

Sheffield



THE UNIVERSITY OF THE THIRD AGE

## Links 192: April 2019



*SU3A Cycle Group winter cemetery ride*

# Contact Us

**Our website is at: [www.su3a.org.uk](http://www.su3a.org.uk)**

Here you will find all the latest news and information about SU3A, including items that do not appear in *Links*.

## Joining SU3A or to find out more:

Rita Webster-Carr  
(0114) 230 8866

Initial Enquiries Officer  
[enquiry@sheffieldu3a.org.uk](mailto:enquiry@sheffieldu3a.org.uk)

## Membership number or renewal:

SU3A Membership Team  
(01433) 659864

[wa-admin@sheffieldu3a.org.uk](mailto:wa-admin@sheffieldu3a.org.uk)

## Information about Groups:

Stephanie Dixon  
(0114) 247 0119  
Jenny Graaf  
07955 679703  
Barbara Lowe  
(0114) 248 8367

Group A General Coordinator  
[groupsa@sheffieldu3a.org.uk](mailto:groupsa@sheffieldu3a.org.uk)  
Group B General Coordinator  
[groupsb@sheffieldu3a.org.uk](mailto:groupsb@sheffieldu3a.org.uk)  
Group C General Coordinator  
[groupsc@sheffieldu3a.org.uk](mailto:groupsc@sheffieldu3a.org.uk)

## Anything else:

Anna Harvey  
07973 771957

Secretary  
[secretary@sheffieldu3a.org.uk](mailto:secretary@sheffieldu3a.org.uk)

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All news and correspondence to the Editor:  
email: [linkssheffieldu3a.org.uk](mailto:linkssheffieldu3a.org.uk)

Remember the contributors' copy code:

**Early, Literate, Accurate and Emailed**

The *Links* Team is not responsible for the content of any articles. Any queries please contact the author of the article. We are sorry we have had to cut articles or carry them over to the next edition, due to insufficient space.

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## **From the Acting Chair**

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Well! This is unexpected. When I was asked to stand for the position of Vice Chair, I was told that it's a bit like being the Vice President of the USA – once elected, you're not seen or heard of again. Yet here I am, not exactly giving the State of the Union Address, but writing to the members of the best U3A in the country. The resignation of our Chair highlighted the importance of succession planning. The Executive Committee was lucky in having a Vice Chair (not having had one for the last three years). I am aware that many groups do not have a Deputy Co-ordinator, and there is always a call for more volunteers.

At this year's AGM we need to fill the posts of Chair, at least one Vice Chair and four or five members for the Executive Committee. There is also a current vacancy for a General Co-ordinator and at the AGM there will be another following a retirement from the post.

The group has stopped running its popular trips, because, after a number of years, the organisers have retired and could find no one to take over.

Sheffield U3A can only function with the help of volunteers. Help and advice is given to all volunteers, be it as a member of the Executive Committee, a General Co-ordinator, a Group Co-ordinator/Deputy or a volunteer to meet and greet, provide tea and coffee at Drop-Ins or as a relief volunteer.

We are the biggest and the best U3A in the country, please help to keep it that way. So as Kitchener nearly said:

## **Your U3A Needs You**

For further information, please contact any member of the Executive Committee listed on page 43 of this issue of Links.

Wishing you a Happy Easter – Brian

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# NEWS

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## Fraud & Scams – The Secret Crime



Andy Foster, Fraud PROTECT Officer with South Yorkshire Police will be presenting at the Sheffield U3A Annual General Meeting on Tuesday 9th July, Central Reform Church, Norfolk Street, Sheffield. Andy's presentation will raise awareness of the issues South Yorkshire communities

are experiencing around fraud and scams and provide advice on steps you can take to reduce the risk of becoming a victim.

Listed below are some concerning facts around fraud and further information, which Andy will cover during his presentation.

The UK Fraud Indicator states it is estimated fraud costs the UK economy £190 billion annually. 53% of people aged 65 or older have been targeted by fraudsters. Being a victim of fraud can seriously affect quality of life and well-being. Men lose on average three times as much to a cyber-criminal than women. The National Trading Standards Scams Team estimate postal frauds could be netting criminals worldwide millions of pounds annually. It is estimated that only 5% of fraud victims make a report. Loneliness is a leading factor leading to fraud vulnerability.

Fraud is a hidden and under-reported crime with victims often in denial or unaware of the criminality behind it. Increasingly fraud is becoming more complex and sophisticated, much of which is targeted at vulnerable and elderly people. Technology is enabling fraudsters to carry out attacks more quickly and employ more complex behaviours to remain undetected.

The nature of fraud victimisation is not only financial. The emotional impact is significant and includes guilt, misplaced trust and diminished confidence, resulting in detrimental effects on physical and mental health and increased social isolation.

South Yorkshire Police are running something called Operation Signature, the force campaign to identify and support vulnerable victims of fraud within South Yorkshire. Andy Foster, part of Operation Signature said, "The types of fraud I see include distraction burglary, rogue traders, postal, telephone and internet fraud. Your home is where you should feel safe, criminals, however, can find their way into your life even when you are in your home when you are least expecting it. There is plenty of advice available on the internet and I have listed details of some of the better websites available."

If you are a victim of fraud contact Action Fraud, on line or via the telephone to report it:

Tel 0300 123 2040 or visit:

[https://www.actionfraud.police.uk/report\\_fraud](https://www.actionfraud.police.uk/report_fraud)

For advice on Postal Fraud, visit <http://www.thinkjessica.com/>

The Metropolitan Police have published the 4th edition of their 'Little Book of Big Scams', this offers excellent advice and explains how fraudsters attempt to commit fraud and what steps you can take to help prevent becoming a victim. A PDF version is available by visiting:

<https://www.ourwatch.org.uk/wp-content/uploads/2018/06/the-little-book-of-big-scams.pdf>

A further publication provides good advice on cyber scams, this can be downloaded by visiting:

<https://www.met.police.uk/SysSiteAssets/media/downloads/central/advice/met/fraud/little-book-of-cyberscams.pdf>

If you wish to discuss any of the above please contact Andy Foster via Tel 01709 832453 or E-mail [andy.fostersouthyorks.pnn.police.uk](mailto:andy.fostersouthyorks.pnn.police.uk)

## **IMPORTANT NOTICE**

**A number of our Executive Committee members retire at the end of their period in office. We need new members to apply for election to join the EC at the AGM in July. If you would like to help run our U3A, then please apply for one of the vacant posts**

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### **Vacancy - Chair of Sheffield U3A**

The Chair is an officer of SU3A who, along with the other officers of the Executive Committee, helps to support the running of our organisation.

The Chair leads the bi-monthly EC meeting, at which any matters raised by the membership or the National and Regional Offices are discussed and collective decisions are taken. The Chair represents SU3A at meetings including the National and Regional AGM and often attends the monthly Drop-Ins and other SU3A meetings.

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### **Vacancy – Vice Chair of Sheffield U3A**

The Vice Chair deputises for the Chair in their absence and Chairs various sub-committees.

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### **Vacancy – Members of the Executive Committee of SU3A**

Members of the EC help the Chair in running SU3A. A number choose to sit on various sub-committees.

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## **Commitment**

Generally, 1 to 2 hours per week, subject to any forthcoming meetings or events. We are looking for members with common sense, who are comfortable in using the internet and emails and enjoy meeting people.

If you are interested in helping to manage our great U3A which is the largest in the country with 3400 members and 220 groups, please contact any of the EC members listed at the back of the *Links* magazine or **complete and send in the nomination form printed on page 7.**

# NOMINATION FORM FOR ELECTION TO SHEFFIELD U3A EXECUTIVE COMMITTEE 2019

Position applied for:.....

There is a vacancy for a Chair, Vice Chair and Committee Members.

**All posts are elected by the members at the AGM.**

Name of nominated person.....

Address.....

.....

Email Address.....

SU3A membership number..... Home Tel No.....

Mobile No:.....

Groups to which nominee belongs.....

.....

**Proposers: A proposer and seconder is required**

Name of Proposer.....

SU3A membership number.....

Home Tel No..... Mobile No.....

Signature of Proposer..... Date.....

Name of Secunder.....

SU3A membership number.....

Home Tel No..... Mobile No.....

Signature of Secunder..... Date .....

I am a member of Sheffield U3A and agree to be nominated as a candidate for election to the Committee of Sheffield U3A at the Annual General Meeting on Tuesday 9 July 2019.

Signature of Nominee.....Date.....

**Please send the completed form to: [secretarysheffieldu3a.org.uk](http://secretarysheffieldu3a.org.uk) or by post to SU3A, 73 Highcliffe Road, Sheffield, S11 7LP no later than 11 June 2019.**





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## GROUP NEWS

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### Art and Meditation Workshops – new group

Access your creative spirit with this 5-week course - which might be extended if there is sufficient interest.

This will be led by 2 artists, Shirley and Rachel, who practise meditation. It will take place in the downstairs room of the Quaker Meeting House, 10 St James Street, Sheffield, S1 2EW on Tuesdays from 2.45 pm to 4.45 pm. For beginners and intermediate.



Week 1            23 April, Small Indian Miniatures

Week 2            30 April, Calligraphy

Week 3            7 May, Decorative Borders

Week 4            14 May, Botanical Painting

Week 5            21 May, Paper Mosaics

Cost: £5 per week contribution, which includes all materials.

To book contact:

*Shirley Cameron 07837 179226 or email [shirleyannecamerongooglemail.com](mailto:shirleyannecamerongooglemail.com)*

## U3A Backgammon

Backgammon is one of the oldest known board games. Its history can be traced back nearly 5,000 years. It's a two-player game where each player has fifteen pieces (checkers) which move between twenty-four triangles (points) according to the roll of two dice. The objective of the game is to be first to bear off, i.e. move all fifteen checkers off the board.



There isn't a U3A group at the moment carrying on this ancient tradition, so we thought we'd try to form one. If there's enough interest, we'll have an initial planning meeting and then meet in group members' houses. We live in Woodseats. All levels of skill would be welcome. One of us is an experienced player, the other an absolute beginner. We are:

Mike Murfin, 63 Firbeck Road, Sheffield, S8 ONF. Tel: 07918 874779  
Peter Hulse, 25 Harbord Road, Sheffield, S8 0BB. Tel: 07779 336029

If interested please contact:

*Peter Hulse [peterhulse.plus.com](http://peterhulse.plus.com)*

## Sheffield U3A Cycle Group Winter Cemetery Ride

December 10 saw the annual Sheffield U3A Cycle Group Winter Cemetery Ride (see front cover of this issue). Not any old cemetery – we weren't looking to make a booking. Rather, now closed cemeteries, the last resting place of Sheffield notables and not so notables from the days of Sheffield's massive industrial expansion. Home to industrialists, far too many young women who died in childbirth, inventors, a Victoria Cross "winner", so many under 10s and most whose names are no longer read or remembered. Ride devised by Dave Jefferies and led by Tim Barlow.

## **Thursday Craft Group**

We are looking for new members for our newly formed craft group. We meet fortnightly in members' homes to share our knowledge and ideas to make different crafts together. No specific skills required - just a love of making things. Please contact:

*Barbara Lowe 07722 870390 [barbaralowe152gmail.com](mailto:barbaralowe152gmail.com)*

## **E-bike Cycling**

As e-biking grows more popular, more and more cafés in the hills and valleys around Sheffield are becoming accessible. I wonder if there is an interest in setting up an e-bike group, with the aim to ride for about 2-3 hours, with a mandatory refreshment stop somewhere in the middle. Wednesday/Thursday/Friday possible days and frequency to be determined by agreement and level of interest.

If interested please contact:

*Robert Peck [robertpeck1956gmail.com](mailto:robertpeck1956gmail.com)*

## **New History Group**

I have had some interest in starting a new History Group but would welcome a few more participants. If this is something that appeals to you I suggest that there is a meeting of interested members at the May Drop-In. I am not coordinating this group but will support anyone who is happy to do so. Come along with your ideas on May 7 at 10.30 am, 1st Floor, Central United Reform Church. We can take it from there, no need to let me know you are coming, just turn up.

*Stephanie Dixon [stephdixon247gmail.com](mailto:stephdixon247gmail.com) or (0114) 247 0119*



## **Sheffield U3A Croquet Group Parkhead Cricket Ground**

We are a successful group playing friendly croquet on Tuesday and Thursday afternoons and Wednesday mornings.

It's a good way of getting fresh air and gentle exercise, meeting new people and generally spending an enjoyable few hours.

We have a few vacancies available and would welcome new members. We provide all the equipment and tuition to those new to the game.

We offer two opportunities to come and try the game before committing to join.

The annual cost is £40 for the season (April to the end of September) and this includes playing as often as you would like, tea/coffee and biscuits, free use of the equipment and training.

For further information contact Brian Cave, Co-ordinator at [bpcavehotmail.com](mailto:bpcavehotmail.com), or visit us on Tuesday, Wednesday or Thursday as shown above. Parkhead Cricket Ground is adjacent to the Miller & Carter steakhouse on 345 Ecclesall Road South, S11 9PW.



*Players enjoying the sun and a cuppa*

## **U3A Orienteering**

Orienteering is a challenging outdoor adventure sport. The aim is to navigate between control points marked on an orienteering map and decide the best route to complete the course in the quickest time.

It does not matter how young, old or fit you are, as you can run, walk or jog the course and progress at your own pace. It is ideal for people of all ages, shapes and sizes and for older adults wanting to shape up, add some excitement to their walking or jogging and meet new friends.

The aim of this 6-week access course is to introduce you to the basics of the theory and practice of the sport of orienteering, including map reading and navigation, so that you can take part in organised orienteering events which take place regularly in Sheffield and South Yorkshire.

Over the 6 weeks we will meet in different local parks and woods in Sheffield, starting on Thursday April 25 in Endcliffe Park where we will meet outside the café at 1.30pm. The session will last two hours. Further sessions will take place on May 2, 16 and 23 and June 6 and 13.

Other venues will include Graves Park, Millhouses Park, Forge Dam, Weston Park, Norfolk Park and Ecclesall Woods. Come dressed for walking or jogging through the Park.

There is a cost of £10 for the 6-week course which covers the cost of producing and printing the orienteering maps and use of orienteering equipment hired from the local club, South Yorkshire Orienteers.

Please contact me before 20 April using the contact information below if you would like to attend.

If this short course is successful it will be repeated later in the year.

*Colin Best [colinallan@yahoo.co.uk](mailto:colinallan@yahoo.co.uk) Tel. 07800 540596*

## Practical Philosophy

We started meeting (3-weekly) two years ago and we try to keep our focus on practical aspects of the philosophers we study.

This year we have looked at philosophies of the enlightenment, including Hobbes, Locke, Rousseau, Spinoza and Rousseau, and also Mary Wolstonecraft and Edmund Burke. We have also discussed Kierkegaard, Mill and Freddie Ayer, and had an introduction to Indian philosophy.

Planned sessions are on Schopenhauer, the letters of Seneca, how to choose a philosophy, Avicenna, Kant, Sartre and Wittgenstein.

Numbers are restricted by space available. We do have room for a couple more members. If you are interested please contact me on (0114) 230 6505, or at [m.manbyhud.ac.uk](mailto:m.manbyhud.ac.uk).

Martin Manby

## Sing and Play the Blues

The new group has got off to a great start with tenor and alto sax, clarinet, guitars, banjo, mandolin, harmonica and washboard players. We are meeting every other Thursday 2.00 pm to 3.30 pm in the Ale House, Fraser Rd, off Archer Rd. We are playing a range of music from jazz blues, Dixieland music, to straight forward 12-bar country blues and jug band songs. We know we have a lot to do before getting near performance standards, it's a new experience for most of us, but it's fun. Anyone interested is welcome to join us (just email to check the day).

What we need above all is a lead singer... someone who can take the lead on anything from *When the Saints*, etc. to *San Francisco Bay Blues*. Whilst knowledge of the genre is an advantage there is now so much available on YouTube that it is easy to get up to speed. If you are interested in the lead singer role please contact:

*Clive Langman* [clive\\_langmanhotmail.com](mailto:clive_langmanhotmail.com)

## **New Ukulele Group UKULEAR POWER**

A new ukulele group is starting at the end of April. Playing the ukulele, and singing along, is fun and popular because you get quick results after only a few sessions. No previous knowledge of music is necessary.



We will meet on alternate Tuesday mornings at Fulwood Old Chapel, 8a Whiteley Lane, S10 4GL, near Forge Dam. Parking is easy nearby.

I have just moved to Sheffield from Canterbury where I co-ordinated groups for 6 years and I look forward to meeting new ukies here. For more information please contact:

*Christine Osborne 07753 662073 christineosbornelive.co.uk*

## **New to retirement?**

Many people find retirement a major change and sometimes a challenge. What will it mean for you? If you have retired and are finding it a bit of a shock to your system you may be interested in a one-day workshop in Sheffield to:

- explore what retirement means to you;
- share insights on how to manage this new phase of life;
- discuss issues around, for example, activities, relationships, health and identity in retirement.

The workshop will be led by Sylvia Ashton, an independent education consultant and Neil Atkinson, a coaching psychologist. Following this 'taster' day further workshops may be planned, depending on interest.

There will be 12 places on this workshop, to be held on Tuesday 30 April in central Sheffield. It will be based on a course devised by Julia South and Carol Ellis (Sheffield and Bromley U3A) and inspired by the book 'Retiring with Attitude' by Caroline Lodge and Eileen Carnell (2018).

To reserve a place email:

*Neil Atkinson neilworklifetalk.co.uk*

## **Fitness Tailor Made For You**

It all started as an experiment... Would people of U3A age range enjoy “Tailor Made For You” – small circuit fitness sessions designed specifically for us? That was seven years ago, and the success has been amazing. Steadily interest has grown, to the extent that, with the recent introduction of yet another ‘Bootcamp’ session, and the return of Tuesday afternoon ‘Restorative and Mindful’ Yoga, there is no weekday when the Fitness Studio doesn’t host a least one, and mostly two, sessions, specifically for Sheffield U3A members.

Because we always indicate on the Activities pages in *Links* that there are vacancies (V), very few U3A members who contact me, wondering if there is something suitable for them, are disappointed. As soon as the sessions become full, the Trainers arrange to fit in another one; from February 2019 there are nine.

There is no joining fee involved, no contract to sign; there is even a small reduction in cost for those able to make a block booking, over perhaps six weeks. After a short consultation “Expectations, Limitations and Medications” the rest is up to you! You can find us listed under “Physical Activities”. The Fitness Studio is located at Fairplay Sport, 7 Westbrook Court, 2 Sharrowvale Road, Sheffield, S11 8YZ.

*Ann Evans tattyheadx2gmail.com (0114) 348 6607*

## **COMING SOON Sheffield U3A Wednesday Cycling**

This is a new group for mature cyclists who enjoy moderate rides (10-20 miles depending on the terrain), at moderate speeds (10mph on the flat). We will mainly try to stick to surfaced tracks, trails and low traffic lanes and avoid steep hills. Sheffield being as hilly as it is means that we will normally have to get ourselves and our bikes to various start points within a few miles of Sheffield. Sometimes it will be possible to start the ride at a train station. The tracks are often not suitable for lightweight road bikes.



I intend to start with a ride on the first Wednesday morning of the month.

Hopefully this will quickly increase to first and third Wednesdays (or more) as members suggest new routes that they know and are able to lead.

If you are interested in joining please contact:

*Sandie Andrews*

*SheffieldU3AWednesdayCyclingmail.com*  
*07887 740592*

## **Whirlowbrook in Bloom**

The commemorative garden at Whirlowbrook Park looks at its best in April, May and early June so do try to make a visit this spring. The gardening group will be there on the second and fourth Wednesday mornings, and would love to see you! On 22 May we shall have plants and cards on offer.



This spring we are replanting the bed under the beech trees, choosing plants which tolerate the dry shade. Donations in memory of loved ones continue to be much appreciated and are recorded in the Book of Remembrance. Phone Alison Cowper on (0114) 274 6165 if you would like a donation form.

We also have a **Flying Gardeners** event in the park on 29 May, 9.30 - 12 noon. All are welcome to help tidy up a neglected part of the garden. Tools are provided - just meet us by the upper car park and bring suitable footwear.

Some of us can't dig like we used to and so we would be delighted to welcome new members on board!

*Shelagh Woolliscroft (0114) 255 8948*

## Life Writing Workshops

Do you want to write about your life - as a story or a poem?

We are planning a course of four workshops, to be held at the Showroom Cinema, on 20 May, 3 June, 17 June and 24 June (all Mondays). The cost is £10 for all four sessions: this is to cover materials and a donation to the Showroom in lieu of room hire.

These will be run by John Turner, a former senior lecturer in creative writing and performance arts at Sheffield Hallam. John is himself a published poet, playwright and short story writer. He has performed regularly in the UK and Europe with the Circus of Poets.

To find out more about the workshops and to book a place please contact John Turner on 07970 473458 or email him at [jrt39bowgmail.com](mailto:jrt39bowgmail.com)

## Shared Learning & Research Projects: Update “The 60s Experience”:



Congratulations to Denise West and Shelagh Woolliscroft's team for some exciting and informative outcomes of their shared Learning Project and a great article in Third Age Matters (TAM).

Denise has received over 65 comments to the article from U3As all over the country.

This is an ongoing project but information on some of the outcomes already achieved can be found on our website.

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## Sheffield U3A Group and Activities Pages: April 2019

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To join Sheffield U3A please contact Rita Webster-Carr (Initial Enquiries Officer) on (0114) 230 8866, Email [enquiry@sheffieldu3a.org.uk](mailto:enquiry@sheffieldu3a.org.uk)

Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or wish to suggest a new Group, please ring the appropriate General Coordinator, or (01433) 659864.

Groups currently notifying they have vacancies are marked with V in the following pages. Full details and some Group programmes can also be found on our website – [www.sheffieldu3a.org.uk](http://www.sheffieldu3a.org.uk)

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate.

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**ACCESS:** to Group meetings and activities is listed using the following key –

**MH** : Member's Home – access variable; if you have specific needs please contact the Group Coordinator

**PVHL:** Public Venue - meeting is fully accessible, including a hearing loop

**PV** : Public Venue - meeting is fully accessible but does not include a hearing loop

**PVAL:** Public Venue – meeting access is limited; if you have specific needs please contact the Group Coordinator

**O** : Outdoors

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**MEETINGS:** This shows Day, Time and Frequency- e.g. *Mo.am.f = Monday Morning Fortnightly. We.pm.m = Wednesday Afternoon Monthly. Tu.--,w = Tuesday All Day Weekly. 4w = 4 weeks. AREA:- The Postal Area in which the Group meets – e.g. (SE) indicates that the Group meets in the South East of Sheffield.*

**Please notify any amendments to this list to the General Coordinator team.**

Groups Art	Vacancies	Meeting	Area		Access	Coordinator	Telephone
			Set A	General			
Art I	V	We.am.w	S11	PVHL	General Coordinator Stephanie Dixon	Daniel Merrills	230 5952
Art II		Th.pm.w	S11	PV		Pauline Miller	258 3678
Art III	V	We.pm.w	S11	PV		Miriam Currie	01246 414 274
Art on Tuesday	V	Tu.pm.w	S11	PV		Graham Woodthorpe	0114 2960535
Aspects of Art II		Th.pm.m	S7	PV		Valerie Wiley	236 0726
Outdoor Sketching	V	Fr.am.f	various	O		Daniel Merrills	230 5952
<b>Arts and Crafts</b>							
Architecture Past and Present		2ndTu.pm.m	Set B		General Coordinator Ann Granville		
Craft	V	Th.pm.f	S8	PV		Elaine Burtoft	0114 2811522
Crochet and Knitting	V	Tu.pm.f	S1	MH		Barbara Lowe	248 8367
Dressmaking	V	Mo.am.f	S11	PVAL		Jane Whitehead	457 7740
Dressmaking and Sewing	V	Mo.am.f	S11	PV		Jennifer Austin	2552095
Handwork & Craft II		Th.am.f	S11	PV		Ellen Johnson	2683291
Knitting		We.am.m	S10/11/17	MH		Elspeth Eggington	230 8755
Knitting II		Th.am.f	S1	MH		Jane Harling	230 9576
Patch & Quilt		Mo.pm.f	S17	PVAL		Helen Gwyddanes	221 6360
Photography	V	3rdTh.pm.m	S7	MH		Inge Davies	236 0318
Quilting Hive	V	Mo.pm.	S8	PV		Ian Eyre and Pat Robins	07788296975 or 01246 416850
Video Production (Documentary)	V	Mo.am.w	Sheffield area	MH		Lynne Brown	237 7643
Woodworking/Woodcarving		Th.pm.w	S7	MH		Ian Barkley	01709 812 351
<b>Cards and Board Games</b>							
Bridge - Friday I	V	Fr.pm.w	Set C		General Coordinator Barbara Lowe		
Bridge - Friday II	V	Fr.pm.w	S17	PVAL		John Strange	01246 416 558
Bridge - Monday	V	Mo.pm.w	S17	PV		Brian Jeremiah	230 7250
Bridge - Thursday	V	Th.pm.w	S17	PV		Peter Goldthorpe and Pat Latham	2350211 or 01246 419106
Bridge - Tuesday	V	Tu.am.w	S7	PV		Brenda Fryer	236 5628
Bridge - Wednesday	V	We.am.w	S17	PV		Michael Brumby	236 5676
Bridge Stocksbridge	V	Tu.pm.w	S36	PVAL		Jean Bowie	230 1002
Chess	V	Tu.pm. 4 wkly	S17	PV		Bob Smith	288 8624
Mah Jong	V	We.eve.w	S7	MH		Sheila Hardie	236 4498
Rummikub (Evening)		Mo.eve.w	S17	MH		Barbara Lowe	248 8367
Rummikub (SE)		Mo.pm.f	S13	MH		Chris Cave	236 4648
						Joan Brown	269 4829

Groups	Vacancies	Meeting	Area	Access	Coordinator	Telephone
Rummikub (SE) II		Mo.pm.f	S20	MH	Barbara Steel	247 4696
Rummikub I		Mo.pm.f	S7/8/17	MH	Shirley Wilks	438 0480
Rummikub II		Mo.pm.w	S10	MH	Rita Carr	230 8866
Scrabble	V	Fr.pm.f	S11	PV	Rosemary Newall	236 0728
Word Games	V	2nd/4th.Fr.pm	S12	MH	Christine Cox	2416897
<b>Discussion, Philosophy, Economics and Religion</b>						
Current Affairs Discussion		2nd.Th.am.m	Set C	General	Coordinator Barbara Lowe	
Discussion I		Tu.pm.f	S17	PV	Paul Close and Stephen Geary	268 3082 or
Discussion II	V	Tu.am.m	various	MH	Claire Altwood	280 8286
Feminists Over Fifty	V	1st Mo./1st Tu/2nd We.am.m	various	MH	Mary Alexander	255 6385
Mindful Ageing		2nd and 4th.Th. –	S1	MH	Maggie McCarthy	230 6600
Personal Finance	V	Mo.pm.m	S11	PV	Michael Pupius	2587568
Philosophy- Hsf/Classical		2ndMo.pm.m	S11	PV	Helen Marsh	230 1622
Practical Philosophy		Th.pm., 3 wkly	S10	PV	John Kirkman	236 1971
Sugar & Spice	V	Mo.pm.f.	S8	MH	Martin Manby	230 6505
Gardening			Set A	General	Eunice Southgate	281 1876
Flying Gardeners	V	5th .We.am	Various	O	Shelagh Wooliscroft	255 8948
Gardening (SE)	V	Tu.am.f	various	PVAL	Carol Wright	251 0140
Gardening C		Mo.am.m	S10/11/1	MH	Heather Curtis	255 7228
Gardening D		2ndTu.am.m	various	PV	Helen Drury	236 7053
Gardening Greenfingers	V	2ndTu.pm.m	S8	PV	Jane Gregory	274 9246
Gardening at Whirlowbrook Park	V	2nd & 4th We.am.m	S17	O	Shelagh Wooliscroft	255 8948
<b>History</b>						
Appreciating the Victorian Era	V	Fr.am.	Set A	General	Coordinator Stephanie Dixon	
European History		4thTu.pm.m	winter meetings in S10	MH	Anne Marples	07942 967463
Family History I		2ndWe.am.m	S1	PV	John Evans	230 1173
Family History II	V	2ndTu.am.m	S11	PVAL	Annie Grassick	230 2777
Family History III		4thWe.am.m	S1	PVAL	Tim Simkins	230 2656
Family History IV		Fr.pm.m	S11	PVAL	Monica Stagg	07870 350271
Greece and Rome	V	We.pm.	S11	MH	Jane Blockeel	236 6861
Local History (SE)	V	Th.pm.m	Mosborough, S20	PVL	Margaret Troop	287 4448
Military History	V	Tu.pm.m	S7	PVHL	John Green	230 7768
Visiting History	V	Tu.pm.m	various	PVAL	Jenny Clark	266 9395

Groups Languages	Vacancies	Meeting	Area		Access	Coordinator	Telephone
			Set B	General			
Cercle Français I		Fr.am.w	S11	PV	Tina Powell-Wiffen	255 1032	
Cercle Français II	V	Mo.pm.f	S10	MH	Hilda Hinchliffe	230 2561	
Classical Greek	V	We.pm.f	S1	PV	Dedre Eastburn	07401020150	
Deaf Awareness Group	V	eve.m	S1	PVAL	Christopher Carter	07855908007 (text please)	
English Language	V	Tu.am.m	S11	MH	Maggie Lyons	236 6195	
French Improvers	V	Fr	S11	PV	Malcolm Scott	07940285442	
French for Holidays		Mo.pm.f	S7	MH	Usha Fitch	236 5009	
French-Advanced	V	Fr.am.w	S10	PV	Peter Keen	236 4914	
French-Intermediate		Th.am.w	S11	PV	Janet Threlfall	2631039	
German for Improvers		Mo.am.w	S18	MH	Anne Bonell	01246 416094	
German-Advanced	V	Tu.pm.w	S6/8/10/17	MH	Colin Pears	01142335531	
German-Intermediate		Mo.am.w	S11	PVAL	Katharine Brown	265 6477	
Italian		Tu.pm.f	S10/11/6	MH	Brian Bailey	266 4678	
Italian for Holidays	V	Fr.pm.w	S11	PV	Mike Hague	236 6336	
Latin - Old Skool		Mo.pm.f	S1	PV	Paul Cordwell	3273954	
Latin II		2nd & 4th Fr.am.m	S1	PV	Jane Blockeel	236 6861	
Latin III		We.pm.f	S10	MH	Dedre Eastburn	07401020150	
Latin Improvers		Mo.am.f	S1	PV	Rose Tanner	245 0200	
Mandarin		We.am.w	S10	MH	Wendy Eyre	0114 274 5332	
Polish Culture and Heritage	V	1st .We.am.m	S11	MH	Krystyna Chandler	07779013780	
Portuguese For Fun		Tu.am.w	S11	MH	Pauline Miller	258 3678	
Portuguese Improvers		Mo.am.w	S11	MH	Pat Cantrill	230 8571	
Spanish - Rapid Beginners 2		Tu.pm.w	S8	PV	Bill Horner	249 4921	
Spanish Advanced	V	Th.am.w	S7	PV	Eileen Osborn	2863136	
Spanish Improvers	V	Mo.pm.w	S11	MH	Israel Newton	266 3138	
Spanish Stage 2		We.pm.w	various	MH	Greta Pearman	236 3336	
Welsh - an introduction		Tu.am.f		MH	Steve Clements	255 8422	
Welsh Beginners		Tu.am.w	various	MH	Steve Clements	255 8422	
Welsh Conversation	V	Tu.am.f	various	MH	Geoffrey Turner	01142309054	
Welsh Intermediate	V	Tu.am.f	various	MH	Nigel Thomas	281 6611	
Literature and Drama			Set B	General	Coordinator Ann Granville		
Ancient Authors	V	Tu.pm.m		PVAL	Jane Blockeel	236 6861	

Groups	Vacancies	Meeting	Area	Access	Coordinator	Telephone
Book Group I		Fr.am.m	S17	PV	Margaret Walton	255 6563
Book Group II		Fr.am.m	S17	PV	Sally Carter	236 2066
Book Group III		2ndTu.am.m	S17	PV	Wendy Jennick	268 7047
Book Group IV		Fr.am.m	S17	PV	Mary Whyns	236 8628
Book Group V		Tu.pm.m	S11	MH	Mary Brookes	235 0180
Bookworm	V	Fr.pm.m	S36	PV	Angela Butler	288 4778
Drama Study	V	Tu.pm.f	S11	MH	Jacqueline Bailey	2664678
Enjoying Literature	V	We.am.f	S10	MH	Roger Smith	07582 458050
Film Appreciation	V	Tu.pm.m	S1	PV	Lesley Dixon	268 5881
Novel Reading I	V	Mo.pm., 4 wkly	S10	MH	Pam West	266 2188
Novel Reading II	V	Mo.pm.m	S11	MH	Jacqueline Smith	01143483069
Novel Reading III	V	2ndFr.am.m	various	MH	Judith Vernier	01246 418607
Novel Reading IV	V	Fr.am.m	S5	MH	Anne Chatterton	266 8998
Play Reading 3	V	Mo.pm.m	S10	MH	Linda Evans	230 1173
Play Reading I		Tu.pm., 4 wkly	various	MH	Mike West	266 2188
Play Reading II		Last Tu.pm.m	S10	MH	John Lees and Irene Lees	267 1857
Poetry Study	V	We.pm.f	S11	MH	Arthur Pidcock	0114 2746138
Poetry for Pleasure		We.pm.f	S17	MH	Pat Parkin	236 8009
Reading for pleasure	V	Th.pm.m	S17	MH	Susan Kirkman	236 1971
Shakespeare for Pleasure	V	Tu.am.f	S10/11	MH	Jennifer Mellor	2304332
Story Writers		Tu.am., 4 wkly	various	MH	Margaret Briddon	262 0501
World of The Book		We.am.m	S1	PVAL	Julie Edworthy	201 5847
<b>Music</b>						
			<b>Set C</b>	<b>General Coordinator Barbara Lowe</b>		
A Cappella		Tu.pm.f	Various	MH	Stephanie Dixon	247 0119
Belleplates	V	Fr.pm.f		MH	Rosemary Anderson	268 0924
Drumming		Th.pm.w	S1	PV	John Lee	233 8517
Guitar Group	V	Mo.pm.f	S1	PV	John Stevens	236 3557
Guitar Group II	V	We.eve.f	S10	MH	Kirk Davis	01142302932
Guitar Group III	V	Th.eve.f	S10	MH	Kirk Davis	01142302932
Handbell Ringing	V	We.eve.w	S35	PVAL	Margaret Naylor	236 0245
Jazz Appreciation I		2ndTu.am.m	S10	MH	John Green	230 7768
Jazz Appreciation II		3rdTu.am.m	S7	MH	David Bone	268 1016
Music Appreciation	V	Th.pm.f	S6	MH	David Andrews	07904036601

Groups (Music cont)	Vacancies	Meeting	Area	Access	Coordinator	Telephone
Recorder for beginners	V	Mo.pm.f		PVAL	Hilary Dowson	221 4417
Singing for Pleasure		Fr.pm.f	S1	PVAL	Irene Lees	267 1857
Ukulele		Fr.pm.f	S8	PVAL	Ann Beedham	274 8331
Ukulele 2	V	Tu.am.f	S35 2XE	PVAL	Diane Bingham	0114 2340131
Vintage Voices	V	Mo.am.w	S1	PVAL	Carole Hurst	293 9163
<b>Physical Activities</b>						
Belly Dancing Stocksbridge	V	Tu.am.w	S36	PV	Kathryn Smith	283 1171
Bowling Cm Gm (NE)	V	Tu.am.,Su.am.w	S5	O	Alan Howsam	01142456696
Bowling Cm Gm (SE)	V	Th.am.w	S9	O	John Hunt	269 8811
Bowling Crown Green		Mo.am.Th.am.w	S8	O	Tony Hobson	281 5373
Country Dancing	V	Tu.pm.f	S7	PV	Anne Marples	07942 967463
Croquet	V	We.am., Tu.pm., Th.pm.w	S11	O	Brian Cave	07768121767
Cyclists Midweek	V	Mo.f	various	O	Alan Bailey	236 7219
Fitness: Tailor made for you	V	Mo.pm., Tu, Th, Fr,am.s	S11	PV	Ann Evans	348 6607
Indoor Bowling	V	Tu.pm.w		PV	Alan Howsam	01142456696
Pilates		Tu.pm.w	S18	PV	Mary Maddison	2366643
Racketball	V	Mo.am., Th.am.w	S17	PVAL	Peter Keen	236 4914
Racketball Stocksbridge	V	Tu.am.w	S36	PV	Elaine Smith	288 8624
Table Tennis		Mo., Th.am.w	S17	PV	Belinda Taylor and John Warwick	230 4489 or 253 0789
Tai Chi & Chi Kung West Sheffield Grp 1	V	We.pm.w	S11	PV	Ron Jaman	0114 2306878
Tai Chi & Chi Kung West Sheffield Grp 2	V	Th.pm.w	S 11	PV	Ron Jaman	0114 2306878
Tai Chi & Qi Gong South Sheffield		Fr.pm.w	S17	PV	Pat Ryan and Clare Ryan	236 8749
Tai Chi Stocksbridge	V	Fr.am.w	S36	PV	Christopher Goldthorpe	01226 762 201
Yoga	V	Th.w	S11	PV	Anne Ledbetter	01246488038
Yoga - Restorative	V	Mo.am. Tu.pm.w	S11	PV	Ann Evans	348 6607
<b>Science and Technology, Social Science</b>						
<b>General Coordinator Barbara Lowe</b>						
Coding for the web		We.pm.w	S11	MH	Camilla Jordan	2685355
Environment	V	Tu.am.f	S11	MH	Cliff Ellis	250 0883
Geology		We.,m	various	O	David Edmonds	234 3604
Maths	V	Tu.am.m	S8	PV	Alan Zinober	2367001
Science & Technology		Mo.am.m	S8	PV	Roy Stanley	230 2941
Sustainable Development	V	Mo.pm.m	Central	PVAL	Jo Coudry	268 5496
Theoretical Physics	V	We.pm.m	S11	PVAL	John Edwards	296 2050



Groups		Vacancies	Meeting	Area		Access	Coordinator	Telephone
Social				Set A	General			
Afternoon Tea			We.pm.m	Various	PV	June Jackson		236 4474
Bus Pass Explorers			Sa.m		O	David Hague		2335333
Dining Out			Wed.eve.m	various	PVAL	Susan Stone		2361035
Indian Veggie Buffet	V		1st Th.eve.m.	various	PV	John Wragg		236 8475
Lunch Group			3rdTh.m	various	PV	Diane Brooke		01709 371800
The Natural World				Set A	General	Coordinator	Stephanie Dixon	
Bird Watching I			Mo.am.f	various	O	Robin Peel		07942 920741
Bird Watching II	V		We.-.w	various	O	Malcolm Swift		01246 906819
Natural History			3rd.Th.m	various	O	John Roberts and Aline Roberts		230 6487 or 07752675363
Walking				Set A	General	Coordinator	Stephanie Dixon	
Dippers I (4-6mils)			Mo.f	various	PV	Jackie Smith		0114 2508065
Dippers Too (7-10mils)	V		Mo.f	various	O	Bill Barracough		230 3945
Gannets (5-7mils)			Mo.f	various	O	John Lees		267 1857
Late Walkers (5mils)	V		We.am.w	various	O	Jill Whyns		258 9935
Learning Outdoors Walking Group			Th.w	Various	O	Fiona Fairlie		2664599
Nordic Walking Group	V		On a rota.f		O	Jane Doyle		07912445041
Short Walks NW	V		Th.am.w		O	Glenis Gowan		01226 763158
Strollers I ( Public Trspt.)			We.-.f	various	O	Michael Ball		287 9226
Strollers II ( Public Trspt.)	V		Mo.-.f	various	O	Sheila Hewitt		268 6891
Strollers II (Saturday)	V		Sa.am.f	various	O	Ray Pigott		236 4078
Strollers II (Tuesday)	V		Tu.am.f	various	O	Shirley Tasker		274 6986
Strollers III (Public Trspt.)			We.f	various	O	Pat Clifton		251 0450
Strollers III (Saturday)	V		Sa.am.f	various	O	Anne Gurnell		07884327214
Strollers SE (Saturday)	V		Sa.am.f	various	O	Christine Edwards		01909 773 548
Sunday Ramblers (7-9 mils)	V		Su.f	various	O	Jenny Parker		236 0798
Sunday Walkers (7-9 mls)	V		Su.f	various	O	David Hydes		288 7815
Walk & Talk German	V		Fr.am.w	various	O	Anjie Barker		268 3912
Walking Grp A (5-6mils)	V		Alt Tu./We.w	various	O	Jill Fletcher		07769037521
Walking Grp B (6-7mils)	V		Tu.w	various	O	Joyce Cooper		236 2730
Walking Grp C (5-7mils)	V		We.w	various	O	Gilbert Smith		230 5769
Walking Grp D (9-11mils)			Alt We./Th.w	various	O	David Levine		258 9026
Walking Grp E (5-7mils)	V		Alt We./Th.w	various	O	Chris Cave		236 4648

Groups (Walking cont)	Vacancies	Meeting	Area	Access	Coordinator	Telephone
Walking Grp G (5-7mils)	V	Th.am.w	various	O	Tim Caley and Pauline Caley	230 3212
Walking Grp H (9-11mils)		Mo.w	various	O	Ray Goulding	2306905
Walking Grp J (10-14mils)	V	Alt Tu./We.w	various	O	Alan Heath	230 4898
Walking Grp K (4-5 mls) Pub Trspt.		Th.f	various	O	Pat Clifton	251 0450
Walking Grp L (3 or 5 mls)		Th.am.w	various	O	Barbara Cassidy	262 0699
Walking Grp M (5 - 6 mls)		Fr.w	various	O	Gordon Young	296 2402
Walking Grp N (6 - 7mils)		Fr.am.w	various	O	Sylvia McColm	236 5872
Walking Grp NW (5 - 8mils)		Th.am.w	various	O	Pauline Shaw	07752 638350
Walking Grp P (8-10mils)		Alt We./Th.w	various	O	Anne Fitzpatrick	236 0989
Walking Grp Q (5-7mils)	V	Tu.am.f	S5/S35	O	Anne Chatterton	266 8998
Walking Grp R (7 - 9mils)		Mo.w	Various	O	Camilla Jordan	2685355
Walking Grp SE (6 - 8 mls)	V	Tu.w	various	O	Johanna Lattimer	0114 268 1227
<b>Short Courses</b>						
Map Reading for Walkers	Set A	Various	<b>Set A</b> Various	<b>General</b> O	<b>Coordinator Stephanie Dixon</b> Gordon MacNair	258 5442
<b>THE FOLLOWING GROUPS ARE ADVERTISED IN LINKS AND ARE OPEN TO ALL MEMBERS</b>						
Classical Concertgoers	Set C	various	Null	PV	Pamela Sandford	236 1815
European Travel Group	Set A	various	Various	PV	Samina Aslam	235 1489
Lunch & Lecture	Set B	Twice yearly	S8	PV	Dorothy Sutcliffe	268 5918
Steel City Wanderers	Set A	Once a month	various	PV	Pat Ryan and Clare Ryan	236 8749
Travel Group	Set A	various	Null	PV	Shelia Harris	236 9653

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## EVENTS

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### **Classical Concertgoers: De Montfort Hall, Leicester Saturday 1 June 2019**

#### **Philharmonia Orchestra**

**Conductor:**

**Pablo Heras-Casada**

**Violinist:**

**Nicola Benedetti**

**Mendelssohn**

**Bruch Violin**

**Tchaikovsky**

**Overture The Hebrides**

**Concerto No.1**

**Symphony No.4**

We have booked a popular programme for our final visit of the season. Nicola Benedetti is an accomplished and renowned soloist, playing on this occasion Bruch's famed violin concerto. We start with the Hebrides Overture for a taste of a Scottish summer. Of Symphony no.4, Tchaikovsky wrote to his patron, Baroness von Meck, "None of my orchestral pieces was the result of such labour but on no other have I worked with so much love and with such devotion." She must have eagerly awaited the outcome!

Our coach (Walter Martin) will leave the bottom of Knowle Lane at

5.00 pm to reach Leicester in time for a drink in the bar before the start of the concert at 7.30 pm. Our seats are in the side circle to the left of the stage so we should have a good view. The cost of the evening is **£35.00** for ticket, coach travel and gratuity for the driver. Please complete the application form on **page 32** and send to me as soon as possible.

*PS At the time of writing (25 February) we have five tickets available for the Leeds concert on Saturday 27 April. If you are interested please contact me by phone (0114) 236 1815, to get up-to-date information.*

*Pamela Sandford*

## Friday Lectures at the Showroom Cinema

These lectures are free to all members. There may occasionally be a retiring collection for the speaker's charity. There is no booking system - it is 'first come, first served'.

Lectures are held in Cinema 4 at the Showroom Cinema, Paternoster Row, starting at 11.00 am, and finishing by 12.30 pm. The Showroom café serves refreshments from 10.00 am.



A voucher, obtainable from the box office, enables half-price parking at Q-park (the Cheesegrater) on Charles Street off Arundel Gate. Greeters wearing U3A lanyards are at the door to welcome new members. The café now sells pre-prepared lunches.

There is an audio system for members with significant hearing problems. For more information please text Chris Carter on 07855 908007 or email ***U3AChrisCarter@gmail.com***. Please come to the lecture at least twenty minutes early in order to be briefed on its use.

The team will endeavour to post last-minute programme changes on the SU3A website.

*Queries to Shelagh Woolliscroft: (0114) 255 8948*

*If you missed the January Lecture on The Life and Works of George Eliot or the February Lecture on Plastics, you may find the reports on pages 30-32 of interest.*

## **Programme for 2019**

### **12 April (to avoid Good Friday) - Chamber Music.**

#### **Tom McKinney, Programme Manager, Music in the Round**

For a genre that is often considered to be the pinnacle of serious art music, the origins of chamber music are to be found amongst amateur musicians and in venues far removed from the grand halls and recital rooms in which it is performed today. From a coffee shop in Leipzig to the Versailles court of the 'Sun King' Louis XIV, Tom McKinney will look at how chamber music evolved in the 18th century and established its place in 19th century society.



### **17 May - Reading Sheffield. Dr Mary Grover**

Sheffield Readers were a group set up in 2010 where members shared memories of how we all treasured the time to read. The people interviewed were all born between 1919 and 1942 and all from very different backgrounds.

Come and hear Dr Mary Grover talk about the project and how the information gathered now contributes to the social history of the people of Sheffield - but of course it could be anywhere. They were helped by "The Red Hats", a group of retired library workers and academics from Sheffield Hallam University.

A lecture for the book lover and for anyone who feels reading and libraries were part of their past.

# **Lecture Report : The Life and Works of George Eliot, Friday Lecture 18 January 2019**

## **‘Sympathy, Tolerance and Understanding’ by Dr Helena Ifill**

The opening lecture of 2019, provided by Dr Ifill, was perfectly crafted to explore the life and novels of George Eliot, born Mary Anne Evans, 1818 to 1890. The pleasure of reading was recommended so the subject was more the 19th century loss of faith and barriers to publication, which drove women to take up male pseudonyms and take up life choices inviting censure from many contemporaries.

As a dutiful daughter, with an evangelical education, Mary Ann kept house for her father after her mother died in 1836, later for her brother Isaac. Is it really so surprising that she was drawn to the radical free-thinking Charles Bray? Her rejection of the Church and decision to travel with the Brays after her father's death in 1849 was surely the sign of an aspiring journalist and intellectual ambition. She joined John Chapman after a romantic false start to become a reviewer (unattributed) and assistant editor of the Westminster Review. The pattern of female working hard behind the scenes while a male entrepreneur takes the credit, strikes a chord just a week after the release of ‘Colette’.

With patience and propriety, Dr Ifill demonstrated how the ‘phrenological reading’ indicated a ‘very large brain’, although possible head shaving killed off potential romantic interest. Herbert Spencer took her to the theatre, but no further before the meeting with George Henry Lewes. His marriage and open relationship meant that he was visited and invited into society, while she was shunned by her family and friends, with the exception of early feminists Bessie Parkes and Barbara Bodichum.

Ultimately, Evans spoke through her writing, launching her career with ‘Scenes of a Clerical Life’ (1858) and ‘Adam Bede’ (1859), netting £600 and conjecture about the identity of a literary clergyman, possibly Joseph Liggins. ‘Mill on The Floss’ brought recognition and a £2,000 fee. Followed by ‘Silas Marner’ (1861), ‘Romola’ (1862-3), ‘Brother Jacob’ (1864), ‘Felix Holt’ (1866), before the more ambitious ‘Middlemarch’ (1871-2) and ‘Daniel Deronda’ (1876).

Mary Ann Evans had broken the mould of her evangelical upbringing, outlived George Lewes to marry a man 15 years younger and outshines many of her contemporaries in terms of intellect and the light she shines on Victorian life in England. Our thanks go to Dr Ifill for her succinct and sympathetic raising of our awareness of George Eliot's considerable contribution to the canon of Victorian literature and its relevance today.

*Lecture Report by Lorraine Wickham*

## **Lecture Report : Plastics Friday Lecture 15 February 2019**

**Professor Tony J. Ryan, OBE, Professor of Physical Chemistry at The University of Sheffield and currently Director of the Grantham Centre for Sustainable Futures.**

If everyone in the room were asked to remove any article of clothing containing plastic, most would be naked. What aspects of plastics do we want to keep? Do we want an unfettered free market? Will we accept regulation? Are we willing to develop policies and put in place regulations that limit our 'throw away' lifestyle?

Each type of plastic is different and needs recycling differently and I think that's where this theory comes in: 'Flory-Huggins theory means entropy of mixing is too small.' The economics of recycling plastics depends on 'provenance'. Consequently if you collect a wheelbarrow of random plastic items from a beach, you have no chance of recycling them economically. But if you collect fishing nets from the ocean floor and you know what plastic they are made from, then there is a good chance you could recycle them, for instance to make spectacles, and label them 'green'.

Possible techniques that can be used to examine the issues are: 'Life Cycle assessment' and 'Environmental Impact assessment'. For instance you could look at the energy used to make a product. That might make plastic look 'greener' than aluminium (as aluminium production involves very high energy input). You might consider how that energy was sourced and classify energy produced by solar or

nuclear as 'green' and that produced by burning fossil fuels as 'bad'. If you discover that a cucumber wrapped in plastic lasts longer, does that justify using that plastic for that purpose? Could we each carry a reusable bag? Should we 'buy a product but rent the packaging'? Do we bring back glass bottles and 'reinvent the milkman'? Should we involve a wide range of professions in the discussion of managing plastics? Should we involve accountants and economists as well as scientists? Is it true that presenting evidence to politicians doesn't work? Is it time to get more regulations in place and insist that we force responsibility for recycling back up the supply chain to the makers?

Maybe the problem is not so much about 'plastics' and more about 'people'.

*Lecture Report by Elizabeth Birks*



## **Classical Concertgoers: De Montfort Hall, Leicester Saturday 1 June 2019**

Name(s): .....

SU3A membership numbers: ..... / .....

Address: .....  
.....

Post Code: ..... Tel: .....

Emergency contact: .....

Please reserve ..... ticket(s) for me at the price of **£35.00 per person**.  
I enclose a cheque made payable to **SU3A Concertgoers** and a **small sae**.

Applications to Pamela Sandford, 289 Abbey Lane, Sheffield, S8 0DA  
as soon as possible.



### Travel Organising Committee

Barry de Roeck	Treasurer	(0114) 236 9169
Margaret Bullivant		(0114) 296 2256
Sheila Harris		(0114) 236 9653
	e-mail: sheilah2ogooglemail.com	
Dawn Hodgkinson		07595 2322472
	e-mail: dmhodgkinsongmail.com	
Margaret Langrish		(0114) 296 2251
	e-mail: malangrishgmail.com	
Philip Long		(0114) 221 4540
	e-mail: pelong54gmail.com	
Val Wiley		(0114) 236 0726

**Remember!**

**Copy deadline for the June 2019 Links  
is 25th April 2019**



## Travel Group Events

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### Travel Group Visit to River Trent Cruise and Lunch Wednesday 17 July 2019

Our 3-hour cruise on Britain's third-longest waterway will include a commentary pointing out landmarks en route such as Trent Bridge Cricket Ground, Nottingham Forest Football Club and the famous Lady Bay Bridge.

On arrival at our embarkation point the group will have coffee/tea and biscuits at the River Lodge Café and time to relax and watch the activities on the river before we embark for our cruise at midday.

While on board we shall enjoy a meal of roast beef or chicken each served with seasonal vegetables, vegetarian lasagne or stuffed pepper with rice and roast vegetables, followed by apple pie and custard, and a cup of tea or coffee.

The boat has a well-stocked bar and the company assures us that we shall have a "comfortable leisurely cruise and experience the river in all its glory".

The cost per person is **£32.00** which includes the coach, gratuities, morning coffee and your choice of meal and the cruise.

To apply for a place please complete the form on **page 35** and send it to Val Wiley as soon as possible to arrive before **25 April**. Please remember to tick your choice of meal and include your cheque and a **small sae**.



## Travel Group Visit to River Trent Cruise and Lunch Wednesday 17 July 2019

Name(s): ..... SU3A No(s): .....

.....

Address: ..... Tel: .....

..... Postcode: .....

### Emergency Contact for each person named above

Name: ..... Tel: .....

Name: ..... Tel: .....

Please reserve .... place(s) for me. I enclose a cheque for £.....  
**(£32 per person)**, payable to **Sheffield U3A Travel**. Please return  
the completed slip, with a **small sae**, as soon as possible, to Valerie  
Wiley, 112 Button Hill, Sheffield, S11 9HJ.

### Please tick choice of main course for each person named:

Roast Beef.....	Roast Chicken.....
Vegetable Lasagne.....	Stuffed Pepper.....

### Please tick your preferred pick-up point below:

Sheffield Interchange, Platform E5/E6	8.45am	( )
Bus Stop Knowle Lane/Ecclesall Road South	9.00am	( )



## **Travel Group Visit to the Walker Art Gallery, Liverpool for the Charles Rennie Mackintosh Exhibition “Making the Glasgow Style” Sunday 28 July 2019**

This exhibition follows the career of Charles Rennie Mackintosh who transcends the “Arts & Crafts”, “Art Nouveau”, “Art Deco” movements. The exhibits will cover a wide range of media which reflect the creative genius of Mackintosh's work, along with that of his contemporaries. Ranging through beautiful watercolours, architectural drawings and furniture, the exhibition demonstrates how Mackintosh's style progressed over the decades. This is shown in the context of the growth of Glasgow and its changes in education, materials and aspirations.

Having had a ‘comfort break’ en route, we aim to arrive at Liverpool's Albert Dock around midday. Here there will be time to seek refreshments or visit a waterside attraction before travelling the very short distance to the Walker Art Gallery for a 2.00 pm arrival to explore the Charles Rennie Mackintosh exhibition. Our plan is to leave Liverpool around 4.00 to 4.15 pm for our return journey.

Please note that there is a flight of steps, or alternatively, a wheelchair ramp from the pavement level up into the Gallery. Within the building there are public lifts to both floors.

The cost for this visit will be **£23** per person. This will include coach travel, driver's gratuities and entrance to the exhibition. No refreshments are included. To apply for a place please complete the booking form on **page 40** and send it with your cheque and a small sae to Sheila Harris as soon as possible.

N.B.

a) Please remember that **INDEPENDENT MOBILITY** is essential on all day trips and holidays.

b) If friends wish to be sure of both getting a place on outings then they **must apply on one form.**



*Walker Art Gallery*



## **Travel Group Visit to Highlights of the Scottish Borders 30 September – 4 October 2019**

We are staying at the New Lanark Mill Hotel in the heart of the UNESCO World Heritage Site in Lanark beside the River Clyde. This 4\* hotel was originally part of an 18th century cotton mill. It was opened in 1988 after careful restoration by the New Lanark Trust. It has 38 spacious and stylish bedrooms all with good views either across the River Clyde or the surrounding conservation area. There are lifts, a heated indoor swimming pool, excellent facilities and tasty food.

On our way to Scotland we will have a guided tour at Floors Castle. The following day we will visit Dumfries House in the morning. Returning to Lanark there will be a guided tour of the Heritage Site and time to explore the 18th century cotton village and to discover how former mill workers lived and worked.

On Wednesday 2 October we will travel to the Palace of Holyroodhouse and the Queen's Gallery in the morning. In the afternoon we visit the amazing Falkirk Wheel and enjoy a boat trip. The next day we have a tour of the Scottish Parliament followed by a visit to the Royal Yacht.

The afternoon is free for independent sightseeing in Edinburgh. On our final day we will stop en route to Sheffield at Abbotsford House for a guided tour.

The cost for this holiday is **£529** per person sharing a room with a single supplement of **£68**. This includes a full Scottish Breakfast, an evening table d'hôte or carvery meal of 3 courses with 3 choices and coffee or tea. All travel, admission charges and guided tours are included in the price.

To reserve a place please complete the booking form on **page 39** and send it with a deposit of **£50** per person and a *Links* sized (22x16cm) sae to Margaret Langrish as soon as possible.



*New Lanark Mill Hotel*



## Travel Group Visit to Highlights of the Scottish Borders 30 September – 4 October 2019

Name(s): ..... SU3A No(s): .....

.....

Address: ..... Tel: .....

..... Postcode: .....

### Emergency Contact for each person named above:

Name: ..... Tel: .....

Name: ..... Tel: .....

Please reserve .... place(s) for me.

I enclose a cheque for £..... . (**£50 per person**), payable to **Sheffield U3A Travel**.

Please return the completed slip, with **Links sized (22x 16cm) sae**, as soon as possible, to Margaret Langrish, 19 Alms Hill Road, Sheffield, S11 9RR.



### 2019 Annual General Meeting - Tuesday 9 July

Decisions at the AGM can only be made on items appearing on the agenda. Decisions cannot be taken on “any other business” items. The agenda will appear in the next (June) edition of *Links*. If there is any item that you would like including on the agenda you must notify it to the Secretary, in writing by **19 April 2019**.



**Travel Group Visit to the Walker Art  
Gallery, Liverpool for the Charles  
Rennie Mackintosh Exhibition  
“Making the Glasgow Style”  
Sunday 28 July 2019**

Name(s): ..... SU3A No(s): .....

Address: ..... Tel: .....

..... Postcode: .....

**Emergency Contact for each person named above:**

Name: ..... Tel: .....

Name: ..... Tel: .....

Please reserve .... place(s) for me.

I enclose a cheque for ..... (**£23 per person**), payable to **Sheffield U3A Travel**. Please return the completed slip with **your cheque** and a **small sae** as soon as possible to: Sheila Harris, 3 Derwent Court, 83 Everard Avenue, Sheffield, S17 4ND.

**Please tick your preferred pick-up point below :**

Bus Stop Knowle Lane/Ecclesall Rd South **8.45am (..... )**

Pond Hill by The Penny Black **9.00am (..... )**



# SU3A Monthly Drop-In Sessions

## Don't forget our monthly Drop-In!

Need help with basic IT issues? We have fellow members on hand to help you. Starting a new group?

Come and meet one of our General Coordinators for advice. Want to find out what's going on within our U3A or groups advertising for new members? Or if you just want to know what's going on in our City? Come and look at our notice boards and free leaflets. If you wish to promote your group's activities get in touch and we'll put it up on the notice boards.

You may just want to have an opportunity to chat with fellow members or require more information about our organisation. All are welcome. We have volunteers available to talk to you or try and address any queries you may have over a relaxing cup of tea/coffee and biscuits.

This is your Drop-In, are you making the most of it?

**Drop-In Sessions:** First Tuesday of each month (Refer to the Calendar on the back of *Links*).

**Time:** 10.00 am - 12.00 noon

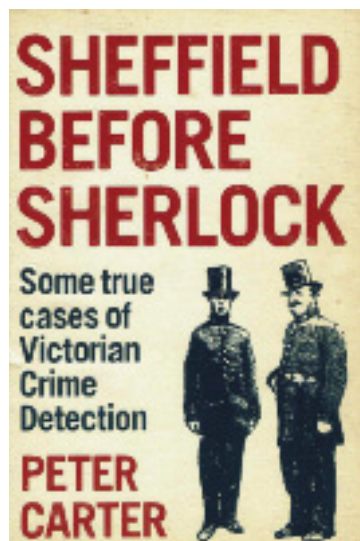
**Location:** First Floor, Central United Reformed Church, Norfolk Street, Sheffield (A lift is available as well as wheelchair access).

*Samina Aslam sammass1747@gmail.com (0114) 235 1489*



*Some of our volunteers*

## Sheffield Before Sherlock by SU3A member Peter Carter



This book, by SU3A member Peter Carter, reveals a neglected period of Sheffield's history, describing the work of the town's police detectives during the 1850s and '60s. Though their resources were limited, the detectives' success in solving crime was remarkable. Their intelligence, tenacity and courage enabled them to trace criminals and recover stolen property with an efficiency that surprises modern readers - especially those who imagine that crime detection didn't start until twenty years later, when Conan Doyle's fictional hero first appeared. A reviewer has commented: "This is a story that deserves to be more widely known".

Available from local branches of WH Smith and Waterstone's, and on line from [amazon.co.uk](http://amazon.co.uk) and [sheffieldbooks.co.uk](http://sheffieldbooks.co.uk).

ISBN 07809 172872 Arc Publishing and Print, Sheffield £8.99

### **Links Publication Dates**

#### **Publication**

June 2019

October 2019

December 2019

#### **Copy Deadline**

25 April 2019

28 August 2019

24 October 2019

### **Links Open Groups Supplement**

#### **Publication**

August 2019

#### **Copy Deadline**

5 July 2019

## SU3A Executive Committee

<b>Acting Chair</b>	<b>Brian Cave</b>	<b>(0114) 230 5312</b> <i>bpcavehotmail.com</i>
<b>Secretary</b>	<b>Anna Harvey</b>	<b>07973 771957</b> <i>secretarysheffieldu3a.org.uk</i>
<b>Treasurer</b>	<b>Chris Jones</b>	<b>07753 829771</b> <i>treasurersheffieldu3a.org.uk</i>
<b>Web Coordinator</b>	<b>Sarah Williamson</b>	<b>(0114) 230 1601</b> <i>websheffieldu3a.org.uk</i>
<b>Committee Members:</b>		
	<b>Richard Cooper</b>	<b>(0114) 248 5401</b> <i>biker2000biker2000.plus.com</i>
	<b>Barbara Lowe</b>	<b>(0114) 248 8367</b> <i>barbaralowe152gmail.com</i>
	<b>Wendy Woodhouse</b>	<b>(0114) 449 5777</b> <i>wendywoodhousehotmail.com</i>
<b>IT Member</b>	<b>Camilla Jordan</b>	<b>(0114) 268 5355</b> <i>grouprollssheffieldu3a.org.uk</i>
<b>Links Editor</b>	<b>Maggie Bower</b>	<b>(0114) 236 6719</b> <i>linkssheffieldu3a.org.uk</i>

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<b>Minutes Secretary</b>	<b>Michael Clift</b>	
<b>Sheffield U3A Membership Team</b>		<b>(01433) 659864</b>
Ranmora, Ranmoor Lane, Hathersage, S32 1BW.		<i>memberssheffieldu3a.org.uk</i>
<b>Drop-In Organiser</b>	<b>Samina Aslam</b>	<b>07736 318569</b>
		<i>dropinsheffieldu3a.org.uk</i>
<b>Equipment Officer</b>	<b>David Caborn</b>	<b>(0114) 236 8500</b>
<b>Home Pages Manager</b>	<b>Stuart Barlow</b>	<i>homepagesheffieldu3a.org.uk</i>

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***For queries about membership, joining SU3A, information on Groups, etc. see the contacts list inside the front cover.***

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## Calendar 2018/19

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Apr	2	<b>Drop-In Session + ipad/web support:</b> 10.00-12.00: CURC
	12	Showroom Lectures: Chamber Music, Tom McKinney
	27	C Concertgoers: European Chamber Orchestra, Leeds Town Hall
	30	Travel Group: Victoria Baths and Gorton Monastery, Manchester
May	7	<b>Drop-In Session + ipad/web support:</b> 10.00-12.00: CURC
	15	Travel Group: Beverley Minster and Humber Bridge
	17	Showroom Lectures: Reading Sheffield, Dr Mary Grover
June	1	C Concertgoers: Philharmonia Orchestra, Leicester
	4	<b>Drop-In Session + ipad/web support:</b> 10.00-12.00: CURC
	18	Travel Group: National Science & Media Museum, Bradford
	21	Showroom Lectures: 2nd Lives for the 3rd Age, Ben Heller
	28-2	July Travel Group: Short Break in Somerset
July	2	<b>Drop-In Session + ipad/web support:</b> 10.00-12.00: CURC
	9	AGM
	17	Travel Group: River Trent Cruise
	19	Showroom Lectures: History of The General Cemetery, Jo Meredith
	28	Travel Group: Walker Art Gallery, Liverpool
Aug		<b>No Drop-In</b>
	7	Travel Group: South Yorkshire Churches
	16	Showroom Lectures: Cognitive Health, Dr Daniel Blackburn
Sept	3	<b>Drop-In Session + ipad/web support:</b> 10.00-12.00: CURC
	30-4	Travel Group: Highlights of the Scottish Borders

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CURC: Central United Reformed Church  
**Regd. Charity No 703147**