

Sheffield



THE UNIVERSITY OF THE THIRD AGE

# Links 182: October 2016



**Autumn in Lanthwaite Wood, Crummock Water, The Lake District**

*Photo: Roger Heesterman, Digital Photography Group*

# Contact Us

**Our website is at: [www.sheffieldu3a.org.uk](http://www.sheffieldu3a.org.uk)**

Here you will find all the latest news and information about SU3A, including items that do not appear in *Links*.

## Joining SU3A or to find out more:

Rita Carr  
(0114) 230 8866

Initial Enquiries Officer  
[enquiry@sheffieldu3a.org.uk](mailto:enquiry@sheffieldu3a.org.uk)

## Membership number or renewal:

SU3A Membership Team  
01433 659864

[wa-admin@su3a.org.uk](mailto:wa-admin@su3a.org.uk)

## Information about Groups:

Stephanie Dixon  
(0114) 247 0119  
Ann Granville  
(0114) 230 9754  
Barbara Lowe  
(0114) 248 8367  
Pat Ryan  
(0114) 236 8749

Group A Gen Coordinator  
[groupsa@sheffieldu3a.org.uk](mailto:groupsa@sheffieldu3a.org.uk)  
Group B Gen Coordinator  
[groupsb@sheffieldu3a.org.uk](mailto:groupsb@sheffieldu3a.org.uk)  
Group C Gen Coordinator  
[groupsc@sheffieldu3a.org.uk](mailto:groupsc@sheffieldu3a.org.uk)  
Group D Gen Coordinator  
[groupsd@sheffieldu3a.org.uk](mailto:groupsd@sheffieldu3a.org.uk)

## Anything else:

Jenny Graaf  
07955 679703

Secretary  
[secretary@sheffieldu3a.org.uk](mailto:secretary@sheffieldu3a.org.uk)

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All news and correspondence to the Editor:  
email: [linkssheffieldu3a.org.uk](mailto:linkssheffieldu3a.org.uk)

Remember the contributors' copy code:

**Early, Literate, Accurate and Emailed**

The *Links* Team is not responsible for the content of any articles. Any queries please contact the author of the article. We are sorry we have had to cut articles or carry them over to the next edition, due to insufficient space.

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# From The Chair

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Welcome back!

I hope you have all had a good summer break, whether it be away on holidays, additional child minding duties or just having the opportunity to chill and enjoy the garden. By now, many of you, like me, will be back enjoying your group activities, but let us not forget to support group coordinators with any administration required for your group.

Sometimes we can get stuck in a routine and this Autumn I have decided that I would like to try something new and not previously on my radar. The joy of our U3A is that we have so many opportunities to explore something new. I have been spoilt for choice when I looked at the number of groups with vacancies. I am looking forward to trying some “taster” sessions!

Some of us went to the Yorkshire and Humber Region Showcase Event at Askham Bryan. The weather was dry and the event was opened by Pam Jones, Chair of U3A. Our singers, led by Irene Lees and Ruth Lamb and Play Reading I led by Mike West did Sheffield proud. Also let's not forget that the Sheffield Quizzers came second and that Chris Goldthorpe was a winner in the Raffle!

Following my request for any topics that the membership would like the EC to focus on this year (no responses!) at the meeting in July, the EC decided we would explore the following tasks:

Firstly, is there a need for the creation of a Deaf Awareness Group in our U3A? This group would not be able to resolve all issues but would focus on ensuring that we in SU3A are doing all we can practically, wherever possible, to support our members with hearing difficulties.

Secondly, Personal Safety Awareness: How safe are we as we go about our daily lives? For example, do we know what to do or even more importantly what not do if there is fire at home? Do we even have the right type of smoke alarms? We will be calling upon the services of South Yorkshire Police and Fire Services and arranging some talks if there is sufficient interest from the membership.

We will be forming working groups for both of these tasks and welcome participation from the membership. Please see page 6 for more information.

Our third task is to review our IT system, Wild Apricot, the licence for which expires next year. Many U3As in our region, indeed in the country, are migrating to the Beacon System and we in Sheffield must ensure that we are getting the best value for money and the correct system to meet our needs.

Finally, we have set up a working group to revamp our website following the very kind, free-of-charge offer from one of Sheffield University's students, who originally came to us seeking help for his research project.

During the spring and summer, meetings have been held with Professor Yasuhito Kinoshita of Rikkyo University, Japan, and also a member of a Polish U3A based in Warsaw. Both were looking to see how SU3A has become so successful. For more details about Professor Yasuhito's visit please see page 7.

The EC have renewed the licence for Room 50 which is used not only by the EC but also various groups. If your group is looking to hold its activities in a central location, please see page 5 for more details

We receive so many requests, 6-8 per week, for volunteers from charities and voluntary organisations that the EC, earlier this year, took the decision not to advertise requests for volunteers in *Links* or our website. This decision was not taken lightly as most of the requests are from very worthwhile causes. Instead the EC will have a link on the website for Voluntary Action Sheffield (VAS). This way the EC believes it is left to individual members to decide which organisation they would like to volunteer for, if they wish to. Please see page 9 for contact details. We will of course continue to support our two local universities and their students.

Until next time!

Samina

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# NEWS

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## ROOM 50

For the past two years Sheffield U3A has leased Room 50 in Victoria Hall, Chapel Walk. The room has been used by the Executive Committee for their regular meetings and has also been useful in providing storage space for various SU3A materials. However, it has always been intended that the room should also have a more general use and that it should be available for all our members.

It is pleasing to be able to report that various of our activity groups have been making more use of it. Those who have recently made their home at Victoria Hall include Knitting and Crochet, the Old Time Music Hall group, World of the Book (a literature study group) and Act Your Age (a play reading group).

Room 50 can accommodate up to 20 people, is light and airy and contains tea and coffee making facilities. There is also a general coffee lounge located in Victoria Hall and lift access is also available to Room 50. Victoria Hall has the advantage of being in a city centre location and can therefore be easily reached by all of our members, using bus and tram routes. Suitable city centre venues can be difficult to find and are usually expensive, but at a rate of just £10 per session, Room 50 represents exceptional value. The room is available from 9 am until 5 pm every weekday and can be hired on either a one-off or a regular basis.

If you think Room 50 might meet the needs of your group and wish to discuss whether it is suitable please call our Treasurer, *Chris Jones* on 07753 829771.

### **Booking Room 50**

To book Room 50 please text Chris Jones with your group details and requested date/time on 07753 829771 or email him on [treasurersheffieldu3a.org.uk](mailto:treasurersheffieldu3a.org.uk) Chris will reply within 48 hours.

In exceptional circumstances, if Chris does not reply, please email your request to Dave Longson on [websheffieldu3a.org.uk](mailto:websheffieldu3a.org.uk)

## **Difficulty Hearing? Proposed Deaf Awareness Group**

Are you getting the best out of your group activities? Are you struggling to participate fully? The EC are looking to investigate and address this situation. There are no promises of complete solutions but as a minimum perhaps we can raise awareness of the specific needs of those members who have difficulty with hearing.

We are proposing to set up a Deaf Awareness Group, whose goals would be to investigate if there is a need for such a group, to identify what are the needs and explore what SU3A can do to meet those needs in a practical manner.

If you are interested in joining this group or have views on this matter please get in touch.

*Mike Granville   michaelgranvillebtinternet.com   0114 230 9754*

## **Personal Safety Awareness**

Together with our local Police and Fire Services, the EC have agreed to set up a working group to look at arranging talks about the “dos and don’ts” of topics such as: a fire in the home, pedestrian safety, scams, safety over festive periods, electrical appliances safety and many more. We already have two members in this working group and are looking for two more to join us. Contacts have already been made with both services. If you are interested in joining please get in touch.

*Samina Aslam   sammass1747gmail.com   (0114) 235 1489*



## **Congratulations!**

Shelagh Woolliscroft and Roy Pilkington have been stalwart volunteers within SU3A for many years. Between them they have been on the EC, Chair of SU3A, General Coordinator, Chair of YAHR, supported the Drop-Ins as well continuing as group coordinators for several groups,

including Friday Lectures and Architecture Past & Present. That wasn't enough to keep them busy in August... they also moved house, got married and celebrated 150 birthdays between them. Congratulations to both!



## Professor Yasuhito Kinoshita

Professor Yasu of Rikkyo University, Japan, is leading a working group set up to investigate the problem of the ageing retired population in Japan. This working group consists not just of academics but also government officials and has received 3 years' funding, to address this issue, and is tasked with investigating how different bodies in different countries address this problem, if at all. It will be no surprise that the U3A movement came up a number of times during their initial research.

Prof. Yasu, Samina Aslam,  
Chris Cave, Jo Couldry,  
Stephanie Dixon, Maggie  
Bower, Vera Dyer and  
Ann Granville



As part of their research Professor Yasu got in touch with SU3A to discuss the needs of our membership and how those needs are met. There was a frank discussion between Professor Yasu and members of the EC, group coordinators and general coordinators. The professor recorded our discussions and will take them back to be reviewed by the rest of his team. He was most impressed by the number of group activities available and the fact that it was our members who organised them!

## Sheffield U3A Drop-In Sessions

Don't forget the drop-in sessions are held on the first Tuesday of every month from 10.00 am to noon at the United Reform Church, Norfolk Street, opposite the Crucible. They are open to all members, so come along if you would like help with IT issues or if you just want to meet and chat to other members.

*Janet Haigh (0114)2303070 [janet.haighicloud.com](http://janet.haighicloud.com)*

## Introducing our new Committee Members



*Richard Cooper*

I joined U3A 18 months ago after a friend recommended it. I attended the new members get together and it was suggested that computer assistance was required at the Drop-In to assist others and to help with Wild Apricot. I volunteered and have attended the Drop-In each time. I also take my shift on Wild Apricot dealing with new online members and renewals. I decided to remind myself of my Italian learning by going to the "Italian for Holidays" group. By the end of the year I will have gone on 4 day trips and one weekend trip with U3A.



*Wendy Woodhouse*

I have been a member of the Sheffield U3A for eleven years and have belonged to several different groups, each of which have given me a great deal of pleasure and through which I have met so many lovely people. I am sure that the friendships I have made through the U3A will be with me now for life. But I did also feel that it was time for me to give something back, and that commodity is time. I don't have a lot to give because I am too busy enjoying life but a lot is not needed - if everyone gives a couple of hours now and then, it will ensure the success and the future of the Sheffield U3A.



*Barbara Lowe*

I joined U3A a couple of years ago when I moved to Sheffield after living abroad for many years. I have a background in teaching and now I am semi retired have enjoyed meeting new people and learning new things with the groups I have joined. I am now one of the general co-ordinators and knowing how much is required in running any organisation, have joined the EC as a general member.





*Maggie Bower*

I joined U3A 2 years ago when I moved to Sheffield after 20 years living and working in Newcastle upon Tyne. Newly retired, I was keen to meet new people and discover new interests. I soon found an opportunity to get more involved when I volunteered to help edit the *Links* magazine. Through this I have met some great people and discovered what an amazing organisation Sheffield U3A is. I have joined the committee to help to ensure that *Links* is current and relevant for our members.



*Chris Jones*

Our new treasurer is Chris Jones. Chris hails from Leicester and is a Chartered Accountant. He moved to Sheffield 25 years ago and is an active member of the croquet and racketball groups.

## **Voluntary Action Sheffield (VAS)**

VAS support voluntary and community action in Sheffield. Any members interested in carrying out voluntary work for local or national charities should get in touch with VAS. There are a multitude of different opportunities for anyone interested.

*Contact details: [www.vas.org.uk](http://www.vas.org.uk) Tel. 0114 253 6600*

## **A gentle reminder to all Group Coordinators**

If your group has an annual turnover above £1000.00 you must have your accounts independently assessed every year. More details are available on the Group Accounts section of the Group Coordinators website page, or contact the treasurer.

*Chris Jones    [treasurersheffieldu3a.org.uk](mailto:treasurersheffieldu3a.org.uk)    07753 829771*

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## EVENTS

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### **Classical Concertgoers: Leeds Town Hall**

**Saturday 3 December 2016**

**Manchester Camerata**

**Tine Thing Helseth: director and trumpet**

When booking opened in August I managed to reserve 40 seats only in Leeds Town Hall for what is clearly a very popular programme.

**Pachelbel Canon and Gigue**

**Bach Double Violin Concerto**

**Vivaldi/Bach Trumpet Concerto**

**Bach Oboe and Violin Concerto**

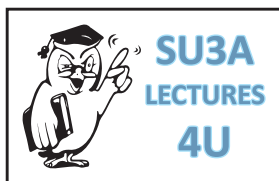
**Vivaldi Double Trumpet Concerto**

**Corelli Christmas Concerto**

Leeds Town Hall is ideally suited for chamber orchestras. As the programme indicates, Helseth is joined by four soloists, (two violinists, one oboist and a fellow trumpeter - all women!). In February we had seats in the stalls; this time we shall try the balcony for better visibility. There is a lift. We shall arrive in time for the free pre-concert talk and/or drinks before the performance. The coach will leave the bus stop at the junction of Knowle Lane/Ecclesall Road at **17.00**. The cost of the ticket, coach travel and driver's gratuity is **£31.00**. To apply, please complete the form on **page 12** and return to me with a small stamped addressed envelope as soon as possible.

*Pamela Sandford*    (0114) 236 1815

## Friday Lectures at the Showroom



No charge, no need to book unless indicated.  
Refreshments from 10.00, lecture from 11.00 to 12.30.

Greeters on the door. Half-price parking at Q-Park on Arundel Gate - collect a voucher from the Box Office. *Any last-minute changes to the programme will be posted on the SU3A website. Do check to avoid disappointment!*

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### **21 October - Beyond Kes: Social Realism in Film Dave Forrest, Lecturer in Film, University of Sheffield.**

The Barnsley-born novelist and screenwriter Barry Hines, is best known for *Kes*, his iconic film with Ken Loach. But Hines's lesser-known works for the page and screen are deserving of reappraisal. The lecture will draw on Hines's lyrical approach to landscape and place to argue for the filmic nature of Hines's literary style. David will also shed light on Hines's 'lost' work which has been researched as part of the University's recent Barry Hines project.



### **18 November - Benefits of Technology in the Fourth Age: Arlene Astell, Professor of Assistive Technology and Connected Healthcare (CATCH), University of Sheffield.**

This lecture will focus on current research into the development of creative interventions to support people with dementia and other conditions, to live and age as well as possible, using for example, touch screen technology. Professor Astell is a psychologist with a PhD from Warwick University on the impact of dementia on communication.

**16 December - Sheffield's Father Christmas,  
JG Graves, Businessman and Benefactor.  
Mike Spick, former Local Studies Librarian.**



Mike will recount the life and times of J G Graves, entrepreneur, businessman and Sheffield's greatest benefactor. You will know of Graves Park and Graves Art Gallery, now learn about Graves himself, who rose from humble origins to develop a multi-million pound business whilst always shunning the limelight.

There will be a special two-course Christmas lunch for us after the lecture, price £10. N.B. We need to book and pay in advance via the Showroom, Tel. 0114 275 7727.



**Classical Concertgoers: Leeds Town Hall  
Saturday 3 December 2016**

Name(s) ..... SU3A No(s) .....

Address .....

..... Tel .....

Please reserve ..... place(s) for me (£31.00 per person). I enclose a cheque for £ ..... payable to **SU3A Concertgoers** and a **small s.a.e.**

If possible I would like to sit with:- ..... Forms should be sent to Pamela Sandford, 289 Abbey Lane, Sheffield, S8 0DA.

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## GROUP NEWS

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### **Sheffield U3A Croquet Ripon trip 2016**

In early June eleven players and two non-playing partners met at the Ripon Spa Hotel for the fifth annual stay. Early arrivals were able to play a game before lunch on the terrace, followed by more games in bright sunshine during the afternoon. The four lawns there are well-maintained and flat – which are a challenge after Parkhead! They are surrounded by a very traditional English garden, full of bird life. Being a U3A trip, there were plenty of opportunities to sit out and enjoy the surroundings and watch those who chose to play.

Tuesday turned out to be much more humid and overcast. With coffee, lunch and afternoon tea all taken on the terrace in between games, the day passed quickly. The last morning saw eight players entered in a round-robin competition. Playing in pairs for short games of 20 minutes or first to four hoops the competition was over in time for a last lunch before returning home.

*Ann Granville*

### **Aspects of Art - Group 1**

Aspects of Art 1 meet on the 4th Thursday of every month, except December, from 2.00 pm to 4.00 pm at the Holy Trinity Church Hall, Grove Road, Sheffield, S7 2GY. Speakers present to us a variety of art themes and this year they have included talks on pottery restoration, textile design and the influence of Japanese art on 19th and 20th century western art. We have arranged another interesting and varied programme for 2017.

Every year we go on a day trip and this year we are joining Aspects of Art 2 and going to Ripon and Newby Hall. We are a friendly group and would welcome new members. If you are interested and would like to find out more, please call Andrea Elson on 0114 236 4400 or Sallie Swann on 0114 230 4335.

## Thursday Art Group 2



A thriving Art Group which meets weekly on Thursday afternoon, 13.30 - 16.00 at Ecclesall Church Parish Room, has spaces for a few new members. We focus on improving our work through drawing and painting, with guidance from our highly experienced tutor, Roy Ridsdale. For a chat or more details contact:

*Pauline Miller 0114 258 3678 [paulinemm1728pm.plus.com](mailto:paulinemm1728pm.plus.com)*

## New Sea Yachting Group

An opportunity has arisen to set up a new sea yachting group in Sheffield U3A with a yacht owner offering his expertise and boat. To take this opportunity a Group Coordinator and prospective members are required. If you are interested, in the first instance please contact Roy Darlison.

*Roy Darlison [randbdarlisonwaitrose.com](mailto:randbdarlisonwaitrose.com)*



## Personal Finance Group

Back in business after the summer holiday we have arranged a very interesting programme for the year ahead. Essentially we are a participatory group but we hope also to have experts on Care in the Community, Inheritance Tax and Data Security to come to speak to us. Other topics to be discussed include Investment Costs, Getting our Financial Affairs in Order and Reviewing Post Brexit. At each meeting we also have "Open Forum" to introduce discussion on matters of current interest to our members. We meet on the 3rd Monday monthly at 14.00 at Shirley House, 31 Psalter Lane, S11 8YL. To see our 2016-17 programme, look at our Homepage on the SU3A website. If this appeals, please contact the Coordinator:

*Helen Marsh 0114 2301622 [timandhelenthemarshs.plus.com](mailto:timandhelenthemarshs.plus.com)*



## Civil Engineering Group



The Civil Engineering Group, on our recent visit to the Manvers Waste Treatment facility. We had a brilliant field trip, learning about how the plant uses household rubbish to generate gas, heat and power, using an anaerobic digester, and creating a compost-like material for use in land reclamation. It was very interesting, we all learnt a lot.

*Anne Marples Co-ordinator    [amarplescix.co.uk](mailto:amarplescix.co.uk)*

## Contract Whist and Double 12 Dominoes

If you are looking for some mental stimulation, why not try Contract Whist or Double 12 Dominoes. This group has run successfully for many years, meeting on Sunday evenings. The Coordinator would also like to offer a regular midweek session for these games, times and dates to be confirmed.

Interested members please contact:

*Gerald Cartwright    Coordinator    (0114) 266 7032 or 07855 445048*

## Walking Football

‘A slower version of the beautiful game’

Walking football is exactly what it sounds like – a standard game of football where players walk instead of run. It’s played on a five-a-side sized pitch, indoors and outdoors and is designed to help people get fit and maintain an active lifestyle. It’s a non-contact, no running about team sport offering a sociable form of exercise and competition!

Sessions are fully supported by the Sheffield and Hallamshire County Football Association across Sheffield at venues including Wisewood Sports Centre, Concord Sports Centre, Stocksbridge Leisure Centre, SUFC Academy and Derek Dooley Sports Centre. Open to all members who are interested in participating in, or forming, a U3A Walking Football Group. Please contact:

*Pat Ryan*

*General Coordinator   groupsdsheffieldu3a.org   0114 2368749*



## New Snooker Group – Join the cue!

Anyone interested in playing, now has a great opportunity to join a new group for Sheffield U3A members. We will play at St John’s Church Hall, Abbeydale Road South (opposite the Abbeydale Sports Club) with St

John’s existing club members. You don’t have to be a pot black expert to enjoy a friendly game. If you want to give it a try without committing yourself, get in touch with:

*Graham Southgate   0114 2811876*

*Michael Minns   0114 2747372*

*grahmsgateblueyonder.co.uk*

*m.minns452btinternet.com*

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## Sheffield U3A Group and Activities Pages: October 2016

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To join Sheffield U3A please contact Rita Webster-Carr (Initial Enquiries Officer) on (0114) 230 8866, email [enquiry@sheffieldu3a.org.uk](mailto:enquiry@sheffieldu3a.org.uk)

Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or wish to suggest a new Group, please ring the appropriate Group Coordinator, or (01433) 659 864

Groups currently notifying they have vacancies are marked with V in the following pages. Full details and some Group programmes can also be found on our website - [www.sheffieldu3a.org.uk](http://www.sheffieldu3a.org.uk).

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate.

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**ACCESS:** to Group meetings and activities is listed using the following key -

**MH** : Member's Home - access variable; if you have specific needs please contact the Group Coordinator

**PVHL**: Public Venue - meeting is fully accessible, including a hearing loop

**PV** : Public Venue - meeting is fully accessible but does not include a hearing loop

**PVAL**: Public Venue - meeting access is limited; if you have specific needs please contact the Group Coordinator

**O** : Outdoors

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**MEETINGS:** This shows Day, Time & Frequency - e.g. *Mo.am.f = Monday Morning Fortnightly. We.pm.m = Wednesday Afternoon Monthly. Tu.--,w = Tuesday All Day Weekly. 4w = 4 weeks.* **AREA:-** *The Postal Area in which the Group meets - e.g. (SE) indicates that the Group meets in the South East of Sheffield.*

**Please notify any amendments to this list to the Group Coordinator team.**

GROUPS	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
<b>Art</b>			<b>Set D</b>	<b>General Coordinator Pat Ryan</b>		
Art I	V	We.am.w	S11	PVHL	Darel Merrills	230 5952
Art II		Th.pm.w	S11	PV	Pauline Miller	258 3678
Art III	V	We.pm.w	S11	PVAL	Miriam Currie	01246 414 274
Art (SE)	V	We.pm.w	S13	PVAL	Paul Garland	269 3219
Aspects of Art I	V	Th.pm.m	S7	PV	Andrea Elson	236 4400
Aspects of Art II		Th.pm.m	S7	PV	Valerie Wiley	236 0726
Outdoor Sketching	V	Fri.am.f	various	O	Darel Merrills	230 5952
<b>Arts and Crafts</b>			<b>Set D</b>	<b>General Coordinator Pat Ryan</b>		
Architecture Past and Present		2nd Tu.pm.m	S8	PV	Roy Pilkington	255 8948
Craft and Create	V	We.pm.f	S10	MH	Diana Jackson	247 0614
Crochet and Knitting	V	Tu.pm.f	S1	PV	Jane Whitehead	230 9312
Digital Photography	V	3rd Th.pm.m	S11	PV	Alan Zinober	236 7001
Dressmaking	V	Mo.am.f	S11	PV	Ruth Bernard	258 9026
Handwork & Craft II		Th.am.f	S11	MH	Elspeth Eggington	230 8755
Knitting		We.am.m	S10/11/17	MH	Jane Harding	230 9576
Knitting II		Th.am.f	S1	PVAL	Helen Gwyddanes	221 6360
Patch & Quilt		Mo.pm.f	S17	MH	Inge Davies	236 0318
Quilling Hive	V	Mo.pm.	S8	MH	Lynne Brown	237 7643
Video Production (Documentary)	V	Varies	Sheffield area	MH	Ian Barkley	01709 812 351
Woodworking/Woodcarving		Th.pm.w	S7	MH	Bob Adkins	255 1988
<b>Bird Watching</b>			<b>Set A</b>	<b>General Coordinator Stephanie Dixon</b>		
Bird Watching I		Mo.am.f	various	O	Robin Peel	07942 920741
Bird Watching II	V	We.-w	various	O	Malcolm Swift	01246 906819
<b>Cards and Board Games</b>			<b>Set C</b>	<b>General Coordinator Barbara Lowe</b>		
Bridge - Friday I	V	Fri.pm.w	S17	PV	John Strange	01246 416 558
Bridge - Friday II	V	Fri.pm.w	S10	PV	Brian Jeremiah	230 7250
Bridge - Monday	V	Mo.pm.w	S7	PV	Colin Jessop	266 3831
Bridge - Thursday	V	Th.pm.w	S17	PV	Brenda Fryer	236 5628
Bridge - Tuesday	V	Tu.am.w	S7	PV	Michael Brumby	236 5676

GROUPS	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Bridge Stockbridge	V	Tues.pm.w	S36	PV	Bob Smith	288 8624
Bridge Wednesday	V	We.am.w	S17	PVAL	Jean Bowie	230 1002
Chess	V	Tu.pm.4 wkly	S17	MH	Sheila Hardie	236 4498
Contemporary Tabletop Gaming	V	Mo.am.w	S1	PVAL	Keith Jones	270 6648
Evening Rummikub		Mo.e.w	S17	MH	Chris Cave	236 4648
Mah Jong	V	We.e.w	S7	MH	Barbara Lowe	438 5629
Rummikub (SE)		Mo.pm.f	S13	MH	Joan Brown	269 4829
Rummikub (SE) II		Monday pm f	S20	MH	Barbara Steel	247 4696
Rummikub I		Mo.pm.f	S7/8/17	MH	Shirley Wilks	438 0480
Rummikub II		Mo.pm.w	S10	MH	Rita Webster-Carr	230 8866
Scrabble	V	Fr.pm.f	S7	PVAL	Liz Barber	288 4113
Whist cntct & dble 12 Dominoes	V	Sun.e.w	various	MH	Gerald Cartwright	266 7032
<b>Discussion, Philosophy, Economics and Religion</b>						
			<b>Set C</b>		<b>General Coordinator Barbara Lowe</b>	
Discussion I		Tu.pm.f	various	MH	Claire Atwood	250 8286
Discussion II	V	Tu.am.m	various	MH	May Alexander	255 6385
Feminist Discussion Group	V	2nd We.am.m	S1	PV	Maggie McCarthy	230 6600
Meditating Together	V	3rd Tu.am.m	S7	MH	Patsy Gibbon	250 0663
Personal Finance	V	Mo.pm.m	S11	PV	Helen Marsh	230 1622
Philosophy- Hist/Classical		2nd Mo.pm.m	S11	PV	John Kirkman	236 1971
South India - Talk and Travel	V	Su.	S11	MH	John Wragg	236 8475
Sugar & Spice	V	Mo.pm.f	S8	MH	Eunice Soultgate	281 1876
<b>Gardening</b>						
			<b>Set D</b>		<b>General Coordinator Pat Ryan</b>	
Gardening (SE)	V	Tu.am.f	various	PVAL	Carol Wright	251 0140
Gardening at Whitowbrook Park	V	2nd & 4th We.am.m	S17	O	Shelagh Wooliscroft	255 8948
Gardening C		Mo.am.m	S10/11/1	PVAL	Heather Curtis	255 7228
Gardening D		2nd Tu.am.m	various	MH	Helen Drury	236 7053
Gardening Greenfingers		2nd Tu.pm.m	S8	PV	Jane Gregory	274 9246
<b>History</b>						
			<b>Set A</b>		<b>General Coordinator Stephanie Dixon</b>	
European History		4th Tu.pm.m	S1	PV	John Evans	230 1173
Family History I	V	2nd We.am.m	S10	PVHL	Annie Grassick	230 2777

GROUPS (History Cont)		VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Family History III			2nd Tu.am.m	S1	PV	Tim Simkins	230 2656
Family History IV		V	4th We.am.m	S11	PVAL	Monica Slagg	0787 0350271
Greece and Rome		V	Fr.p.m	S11	MH	Anne Thomas	230 5281
History I		V	Tu.am.f	S17	PVHL	Janet Haight	230 3070
History II		V	Mo.p.m.m	S10/11/17	MH	Angela Jakubovic	236 3858
Local History (SE)		V	We.p.m.f	S21	PV	Margaret Troop	287 4448
Military History		V	Th.p.m.m	S7	PV	John Green	230 7768
Visiting History		V	Tu.p.m.m	various	PVAL	Jenny Clark	266 9395
<b>Languages</b>				<b>Set B</b>	<b>General Coordinator Ann Granville</b>		
Cercle Francais I		V	Fr.am.w	S7	PVAL	Alan Price	234 4172
Cercle Francais II		V	Mo.p.m.f	S10	MH	Margaret Platts	230 2561
Classical Greek Alpha		V	We.p.m.f	S1	PV	Deirdre Eastburn	281 8446
English Language			Tu.am.m	S11	MH	Maggie Lyons	236 6195
French for Holidays			Mo.p.m.f	S7	MH	Usta Fitch	236 5009
French-Advanced			Fr.am.w	S10	PV	Lorrie Flannery	273 1788
French-Intermediate			Th.am.w	S11	PVAL	Pauline Wiley	286 4085
German Conversation		V	We.am.w	S25	MH	Anne Greenhalgh	0190 9564464
German for Improvers			Mo.am.w	S18	MH	Dave Longson	07715 360987
German-Advanced		V	Tu.p.m.f	S6/8/10/17	MH	Janice Forder	236 4083
German-Intermediate			Mo.am.w	S10	PV	Katharine Brown	265 6477
Italian			Tu.p.m.f	S10/11/16	MH	Rosalind Rogerson	268 1426
Italian for Holidays		V	Fr.p.m.w	S11	PV	Mike Hague	236 6336
Latin - Old Stool			Mo.p.m.f	S1	PV	Paul Cordwell	327 3954
Latin II			2nd & 4th Fr.am.m	S1	PV	Jane Blockeel	236 6861
Latin III			We.p.m.f	S7	MH	Deirdre Eastburn	281 8446
Latin Improvers			Mo.am.f	S1	PV	Rose Tanner	245 0200
Modern Greek		V	Th.p.m.f	S11	MH	Margaret Halstead	258 2541
Portuguese Beginners		V	am	S10	MH	Pat Cantrell	230 8571
Portuguese For Fun			Tu.am.w	S11	MH	Pauline Miller	258 3678
Sanskrit		V	Th.am.w	S11	PV	Kath Odonovan	268 1833



GROUPS	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Scottish Gaelic	V	Tu.pm.f	various	MH	Steve Clements	255 8422
Spanish - Rapid Beginners 2	V	Tu.pm.w	S8	PV	Bill Horner	249 4921
Spanish Advanced		Th.am.w	S7	PVAL	Stefan Finka	237 6132
Spanish Beginners	V	Mo.am.w	S10	MH	Diana Jackson	247 0614
Spanish Improvers		Mo.pm.w	S10	MH	Israel Newton	266 3138
Spanish Stage 2		We.pm.w	various	MH	Greta Pearman	236 3336
Welsh Beginners		Tu.pm.f	various	MH	Steve Clements	255 8422
Welsh Conversation	V	Tu.am.f	various	MH	Steve Clements	255 8422
Welsh Intermediate	V	Tu.am.f	various	MH	Steve Clements	255 8422
<b>Literature and Drama</b>			<b>Set B</b>	<b>General Coordinator Ann Granville</b>		
Act Your Age	V	Th.am.w	S1	PV	John Horbury	230 6600
Book Group I		Fram.m	S17	PV	Margaret Walton	255 6563
Book Group II		Fram.m	S17	PV	Sally Carter	236 2066
Book Group III		2ndTu.am.m	S17	PV	Wendy Jenrick	268 7047
Book Group IV		Fram.m	S17	PV	Mary Whyns	236 8628
Book Group V	V	Tu.pm.m	S11	MH	Mary Brookes	235 0180
Bookworm	V	Fr.pm.m	S36	PV	Angela Butler	268 4778
Creative Writing	V	Fr.pm.m	S36	PV	Meg Jepson	268 2929
Drama Study		Tu.pm.f	S11	MH	John Parsons	230 4902
Enjoying Literature	V	We.am.f	S7	MH	Roger Smith	0758 2458050
Film Appreciation	V	Tu.pm.m	S1	PV	Lesley Dixon	268 5881
Novel Reading I	V	Mo.pm.4w	S10	MH	Pam West	266 2188
Novel Reading II	V	Mo.pm.m	S11	MH	Kay Beeson	01433 631 247
Novel Reading III	V	2ndFram.m	various	MH	Judith Vernier	01246 418607
Novel Reading IV	V	Fram.m	S5	MH	Anne Chatterton	266 8998
Play Reading I		Tu.pm.4w	various	MH	Mike West	266 2188
Play Reading II	V	Last Tu.pm.m	S10	MH	Irene & John Lees	267 1857
Poetry for Pleasure		We.pm.f	S17	MH	Pat Parkin	236 8009
Poetry Study		We.pm.f	S11	MH	Freda Green	236 4882

GROUPS (Literature and Drama cont)	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Reading for pleasure	V	Th.pm.m	S17	MH	Susan Kirkman	236 1971
Shakespeare for Pleasure	V	Tu.am.f	S10/11	MH	Kay Nicholson	268 6220
Story Writers	V	Tu.am.4w	various	MH	Margaret Briddon	262 0501
World of The Book	V	We.am.m	S1	PV	Denise West	274 6797
Music						
			Sat C	General Coordinator Barbara Lowe		
A Cappella Singers		Tu.pm.f	S6/7/20	MH	Stephanie Dixon	247 0119
Drumming		Th.pm.w	S1	PV	John Lee	233 8517
Enjoying Opera		Mo.pm.f	S10	MH	John Williams	230 4568
Guitar Group		Mo.pm.f	S1	PV	John Stevens	236 3557
Handbell Ringing	V	We.eve.w	S35	PVAL	Margaret Naylor	236 0245
Jazz Appreciation I		2nd Tu.am.m	S10	MH	John Green	230 7768
Jazz Appreciation II		3rd Tu.am.m	S7	MH	David Bone	268 1016
Music Appreciation	V	Th.pm.f	S6	PV	David Andrews	235 3389
Old Time Music Hall	V	1st We. Am.m	S1	PV	Graham Williams	230 7756
Recorder	V	Fri.am.f	S1	PVAL	Linda Evans	230 1173
Singing for Pleasure	V	Fri.pm.f	S1	PVAL	Irene Lees	267 1857
Ukulele		Fri.pm.f	S8	PVAL	Ann Beedham	274 8331
Vintage Voices	V	Mo.am.w	S1	PVAL	Carole Hurst	293 9163
			Sat D	General Coordinator Pat Ryan		
Physical Activities						
Belly Dancing Stocksbridge	V	Tu.am.w	S36	PV	Kathryn Smith	283 1171
Bowling On Grn (SE)	V	Th.am.w	S9	O	John Hunt	269 8811
Bowling Crown Green		Mo.am.Th.am.w	S8	O	Tony Hobson	281 5373
Country Dancing	V	Tu.pm.f	S8	PV	Anne Maples	266 8794
Croquet	V	We.am.Tu.pm.Th.pm.w	S11	O	Peter Jones	230 5987
Fitness: Tailor made for you.	V	Mo.pm.Tu.am.Th.am.Fri.am	S11	PV	Ann Evans	348 6607
Fly Fishing	V	Various	Various	O	David Buckley	266 3183
Midweek Cyclists	V	Mo.-f	various	O	Dave Jefferies	266 3612
Non-Postural Yoga	V	Fri.am.f	S10	PV	Wendy Mustill	274 8276
Plates		We.pm.w	S18	PVAL	Vera Dyer	237 7854
Racketball	V	Mo.am.Th.pm.w	S17	PVAL	Peter Keen	236 4914
Racketball Stocksbridge	V	Tu.am.w	S36	PV	Elaine Smith	288 8624

GROUPS	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Table Tennis		Mo,Th.am.w	S17	PV	Belinda Taylor John Warwick	230 4489 & 253 0789
Tai Chi & Chi Kung Intermediate		Fri. pm w.	S17	PV	Pat & Clare Ryan	236 8749
Tai Chi Stockbridge	V	Fran.w	S36	PV	Christopher Goldthorpe	01226 762 201
Yoga	V	Th.pm.w	S11	PV	Ellie Watson	268 0757
Yoga: Tailor made for you	V	Mo.am.w	S11	PV	Ann Evans	348 6607
<b>Science and Technology, Social Science</b>						
			<b>Set C</b>	<b>General Coordinator Barbara Lowe</b>		
Civil Engineering	V	Mo.pm.m	S11/S8	MH	Anne Maples	266 8794
Complementary Therapies	V				Liz Lucas	288 5996
Environment	V	Tu.am.f	S11	MH	Cliff Ellis	250 0883
Geology	V	We.-m	various	O	David Edmonds	234 3604
Maths	V	Tu.am.m	S8	PV	Alan Zinober	236 7001
Natural History		Th.-m	various	O	John & Aline Roberts	230 6487
Science & Technology		Mo.am.m	S8	PV	Dave Cassy	247 4454
Sustainable Development	V	Mo.pm.m	Central	PVAL	Jo Couldry	268 5496
Theoretical Physics	V	We.pm.m	S11	PV	John Edwards	296 2050
<b>Social</b>						
			<b>Set D</b>	<b>General Coordinator Pat Ryan</b>		
After Hours		Eve/wk.end	various	PVAL	May Entwisle	255 2368
Afternoon Tea	V	We.pm.m	various	PV	June Jackson	236 4474
Dining Out I		Wed.eve.m	various	PVAL	Ann Rook	236 0315
Indian Veggie Buffet	V	1st Theve.m.	various	PVAL	John Wragg	236 8475
International Diners	V	various	various	PVAL	John Wragg	236 8475
<b>Walking</b>						
			<b>Set A</b>	<b>General Coordinator Stephanie Dixon</b>		
Dippers Too*(7-10mils)	V	Mo.-f	various	O	Margot Williams	266 7807
Dippers I (4-6mils)	V	Mo.-f	various	O	Jacqueline Smith	0773 0275999
Garnets (5-7mils)		Mo.-f	various	O	John Lees	267 1857
Late Walkers (5mils)	V	We.am.w	various	O	Jill Whyns	258 9935
Strollers I ( Public Trspt.)		We.-f	various	O	Michael Ball	267 9226
Strollers II ( Public Trspt.)	V	Mo.-f	various	O	Shelia Hewitt	268 6891
Strollers II (Saturday)	V	Sa.am.f	various	O	Norman Benson	236 1080
Strollers II (Tuesday)	V	Tu.am.f	various	O	Clive Williams	230 8177
Strollers III (Public Trspt.)		We.-f	various	O	Pat Clifton	251 0450

GROUPS (Walking Cont)	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TELEPHONE
Strollers III (Saturday)	V	Sa am.f	various	O	Angela Lam	01246 416 842
Strollers SE (Saturday)	V	Sa am.f	various	O	Christine Edwards	01909 773 548
Sunday Ramblers	V	Sun --f	various	O	Jenny Parker	236 0798
Sunday Walkers (7-9 mls)	V	Sun --f	various	O	David Hydes	288 7815
Walk 'n' Talk German (5 mls)	V	Fr am.f	various	O	Anjie Barker	268 3912
Walking Grp A (5-6mils)	V	Alt Tu./We.-w	various	O	Pat Crook	265 4731
Walking Grp B (6-7mils)	V	Tu.-w	various	O	Joyce Cooper	236 2730
Walking Grp C (5-7mils)	V	We.-w	various	O	Gilbert Smith	230 5769
Walking Grp D (9-11mils)	V	Alt We./Th.-w	various	O	David Levine	258 9026
Walking Grp E (5-7mils)	V	Alt We./Th.-w	various	O	Chris Cave	236 4648
Walking Grp F (10-14mils)	V	Alt We./Th.-w	various	O	Peter Digby	236 6821
Walking Grp G (5-7mils)	V	Th am.w	various	O	Tim Caley	230 3212
Walking Grp H (9-11mils)	V	Mo--w	various	O	Eric Bridgeland	250 8819
Walking Grp J (10-14mils)	V	Alt Tu./We.-w	various	O	Alan Heath	230 4898
Walking Grp K (4-5 mls) Pub Trspt.	V	Th --f	various	O	Pat Clifton	251 0450
Walking Grp L (4-5 mls)	V	Th am.w	various	O	Barbara Cassidy	262 0699
Walking Grp M (5 - 8 mls)	V	Fr--w	various	O	Gordon Young	296 2402
Walking Grp N (6 - 7mils)	V	Fr am.w	various	O	Sheila Harris	236 9653
Walking Grp NW (5 - 8mils)	V	Th am.w	various	O	Pauline Shaw	07752 638350
Walking Grp P (8 -10mils)	V	Alt We./Th.w	various	O	Anne Fitzpatrick	236 0999
Walking Grp Q (5-7mils)	V	Tu am.f	SS/S35	O	Anne Chatterton	266 8998
Walking Grp R (7 - 9mils)	V	Mo--w	various	O	Camilla Jordan	268 5355
Walking Grp SE (8 mls)	V	Tu--w	various	O	Kenneth Stringfellow	230 4063
<b>THE FOLLOWING GROUPS ARE ADVERTISED IN LINKS AND ARE OPEN TO ALL MEMBERS</b>						
<b>Short Courses</b>						
Learning to be Retired	Set A	Mo.p.m.w	S1	PV	Julia South	255 8523
<b>Open Groups</b>						
Classical Concertgoers	Set A	various		PV	Pamela Sandford	236 1815
European Travel Group	Set D	5th We am.m	Various	PV	Samina Aslam	235 1489
Flying Gardeners	Set D	twice yearly	S8	O	Shelagh Woolliscroft	255 8948
Lunch & Lecture	Set B	3 or 4 times a year	various	PV	Dorothy Sutcliffe	268 5918
Steel City Wanderers	Set D	various		PV	Pat & Clare Ryan	236 8749
Travel Group	Set C	Sa Su.m	various	PV	Barbara Robertshaw	236 9102
Weekenders	Set C	Sa Su.m	various	PVAL	Dot Sutcliffe	268 5918

## Remembrance and Celebration at Whirlowbrook

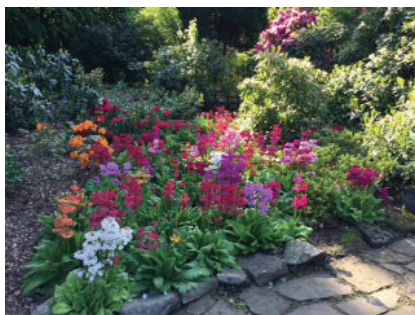


It was a lovely day and the SU3A Commemorative Garden was looking its best on 8 June, when over thirty donors, together with other benefactors and gardening volunteers, gathered for a service of remembrance and celebration organised by the Gardening at Whirlowbrook Group. The garden was started nearly six years ago to

mark SU3A's 25th birthday in 2011 and has matured well - visitors enjoyed wandering round in the sunshine before the service, whilst the A Capella group sang from the adjacent Japanese rock garden. They were able to note some new features such as the bog garden fed by a spring, and a large piece of rock, kindly donated by Birchover Stone, which now marks the lower entrance to the garden.

The service was led by Mike Granville and featured readings by Peter Digby and Paul Whyman, and choral pieces by A Capella and Vintage Voices, who also sang to us as we enjoyed coffee and biscuits in the Hall afterwards, courtesy of Saxon Hotels. Piper Joe McMulty came in at just the right time to mark the end of the service!

The garden is part of a public park and is there for everyone to enjoy. It is maintained by SU3A with assistance from Sheffield City Council and Abbeydale Rotary Club. If you or your group would like to donate to its upkeep in memory of a loved one or a former group member, please contact Alison Cowper on 0114 274 6165.



*Shelagh Woolliscroft    0114 255 8948    shelagh.woolliscroft@gmail.com*

## Quilting Hive Group Quilt Show 2016



Our second show was held at South Sheffield Church over two consecutive days in April and The Quilting Hive group was once again overwhelmed by the enthusiasm of so many visitors. The exhibits ranged widely, from teeny projects to the Scout Quilt, which filled an entire wall in the hall. Several of our members have grandchildren

who are little designers and quilters in the making, so we also displayed some of their handiwork, including hand stitched and machine stitched items. The skills of the twenty odd members never cease to amaze and inspire and as visitors walked slowly around the three exhibition areas, we heard nothing but good comments. Several people said how they had been encouraged to try a project for themselves... just the type of pledge U3A members like to hear.

Other quilters from around the city came and two of the most highly talented ladies enhanced our work by showing some of their beautiful quilts. Our work does not stop at quilting... we were able to add exquisite embroideries, needlecraft and a display of fine knitwear to over 200 quilts.



We invited a further group to participate in the event and we were delighted to see the World War I quilts from the city centre exhibition taking centre stage in the church itself.

All the money donated over the two days was given away... to Greenhill Library and Guide Dogs for the Blind.

Would we attempt a third show? Ask me again in a year or so!

*Lynne Brown    0114 237 7643    Lynnestayawake.co.uk*



## **Walking Group News!**

I know we have many walking groups but we try to cater for everyone's needs, so here are two requests. Anyone interested in learning Nordic walking? Do you have knowledge of the poles and their correct use? If so please be in touch with me. Also, I would like to know if anyone would like to coordinate a short walk (3-4 miles) group on a Thursday or Friday. It doesn't need to be weekly. Again please be in touch.

*Stephanie Dixon    General Coordinator Set A*  
*(0114) 247 0119    [groupsasheffieldu3a.org.uk](http://groupsasheffieldu3a.org.uk)*

## **A Cappella Singers**

This very successful group is considering a slight expansion. At present we meet approximately every other week, in a member's home. This may have to change if we increase our number and we may need to consider a public venue. We would welcome another tenor and a 1st soprano, in the first instance. Prospective members need choir experience, so that you are not put off by the other parts, a voice that will blend with others and some level of sight reading is useful. We sing unaccompanied but learn with the aid of a piano. Our repertoire is varied and we try and tackle songs that are a little different.

If you would like an informal chat or more details please contact me, Stephanie Dixon, coordinator A Cappella Singers.

*(0114) 247 0119    [groupsasheffieldu3a.org.uk](http://groupsasheffieldu3a.org.uk)*

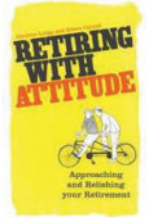


## **Flying Gardeners**

The next session will take place at Beauchief Gardens on Wednesday 30 November, 9.30 am to 12 noon. Bring gloves and boots, all tools provided.

*Enquiries: [shelagh.woolliscroft@gmail.com](mailto:shelagh.woolliscroft@gmail.com)    0114 255 8948*

## Learning to Be Retired - recruiting now for February 2017



Mixed feelings about retirement? Learning to Be Retired is a six week course that may be just what you're looking for.

Participant feedback has been very positive:

*Before coming on the course I felt very down about being retired. I didn't even use the word but now I feel the confidence to enjoy life.*

*It's great to hear other people's ideas and points of view and to know there are lots of different ways to retire.*

*It's a friendly, supportive environment and everyone can get something out of this course.*

Designed for those who feel unsure about retirement, the course is about learning to approach this phase of life with confidence and relish. I have based a lot of the course on 'Retiring with Attitude' by Caroline Lodge and Eileen Carnell, a book which really helped me when I first retired.

The course explores what happens to our identity, the impact of ageism and sexism, and the importance of retaining purpose and strong social connections. It's aimed at those already retired as well as those coming up to retirement. It does NOT cover financial planning, pensions or investments.

The February 2017 course will take place on six consecutive Wednesday afternoons in Sheffield city centre starting February 1<sup>st</sup> (cost £10 for 6 sessions). It's best to reserve your place early as places are limited and the course is often oversubscribed.

*Contact Julia South    [Julia.Southblueyonder.co.uk](mailto:Julia.Southblueyonder.co.uk) or 0114 255 8523.*



## **Weekenders' Quiz Night** **Saturday 10 December 2016**

It's back again! Following the resounding successes of the past three years, the Quiz, with the best pie and pea supper (and vegetarian option), best questions and best conversation this side of the Pennines, with prizes for both winners and not quite winners, will be held on **Saturday 10 December** at 19.30 in Holy Trinity Church Hall, Grove Road, Millhouses (good bus links and easy parking). The cost is **£13 per person** (held from last year).

Join us for an evening of fun, conversation, mental stimulation, good food, and the odd question or two. This year's theme is "I Used To Know That", as we roll back the years to recall all that knowledge we used to have! With Christmas fast approaching, there will also be a round redolent of mince pies, log fires and strange rosy-cheeked men with beards.

We are looking for teams of four people but do not worry if you cannot form a team yourself: come along anyway and we will put teams together on the night.

If you would like to join us, for a relaxing and stimulating evening, please book online at **[www.su3a.wildapricot.org](http://www.su3a.wildapricot.org)** using your email and password or complete the form on **page 30** and return it to Jane Whitehead with your cheque, made payable to **Sheffield U3A Weekenders**, and a **small s.a.e.** as soon as possible. Please ring 07729 834993 if you would like further information.

### **Why Book Online?**

- You know you have a place immediately
- You save two stamps
- You save the organiser a lot of work





## Weekenders' Quiz Night Saturday 10 December 2016

Name(s) ..... SU3A No(s) .....

Address .....

..... Postcode .....

Contact details (email/Tel.number) .....

Please reserve ..... place(s). I enclose a cheque for £ .....  
(£13.00 per person) payable to **Sheffield U3A Weekenders**.

I would like ..... vegetarian meal(s).

Please send to Jane Whitehead, c/o 32 Tapton Crescent Road, Sheffield,  
S10 5DA with a **small s.a.e.** to arrive as soon as possible.



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### European Travel Group

Coordinator: Samina Aslam (0114 235 1489)

Email: sammass1747@gmail.com

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### Our trips are open to all SU3A members

**Cancellations and Insurance:** please refer to October 2015 edition of  
*Links* (available on our website).



## Avignon and the Camargue

### 1– 7 October 2017

This 7 day, 6 night holiday to the beautiful Provence region of France includes 6 nights bed & breakfast in a centrally located hotel in the UNESCO town of Avignon, famous for its bridge named in the nursery rhyme.



The cost also includes 4 dinners at a local restaurant, a 3 course lunch in the Camargue, all flights, UK transfers and an executive coach for all transfers and excursions in France, a walking guided tour in Avignon, Arles and Aix-en-Provence and a wine tasting session. All gratuities (except for the hotel) and Whisper Audio Headsets for the tours are also included.



During this holiday we will spend a day in Avignon which includes a guided tour, taking in the sights of Le Pont St Benezet, the ramparts, the Petit Palace, the Cathedral and the Palais des Papes, the mighty symbol of the church's influence throughout the western Christian world during the 14th century. The rest of the

day is free time to enjoy this famous town at your leisure.

Our excursions include a walking tour of Aix-en-Provence – home of Cézanne, the Château de Lourmarin, Cucuron Church and wine tasting at Château Val Joanis on the site of a Roman Villa. We will also enjoy the outstanding natural beauty of the Camargue which is famous for its flamingos and wild horses and visit Arles for a guided walking tour. We also visit Nîmes and the Pont du Gard – which at 49 metres is the highest bridge the Romans constructed.

The cost of this tour is **£1166** plus £149 single supplement.



## Avignon and the Camargue 1 - 7 October 2017

Full name/s (as on passport) .....  
..... SU3A No(s) .....  
.....  
Address .....  
..... Tel: .....  
email ..... Postcode .....

Please reserve ..... places for me. I require a double/twin/single/twin share room. I enclose a cheque for £ ..... (**£200** deposit per person) payable to **Sheffield U3A ETG** and return this slip with an A5 (*Links*-sized) s.a.e. to Brian Cave, 73 Highcliffe Road, Sheffield, S11 7LP.

**Application form to arrive by 31st October 2016.**

As we have a limited number of single rooms please indicate here ..... if you would be prepared to share a twin room in order to take as many as possible on this holiday. Only to be used if we are over-subscribed with the single rooms.



**Remember!**  
**Copy deadline for the December 2016 *Links* is 26 October 2016**





## **Travel Group Events**

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### **Travel Group Short Break to Dorset 19-23 June 2017**

Our base for this short break is the Suncliffe Hotel, Bournemouth, which is a short walk from the piers, parks and the wide sandy bay. There is a local bus service passing the hotel and the hop-on-hop-off Land Train is an easy option for getting around. Bournemouth is well placed for our outings with most of our venues within a twenty mile coach journey.

En route from Sheffield our lunch break will be at Abingdon-on-Thames. The town has an attractive blend of buildings and architecture dating from 1100 to the present day, with the Abbey and waterside meadow close to the Abingdon Bridge crossing the River Thames. The next day, we will visit the National Motor Museum on the Beaulieu Estate with its many attractions, including unlimited rides on the open top Veteran bus and Britain's oldest Monorail. At the gothic-styled Palace House guides will provide a flavour of life upstairs and downstairs in a Victorian country house. At a nearby café, refreshments may be bought before we go on to Buckler's Hard – the 18th century village, where ships for Nelson's navy were built and launched onto the river Beaulieu. Our day out ends with a short cruise on the river.

We shall also visit the old market town of Wimborne Minster, whose ancient Minster Church of St Cuthberga still has a chained library, the Priest's House museum with its beautiful walled garden and the model town with its faithful replicas of 1950s buildings. We will then move on to Tollpuddle, where we learn the harrowing story of the arrest, trial and punishment of the men whose treatment led to the foundation of modern trade unionism. In the Tollpuddle Martyrs Museum we can learn more about these men from an informative and educational exhibition.

The 9th century town of Christchurch, which straddles the rivers Stour and Avon, was one of Alfred the Great's strongholds against the Danes. The Parish church of 1094 is Britain's longest, at 91 metres (just over 300 feet), and its tower has the country's two oldest bells dating from 1370. We will have a guided tour of the church and there is a refectory where you may get refreshments before we leave for a drive in the New Forest – England's smallest National Park. This was once a royal hunting ground jealously guarded and preserved for the pastimes of the privileged few. We shall call at Brockenhurst, one of the largest villages in the New Forest with a good selection of shops and cafés, and, just a short walk away, there is a famous watersplash where animals stop to drink. On our homeward journey we will visit Basildon Park. This National Trust property is a fine Georgian Mansion which has been restored to its full glory and filled with fine antique furnishings and important Old Master paintings. Below stairs, the 1950s kitchen and laundry are utterly of their period. There are informal gardens and extensive parklands and the Parlour café in the stable yard can provide refreshments.

The cost for this short break is **£366.50** per person sharing a twin or double room with a **£60** supplement for single occupancy. Entry to Basildon Park for non-members of the National Trust will cost £11.50 each. The price quoted includes bed, breakfast and evening meal at the Suncliffe Hotel, transport throughout by Walter Martin, all gratuities and admission fees (except Basildon Park). Lunches, snacks and any other refreshments are not included.

To apply for this holiday, please use the booking slip on **page 35** and send it as soon as possible together with a cheque for the deposit of £50 per person to Margaret Bullivant. Please note that members are responsible for arranging their own insurance. Sheffield U3A cannot be responsible for any claims.

### **Computer Classes**

Interested in exploring the World Wide Web? Interested in learning more about emails or writing letters or exploring the world of the internet for discounts on high street products? There are a number of charities and organisations offering this service with discounts for senior citizens. Pop into your local library for more information.



## Travel Group Short Break to Dorset 19-23 June 2017

Name(s) ..... SU3A No(s) .....

Address ..... Tel.....

..... Postcode .....

Please reserve .... place(s) for me.

Room type: Twin/double/twin share/single

I enclose a cheque for £ ..... (£50 per person) payable to **Sheffield U3A Travel**. Please return the completed slip and cheque with a *Links*-size s.a.e., as soon as possible to: Margaret Bullivant, 14 Kingsley Park Grove, Sheffield, S11 9HL.



## Advance Notice: Travel Group Day Visits for 2017

April	Howarth and Keighley & Worth Valley Railway
May	Hodsock Priory, Notts.
June	Hull
July	York and Bishopthorpe Palace
August	Gunby Hall and Lincolnshire Aviation Heritage Centre
September	Whitby
October	St. George's Hall, Liverpool
November	Capesthorpe Hall at Christmas
December	to be decided

## Short Breaks 2017

September Cambridge and surrounding areas

## Drums and Songs: An Appreciation

After a rousing drum beat the 2016 AGM commenced with musical contributions from three Groups.



First was a popular song from the War Years, for many of us a time of childhood, for others a time of active service. What memories that song held with its Blue Birds and colourful valleys in bloom again. Fittingly, **Singing for Pleasure** ended with Jerusalem – another song with patriotic images and a homecoming of sorts.

Drumming took over in great style. It was like a military tattoo with very precise timing, the product of many months of rehearsal by the SU3A Drumming Group. We look forward to their return.



Finally there was a medley of Old Time songs from the **Music Hall Group**. These were the favourites of our grandparents and parents and again brought back memories of childhood. And how charming to see our members dress up in costumes of that period: the ladies in long skirts and trimmed hats, the gentlemen in blazers and straw boaters. Each of the ladies sang a solo: After the Ball, Joshua Joshua, I've Got my Eye on You, Alice Blue Gown. They were highly enjoyable, but perhaps tear jerkers for some of us.

Enthralled, most people trooped out to the final part of the AGM next door. It had been a remarkably successful morning, well attended throughout. As you make up your new diaries, do enter the AGM 2017, an opportunity not to be missed.

*Peter Barclay     June 2016*

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# Opportunities for Members

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## Publicity Coordinator

The position of publicity coordinator will be vacant from April 2017 due to the current holder completing a 4 year term. The position is attractive in that there is no one way to do this role, and therefore it offers the holder considerable scope to develop the position in their own particular way, subject to discussions in and decisions made by the Executive Committee as a whole.

During the past 4 years emphasis has been placed on -

- Developing publicity materials (publicity bags and pens, a new publicity leaflet, a banner and roll-up sail banner).
- Reporting on SU3A events in *LINKS*, the national U3A magazine (*THIRD AGE MATTERS*) and the local press.
- Talking to local voluntary groups (Rotary, women's groups, Macular Degeneration Society).
- Working with a professional organisation, Pre-Retirement Planning (PREP) in delivering a regular talk on SU3A to staff approaching retirement at Hillsborough College, Sheffield Childrens' Hospital and occasional other employers.

I will willingly talk to and provide extra information to anyone with a potential interest in this post.

*John Evans 0114 2301173    [publicitysheffieldu3a.org.uk](mailto:publicitysheffieldu3a.org.uk)  
Publicity Coordinator*

## Sustainable Development Group

### Energy saving: SU3A members will tell how it's been for them

Making improvements to your home in order to save energy – for the planet's sake as well as your own – is almost in the mainstream these days, but although there are lots of technologies and suppliers out there and no shortage of marketing talk, advice based on objective, practical experience is still hard to come by.

Fortunately some of those who have already “been there and done that” (mostly members of the Sustainability Group) will once again be welcoming to their homes fellow Sheffield U3A members who are considering similar initiatives of their own and want assurance that they’re doing the right thing. As one visitor commented last year, “It was useful to discuss what we were thinking of having done with people who weren’t trying to sell us something”. To get an idea of what was on show last year, go to YouTube and search for Sheffield U3A Green Homes.

This year’s event is planned for the afternoons of **Monday 7th and Wednesday 9th November**, although other times are possible by arrangement. The mix of properties is slightly different this time, but again covers a range of types, vintages and locations:

- Edwardian terrace in Greystones, S11: external and internal wall insulation, solar panels. 07941 687367
- 3-bedroom 1930s detached in Sharrow, S11 with improvements made after an energy survey: loft, internal wall and under-floor insulation, solar panels, and various low-tech draught-proofing & insulation measures. 07817 284971
- Small 2-bedroom property built 1989 in Treeton, S60: comprehensive insulation, double glazing and roof solar panels which collectively have reduced energy costs to £35 per month. 07814 704344 / 0114 2692907
- Inter-war semi in Greystones, S11. Gradual improvements have been made: double and triple glazing, new boiler, solar hot water, under-floor and cavity insulation and triple glazed door. 0114 2685496 / [jocouldryyahoo.co.uk](mailto:jocouldryyahoo.co.uk) (also the contact for general enquiries about the event).

If you intend to visit any of the properties, please let the householder know in advance.

*Coordinator Jo Couldry 0114 268 5496 [jocouldryyahoo.co.uk](mailto:jocouldryyahoo.co.uk)*

## **SU3A Executive Committee**

<b>Chair</b>	<b>Samina Aslam</b>	<b>(0114) 235 1489</b>
342 Abbey Lane, Sheffield, S8 0BY		chairsheffieldu3a.org.uk
<b>Secretary</b>	<b>Jenny Graaf</b>	<b>07955 679703</b>
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<b>Groups' Data Manager</b>	<b>Clare Chiba</b>	<b>(01433) 659 864</b>
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<hr/>		
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<b>Minutes Secretary</b>	<b>Ann Barclay</b>	<b>(0114) 230 4327</b>
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PO Box 1349, 109 Vernon House, Friar Lane, Nottingham, NG1 6DQ.		wa-adminsu3a.org.uk
<b>Equipment Officers</b>	<b>Brian McAteer</b>	<b>(0114) 236 9383</b>
<b>Home Pages Manager</b>	<b>Chris Hailey</b>	<b>(0114) 266 3525</b>
		homepagesheffieldu3a.org.uk

***For queries about membership, joining SU3A, information on Groups, etc. see the contacts list inside the front cover.***

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## Calendar 2016/17

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- Oct** 4      **Drop-In Session + ipad/web support:** 10.00-12.00: CURC  
7      Study Day: Shakespeare  
10-16      ETG: Berlin & Dresden  
14      Lunch & Lecture: The Storm Tossed Lady  
16      Weekenders: Burghley House  
20      Travel Group: Newstead Abbey & Southwell Minster  
21      Showroom Lectures: Barry Hines: Beyond Kes 11.00  
23      C Concertgoers: Bridgewater Hall: Mozart 19.30
- Nov** 1      **Drop-In Session + ipad/web support:** 10.00-12.00: CURC  
17      New Members Meeting  
18      Showroom Lectures: Benefits of Technology in the 4th Age 11.00  
30      Flying Gardeners at Beauchief Gardens 10.00-12.00
- Dec** 3      C Concertgoers: Leeds: Manchester Camerata  
6      **Drop-In Session + ipad/web support:** 10.00-12.00: CURC  
9      Travel Group: Birmingham Symphony Hall & Christmas market  
10      Weekenders: Quiz, Pea & Pie Supper 19.30  
16      Showroom Lectures: Sheffield's Father Christmas – J G Graves 11.00
- Jan** 3      **Drop-In Session + ipad/web support:** 10.00-12.00: CURC
- Feb** 3      C Concertgoers: Nottingham Royal Concert Hall  
7      **Drop-In Session + ipad/web support:** 10.00-12.00: CURC  
4-11      ETG: Iceland and the Northern Lights

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CURC: Central United Reformed Church