



Sheffield

Links 194: October 2019



Walking Group R enjoying lunch below Froggatt Edge

Membership Renewal Issue

Renewals for 2020 start 1st October 2019 and will end 31st December with a period of grace to 31st January 2020. We ask that you renew online if you can. For postal renewal, use the form accompanying this issue of *Links*. Please note there will not be one in the December issue.

Contact Us

Our website is at: www.su3a.org.uk

Here you will find all the latest news and information about SU3A, including items that do not appear in *Links*.

Joining SU3A or to find out more:

Rita Webster-Carr
(0114) 230 8866

Initial Enquiries Officer
enquirysu3a.org.uk

Membership number or renewal:

SU3A Membership Team
(01433) 659864

wa-adminsu3a.org.uk

Information about Groups:

Fran Rodway
07774 142409
Jenny Graaf
07955 679703
Barbara Lowe
(0114) 248 8367

Group A General Coordinator
groupsasu3a.org.uk
Group B General Coordinator
groupsbsu3a.org.uk
Group C General Coordinator
groupscsu3a.org.uk

Anything else:

Anna Harvey
07973 771957

Secretary
secretarysu3a.org.uk

***Links* no. 195 December 2019**

Last date for copy is 24 October 2019

All news and correspondence to the Editor:
email: linkssu3a.org.uk

Remember the contributors' copy code:

Early, Literate, Accurate and Emailed

The *Links* Team is not responsible for the content of any articles. Any queries please contact the author of the article. We are sorry we have had to cut articles or carry them over to the next edition, due to insufficient space.

From the Chair

What a summer, from heat-wave to torrential rain and back again! But I hope the weather did not spoil your holidays and activities. I managed to play a lot of croquet in between meetings, but with the croquet season at an end, SU3A once again takes over my time.

At our AGM in July, I was elected as your Chair. I said I would stand until the 2020 AGM in order to give me time to sort out all the outstanding loose ends, so I could hand over the Chair without any issues from the past.

The Third Age Trust has changed its strap-line from *University of the Third Age* to *Learn, Laugh and Live*. The very word, University, put people off and sent out the wrong message. Our membership is from the third age, after the first - education and the second - employment. "Learning through Self Help" is still one of our key principles and we all want to enjoy life. So "**Learn, Laugh and Live**" is more appropriate. We do it rather well and I have no intention of making too many changes to the management, structure or focus of our U3A.

However, I do think we should improve our communication with our members. To this end, starting later this year, the EC has approved a regular email newsletter to members. The reason for this is that during the year we receive many requests for help from our health and university partners for members to join a research program. Unfortunately, these often have too a short time-frame to fit with the *Links* publication dates. By notifying our members quickly, I hope that our members will respond and join up. We also, from time to time, receive requests from other U3As for members to join them in various projects. **To receive these emails you must opt in by ticking the box on the 2020 members renewal form.**



I have received many representations following the closure of the group. I am pleased to inform you all that Weekenders is starting up again under new management and a new format. To start, it is hoped

that 3 trips a year will be organised. Most of the trips will be over 1 or 2 nights with a full itinerary to keep everybody interested. This will enable trips to cover most of the UK and visit unusual places and events. All trips will be advertised in *Links* and are open to all members.

For further information about what's happening in your U3A, why not visit one of the Drop-Ins that are from 10:00 till 12:00 on the first Tuesday of the month? Refreshments are served.

At the 2018 AGM it was agreed to reduce our reserves. This was achieved by reducing the annual subscription to £8. I am pleased to inform you that the new subscription has resulted in a substantial reduction and we now need to start to bring our subscription up to ensure a break-even on our income v expenditure. The first step is to raise the subscription back to the 2017 level of £10 for next year (2020).

Finally, Wendy Woodhouse has decided to resign from the EC to concentrate her time on her new business venture. Wendy has been with the EC for over three years providing support, guidance and wisdom. She will be missed, but we wish her well for the future. Wendy will continue to manage the volunteers register for the foreseeable future.

Brian Cave

NEWS

It's Membership Renewal Time Again!

Renewals for 2020 start on 1st October 2019 and end on 31st December 2019 with a period of grace until 31st January 2020.

The renewal email from Wild Apricot should be in your inbox within the next day or two. If it is not, please check your spam first then email us at wa-adminsu3a.org.uk. **As usual we ask you to renew on-line if you possibly can.**

Because of the new European PSD2 two-factor authentication regulation, we have had to change our on-line bank transfer system. You can pay with either Visa or Mastercard credit or debit cards but no longer with a PayPal account.

We hope this year to send out email newsletters in the gaps between the issues of *Links*. If you would like to receive these newsletters please tick the relevant box in your Wild Apricot profile (or on the renewal form if renewing by post).

Do not worry if you have forgotten your password. Click on the 'Forgot Password' link next to the Login button and a new one will be sent to your email address.

If you have changed your email address during the year or have any other problems with the system please email us at wa-adminsu3a.org.uk and we will do our best to help. During the main renewal period we promise a response within 48 hours; usually it is much less.

If you prefer face-to-face help members of the SU3A Membership Team will be at the October, November and December Drop-Ins. Of course you can still renew by post using the application form enclosed with this copy of *Links* (please note there will not be one in the December issue). It is essential that you sign the form or it cannot be accepted. PLEASE renew **NOW**.

***Links* Publication Dates**

| Publication | Copy Deadline |
|--------------------|--------------------------------|
| December 2019 | 24 th October 2019 |
| April 2020 | 27 th February 2020 |
| June 2020 | 23 rd April 2020 |
| October 2020 | 27 th August 2020 |
| December 2020 | 23 rd October 2020 |

***Links* Open Groups Supplement**

| | |
|---------------|------------------------------|
| February 2020 | 6 th January 2020 |
| August 2020 | 5 th July 2020 |

Sign up for our new E Newsletter

The Executive Committee want to explore ways of sharing information with members between issues of *Links*. This could include details of events or activities which happen at short notice and would otherwise not be advertised to members. The website has an Urgent News page which can be used for this purpose, but it has been proposed that we also issue a monthly E newsletter. This could be used for urgent news, notice of events or activities, especially those with a short deadline for booking, or to pass on any other items of SU3A business. All this information will also appear on the website, and the E newsletter will be kept very brief. The aim is for no more than a side of A4.

Permission to receive the E Newsletter

In law, we cannot send out mass mailings to members unless they have agreed to receive them. It is necessary for all members who wish to receive the E newsletter to **tick the relevant box on their membership renewal form**, and of course to ensure we have an up-to-date email address in our records.

Submitting information for the E Newsletter

All items for the E Newsletter should be submitted to the Web Co-ordinator: websu3a.org.uk.

Items should meet the “urgent” criteria, as the E Newsletter is in no way a substitute for *Links*.

The deadline for each issue will be the 20th of the month, and the newsletter will be sent out before the end of each month. A copy of the newsletter will be on the noticeboard at the Drop-In. If no items are received, the newsletter will not be sent out that month.

It will not be possible to post copies of the newsletter to any members.

Submitting information to the website

If a notice is more urgent than the newsletter can cater for, information can be submitted to the website at any time and will appear within a few days. The website will remain the most comprehensive and up-to-date source of information for members.

GROUP NEWS

‘All Ears’ - last chance to contribute to our new music group’s first session

This new open group gets under way in just a few days; but there’s still time to suggest music that you rate highly – and that others might enjoy too if they were to hear it. To find out how the group works, see the August *Links Open Groups Supplement* or go to www.su3a.org.uk, click on the button labelled ‘Events open to all members’ and then on ‘All Ears Music Group’.

Music of every genre is welcome, or maybe you’d prefer to just come along and listen. Either way, the place to be is Cinema 1 at the Showroom on Friday 4th October at 10.30 am. And don’t forget to bring your ears with you.

Paul Cordwell (0114) 327 3954 paulcordwell3gmail.com

Vintage films on television discussion group

The purpose of this new group is to offer Sheffield U3A members the opportunity to discuss vintage films, which they have watched recently on TV channels such as Talking Pictures TV and Film Four, with fellow enthusiasts.

It is proposed that this group meets on the first Monday of each month at 2.00 pm, starting on Monday 4th November 2019, initially at 39, Banner Cross Road, Sheffield, S11 9HQ. The anticipated length of each monthly session is no more than two hours. Refreshments will be provided. No charge is anticipated at this stage. Further information and any queries may be directed to the Coordinator:

David Patmore davidpatmorehotmail.com

New - French conversation group in North West Sheffield "French Advanced II"

I would like to develop a French conversation group in north west Sheffield. We have just started a small group which meets weekly on Tuesdays from 10.00 am to 11.00 am at Bolsterstone Village Hall, in the beautiful village of Bolsterstone in S36. There is a small fee to cover venue hire. I will act as coordinator but we shall take it in turns to lead the weekly group with written material gathered from the internet.

For more information, please email Dany at:

frenchconversationoutlook.com

Tai Chi and Qi Gong South Sheffield

From early November we will be starting a new beginners' class teaching the Yang Family Tai Chi 16 Form and the Shibashi Qi Gong 18 Movement. This class will run on a Tuesday from 12.00 – 1.00 at St John the Evangelist Church Hall, S17 3LE near Dore and Totley Station. The intention is that during the next year this class will merge with the main class taught earlier in the morning. For further information on the content of the class, what would be expected of you, costs and the benefits of Tai Chi and Qi Gong please contact Pat and Clare on: *drpjryangmail.com*

Thank you.

Pat Ryan Mobile: 07840 191720 Landline: (0114) 236 8749

Blues Ensemble

The ensemble is coming along well playing a mixture of Dixie, gospel and country blues. We are aiming for our first public performance in November. We meet fortnightly at 2.00 pm on Thursdays at the Ale House, Woodseats. Because we are enjoying it so much (and need the practice) we are considering making it a weekly meeting after the summer holiday period. We have a good mixture of horn players (sax and clarinet) (anyone play a cornet or even a tuba?), string (banjo, guitars, bass, mandolin) and percussion (washboard) players but our blues harmonica player has had to drop out and he's missed. If you can bend a few notes on a diatonic harp then we'd love you to join us.

Clive Langman clive_langmanhotmail.com

Feminists Over Fifty

We are a Feminist Social and Discussion Group of around 80 members and we very much welcome new members. We meet on the 1st Tuesday and the 2nd Wednesday of the month at the Showroom Café at 10.30 am for a social. There will be two hosts to say hi. The 3rd Monday of the month we meet for a discussion group at 10.15 am at the Quaker Meeting House. We have around 25 people turning up and always have a good discussion. We also often run evening meetings so do contact me for further details about these. We are a very friendly group - if you want to make new friends or just have some great chats and discussions - do come along. For more information or to book a place contact:

*Maggie McCarthy (0114) 230 6600 feministsover50gmail.com
website: <https://sheffieldfeministsoverfifty.wordpress.com>*

Singing for Pleasure Calling all Piano Players



The 'SINGING FOR PLEASURE GROUP' (SfP) is looking for an accompanist. We meet fortnightly, 1.30 to 3.30pm, on Friday afternoons in the very centre of Sheffield. We sing a variety of music both in unison and 4-part harmony. Our accompanist would be required to tackle music from a range of simple songs such as Shenandoah or Londonderry Air and also a few more challenging works such as The Hallelujah Chorus and Les Miserables medley. Our Leader would give the accompanist a few days' notice of the pieces we intend to practise each session.

If you would like to join a really friendly enthusiastic group please contact our group Coordinator:

Irene Lees johnrleesgmail.com (0114) 235 9340

Music Appreciation SU3A Group

“Music produces a kind of pleasure which human nature cannot do without.” Confucius

Recent research shows that listening to music improves our mental well-being and boosts our physical health. Classical music can decrease blood pressure, fight depression, improve memory, relieve pain, reduce stress levels and make you happy!

“I’d like to explode a few myths about what we call classical music. It’s not high art for the titillation of a chosen few.” Charles Hazelwood, British conductor and advocate for a wider audience for orchestral music.

So, if you enjoy classical music or want to know a little more about the differing aspects of the genre, why not join our re-formed, self-help group, which meets fortnightly on Thursday afternoons in Walkley. Our members choose the themes, composers and eras, designing diverse and stimulating programmes. We listen to CDs in a relaxed and friendly atmosphere and, halfway through, we break for tea, biscuits and a chat.

For more information please contact our Coordinator:

Avril Williams (0114) 249 2226

Poetry Group

After 25 years, Mike Gardner is retiring from leading the Poetry Group on Wednesday pm fortnightly. I have volunteered my home at Totley Hall as a meeting place as there is good parking, and I can seat 10 people easily. I am hoping that somebody will volunteer to lead the group. We read the poets in print as this is not a forum for reading our own verse. If anyone is interested in leading the group please contact me. I should be glad to explain what we have done in the past and work out what we should enjoy doing in the future. People who would like to join this group are invited to contact me also.

Bette Phillips (0114) 236 6334 bette.phillips@gmail.com

Steel City Wanderers



The latest Steel City Wanderers walk "Migration to Sheffield" where David Price took us on a journey through the history of migration into Sheffield, encompassed the first arrivals in Paradise Square 400 years ago to the more recent arrivals in Burngreave.

This walk challenged our preconceptions and knowledge of the history of Sheffield and took us into areas of the city where many had not set foot for years.

Vintage Voices

Vintage Voices, the SU3A performance choir, is looking for a Deputy Conductor with a view to their present conductor Robert Spooner stepping down in the next year or so. Robert who is now 80, has enjoyed the privilege of introducing the choir to a wide variety of music, including some of his own arrangements and compositions, while encouraging all abilities to relish singing together.



The choir was set up in March 2013 and gave its first entertainment to an OAP Lunch Club in December that year. Since then we have amassed an eclectic repertoire, ranging from Medieval chansons and motets to Pop songs and excerpts from Musicals and Oratorios. We have performed at some 50 events, mostly in Old Peoples' Homes and Lunch Clubs. Recently we spread our wings with a Cathedral recital and a concert in Baslow Church. We meet on Monday mornings at Victoria Hall Methodist Church, enabling our members to use their travel passes from all over Sheffield. We do not have auditions and welcome newcomers.

Please contact:

Carole Hurst carolehurst@hotmail.com (0114) 293 9163



Personal Finance Group

People come to our friendly group to look at a range of issues, including how to cut their bills, to keep up to date on savings, being a savvy consumer, debt and generally managing money. Our monthly meetings reflect the interests of our members and we have the

occasional guest (expert) speaker. The sort of topics we have covered include trusted traders (our own!), how to reduce fuel bills, costs and options for later life living and care, choosing a financial adviser. We usually include an Open Forum for members to share news, problems, etc. that are relevant to the group. Upcoming meeting topics are car ownership - is it worth it?, getting one's affairs in order, Citizens Advice, giving effectively to charities, insurance at 70 plus.

We meet on the third Monday of the month at 2.00 pm at Shirley House, Psalter Lane. If you're interested in joining us or for more information contact:

Sandria Gilling sandriagillingbtinternet.com 07790 700110

Jo Couldry jocouldryyahoo.co.uk (0114) 268 5496

All discussions and information are given informally and do not constitute financial advice.

Ukulele 2 - Change of venue



Ukulele 2 is moving from Chapeltown to the centre of Sheffield. From Tuesday August 6th, and fortnightly onwards, we will be meeting in a room above the Blend Café in Pinstone Street. Our playing sessions are for fun and we would be pleased to see new members - all abilities are welcome. For more information contact:

Diane Bingham dianejohnstiscali.co.uk

Walking Cricket on the front foot as it takes over Yorkshire

Walking Cricket Yorkshire – getting back into the swing of things. The charitable arm of Yorkshire CCC, the Yorkshire Cricket Foundation (YCF), have recently partnered with the national movement, U3A (University of the Third Age) to provide weekly Walking Cricket sessions.



Walking Cricket makes cricket accessible to those who identify as older adults and are semi-retired or retired, by tailoring the traditional game of Cricket to suit those with less mobility and by catering for different abilities. What makes it different? Simply put: there is no running allowed (and it's played with a softer ball too).

The game was trialled in early 2019, in Barnsley, and now has two fully functioning weekly sessions running in both Barnsley and Doncaster. The group take it in turns to score, umpire and play, so each individual is learning new skills and keeping both their mind and their body active.

Walking Cricket originally began when Mac McKechnie, 69, from Barnsley, joined his local U3A walking football group. As an avid Cricket fan, previously playing in the army and Bradford League, Mac did some research and went on to set up the first ever Walking Cricket group in Yorkshire. Since then, Mac got in touch with Doncaster U3A, where he met fellow Cricket enthusiast Chris, who went on to head up the Doncaster Walking Cricket Group.

Mac, the National U3A Subject Adviser for Walking Cricket and lead at the two Barnsley U3A groups, said: "We play regularly and members love it. It's as much about the social aspect as it is about the cricket and people who attend can now play in a team sport that is within the physical capabilities that age presents them with. My aim working in partnership with YCF is to get other teams involved, especially in and around Yorkshire."

Seeing great potential in the project, The Yorkshire Cricket Board (YCB) and the Yorkshire Cricket Foundation (YCF) got on board and have provided equipment and support for the sessions. Kendal James, Participation Manager for the Yorkshire Cricket Foundation, commented:

"It has been a pleasure to be invited to support the new Walking Cricket initiative with the local U3A community groups. It has been proven to be a great success across a range of different sports, so we are excited to put a cricket spin on it. U3A have done a fantastic job in starting up Walking Cricket in both Barnsley and Doncaster since January 2019, and this is just the beginning! We are looking forward to mirroring the concept across other towns in Yorkshire.

I have spoken to a number of people who have attended Walking Cricket and it is much more than cricket, it is a social gathering for people to take part in cricket, which caters to their physical demands. For many of the participants, they are new to the game or have not played since school, so it is great to reintroduce them back into the game! We're also hoping to set up a friendly, local derby between the inaugural groups - Barnsley (U3A) and Doncaster (U3A) this Summer!"

The YCF are now really pleased to announce they will be continuing to work with Mac, Chris and the U3A to expand the sessions across Yorkshire, beginning with Rotherham, Sheffield, Wakefield and York... Watch this space!

Walking Cricket is open to all members. If you would like to give it a go, why not contact: *Brian Cave* bpcavehotmail.com

Talking About Our Generation

What were you reading in the 1960s?

I am looking for a small group of committed people to help me with a Shared Learning Project to find out what our membership were reading in the 1960s. It will be an oral project with a written report at the end. There is no fixed time limit and it will be part of SU3As ongoing 1960s programme.

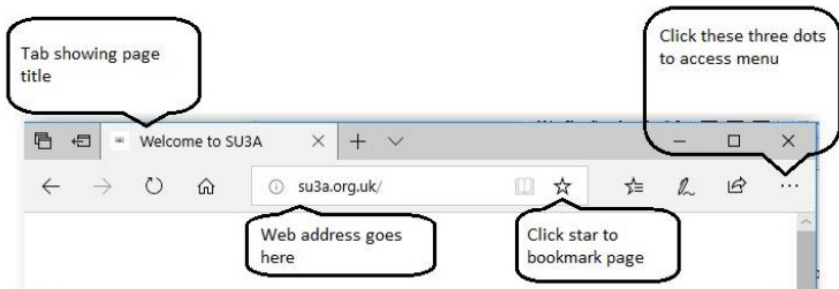
I will be at the **November Drop-In on Tuesday 5th** at 10.30 am for the initial meeting where we can discuss the project in more detail. Please ask for me on the door.

Denise West Email denisewest3btinternet.com

Computer Tips



When *Links* has space it will include some computer tips that we hope will be helpful. This one is about **Browsers**, the next one will be about email.



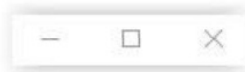
Browsers

Browsers are your route to the Internet. Typical browsers are Microsoft Edge (this replaced Internet Explorer), Google Chrome and Firefox. There are others but if you know about them you do not need to be reading this!

Microsoft Edge is the default browser that comes with Windows 10. Your computer supplier may have installed either or both the others for you so that you can choose which one you use.

Toolbars:

At the top of the browser window, there is usually a selection of 'bars'. The one at the very top is almost always present on a 'window'. The three icons at the top right,



are minimise, full screen and close, respectively. (If in full screen mode, the middle one becomes two overlapping rectangles and clicking it will reduce the window size. In this mode you can adjust the size by dragging the edges).

The bar below this contains the web address (often known as the URL (Uniform Resource Locator) and other frequently used icons. To see what they mean move your mouse cursor over the icon without clicking and what is known as a 'tooltip' should appear:



The picture shows the 'Refresh' icon which reloads the Window. The tooltip also tells you that pressing F5 is equivalent to clicking the icon. You can choose to have other bars, such as a bar for bookmarks. This is done from the browser settings.

Browser Settings: When you open your browser, there is an icon (usually at the top right) which may be three horizontal dots (Edge), three vertical dots (Chrome), three stacked horizontal lines (Firefox). If you click on this you will get a menu.

Zoom: Use this to zoom in or out or expand the window to fill the screen. Filling the screen hides the top windows bar. Press F11 to get out of full screen mode.

Settings/Options: If you then click on Settings (Edge, Google) or Options (Firefox) you will get to a page where you can choose things such as your default page (the one with which the browser opens - why not make it 'su3a.org.uk'), your preferred search engine (e.g. Google or Bing), etc.

Bookmarks/Favorites: You can bookmark pages you visit often. There is a star in the bar at the top of the page (just click on this to bookmark it). You can access the bookmarks/favorites from the menu icon. You can also have key ones showing in a bar at the top of the window. (American spelling of 'favorites' used as that is how the browsers spell it!).

History/Clear the Cache: Browsers include a 'History'. This is all the pages you have visited recently - how recently depends on the browser and the settings. These pages are 'cached' on your computer so that they can be accessed quickly.

How to find History depends on the browser. There may be an icon on the top bar but in any case you should find it in the menu (3 dots/lines). From there go to Favorites in Edge, look under Library in Firefox, and in Chrome under History.

It is a good idea to clear this History regularly as having many pages stored slows down your browser considerably. This is known as 'clearing the cache'.

- **Edge:** Click on Menu then Favorites then History then Clear History.
- **Firefox:** Click on Menu then Library then History then Clear Recent History.
- **Chrome:** Click on Menu then More tools then Clear browsing data.

You will be given options about what you wish to clear.

Security: Web pages can be a source of viruses and other computer problems. This is why we say 'Do not click on the link in emails, unless you are absolutely sure about the source of the email'. Your anti-virus software should alert you to unsafe pages when you do a search. The pages themselves are isolated from the rest of your computer/device, the problem is with downloads. Your browser should prevent downloads that you have not specially requested. You can check your security and privacy settings from the Menu.

Yoga Group – Going from strength to strength

Interested in Yoga? Yoga at Blenheim Reach, off Ecclesall Road, has added a Monday class to the 3 Thursday classes. See details on the website group page or contact Group Coordinator Anne Ledbetter: annehorizonyoga.co.uk 07955 079192

Opportunities for Members

A Talk on Fraud and Scams

Provider: South Yorkshire Police and its chosen partners

Date: Wednesday 23rd October 10.00 am - 12.30 pm

Venue: First Floor, Central United Reformed Church, Norfolk St, Sheffield

Following a very successful short talk at the AGM earlier this year and many requests from AGM attendees, Andy Foster, Fraud Protection Officer, South Yorkshire Police, Financial Crime Investigation Unit has agreed to give an extended talk on the dangers of Fraud and Scams as well as associated financial matters.

Topics will include the following as well as time for Q&A:

Fraud and Scams

Power of Attorney/Deputyship

Cyber Crime

Banking Protocols

Places are restricted and you **must** apply either online via wild apricot (<https://su3a.wildapricot.org>) or by post using the application form below.

✂-----

Fraud and Scams

Wednesday 23rd October 2019

10.00 am – 12.30 pm

Name(s):

U3A number(s)

Address:

.....

.....

Please return the completed slip with a small sae as soon as possible to
Samina Aslam, 342 Abbey Lane, Sheffield, S8 0BY.

Sheffield U3A Group and Activities Pages: October 2019

To join Sheffield U3A please contact Rita Webster-Carr (Initial Enquiries Officer) on (0114) 230 8866, Email enquiry@sheffieldu3a.org.uk

Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or wish to suggest a new Group, please ring the appropriate General Coordinator, or (01433) 659864.

Groups currently notifying they have vacancies are marked with V in the following pages. Full details and some Group programmes can also be found on our website – www.sheffieldu3a.org.uk

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate.

ACCESS: to Group meetings and activities is listed using the following key –

MH : Member's Home – access variable; if you have specific needs please contact the Group Coordinator

PVHL: Public Venue - meeting is fully accessible, including a hearing loop

PV : Public Venue - meeting is fully accessible but does not include a hearing loop

PVAL: Public Venue – meeting access is limited; if you have specific needs please contact the Group Coordinator

O : Outdoors

MEETINGS: This shows Day, Time and Frequency- e.g. *Mo.am.f = Monday Morning Fortnightly. We.pm.m = Wednesday Afternoon Monthly. Tu.--,w = Tuesday All Day Weekly. 4w = 4 weeks. AREA:- The Postal Area in which the Group meets – e.g. (SE) indicates that the Group meets in the South East of Sheffield.*

Please notify any amendments to this list to the General Coordinator team.

| Groups | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|--------------------------------|-----------|---------------|----------------|----------------|---------------------------------|-----------------------------|
| Art | | Set A | | General | Coordinator Fran Rodway | |
| Art I | V | We.am.w | S11 | PV/HL | Daniel Merrills | 230 5952 |
| Art II | | Th.pm.w | S11 | PV | Pauline Miller | 258 3678 |
| Art III | V | We.pm.w | S11 | PV | Miriam Currie | 01246 414 274 |
| Art on Tuesday | V | Tu.pm.w | S11 | PV | Graham Woodthorpe | 0114 2960535 |
| Aspects of Art II | | Th.pm.m | S7 | PV | Valerie Wiley | 236 0726 |
| Outdoor Sketching | V | Fr.am.f | various | O | Daniel Merrills | 230 5952 |
| Arts and Crafts | | Set B | | General | Coordinator Jenny Graaf | |
| Architecture Past and Present | V | 2ndTu.pm.m | S8 | PV | Elaine Burtoft | 0114 2811522 |
| Craft | V | Th.pm.f | | MH | Barbara Lowe | 248 8367 |
| Crochet and Knitting | V | Tu.pm.f | S1 | PVAL | Jane Whitehead | 457 7740 |
| Dressmaking | V | Mo.am.f | S11 | PV | Jennifer Austin | 2552095 |
| Dressmaking and Sewing | V | Mo.am.f | S11 | PV | Ellen Johnson | 2683291 |
| Handwork & Craft II | | Th.am.f | S11 | MH | Elspeth Eggington | 230 8755 |
| Knitting | | We.am.m | S10/11/17 | MH | Jane Harling | 230 9576 |
| Knitting II | | Th.am.f | S1 | PVAL | Helen Gwyddanes | 221 6360 |
| Patch & Quilt | | Mo.pm.f | S17 | MH | Elaine Pritchard | 2363975 |
| Photography | V | 3rdTh.pm.m | S7 | PV | Ian Eyre and Pat Robins | 07788296975 or 01246 416850 |
| Quilting Hive | V | Mo.pm. | S8 | MH | Lynne Brown | 237 7643 |
| Video Production (Documentary) | V | Mo.am.w | Sheffield area | MH | Ian Barkley | 01709 812 351 |
| Woodworking/Woodcarving | | Th.pm.w | S7 | MH | Bob Adkins | 255 1968 |
| Cards and Board Games | | Set C | | General | Coordinator Barbara Lowe | |
| Bridge - Friday I | V | Fr.pm.w | S17 | PVAL | John Strange | 01246 416 558 |
| Bridge - Friday II | V | Fr.pm.w | S10 | PV | Brian Jeremiah | 230 7250 |
| Bridge - Monday | V | Mo.pm.w | S17 | PV | Peter Goldthorpe and Pat Latham | 2350211 or 01246 419106 |
| Bridge - Thursday | V | Th.pm.w | S17 | PVAL | Brenda Fryer | 236 5628 |
| Bridge - Tuesday | V | Tu.am.w | S7 | PV | Michael Brumby | 236 5676 |
| Bridge - Wednesday | V | We.am.w | S17 | PVAL | Jean Bowie | 230 1002 |
| Bridge Stocksbridge | V | Tu.pm.w | S36 | PV | Bob Smith | 288 8624 |
| Chess | V | Tu.pm. 4 wkly | S17 | MH | Sheila Hardie | 236 4498 |
| Mah Jong | V | We.eve.w | S7 | MH | Barbara Lowe | 248 8367 |
| Rummikub (Evening) | | Mo.eve.w | S17 | MH | Chris Cave | 236 4648 |

| Groups | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|---|-----------|--------------------|---------------|--------|------------------------------|--------------|
| Rummikub (SE) | | Mo.pm.f | S13 | MH | Joan Brown | 289 4829 |
| Rummikub (SE) II | | Mo.pm.f | S20 | MH | Barbara Steel | 247 4696 |
| Rummikub I | | Mo.pm.f | S7/8/17 | MH | Shirley Wilks | 438 0480 |
| Rummikub II | | Mo.pm.w | S10 | MH | Rita Carr | 230 8866 |
| Scrabble | V | Fr.pm.f | S11 | MH | Rosemary Newall | 236 0728 |
| Word Games | V | 2nd/4th.Fr.pm | S12 | MH | Christine Cox | 2416897 |
| Discussion, Philosophy, Economics and Religion | | | | | | |
| Current Affairs Discussion | | 2nd.Th.am.m | S17 | PV | Paul Close and Stephen Geary | 288 3082 or |
| Discussion I | | Tu.pm.f | various | MH | Claire Attwood | 280 8286 |
| Discussion II | V | Tu.am.m | various | MH | Mary Alexander | 255 6385 |
| Feminists Over Fifty | V | 1st.Mo.am.m | S1 | PV | Maggie McCarthy | 230 6600 |
| Mindful Ageing | | 2nd and .4th.Th.-- | | PV | Michael Pupius | 2587568 |
| Personal Finance | V | Mo.pm.m | S11 | PV | Helen Marsh | 230 1622 |
| Philosophy- Hist/Classical | | 2ndMo.pm.m | S11 | PV | John Kirkman | 236 1971 |
| Practical Philosophy | | Th.pm., 3 wky | S10 | MH | Martin Manby | 230 6505 |
| Sugar & Spice | V | Mo.pm.f. | S8 | MH | Eunice Southgate | 281 1876 |
| Gardening | | | | | | |
| Flying Gardeners | V | 5th .We.am | Various | O | Shelagh Woolliscroft | 255 8948 |
| Gardening (SE) | V | Tu.am.f | various | PVAL | Carol Wright | 251 0140 |
| Gardening C | | Mo.am.m | S10/11/1 | MH | Heather Curtis | 255 7228 |
| Gardening D | | 2ndTu.am.m | various | PV | Helen Drury | 236 7053 |
| Gardening Greenfingers | V | 2ndTu.pm.m | S8 | PV | Jane Gregory | 274 9246 |
| Gardening at Whirlowbrook Park | V | 2nd & 4th We.am.m | S17 | O | Shelagh Woolliscroft | 255 8948 |
| History | | | | | | |
| Appreciating the Victorian Era | V | Fr.am. | winter in S10 | MH | Anne Maples | 07942 967463 |
| European History | | 4thTu.pm.m | S1 | PV | John Evans | 230 1173 |
| Family History I | | 2ndWe.am.m | S11 | PVAL | Annie Grassick | 230 2777 |
| Family History III | V | 2nd Tu.am.m | S1 | PVAL | Tim Simkins | 230 2656 |
| Family History IV | | 4thWe.am.m | S11 | PVAL | Monica Stagg | 07870 350271 |
| Greece and Rome | V | Fr.pm.m | S11 | MH | Jane Blockeel | 236 6861 |
| Local History (SE) | V | We.pm | S20 | PV | Margaret Troop | 287 4448 |
| Military History | V | Th.pm.m | S7 | PVHL | John Green | 230 7768 |
| Visiting History | | Tu.pm.m | various | PVAL | Jenny Clark | 266 9395 |

| Groups | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|------------------------------|-----------|-------------------|----------------|--------------------------------|------------------------------------|--------------------------------------|
| Languages | | Set B | General | Coordinator Jenny Graaf | | |
| Cerde Francais I | | Fr.am.w | S11 | PV | Tina Powell-Wiffen | 2551032 |
| Cerde Francais II | V | Mo.pm.f | S10 | MH | Hilda Hinchcliffe | 230 2561 |
| Classical Greek | V | We.pm.f | S1 | PV | Deidre Eastburn | 07401020150 |
| Deaf Awareness Group | V | eve.m | S1 | PVAL | Christopher Carter and Susan Price | 07855908007 (text please) or 2395987 |
| English Language | V | Tu.am.m | S11 | MH | Maggie Lyons | 236 6195 |
| French Improvers | V | Fr | S11 | PV | Malcolm Scott | 07940285442 |
| French for Holidays | | Mo.pm.f | S7 | MH | Usha Fitch | 236 5009 |
| French-Advanced | V | Fr.am.w | S10 | PV | Peter Keen | 236 4914 |
| French-Intermediate | | Th.am.w | S11 | PV | Janet Threlfall | 2631039 |
| German for Improvers | | Mo.am.w | S18 | MH | Anne Bonell | 01246 416094 |
| German-Advanced | V | Tu.pm.w | S6/8/10/17 | MH | Colin Pears | 01142335531 |
| German-Intermediate | | Mo.am.w | S11 | PVAL | Katharine Brown | 265 6477 |
| Italian | | Tu.pm.f | S10/11/6 | MH | Brian Bailey | 266 4678 |
| Italian for Holidays | V | Fr.pm.w | S11 | PV | Mike Hague | 236 6336 |
| Latin - Old Skool | | Mo.pm.f | S1 | PV | Paul Cordwell | 3273954 |
| Latin II | | 2nd & 4th Fr.am.m | S1 | PV | Jane Blockeel | 236 6861 |
| Latin III | | We.pm.f | S10 | MH | Deidre Eastburn | 07401020150 |
| Latin Improvers | | Mo.am.f | S1 | PV | Rose Tanner | 245 0200 |
| Mandarin | | We.am.w | S10 | MH | Wendy Eyre | 0114 274 5332 |
| Polish Culture and Heritage | V | 1st .We.am.m | S11 | MH | Krystyna Chandler | 07779013780 |
| Portuguese For Fun | | Tu.am.w | S11 | MH | Pauline Miller | 258 3678 |
| Portuguese Improvers | | Mo.am.w | S11 | MH | Pat Cantrill | 230 8571 |
| Spanish Advanced | V | Th.am.w | S7 | PV | Eileen Osborn | 2863136 |
| Spanish Improvers | V | Mo.pm.w | S11 | MH | Israel Newton | 266 3138 |
| Spanish Listening & Speaking | | Tu.pm.w | S8 | PV | Bill Horner | 249 4921 |
| Spanish Stage 2 | | We.pm.w | various | MH | Greta Pearman | 236 3336 |
| Welsh - an introduction | | Tu.am.f | | MH | Steve Clements | 255 8422 |
| Welsh Beginners | V | Tu.am.w | various | MH | Steve Clements | 255 8422 |
| Welsh Conversation | V | Tu.am.f | various | MH | Geoffrey Turner | 01142309054 |
| Welsh Intermediate | V | Tu.am.f | various | MH | Nigel Thomas | 281 6611 |
| Literature and Drama | | | Set B | General | Coordinator Jenny Graaf | |
| Ancient Authors | | Tu.pm.m | | PVAL | Jane Blockeel | 236 6861 |
| Book Group I | V | Fr.am.m | S17 | PV | Margaret Walton | 255 6563 |

| Groups | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|--------------------------|-----------|----------------|--------------|---|--------------------------|--------------|
| Book Group II | | Fr.am.m | S17 | PV | Sally Carter | 236 2066 |
| Book Group III | | 2ndTu.am.m | S17 | PV | Wendy Jenrick | 268 7047 |
| Book Group IV | | Fr.am.m | S17 | PV | Mary Whyms | 236 8628 |
| Book Group V | | Tu.pm.m | S11 | MH | Mary Brookes | 236 0180 |
| Bookworm | V | Fr.pm.m | S36 | PV | Angela Butler | 288 4778 |
| Drama Study | V | Tu.pm.f | S11 | MH | Jacqueline Bailey | 2664678 |
| Enjoying Literature | V | We.am.f | S10 | MH | Roger Smith | 07582 458050 |
| Film Appreciation | V | Tu.pm.m | S1 | PV | Lesley Dixon | 268 5881 |
| Novel Reading I | V | Mo.pm., 4 wkly | S10 | MH | Pam West | 266 2188 |
| Novel Reading II | V | Mo.pm.m | S11 | MH | Jacqueline Smith | 01143483069 |
| Novel Reading III | V | 2ndFr.am.m | various | MH | Judith Vernier | 01246 418607 |
| Novel Reading IV | V | Fr.am.m | S5 | MH | Anne Chatterton | 266 8998 |
| Play Reading 3 | | Mo.pm.m | | PV | Linda Evans | 230 1173 |
| Play Reading I | | Tu.pm., 4 wkly | various | MH | Mike West | 266 2188 |
| Play Reading II | | Last Tu.pm.m | S10 | MH | John Lees and Irene Lees | 235 9340 |
| Poetry Study | V | We.pm.f. | S11 | MH | Arthur Pidcock | 0114 2746138 |
| Poetry for Pleasure | V | We.pm.f | S17 | MH | Pat Parkin | 236 8009 |
| Reading for pleasure | V | Th.pm.m | S17 | MH | Pauline Young | 2307909 |
| Shakespeare for Pleasure | V | Tu.am.f | S10/11 | MH | Jennifer Mellor | 2304332 |
| Story Writers | | Tu.am., 4 wkly | various | MH | Margaret Briddon | 262 0501 |
| World of The Book | | We.am.m | S1 | PVAL | Julie Edworthy | 201 5847 |
| Music | | | | | | |
| | | | Set c | General Coordinator Barbara Lowe | | |
| A Cappella | | Tu.pm.f | Various | MH | Stephanie Dixon | 247 0119 |
| Belleplates | V | Fr.pm.f | | MH | Rosemary Anderson | 268 0924 |
| Drumming | | Th.pm.w | S1 | PV | John Lee | 233 8517 |
| Guitar Group | V | Mo.pm.f | S1 | PV | John Stevens | 236 3557 |
| Guitar Group II | V | We.eve.f | S10 | MH | Kirk Davis | 01142302932 |
| Guitar Group III | V | Th.eve.f | S10 | MH | Kirk Davis | 01142302932 |
| Handbell Ringing | V | We.eve.w | S35 | PVAL | Margaret Naylor | 236 0245 |
| Jazz Appreciation I | | 2ndTu.am.m | S10 | MH | John Green | 230 7768 |
| Jazz Appreciation II | | 3rdTu.am.m | S7 | MH | David Bone | 268 1016 |
| Music Appreciation | V | Th.pm.f | S6 | MH | Avril Williams | 2492226 |
| Recorder | V | Fr.am.f | S1 | PVAL | Linda Evans | 230 1173 |

| Groups (Music cont) | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|---|------------------|--------------------|--------------|---|---------------------------------|------------------------------|
| Recorder for beginners | V | Mo.pm.f | | PVAL | Hilary Dowson | 221 4417 |
| Singing for Pleasure | | Fr.pm.f | S1 | PVAL | Irene Lees | 235 9340 |
| Strings 'n' Stuff | | We.eve.w | S1 | | Anne Saunders and Ian Fisher | 01709 541695 or 01709 382887 |
| Ukulele | | Fr.pm.f | S8 | PVAL | Ann Beedham | 274 8331 |
| Ukulele 2 | V | Tu.am.f | S35 | PVAL | Diane Bingham | 0114 2340131 |
| Vintage Voices | V | Mo.am.w | S1 | PVAL | Carole Hurst | 293 9163 |
| Warblers | | Mo.pm.w | | | Anne Saunders | 01709 541695 |
| Physical Activities | | | | | | |
| | | | Set C | General Coordinator Barbara Lowe | | |
| Belly Dancing Stocksbridge | V | Tu.am.w | S36 | PV | Kathryn Smith | 283 1171 |
| Bowling Crm Grm (SE) | V | Th.am.w | S9 | O | John Hunt | 289 8811 |
| Bowling Crown Green | V | Mo.am.Th.am.w | S8 | O | Tony Hobson | 281 5373 |
| Country Dancing | V | Tu.pm.f | S7 | PV | Anne Marples | 07942 967463 |
| Croquet | | We.am.Tu,Th.pm.w | S11 | O | Brian Cave | 07768121767 |
| Cyclists Midweek | V | Mo.f | various | O | Alan Bailey | 236 7219 |
| Electric Biking | V | 4th .Fr.m | | O | Robert Peck | 2301853 |
| Fitness: Tailor made for you | V | Mo.pm.,Tu,Th.Fram | S11 | PV | Ann Evans | 348 6607 |
| Plates | | Tu.pm.w | S18 | PV | Mary Maddison | 2366643 |
| Racketball | V | Mo.am., Th.am.w | S17 | PVAL | Peter Keen | 236 4914 |
| Racketball Stocksbridge | V | Tu.am.w | S36 | PV | Elaine Smith | 288 8624 |
| SU3A Wednesday Cycling | V | 1st.and.2nd.We.-.f | | O | Sandie Andrews | 07887 740592 |
| Table Tennis | | Mo., Th.am.w | S17 | PV | Belinda Taylor and John Warwick | 230 4489 or 253 0789 |
| Tai Chi & Chi Kung West Sheffield Group 2 | | Th.pm.w | S 11 | | Ron Jarman | 0114 2306878 |
| Tai Chi & Qi Gong South Sheffield | | Fr.pm.w | S17 | PV | Pat Ryan and Clare Ryan | 236 8749 |
| Tai Chi Stocksbridge | V | Fr.am.w | S36 | PV | Christopher Goldthorpe | 01226 762 201 |
| Yoga | V | Th..w | S11 | PV | Anne Ledbetter | 01246488038 |
| Yoga - Restorative | V | Mo.am.Tu.pm.w | S11 | PV | Ann Evans | 348 6607 |
| Science and Technology, Social Science | | | | | | |
| | | | Set C | General Coordinator Barbara Lowe | | |
| Coding for the web | | 1st .We.pm.m | S11 | MH | Camilla Jordan | 2685355 |
| Environment | V | Tu.am.f | S11 | MH | Cliff Ellis | 250 0883 |
| Geology | | We.-.m | various | O | David Edmonds | 234 3604 |
| Maths | V | Tu.am.m | S8 | PV | Alan Zinober | 2367001 |
| Science & Technology | | Mo.am.m | S8 | PV | Roy Stanley | 230 2941 |
| Sustainable Development | V | Mo.pm.m | Central | PVAL | Jo Couldry | 268 5496 |
| Theoretical Physics | V | We.pm.m | S11 | PVAL | John Edwards | 296 2050 |

| Groups | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|---------------------------------|-----------|-----------------|--------------|----------------|--------------------------------|-------------------------|
| Social | | | Set A | General | Coordinator Fran Rodway | |
| Afternoon Tea | | We.pm.m | Various | PV | June Jackson | 236 4474 |
| Bus Pass Explorers | | Sa.m | | O | David Hague | 2335333 |
| Dining Out | | Wed.eve.m | various | PVAL | Susan Stone | 2361035 |
| Indian Veggie Buffet | V | 1st Th.eve.m. | various | PV | John Wragge | 236 8475 |
| Lunch Group | | 3rdTh.m | various | PV | Diane Brooke | 01709 371800 |
| The Natural World | | | Set A | General | Coordinator Fran Rodway | |
| Bird Watching I | | Mo.am.f | various | O | Robin Peel | 07942 920741 |
| Bird Watching II | V | We.--w | various | O | Malcolm Swift | 01246 906819 |
| Natural History | | 3rd.Th.m | various | O | John Roberts and Aline Roberts | 230 6487 or 07752675363 |
| Walking | | | Set A | General | Coordinator Fran Rodway | |
| Dippers I (4-6mils) | | Mo.f | various | PV | Jackie Smith | 0114 2508065 |
| Dippers Too (7-10mils) | V | Mo.f | various | O | Bill Barradough | 230 3945 |
| Gannets (5-7mils) | | Mo.f | various | O | John Lees | 235 9340 |
| Late Walkers (5mils) | V | We.am.w | various | O | Gillian De La Torre | 3489843 |
| Learning Outdoors Walking Group | | Th.w | Various | O | Fiona Fairlie | 2664599 |
| Nordic Walking Group | V | On a rota.f | | O | Jane Doyle | 07912445041 |
| Short Walks NW | V | 1st & 3rd Th.am | | O | Glenis Gowan | 01226 763158 |
| Strollers I (Public Trspt.) | | We.--f | various | O | Michael Ball | 287 9226 |
| Strollers II (Public Trspt.) | V | Mo.--f | various | O | Sheila Hewitt | 268 6891 |
| Strollers II (Saturday) | V | Sa.am.f | various | O | Ray Pigott | 236 4078 |
| Strollers II (Tuesday) | V | Tu.am.f | various | O | Shirley Tasker | 274 6986 |
| Strollers III (Public Trspt.) | | We.f | various | O | Pat Clifton | 251 0450 |
| Strollers III (Saturday) | V | Sa.am.f | various | O | Anne Gurnell | 07884327214 |
| Strollers SE(Saturday) | V | Sa.am.f | various | O | Christine Edwards | 01909 773 548 |
| Sunday Ramblers (7-9 mls) | V | Su.f | various | O | Jenny Parker | 236 0798 |
| Sunday Walkers (7-9 mls) | V | Su.f | various | O | David Hydes | 288 7815 |
| Walk & Talk German | V | Fr.am.w | various | O | Antie Barker | 268 3912 |
| Walking Grp A (5-6mils) | V | Alt Tu.We.w | various | O | Jill Fletcher | 07769037521 |
| Walking Grp B (6-7mils) | V | Tu.w | various | O | Joyce Cooper | 236 2730 |
| Walking Grp C (5-7mils) | V | We.w | various | O | Gilbert Smith | 230 5769 |
| Walking Grp D (9-11mils) | | Alt We./Th.w | various | O | David Levine | 258 9026 |

| Groups (Walking cont) | Vacancies | Meeting | Area | Access | Coordinator | Telephone |
|---|-----------|--------------|-------------|--------|-----------------------------|---------------|
| Walking Grp E (5-7mls) | V | Alt We./Th.w | various | O | Chris Cave | 236 4648 |
| Walking Grp F (9-11mls) | | Alt We./Th.w | various | O | Peter Digby | 236 6821 |
| Walking Grp G (5-7mls) | V | Th.am.w | various | O | Tim Caley and Pauline Caley | 230 3212 |
| Walking Grp H (9-11mls) | | Mo.w | various | O | Ray Goulding | 2306905 |
| Walking Grp J (10-14mls) | V | Alt Tu./We.w | various | O | Alan Heath | 230 4898 |
| Walking Grp K (4-5 mls) Pub Trspt. | | Th.f | various | O | Pat Clifton | 251 0450 |
| Walking Grp L (3 or 5 mls) | | Th.am.w | various | O | Barbara Cassidy | 262 0699 |
| Walking Grp M (5 - 6 mls) | | Fr.w | various | O | Gordon Young | 296 2402 |
| Walking Grp N (6 - 7mls) | | Fr.am.w | various | O | Sylvia McColm | 236 5872 |
| Walking Grp NW (5 - 8mls) | | Th.am.w | various | O | Pauline Shaw | 07752 638350 |
| Walking Grp P (8 -10mls) | | Alt We./Th.w | various | O | Anne Fitzpatrick | 236 0989 |
| Walking Grp Q (5-7mls) | V | Tu.am.f | S5/S35 | O | Anne Chatterton | 266 8998 |
| Walking Grp R (7 - 9mls) | | Mo.w | Various | O | Camilla Jordan | 2685355 |
| Walking Grp SE (6 - 8 mls) | V | Tu.w | various | O | Johanna Lattimer | 0114 268 1227 |
| Short Courses | | | | | | |
| Map Reading for Walkers | Set A | Various | Various | O | Gordon MacNair | 258 5442 |
| Orienteering Group | Set A | | | O | Colin Best | 07800 540596 |
| Life Writing Workshops | Set A | Mo.am. | City centre | PV | Shelagh Woollicroft | 255 8948 |
| THE FOLLOWING GROUPS ARE ADVERTISED IN LINKS AND ARE OPEN TO ALL MEMBERS | | | | | | |
| Classical Concertgoers | Set C | various | Null | PV | Pamela Sandford | 236 1815 |
| European Travel Group | Set A | various | Various | PV | Samina Aslam | 235 1489 |
| Lunch & Lecture | Set B | Twice yearly | S8 | PV | Dorothy Sutcliffe | 268 5918 |
| Steel City Wanderers | Set A | Once a month | various | PV | Pat Ryan and Clare Ryan | 236 8749 |
| Travel Group | Set A | various | Null | PV | Sheila Harris | 236 9653 |

A Talk on Personal Safety

Provider: South Yorkshire Police and Fire Services and their chosen partners

Date: Wednesday 20th November 10.00 am - 12.30 pm

Venue: First Floor, Central United Reformed Church, Norfolk St, Sheffield

Following on from the talk on Fraud and Scams our next talk is on Personal Safety whether it be at home or out and about.

Topics will include the following as well as time for Q&A:

Personal Safety

Home & Garden Safety

Fire Safety

Victims Support

Places are restricted and you **must** apply either online via wild apricot (<https://su3a.wildapricot.org>) or by post using the application form below.

✂-----

Personal Safety Wednesday 20th November 2019
10.00 am – 12.30 pm

Name(s):

SU3A number(s)

Address:

.....

.....

Please return the completed slip with a small sae as soon as possible to
Samina Aslam, 342 Abbey Lane, Sheffield, S8 0BY.

EVENTS



Classical Concertgoers: Royal Concert Hall, Nottingham Saturday 8th February 2020, 7.30 pm

Orchestra: Iceland Symphony Orchestra

Conductor: Yan Pascal Tortelier

Piano: Jean-Efflam Bavouzet

Bizet L'Arlesienne Suite No. 2

Ravel Piano Concerto for the Left Hand

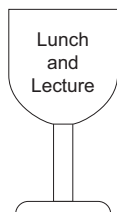
Thorvaldsdottir Aeriality

Sibelius Symphony No.1

This is a wonderful chance to hear the Iceland Symphony Orchestra performing in Nottingham for the first time under its charismatic Music Director, Yan Pascal Tortelier. The concert begins with Bizet's sparkling Second Suite from L'Arlesienne, followed by Ravel's Piano Concerto, composed for the one-armed pianist Paul Wittgenstein in 1929. Bavouzet, an award-winning interpreter of Ravel, is our soloist. After the interval the 2011 piece 'Aeriality' from Iceland's leading composer evokes the freedom of gliding through air. The evening concludes with the Romantic style of Sibelius's First Symphony.

There is a pre-concert talk by Jonathan James to introduce the programme. The coach, (Walter Martin) will leave from the bottom of Knowle Lane at 4.00 pm. The cost per person is **£32.00** to cover travel, your ticket and the driver's gratuity. Our last concert was quickly booked up so send your application as soon as possible. Please complete the application form on **page 34** and send to *Pamela Sandford, 289 Abbey Lane, Sheffield, S8 0DA*.

FINAL Lunch and Lecture: Fool's Gold



Dot Sutcliffe and Vera Dyer invite you to the **final lunch** at the Doubletree by Hilton Sheffield Park Hotel, Chesterfield Road South, Meadowhead, Sheffield, S8 8BW on **Friday 25th October 2019**. Please note this Open Group is folding.

We are pleased to welcome back **Fool's Gold**. Carol and Steve Robson will be delivering their new show 'Bang up to the Elephant', featuring songs, images and tales of our late relatives, The Victorians. The music is performed 100% live – but beware – it has been known for audiences to join in!

Please arrive at 12.00 noon for a 12.30 pm start – and you'll be greeted by a glass of bubbly! Cost **£16.50** per person.

There is ample parking at the hotel and the numbers 24, 43 and 43a buses from the city centre stop outside the hotel. The number 75 bus from Shiregreen via High Street stops near the hotel at Meadowhead.

The menu will be a choice from:

- (a) Beef Bourguignon served in a silver skin onion, button mushrooms and diced pancetta sauce, served with mashed potatoes and seasonal vegetables.
- (b) Plaice and Spinach Roulade in a Veronique sauce, served with broccoli and pomme puree.
- (c) Ricotta and Spinach filo parcel, served with roast potatoes and seasonal vegetables.

The desserts are:

- (d) Cream-filled Profiteroles, served with chocolate sauce.
- (e) Seasonal fruit salad with vanilla ice cream.

Should you have a special dietary request, please contact Dot or Vera, details below. Please also note that this is a set menu and once you have made your menu choices, they cannot be changed.

If you would like to book a place, please complete the form on page 36, together with menu choices, and send it with a cheque made payable to Sheffield U3A Lunch and Lecture, to arrive no later than **Friday 11th October 2019**. Bookings received after the closing date will not be accepted.

Dot Sutcliffe/Vera Dyer (0114) 268 5918/(0114) 237 7854

Remembering the Sixties - Shared Learning Project Open Session on further and higher education. Monday 21st October 2019 at 2pm.

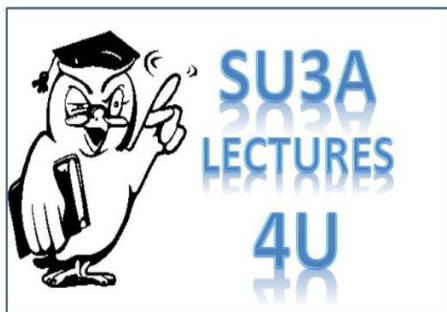
Education, education, education... So much to cover that we are having a special session devoted to it. Did you go to a Polytechnic in the Sixties? Or to one of the 'New' Universities? Did you do teacher training?

Did you do day release or evening classes? Did you study with the Open University?

If yes, we would love to gather your memories! Please come along to the Showroom Bar between 2.00 and 4.00 p.m. on Monday 21st October. Or if you would prefer to write about your experiences please contact Margaret Barr at al_marg@hotmail.com

Friday Lectures at the Showroom Cinema

These lectures are free to all members. There may occasionally be a retiring collection for the speaker's charity. There is no booking system - it is 'first come, first served'.



Lectures are held in Cinema 4 at the Showroom Cinema, Paternoster Row, starting at 11.00 am, and finishing by 12.30 pm. The Showroom café serves refreshments from 10.00 am and now also sells pre-prepared lunches. Greeters wearing U3A lanyards are at the door to welcome new members.

A voucher, obtainable from the box office, enables half-price parking at Q-park (the Cheesegrater) on Charles Street off Arundel Gate.

Sheffield U3A's audio system for the hard of hearing is usually available. It connects the auditorium system to a limited number of personal receivers (using either the hearing aid 'T' position or an earpiece). For further information please contact Chris Carter by email at U3AChrisCarter@gmail.com. Please come to the lecture at least twenty minutes early in order to be briefed on its use.

The team will endeavour to post last-minute programme changes on the Urgent News page on the SU3A website.

Queries to *Shelagh Woolliscroft*: (0114) 255 8948

Programme for 2019/20

18th October - Shakespeare and the Globe. Dr Tom Rutter, Senior Lecturer in Shakespeare and Renaissance Drama, University of Sheffield.

The Globe was not the only theatrical venue in which Shakespeare's plays were performed, but it is certainly the best known today. This lecture will discuss the reasons why Shakespeare's company moved to the Globe in 1599 and show how some of his plays respond to the Globe as a playing space. It will also cover other aspects of the history of the Globe and make reference to some of the other venues in which Shakespeare's plays were performed during his lifetime.

**15th November - The Bauhaus and its legacy.
Matthew Jefferies, Professor of German History,
University of Manchester.**



Professor Jefferies specialises in the history of Germany 1870-1945, with particular reference to the relationship of art and politics; architecture, monuments, and town planning; lifestyle reform, naturism, conservation and the environment. He will explain the Bauhaus movement and how ideas from it have influenced art and architecture to the present day.

**20th December - Sheffield's Father Christmas,
JG Graves, Businessman and Benefactor.
Mike Spick, former Local Studies librarian.
(This talk first given in December 2016 and
repeated by popular request)**



Mike will recount the life and times of J G Graves, entrepreneur, businessman and Sheffield's greatest benefactor. You will know of Graves Park and Graves Art Gallery, now learn about Graves himself, who rose from humble origins to develop a multi-million pound business whilst always shunning the limelight.

A special SU3A two-course Christmas lunch is on offer after the lecture, price £13. Bookings with payment via the Showroom Box Office.
Tel (0114) 275 7727.

Friday Lectures Reviews

If you didn't manage to get to the Showroom Lectures on ***2nd Lives for the 3rd Age*** and ***History of the General Cemetery***, you may be interested to read the excellent reviews that can be found on the SU3A website ***www.su3a.org.uk***. From the home page select *Events Open to All Members/Showroom Lectures/Reviews of Previous Lectures*.

IT'S NEVER TOO LATE TO DO SOMETHING!



Are you more than 55 years old and healthy? Are you interested in taking part in a study that explores the effects of long-term exercise on human physiological function? Then contact us! **Sheffield Hallam University** is undertaking a non-invasive, ethically approved study, that will explore the effects of long-term exercise on the blood flow in the small veins, and how this mechanism is affected by age. We are looking for people who are currently physically active (either doing water- or land-based exercise) or who currently are not doing any regularly exercise at all! You will be asked to attend a single test session at the Sheffield Hallam Collegiate Crescent Campus. In this session, you will take part in body composition measurements, you will complete some quality of life questionnaires, as well as being tested for small vein and artery function. Tests will last for approximately 1½ hours and a report of your results will be provided at the end of the study. To receive more information, please use the contact details below:

Beatrice Hunt: 07970 703622 HeartResearch@shu.ac.uk

Developing and Delivering Shared Learning and Research Projects

Sheffield U3A Shared Learning Team (Samina Aslam, Philip Long and Denise West) is looking for new members.

‘Shared learning’ involves exchanging knowledge, interests and ideas between U3A members and groups and external organisations where appropriate and of mutual benefit. It is a concept that is at the heart of U3A. Examples of recent and continuing shared learning projects include the very successful 1960s project and other research activities with both universities in Sheffield.

SU3A members are developing interview skills as researchers through contributing to a project with the South Yorkshire Housing Association addressing issues associated with loneliness and social isolation.

We are also in discussions with 'Learn Sheffield' (the organisation that represents all schools and Sheffield colleges) to identify ways in which U3A members and groups can contribute to 'inter-generational learning'.

If you are interested in contributing to the development of Shared Learning and Research Projects through joining our team, please contact one or all of us by email.

Samina Aslam *sammas1747gmail.com*

Denise West *denisewest3btinternet.com*

Philip Long *pelong54gmail.com*



**Classical Concertgoers:
Royal Concert Hall, Nottingham
Saturday 8th February 2020**

Name(s):

SU3A membership numbers: /

Address:

.....

Post Code: Tel:

Emergency contact:

Please reserve ticket(s) for me at the price of **£32.00** per person.

I enclose a cheque made payable to SU3A Concertgoers and a small sae.

If possible I would like to sit with:-

.....

Forms should be sent as soon as possible to:- *Pamela Sandford,
289 Abbey Lane, Sheffield, S8 0DA.*

Visit to Drax Power Station

11am – approx. 1.30pm Wednesday
20th November 2019



Drax Power Station supplies 6% of the country's electricity needs, including 15% of its renewable power.

To do this, Drax operates on a massive scale. At Drax Power Station you'll be able to see every part of how electricity generation is done and find out how we're upgrading to the latest biomass technology. This means we can use sustainable compressed wood pellets instead of coal, which cuts our carbon footprint by 80%.

Expert guides with years of experience are on hand to lead the tour. All tours include an interactive session and guided walks inside the very heart of the station. Our tailored experiences fit with areas of special or professional interest such as rail, sustainability and engineering.

Purpose: To give U3A members across the region the opportunity to visit one of the most advanced power stations in the UK. We will have a talk about the working of the plant, discussions about recycling issues and a guided tour of the plant.

There is no charge for this visit but attendees **MUST** register with YAHR in advance. More details about the site and safety rules as well as registering for the event can be found on the YAHR website <https://yahru3a.co.uk/events/> or via email to: secretaryyahru3a.co.uk.

The **CLOSING DATE** for applications is 10th November 2019. Places are restricted to 30 maximum. Should there be sufficient interest a further visit may be organised for 2020.

When you provide us with your email, we will use it to inform you of YAHR events and activities. You can unsubscribe from our mailing list at any time via secretaryyahru3a.co.uk.

Lunch and Lecture: Fools Gold

**Doubletree by Hilton Sheffield Park Hotel,
Chesterfield, Road South, Meadowhead, S8 8BW
Friday 25th October 2019 at 12.00 noon for 12.30 pm**

Name(s):

SU3A number(s)

Address:

.....

.....

Post Code: Tel:

Menu choice(s) (please indicate): (a) (b)

(c) (d) (e)

Please reserve place(s) for me (**£16.50** per person). I enclose a small **sae** and a cheque for £ payable to **Sheffield U3A Lunch and Lecture.**

Forms should be sent to arrive **no later than Friday 11th October 2019** to *Dot Sutcliffe, 32 Tapton Crescent Road, Sheffield, S10 5DA.*

✂-----

SU3A Web Pages Guide

Main site: <http://su3a.org.uk>

Currently looked after by Sarah Williamson with help from Elaine Birtoft. This is the 'parent site'. It contains information for all members, the calendar for main events, and online copies of *Links*.

email: websu3a.org.uk

Groups site: <http://su3a.org.uk/grouppages/>

Currently looked after by Camilla Jordan with help from Richard Cooper and Clare Chiba. This site contains details of all our Groups, including proposed new Groups. It also contains information for the Group Coordinators.

email: groupsrecordssu3a.org.uk

Home pages: <http://su3a.org.uk/homepages/>

Currently looked after by Stuart Barlow. Just over 50 of the Groups have chosen to have web pages to supplement the information contained on the main Groups site. The content varies from photographs of activities to programmes for meetings and bridge score cards.

email: homepagessu3a.org.uk

Membership site: <https://su3a.wildapricot.org/>

Currently looked after by Chris Franks, Clare Chiba and Richard Cooper. This site requires you to log in. It contains membership details. You can update your profile and renew your membership here. It also contains lists of members of all Groups, except Open Groups and Short Courses.

email: wa-adminsu3a.org.uk



Discovering Hidden Umbria

9th – 14th October 2020

Umbria is known for its landscapes, traditions, history, culinary delights, artistic legacy, and influence on culture. The region is characterised by hills, mountains, valleys and historical towns such as the university centre of Perugia and Assisi, a World Heritage Site associated with St Francis of Assisi.



Our trip includes a guided tour of Assisi including the famous Basilica, with its frescos by Giotto. We visit the medieval town of Gubbio for a guided tour of its historic Palazzo Dei Consoli, home of the 2nd century BC bronze Eugubine Tablets. We also visit Bevagna, Todi, Orvieto with

guided tours of Spello and Montefalco.

Our base is the 4* Hotel San Luca within the historic Medieval walls of the hill top town of Spoleto. The trip includes a guided tour of this spectacular hilltop town. Access to the old town centre where you will find many dining opportunities can be reached by foot or via the state-of-the-art automatic walkways which start just 50 yards from the hotel. They transport pedestrians up through a series of underground tunnels at a pleasant measured pace.



The cost of this tour is £1099 plus £129 single supplement and includes all travel from Sheffield and return, all travel costs whilst in Italy, 5 x nights at the Hotel San Luca on a B&B basis, 3 x dinners, 1 x lunch, guides, entrance fees, local taxes, a fulltime tour manager and all gratuities (except for the hotel, which is at your own discretion).



Discovering Hidden Umbria 9th – 14th October 2020

Full name/s (as on passport):

..... SU3A No(s):

Address:

..... Tel:

email: Postcode:

Please reserve place(s) for me. Room type: double/twin/share/single.

I enclose a cheque for (**£150.00pp**), payable to **Sheffield U3A ETG**. All applications along with a *Links*-size (A5) sae should be sent to:
Brian Cave, 73 Highcliffe Road, Sheffield, S11 7LP, to arrive no later than Friday 18th October 2019.

Please indicate your preferred pick up point:

Sheffield Interchange E4-6 (.....)

Ecclesall Rd South/Knowle Lane (.....)

✂-----

Remember!

**Copy deadline for the December *Links* is
24th October 2019**



Travel Group Visit to Gainsborough Old Hall, the Harley Gallery and the Portland Collection Monday 2nd December 2019

Gainsborough Old Hall is one of the country's best preserved medieval manor houses. Samples of timber from its magnificent Great Hall suggest the trees used in its construction have a likely felling date around the 1460s.

These timber-framed walls of the Great Hall and East Range were later encased in brick as a statement of wealth and status. Two family dynasties helped to shape the history of Gainsborough Old Hall; the Burghs up until 1596 and the Hickman and Bacon families thereafter. Our visit will begin with tea/coffee, followed by a guided tour. The whole of the ground floor is fully accessible **though floors are uneven in places so care must be taken. Access to the upper floor is by wooden staircases only.**

Lunch will consist of soup and sandwiches before our departure at around 1.45pm. It is only a short distance to the Welbeck Estate where the **Harley Gallery** and the newly re-opened **Portland Collection** are available at no extra cost. There is also an extensive Garden Centre for possible Christmas gift-shopping and an excellent Café. There will be approximately 2 hours of free time here before our return to Sheffield. The cost of this outing which includes tea/coffee, guided tour and lunch at Gainsborough Old Hall, coach travel and driver's gratuity will be £21.50 **(though NOT entrance fee of £8.50 for Non-Members of English Heritage, which will be payable separately in cash on the day)**

Please note, Gainsborough Old Hall is likely to be cold so take warm clothing. To apply for a place on this outing please complete the booking form on **page 42** of *Links*, remembering to include any **special dietary requirements** and English Heritage membership.

If friends wish to be sure of both getting a place on the outing they must apply on the same form.

Please remember that **INDEPENDENT MOBILITY** is essential on all day trips.

FINAL APPEAL FOR A TREASURER

The TRAVEL GROUP will cease to operate on 1st January 2020 unless a replacement Treasurer is found by November. Despite an appeal in the last two editions of *Links*, no-one has offered to replace our present Treasurer at the end of November.

As a committee we have decided on venues to visit during 2020 but these **CANNOT GO AHEAD WITHOUT A TREASURER.**

Do you want to lose the **Travel Group** which provides **ten** Day Trips and **two** Short Breaks each year and has done so for the last three decades? U3A is a “**self-help**” **organisation**, so I appeal for a final time for someone to fill this vital position. If you are computer literate and willing to help then please contact our current Treasurer, Barry de Roeck **urgently** on (0114) 236 9169 to discuss the role.

Thank you.

Sheila Harris Chair of the Travel Group. August 2019

Pond Clearance at Whirlowbrook Park Wednesday 23rd October 2019 9.30 am - 12 noon

We are down to one clearance session a year now, but we need as much help as possible so that we can get a good lot of muck out! Please don your wellies, bring your gloves and be prepared to get metaphorically stuck in. Buckets, etc. supplied, also delicious cakes and scones. Queries to *Shelagh Woolliscroft*: (0114) 255 8948.



Travel Group Visit to Gainsborough Old Hall, the Harley Gallery and the Portland Collection Monday 2nd December 2019

Name(s): SU3A No(s):

Address:

..... Postcode:

Tel: Mobile:

Emergency Contact for each person named above:

Name: Tel:

Name: Tel:

Please reserve place(s) for me. I enclose a cheque for £
(**£21.50** per person), payable to **Sheffield U3A Travel**.

Please indicate dietary requirements of anyone applying on this form
(e.g. Gluten free)

Please indicate if you are a member of ENGLISH HERITAGE by ticking
here (.....) this applies to all names on this form.

Non-members will need to have £8.50 in cash in a sealed envelope
marked with their name and amount on the outside to hand over on the coach.

Please return the completed slip, with your cheque and a **small sae** as
soon as possible, to Sheila Harris, 3 Derwent Court, 83 Everard Ave,
Sheffield, S17 4ND.

Please tick your preferred pick-up point below:

Bus Stop Knowle Lane/Ecclesall Rd South 8.45am (.....)

Sheffield Interchange, Platform E5/E6 9.00am (.....)

SU3A Executive Committee

| | | |
|---|-------------------------|---|
| Chair | Brian Cave | (0114) 230 5312 <i>chairsu3a.org.uk</i> <i>bpcavehotmail.com</i> |
| Secretary | Anna Harvey | 07973 771957 <i>secretarysu3a.org.uk</i> |
| Treasurer | Chris Jones | 07753 829771 <i>treasurersu3a.org.uk</i> |
| Vice Chair | Jenny Graaf | 07955 679703 |
| Vice Chair & Web Coordinator | Sarah Williamson | (0114) 230 1601 <i>websu3a.org.uk</i> |
| Committee Members: | | |
| | Richard Cooper | (0114) 248 5401 <i>biker2000biker2000.plus.com</i> |
| | Barbara Lowe | (0114) 248 8367 <i>barbaralowe152gmail.com</i> |
| IT Member | Camilla Jordan | (0114) 268 5355 <i>su3aitsu3a.org.uk</i> |
| Links Editor | Maggie Bower | (0114) 236 6719 <i>linkssu3a.org.uk</i> |

Minutes Secretary **Michael Clift**

Sheffield U3A Membership Team **(01433) 659864**
Ranmora, Ranmoor Lane, Hathersage, S32 1BW. *memberssu3a.org.uk*

Drop-In Organiser **Samina Aslam** **07736 318569**
dropinsu3a.org.uk

Equipment Officer **David Caborn** **(0114) 236 8500**
Home Pages Manager **Stuart Barlow** *homepagesu3a.org.uk*

For queries about membership, joining SU3A, information on Groups, etc. see the contacts list inside the front cover.

Calendar 2019/20

| | | |
|-----|----|---|
| Oct | 1 | Drop-In Session + ipad/web support: 10.00-12.00: CURC |
| | 4 | All Ears: Music at the Showroom, 10.30 |
| | 5 | Quiz Night: Holy Trinity Church Hall, Millhouses |
| | 11 | CCgoers: Moscow Philharmonic, Bridgewater Hall, Manchester |
| | 16 | Travel Group: Visit to Coventry & Cultural Heritage |
| | 18 | Showroom Lectures: Shakespeare and The Globe |
| | 21 | Shared Learning Project: Remembering the 60s 14.00 |
| | 23 | Whirlowbrook Park: Pond Clearance 9.30-12.00 |
| | 23 | South Yorkshire Police: Talk on Fraud and Scams: CURC |
| | 25 | Lunch and Lecture: Fool's Gold: Doubletree by Hilton, Sheffield |
| Nov | 1 | All Ears: Music at the Showroom, 10.30 |
| | 5 | Drop-In Session + ipad/web support: 10.00-12.00: CURC |
| | 15 | Showroom Lectures: The Bauhaus and its Legacy |
| | 19 | New Members Meeting |
| | 20 | YAHF visit to Drax Power Station |
| | 20 | South Yorkshire Police: Talk on Personal Safety: CURC |
| Dec | 2 | Travel Group: Gainsborough Old Hall and Harley Gallery |
| | 3 | Drop-In Session + ipad/web support: 10.00-12.00: CURC |
| | 20 | Showroom Lectures: Sheffield's Father Christmas, J G Graves |
| Jan | 7 | Drop-In Session + ipad/web support: 10.00-12.00: CURC |
| Feb | 4 | Drop-In Session + ipad/web support: 10.00-12.00: CURC |
| | 8 | Classical Concert Goers: Royal Concert Hall, Nottingham |

CURC: Central United Reformed Church
Regd. Charity No 703147