant (15,000 times the normal) were high enough to destroy the human nervous system in 30 minutes. This radiation was carried by the wind and fell over large areas of Belarus, Ukraine and Russia. Over 70% of the radioactivity fell over Belarus, contaminating one fifth of the land.

The charity Chernobyl Children Lifeline was founded in 1992 to help the children of Belarus. Approximately 145 groups around the country raise money and bring children over to have holidays away from the contamination. Just having four weeks away has been shown to improve significantly a child's immune system. The Sheffield group was formed about five years ago. The children stay for four weeks with a host family, who are given plenty of support. The children visit a dentist and optician, and take part in a range of activities.

We recognise that asking someone to take either one or two children into their home for four weeks is a bit of a commitment. We are, therefore, always on the lookout for families willing to do this. My husband and I have enjoyed hosting two girls in each of the last three summers. Host and support families do have to fulfil certain criteria and, of course, must have a CRB check. Anyone who wishes to know more about the charity should contact me for a no obligation chat.

Stephanie Dixon (0114) 247 0119

Lunch and Lecture Sheffield Park Hotel Friday 25 March 2011 12.00 for 12.30 pm

Name(s)	SU3A No(s)
Address	Tel:
	Postcode
	place(s) for me (£15.50 per person). I enclose payable to Sheffield U3A Lunch and
I request vege	etarian meal(s).
	nt to arrive no later than 4 March 2011 , to Chatsworth Road, Sheffield S17 3QH, with a Iressed envelope .
*	
Scottish High	lands Holiday
11-16 Septembe	•
Name(s)	SU3A No(s)
Address	Tel:
	Postcode
Please reserve	place(s) (£50 each deposit)
Room: Twin / Single	/ Double
	for £payable to Sheffield U3A Travel amped addressed envelope.

Sheffield S11 9HL, to arrive no later than 16 January 2011.

Forms should be sent to Margaret Bullivant, 14 Kingsley Park Grove,

Cutting the Grass - a True Story

She almost fell onto the garden seat, pressing her breaking back hard against the slats and closing her eyes. The earth slowly stopped spinning and the red mist dissolved.

She took deep, slow, quivering breaths and felt herself steadying. Still with her eyes closed she sat, feeling the deep thuds of her heart all the way through her body. It had started so well.

The clouds of a dull morning had blown away. An all blue sky, and the glittering sun through the autumnal leaves, had tempted her out. "It needs doing" she said, "and there's only me for it!"

Getting ready had taken quite a while, sorting out all the things she would need. Once in the swing, she started to enjoy it. What is more she could see the results of her labour immediately. It was quite satisfying.

But it was hard work; and before long her arms began to ache and her knees began to hurt. She had stopped to rest once or twice, but each time the length between rests had shortened and the rests had got longer.

Only will-power kept her going.

At last it was finished - but so was she - almost.

Alma Walker



Dinner and Dance at the Cutlers' Hall Saturday 8 October 2011

Name(s)	. SU3A No(s)
Address	. Tel:
	Postcode
Please reserveplace(s).	
Deposit of £10 per person.	
I enclose a cheque for £ payable to send to Vera Dyer, 202 Westwick Road, \$ small stamped addressed envelope, to 10 January 2011.	Sheffield S8 7BZ with a
*	

CUT THE PRICE OF COFFEE

In these straitened times, it pays to look around to get a good cup of coffee at a reasonable price. Starbuck's, Café Noir, John Lewis etc. are all fine, but at £1.60 to £1.80 per cup, some caution is required.

Did you know that, on the first Tuesday in the month, coffee is not only free, BUT includes -

- some stimulating conversation
- a biscuit
- and if no-one is looking, a second cup.

Q: Where can you get this amazing deal?
A: The SU3A Drop-In, United Reformed Church, Chapel Walk from 10.00 am to 12.00 noon. Please come.

Ken Stringfellow

Links No 151 February 2011

The last date for copy is **Monday 10 January 2011**.

All news and correspondence to the Editor: John L Williams, Whitecroft, 170 Watt Lane, Sheffield S10 5QW (0114) 230 4568

Editorial Note

Could I please remind contributors that emailed text contributions should be attached as Word 2003/2007.doc or.rtf format and that photographs should be UNEDITED and, preferably, in large fine .jpg format (attach a copy of the original file, as large file size is not a problem). Typed / hand-written contributions and printed photographs are equally welcome. Please do not leave sending your submissions until the last date, as some issues become full before then and you could be disappointed.

Emailed contributions are all acknowledged within five days (unless I am away on holiday). **NB. There have been occasions when items have not been received. If you have not had confirmation, please ring me to check**.

All contributors should provide a name and telephone number in case there is a query.

Should you wish items posted to me (pictures, CDs etc.) to be returned, please enclose a suitably sized stamped addressed envelope with the correct postage.

Many thanks.

John L Williams