

From the Chair

The Government is, rightly, exercised by demography and has commissioned a significant amount of research to do with ageing. They want to know what we eat, why we fall, how we cope with bereavement, what we do with our time. SU3A has always passed on invitations from our local Universities to assist with research and many of our members enjoy doing so. See pages 8, 9 and 10 for the latest requests!

Joan Bakewell was asked recently why she was such an active eighty year-old. She replied "I always have just a little too much to do....and Pilates". Further advice came from a dear friend at her centenary lunch. "Eat good food and be a bit hard on yourself". And then, looking at the albums proudly presented by family genealogists, she added: "I am not interested in all these photos of old people. That's in the past - I want to know what's going on NOW"!

Others who want to know what's going on will be coming to the forthcoming New Members Meeting (NMM) where we welcome those who have joined SU3A over the past six months. Many will be in transition from the second to the third age. Some may already have joined a SU3A Group; others will want to explore what is on offer. Maybe, as at the last NMM, we shall get welcome suggestions and offers to help set up new Groups. Among our newcomers are those members who will, sooner or later, help to take SU3A forward; and so it is even more important to make them feel at home.

Some long-standing members are also in transition. Wise are those who recognise when the time has come to move on from a particular role, to tackle other challenges. In SU3A there are always comings and goings at the helm of our Groups, and we owe a great deal to those members who help to provide enjoyment and stimulation for others. Their number is too great to mention all individually, but I want to pay special tribute to four members. Barbara Steel and Dorothy Manners are handing over the Lunch

Cover Picture: David Pierce, the Pantomime Dame (see page 38)

and Lecture baton after many years of orchestrating the twice-yearly social occasions, which have proved so popular. Similarly, Shirley Marney is stepping down as Coordinator of the Travel Group. All of us, especially those who have enjoyed the holidays and day-trips which this Group has organised, will understand what energy and commitment Shirley has brought to this key role. And Myra Smith is completing a dual stint as both Deputy *Links* Editor and Deputy Web Coordinator after already serving as Editor and helping to revamp the website. Barbara, Dorothy, Shirley and Myra have given so many years to these roles that it really does feel like the end of an era! Please accept our grateful thanks for all your contributions.

There have been transitions too in the Executive Committee. Denise West, who is known to some of you through her work with Peter Hughes on the WWII Project, has been elected to the vacant position of Vice-Chairman. Denise has shown great commitment to SU3A and her many skills make her a very worthy candidate for the role. Sadly, Marianne Lawson, who joined us at the 2009 AGM, has found it necessary to resign as a Trustee because of other pressures on her time; and the essentials of her Publicity Officer role are being undertaken temporarily by Dot Sutcliffe. Dot, having been confirmed as our new Deputy Editor, is also shadowing Roger Heesterman, our *Links* Editor, who is stepping down from the Committee at the 2010 AGM. So, taking into account the departure (after the stipulated four years in office) of our Joint General Coordinators, we shall need three new Trustees in April. Furthermore, the constitution allows us to co-opt up to two additional members, which we shall seek to do in order to manage the busy period leading up to our Jubilee Year in 2011. Now is NOT the time to hide your light under a bushel, or wait to be approached – would all those interested please step forward! Brian and Doreen Bezant will explain all about their Joint General Coordinator roles and Peter Barclay or I will be pleased to explain the Publicity role. If you feel that you could make a useful contribution in other ways then do please get in touch to explore possibilities.

Change is good for us, they say, and it is a known fact that organisations which cannot embrace change are at risk of stagnation. 2010 will bring new faces, new Groups and new centrally organised

events. You will find details elsewhere in *Links* of the first three lectures at the Showroom Cinema. For the March *Health Forum* we have found a GP and are seeking other health professionals, such as a physiotherapist and a nutritionist. If you know of people to approach, please let Denise know. And do make sure that relevant dates are noted in your 2010 diary.

Finally, whatever you plan to do over the Yuletide period, I wish you a pleasant and peaceful time. And for the New Year, I wish everyone the energy to engage with all that life has to offer, in the company of good and cheerful friends. I shall make plenty of resolutions in the certain knowledge that most will have evaporated in the first month. But I am determined on two: I shall not think of myself as old and I will not spend all winter digging up the past!

Shelagh Woolliscroft

Sheffield U3A News Update

Executive Committee Report

Annual Subscription

We would like to give you a timely reminder that the annual subscription is now £8. Whilst the SU3A subscription has not increased since 2003, this increase of £1 has been imposed on us by the National U3A. Please note the new fee when you are completing your membership renewal form (see page 39).

Walk Sheffield

SU3A will be taking part in Walk Sheffield in May 2010, with the hope that it will be more successful than it has been in previous years. Stella Longden, who is our representative on the Walking Forum, has asked various of our Walking Groups to find some circular walks to lead. Further information will be available once the programme has been finalised.

Annual General Meeting

Next year's Annual General Meeting will be at 10.00 am on Friday

23 April 2010. Further details will be in the February issue of *Links*. As you will have seen from the Chair's Report, we will be seeking three new members for the Executive Committee. The commitment is not too onerous and very enjoyable, so, as Shelagh Woolliscroft has mentioned, have a think about whether you might take on one of the posts. There is so much talent in our membership. It could be you!

SU3A Members' Insurance Cover

Your Committee has been reviewing the SU3A insurance cover for members. This information will soon be available and we would urge you to read it. It may seem a boring topic, but it is important that all members are aware of their cover in the various activities they undertake.

Drop-Ins

The monthly Drop-Ins are going from strength to strength, so come along and enjoy the company of your fellow members and members of your Committee. They are held in the Central United Reformed Church from 10.00 am to 12 noon and the dates are on the back page of every issue of *Links*.

Vera Dyer

IMPORTANT

News about your insurance cover

The terms of the Third Age Trust's insurance cover for all U3A members have recently been upgraded. Their explanation of who is covered, *and who is not covered*, is very important. You should also note the conditions under which visitors are permitted to join a Group, *and the consequences - to **all** members of the Group - of allowing visitors to exceed their permitted number of visits.*

A copy of this document will be given to each member when they renew their membership for 2010, and to each new member when they join SU3A. The document is also available to read on the SU3A website at www.sheffieldu3a.org.uk .

IMPORTANT REMINDER

Your subscription is now due for renewal - please use the form on page 39 and send off your cheque for £8 ASAP.

Situations Vacant

General Coordinator(s)

We are still seeking an active enthusiastic person or persons to take over the position of General Coordinator of SU3A, as we finish our term of office next April. The General Coordinator looks after the interests of the 169 Groups in SU3A and organises the setting up of new Groups as and when the need arises. A database of the details of the Groups is kept to send to the Editor of *Links* and others, so some computer skills are necessary. Relevant software, training and other materials will be provided.

The post has enormous job satisfaction and you will meet lovely people. If you think that this role might interest you, please contact Doreen and Brian Bezant on (0114) 236 6596.

Publicity Coordinator

The role of the Publicity Coordinator is to promote awareness of SU3A throughout the area defined as our boundary and to maintain the profile of the organisation as a successful contributor to the lives of older people in the city. If you are interested in taking over this post, please ring Shelagh Woolliscroft on (01246) 416 139 for further details.

A Funny Thing Happened on

So much of the success story of Sheffield U3A depends on the activities of its Groups.

The amusing theatre visit we all enjoyed, the walk that led in the wrong direction, the day we forgot to, the trip that didn't quite come off as planned, the painting session when You fill in the details please.

At present I am attempting to update the history of Sheffield U3A from where Roy Darlison's book ***The Story So Far*** left off. My brief is to cover events from 2001 to 2011. It would be such a help if members would contact me as soon as possible to tell me of any amusing incidents that occurred during their SU3A Group activities. Did they all come off as planned or were there happy accidents? Please telephone me now, the first draft of the publication will be written in January and February 2010.

And did any Groups organise holidays for their members? A note of these would also be interesting and worth keeping for the record.

Peter Barclay (0114) 230 4327

World War II Project

After our appeal for memories and memorabilia of WWII, we were pleased by your response. Many of us met together and shared our stories and ideas over a cup of tea. It was decided in the first instance to produce a booklet of these unique memories *lest we forget*.

However, we still need your help! Would you be willing to give up a little time collating, transcribing and editing for us? We have room for a few more on our dedicated team. We are sure you would find this rewarding work.

By the way, if anyone out there wants their memories considered and have not done so yet, then please send us a written copy or contact Peter Hughes at 247 High Greave, Sheffield S5 9GS, or telephone (0114) 245 1172,

Lectures for All

Sheffield U3A invites you to their new lecture series beginning in January 2010. The Lectures are FREE and the venue is central and accessible to all. Coffee and biscuits can be purchased from 10.00 am prior to the lecture from 10.30 am to 12.00 noon. You can eat lunch in the café afterwards, if you don't want to rush home.

Where?

The Showroom Cinema - Cinema 2
7 Paternoster Row, Sheffield S1 2BX
Take advantage of the FREEBEE Bus - it stops outside!

When and What's On?

Friday 15 January 2010

Early 20th Century Psychology
Robert Bragg

Friday 19 February 2010

Great Infrastructure Projects of the Last 25 Years
Mike Bennett

Friday 26 March 2010

Health Forum (Details in next *Links*)

Friday 30 April 2010

Lunch and Lecture at the Sheffield Park Hotel
Speaker : Mike Spick (see page 10 for more details)

Come and Join Us

For further details contact Denise West by telephoning
(0114) 274 6797

Links 145: the last date for copy is MONDAY 4 JANUARY 2010

Opportunities to Participate in Research



University of Sheffield



**Are you a woman?
Are you 70 years of age or over?**

**Here's an opportunity to get your voice heard
and to put your views across**

**There is some exciting new research taking place exploring
the changes women experience in their sexuality as they
grow older and how any changes affect how women feel
about themselves.**

**If you are female, and 70 years of age or over, you are invited
to talk about your experiences. I am interested in hearing the
experiences of all women, including women who are not
currently sexually active, as well as those who are. No matter
how you see, describe or define your sexuality, your views
are important and are needed to contribute to this research.**

**If you are interested, you will be asked to take part in an
interview conducted by a female researcher from the
University of Sheffield.**

Confidentiality and anonymity are ensured.

If you would like some more information please contact -

Rhiannon Jones

Dept. of Social Work and Social Change

Faculty of Health, Psychology and Social Care

Manchester Metropolitan University

799 Wilmslow Road, Didsbury

Manchester M20 2RR

Telephone - (0161) 247 2357

LOOK AT ME!

Images of Women and Ageing

Are you a woman?

Are you interested in how women are represented in the media as they grow older?

Here's an opportunity to explore this and to make some images of your own

We do not generally see many images of older women. Those that are available often stereotype older women as frail and dependent, as figures of fun, or as impossibly beautiful despite their advancing years. This exciting new research is looking at the sorts of images or pictures of older women we see in newspapers, on television and in magazines. We are interested in challenging some of the messages these images give out about women growing older by making **new** and **alternative** images. We then want to display these images in public venues across Sheffield.

We are a team of women of various ages, from 30 to 62 years, based at the University of Sheffield and Eventus, a Sheffield arts organisation, and we have considerable experience working with older women. We are running three series of workshops, some with community groups and others with groups of individuals, which will be run over a number of weeks. The groups will be very supportive, allowing participants to explore their feelings about ageing in a compassionate setting.

If you see yourself as an older woman, and are interested in these types of issues, then we want to hear from you. We are keen to hear about the experiences of **ALL** women, no matter what your background, and with no age limits!

All the workshops are **FREE** and we will pay all travel costs for people living in Sheffield.

If you would like an application form or more information on the project please contact Naomi Richards

Tel: (0114) 222 6405

**Department of Sociological Studies, University of Sheffield,
Elmfield, Northumberland Road, Sheffield S10 2TN**



The
University
Of
Sheffield.



Researchers at the University of Sheffield are working on an exciting new project. The **NANA** project aims to improve our understanding of the health and well-being of older people by developing new technology to collect better information.

A range of projects are to take place in Sheffield focused on assessing dietary intakes using digital cameras and computers. **We are looking for people 65 years and older willing to take part in this research.** We are interested in those familiar with technology, as well as those who have never used it before. All expenses will be reimbursed. If you are interested in finding out more, please contact Dr Sarah Forster or Claire Timon on (0114) 271 1508

Lunch and Lecture

Members will be glad to learn that this open Group is to continue with a new Coordinator who will attempt to follow the high standards and efficiency set by both Barbara Steel and Dorothy Manners, who after many years have retired.

Advance Notice

This year is the 75th anniversary of the opening of the Graves Art Gallery in Sheffield, financed by that well known benefactor of the City of Sheffield, Alderman J. G. Graves. Mike Spick, of the Sheffield Archive, will present a brand new talk on the life of the Alderman on

Friday 30 April 2010

This is a date for your diary. The venue is the usual one at the Sheffield Park Hotel, at the same times. Details and a booking form will be in the February edition of *Links*.

Doreen Bezant Coordinator (0114) 236 6596

Group News

Classical Concertgoers' Group

Our next concert takes us to the Symphony Hall, Birmingham, for a matinee performance of Viennese classics, on Thursday 11 February 2010. It is given by the City of Birmingham Symphony Orchestra conducted by Andrew Manze, with Ronald Brautigam (piano). The programme includes two pieces by Schubert - his overture in the Italian style and 6th Symphony - and Beethoven's 3rd Piano Concerto.

The inclusive cost is £28.75 and reservations may be made using the reply slip at the end of this issue. Please include the names and contact numbers of all members for whom you are applying and send as soon as possible, with a C6 size stamped addressed envelope, to Derek Shipley, 40 Wollaton Avenue, Sheffield S17 4LA. The coach will leave the bus parking bay on Ecclesall Road, near the top of Millhouses Lane, promptly at 10.00 am. This will allow time for lunch in Birmingham.

Our visits are open to all SU3A members and no special Group membership is required.

Derek Shipley Coordinator (0114) 236 6257

Open Meeting - Stocksbridge

Friday 15 January 2010 at the Library: 2.00 - 4.00 pm

An open meeting and get together is to be held in the north-west of Sheffield for SU3A members and others to talk about existing Groups and ideas for new Groups and activities. If you know anyone with skills and knowledge to share with others, then bring them along. Also, if you know anyone who might be interested in what's going on in Sheffield U3A then bring them along too!

Tea/coffee and biscuits will be provided. Put this date in your 2010 diary now!

Elaine Smith (0114) 288 8624

Portuguese for Fun Group Gets Talking

Following its announcement in the June issue of *Links*, a small Group - just five people so far - has been established to learn basic conversational Portuguese.

The aim is to enjoy learning in an informal way for those who are likely to visit Portugal (one of the Group regularly goes to Madeira, another has a holiday house north of Lisbon), or simply want to try the language. We also plan to contextualise the language by dipping into a little history, geography and culture. We are basing the learning on the excellent BBC Active *Talk Portuguese*, but a SU3A start up grant has also enabled us to acquire the Michel Thomas Foundation Course CDs.



Currently we meet on Tuesday mornings in Nether Edge, but this is negotiable - so if you are potentially interested do get in touch by telephone

Pauline Miller Coordinator (0114) 258 3678

Calligraphy Group



It is with regret that Rene Freeman, who has led this Group for many years, has had to announce its demise. A small supply of calligraphy materials - pens, inks, paper and tools - are, as a result, now surplus to requirements. If any member is able to make personal use of these, they should contact Pat Roddis on (0114) 296 0980.

Reports of Group Activities

Woodworking and Woodcarving Group

We meet each Thursday afternoon when my garage is converted into a workshop. As well as the permanent benches in there, others are set up so that everyone has somewhere to work. The limited area means that I can only have five members, plus myself, to avoid being cramped - at present two ladies and four men. There is a portable heater to keep us warm when the weather gets cold.



Each person chooses their own subject. Some like to have a go at things like birds, fish, statues or heads. Others maybe like to do lettering or patterns. One will like to measure things precisely; where another will go at it with gay abandon, hoping it will look like what they have in mind. This is the pleasure of carving. We are free to express ourselves in our own way using the features of wood - grain, colour an texture.

We have quite a bit of fun commenting about each other's work and quite a bit of frustration when things go wrong - e.g. when the wood splits after a lot of work or our chisel slips and cuts off an important bit! OK as long as it is not our finger! We have been known to give a face a new nose or ear (on the carving!). There are no set rules, although plastic wood is very much frowned upon. I personally do not like painting on the wood, but if someone wants to do so, who am I to say they should not!.

Very little machinery is used and constructional woodworking is limited to small items. The space available also restricts us, but shelves, cupboards and boxes can be made. A few power tools are available, together with a bench grinding wheel for maintaining tools. It is important to keep these sharp.

We get much pleasure from working with wood. It is a natural material with interesting features. There is an almost endless variety and each piece is individual. I find it rewarding and I like to reflect on the fact that it has come from a living tree somewhere in the world.

Robert Adkins Coordinator Woodworking & Woodcarving

The Taming of the Screw



Our destination was the Heritage Centre at New Mills, Derbyshire. A total of 29 of us set out in two mini- buses (thanks to our drivers, Gareth Roberts, Sheffield Community Transport, and Andy Jackson, Heeley Development Trust) on 26 October.

On arrival at the Torrs Hydro we divided into two groups. The first had an audio-visual presentation detailing the project from conception to present day, while the second set off down a steep, cobbled path to the hydro-electric scheme containing an

Archimedes screw. It was all very impressive to see. The Archimedean screw is located next to one of the weirs in the Torrs and adjacent to the Millennium Walk. It can generate 260,000 kw/h of electricity each year for the foreseeable future. It is amazing to see how small an amount of water turned the 11 ton screw.

(Photos Peter Barclay)



Archimedean screws have been used for thousands of years to pump water up hill. The Torrs scheme uses the old technology in reverse. It's well worth a visit on your own and could be tied in with a pleasant walk. For further information and details of open days please visit the website at www.torrshydro.co.uk.

Ann Grassick Sustainable Development Group

Philip Larkin's Love of Life

The next best thing to meeting and talking with a literary figure you admire must be to meet someone who knew them well. The Literature Network event on 8 October provided this opportunity in the shape of Jean Hartley, whose acquaintance with Philip Larkin developed from a professional relationship between publisher and journal contributor into a long-term family friendship.

Jean Hartley and her then husband George - naïve, inexperienced and hard-up - had set up the Marvell Press in Hull, producing a quarterly poetry magazine *Listen* to which Philip Larkin had contributed. He accepted their invitation to have his first collection of poems (*The Less Deceived*) published by the Marvell Press as their first book. The Hartleys, especially Jean, learnt how to take on every task in book-publishing (short of printing the book), conferring closely with Larkin so a high standard for the book's presentation was achieved. Later his reading of *The Less Deceived* inaugurated Marvell's Listen Records series, which featured contemporary poems read by their authors.

(Photo Peter Barclay)



Although she considered that Larkin had deliberately cultivated a misanthropic image, to protect himself from the demands of his growing reputation, Jean's sensitive reading and analysis of his poems, and her personal recollections, presented a very different picture of the person she knew. This shy and self-deprecating man was a loyal friend, a sympathetic and perceptive observer of ordinary life, a source of encouragement to fledgling poets and champion of lesser-known writers, as well as being highly amusing in company and in his letter-writing.

Only time and venue demands brought to an end the flow of questions and comments which followed her talk. She had illustrated her own love of life, as well as Larkin's, and many SU3A members attending agreed that this event ranked among the best of the Literature Network's programmes.

Yvonne Rowland Literature Network

Reply Envelopes

The required size will be designated by its code - e.g. **C5**.

C4	229 x 324 mm	9 x 12.75 in	for a flat A4 sheet size
C5	162 x 229 mm	3.37 x 9 in	for a flat A5 sheet or A4 sheet folded in half
C6	114 x 162 mm	4.5 x 6.37 in	For A5 sheet folded in half
DL	110 x 220 mm	4.32 x 8.69 in	For A4 sheet folded in thirds or A5 sheet folded in half

Shakespeare for Pleasure

To see Lenny Henry play Othello in London was reminiscent of organising a school trip, albeit one of our members being over 90! The omens were good from the start. The delightful girl from East Midlands Trains asked what we were going to see and expressed her pleasure. Tickets for 10 are, of course, cheaper for both train and theatre. My request for seats in the quiet coach was met when I saw my name up in lights over 10 of them!

A short ride on the tube followed, with the *taxi monitor* taking two of our members to the theatre. We found Trafalgar Square pristine in the sunshine, with a change of shift at the empty plinth. Time for a coffee break at the National Portrait Gallery, with a perfect opportunity to pop in to see some of the latest portraits - notably a full length, life sized Judi Dench in white.

We walked to our theatre in Whitehall, now called Trafalgar Studios - it used to be the Whitehall Theatre, home of Brian Rix and his farces, but now with no proscenium arch or orchestra pit. We sat in two blocks of five at the front of the stalls, level with the stage - so close I had to pull my feet back when an actor came near! Of course Lenny Henry, being a big black famous man, had a head start, but even so, his performance was excellent and moving, especially as it was his first Shakespearean role. The cast were from two Northern companies, some having Yorkshire accents which we liked. All aspects of the production were fresh and very good.

We found the roads surprisingly free of crowds and enjoyed some further walking in the balmy weather, before returning to the beautifully refurbished St. Pancras Station and our awaiting train.

Kay Nicholson Coordinator

 **If you want your Group's activities reported here, then please get out your pen or keyboard and send your report to the Editor.**

New Groups

Handbell Ringing

Would you like to try handbell ringing, making music on handbells - a new interest with an old tradition?

A new SU3A Group is being formed with help from the renowned Ecclesfield Handbell Ringers. They will provide the expertise, handbells, music, practice room and all the training you need.

Come and make music - have fun whilst helping to keep this tradition alive. It really is an absorbing, fascinating hobby. All you need are two arms!

Time: Wednesday evenings 6.30 to 7.45 pm.

Venue: Gatty Room, Gatty Hall, Priory Road, Ecclesfield, Sheffield

If you are interested, please contact Hazel Bradey by phone .

Hazel Bradey Coordinator (0114) 234 2608

Walkers Wanted

Would any members wishing to walk on either a Friday or Saturday for a distance of between 5 and 7 miles, please make contact with the Joint General Coordinators. There seems to be a gap in our provision here.

Doreen & Brian Bezant (0114) 236 6596

Architecture Past and Present

A new Group is starting up in January and will be meeting at Greenhill Library, monthly, on the second Tuesday at 2.00 pm. We have a few vacancies and would welcome enquiries. Please contact either Roy Pilkington or Wendy Beal on (0114) 258 6330.

Sheffield U3A Activities & Interest Groups - DECEMBER 2010

To join Sheffield U3A please contact Rita Webster (Initial Enquiries Officer) on (0114) 289 1351.

Anyone wishing to join a Group should ring the Coordinator first. If you find the Group is full, has a waiting list, or wish to suggest a new Group, please ring the Joint General Coordinators, Brian and Doreen Bezant on (0114) 236 6596. Groups currently notifying they have vacancies are marked with a **V** in the following pages. Full details and some Group programmes can also be found on our website - www.sheffieldu3a.org.uk.

Sheffield U3A is committed to the principles of inclusion and good access wherever possible. We are making every effort to ensure that our activities are available to everyone who wishes to actively participate. Accessibility of Group meetings and activities is listed using the following key -

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MH	Member's Home - access variable; if you have any specific needs you are advised to contact the Group Coordinator
A*	Public Venue - meeting is fully accessible, including a hearing loop
A	Public Venue - meeting is physically accessible, but does not include a hearing loop
X	Public Venue - meeting access is limited; if you have any specific needs you are advised to contact the Group Coordinator.

KEY TO MEETING DETAILS:-

This shows Day, Time & Frequency - e.g. *Mo.am.f* = Monday Morning Fortnightly. *We.pm.m* = Wednesday Afternoon Monthly. *Tu.--.w.* = Tuesday All Day Weekly. *4w* = Every 4 weeks. **AREA:-** The Postal Area in which the Group meets - e.g. (SE) indicates that the Group meets in the South East of Sheffield.

Please notify any amendments to this list to the Joint General Coordinators.

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
ARTS AND CRAFTS						
Appreciating Architecture		Th.pm.m	S8	A	Sheila Harris	236 9653
Art (SE)	V	We.pm.w	S13	X	Sylvia Ludlam	269 7034
Art I		We.am.w	S11	A*	Ann Ritchie	230 4552
Art II	V	Th.pm.w	S11	A	Ruth Lamb	236 2807
Art III	V	We.pm.w	S10	X	Miriam Currie	01246 414 274
Aspects of Art I		Th.pm.m	S7	A	Beryl Moore	268 6632
Aspects of Art II		Th.pm.m	S7	A	Valerie Wiley	236 0726
Cards 'R' Us		Fr.pm.f	S20	MH	Lily Taylor	248 0565
Digital Photography	V	Th.pm.m	S11	A	Grenville Morgan	230 5981
Handwork & Craft I	V	We.am.f	S11/17	MH	Kathleen Manterfield	236 4366
Handwork & Craft II	V	Th.am.f	S11	MH	Jean Davis	233 9784
Looking at Art	V	Th.pm.m	S8	A	Christine Green	01709 519 175
Knitting	V	Mo.pm.m	S10/11	MH	Jane Harling	230 9576
Outdoor Sketching I	V	Fr.am.f	various	A	Florence Ames	236 7108
Outdoor Sketching II	V	We.am.f	various	A	Audrey Morris	236 3619
Patch & Quilt	V	Mo.pm.f	S17	MH	Inge Davies	236 0318
Practical Dressmaking	V	Th.pm.f	S7	X	Christine Barker	250 8807
Quilting Hive		Mo.pm.f	S8	MH	Lynne Brown	237 7643
Woodworking/Woodcarving		Th.pm.w	S7	MH	Bob Adkins	255 1968
BIRD WATCHING						
Bird Watching I		Mo.am.f	various	X	Gillian Tutt	236 6237
Bird Watching II	V	We.--w	S11/17	X	Malcolm Swift	01246 412 737
CARDS AND BOARD GAMES						
Bridge - Friday I	V	Fr.pm.w	S17	A	Audrey Lupson	235 1618
Bridge - Friday II	V	Fr.pm.w	S10	A	Brian Jeremiah	230 7250
Bridge - Friday III	V	Fr.pm.w	S7	A	Geoff Stevens	01246 413 244
Bridge - Monday	V	Mo.pm.w	S7	A	Patricia Latham	01246 419 106
Bridge - Thursday		Th.pm.w	S17	A	David Jones	236 7405

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
CARDS AND BOARD GAMES cont.						
Bridge - Tuesday	V	Tu.am.w	S11	X	Michael Brumby	236 5676
Bridge - Wednesday	V	We.am.w	S17	X	Jean Bowie	230 1002
Bridge at Home	V	Mo.pm.m	S10	A	Christine Barton	230 8464
Chess	V	Tu.pm.m	S17	MH	Sheila Hardie	236 4498
Rummikub I		Mo.pm.f	various	MH	Shirley Wilks	236 7673
Rummikub II		Mo.pm.f	S18	MH	Rita Webster	289 1351
Rummikub (SE)		Mo.pm.f	S13	MH	Joan Brown	269 4829
Scrabble	V	Fr.pm.f	S7	X	Liz Barber	288 1984
Whist cntrect & dble 12 Dominoes	V	Su.eve.w	various	MH	Gerald Cartwright	281 1499
DISCUSSION, PHILOSOPHY AND RELIGION						
Discussion I		Tu.pm.f	various	MH	Susan Hydes	255 2141
Discussion II	V	Tu.am.m	various	MH	Mary Alexander	255 6385
Environment Discussion	V	Th.am.4w	S2	MH	Frank Abel	272 0404
Ideas	V	Mo.am.m	S35	MH	Alec Jenner	286 2546
Philosophy- Historical/Classical		Mo.pm.m	S11	A	Teresa McLaren	230 1320
Philosophy-Topics/Theme	V	Mo.am.m	S8	A	Janet Haigh	230 3070
Sugar & Spice		Mo.pm.f	S8	MH	Eunice Southgate	281 1876
Today's World		Th.am.m	various	MH	Joan Keogh	236 7031
Wealth & Poverty	V	Mo.pm.4w	S11	MH	Jeanne Rogers	255 0584
GARDENING						
Gardening (SE)	V	Tu.am.f	various	X	Rita Webster	289 1351
Gardening A		Mo.am.m	various	X	Glennis Williams	230 5521
Gardening Aspen	V	Th.pm.m	various	X	June Pollard	231 4939
Gardening C	V	Mo.am.m	S10/11/17	X	Mavis Roadhouse	266 5387
Gardening D		Tu.am.m	various	X	Janet Gough	237 7328
Gardening Greenfingers	V	Tu.pm.m	S8	X	Jane Gregory	274 9246

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
HISTORY						
Classical Civilisation	V	Fr.pm.m	S11	MH	Anne Thomas	230 5281
Family History I	V	We.am.4w	S10	A	Ann Grassick	230 2777
Family History II		Tu.am.4w	S7	A	Stuart Lodge	220 7192
Family History III		Tu.pm.m	S35	A*	Paul Cordwell	232 2766
History I	V	Tu.am.f	S17	A*	Robert Bragg	281 9534
History II	V	Mo.pm.4w	S10/11	MH	Roy Morris	236 3800
Local History (SE)	V	We.pm.f	S20	A	Margaret Troop	287 4448
Local History III	V	Mo.am.f	S7	A	Peter Evans	281 9532
Local History IV	V	Fr.pm.m	S11	A	Margaret Laycock	236 4109
Local History North	V	Tu.pm.m	S5/35	A*	Peter Hughes	245 1172
Local History V	V	Tu.pm.f	S7	MH	Margaret Etchells	236 3317
Military History	V	Th.pm.m	S7	A	Marion Monaghan	01246 414 137
Oral History	V	Tu.am.4w	S7	A	Vera Wibberley	255 4982
Visiting History	V	Tu.pm.m	various	X	Kathleen Head	243 8021
LANGUAGES						
Cercle Francais I	V	Fr.am.w	S7	X	Ronald Blunt	01433 650 758
Cercle Francais II	V	Mo.pm.f	S10	MH	Margaret Platts	230 7300
French-Advanced		Fr.am.w	S10	A	Audrey Sainsbury	230 7446
French-Intermediate	V	Th.am.w	S11	X	Pauline Wiley	286 4085
French for Holidays		Mo.pm.f	S7	MH	Usha Fitch	236 5009
German		Tu.pm.f	S8/10/17	MH	Kenneth Gale	236 4057
German- Intermediate		Mo.am.w	S10	A*	John Carr	247 8769
Italian		Tu.pm.f	S10/11	MH	Rosalind Rogerson	268 1426
Italian for Holidays	V	Fr.pm.w	S11	X	Mike Hague	236 6336
Latin for Beginners		Th.am.f	various	MH	Arthur Nutt	255 7129
Latin II		Mo.pm.w	S17	MH	Dorothy Hill-Wilson	236 6042
Latin III		Tu.pm.f	S11	MH	Frank Murphy	296 2424
Portuguese For Fun	V	Tu.am.w	S11	MH	Pauline Miller	258 3678

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
LANGUAGES cont.						
Latin Quattuor		<i>Tu.am.f</i>	various	MH	Brian Bezan	236 6596
Modern Greek	V	<i>Th.pm.f</i>	S11	MH	Margaret Halstead	258 2541
Spanish (Inter) I		<i>Th.am.w</i>	S7	X	Hilda Wisbey	262 1730
Spanish (Inter) II	V	<i>Fr.am.w</i>	S1	X	Annelene Furness	289 0516
Spanish (Inter) III		<i>Th.am.w</i>	S7	X	Pat Smith	230 6432
LITERATURE AND DRAMA						
Book Group I		<i>Fr.am.m</i>	S17	A	Margaret Walton	255 6563
Book Group II		<i>Fr.am.m</i>	S17	A	Irene Voyce	235 2637
Book Group III	V	<i>Tu.am.m</i>	S17	A	Wendy Jenrick	268 7047
Book Group IV	V	<i>Fr.am.m</i>	S17	A	Mary Whym	236 8628
Book Group V	V	<i>Tu.pm.m</i>	S11	MH	Mary Brookes	235 0180
Bookworm	V	<i>Fr.pm.m</i>	S36	A	Angela Butler	288 4778
Drama Study	V	<i>Tu.pm.f</i>	S11	MH	John Parsons	230 4902
Enjoying Literature I	V	<i>Th.am.m</i>	various	MH	Jack Holland	236 5060
Enjoying Literature II	V	<i>We.pm.f</i>	S7	MH	Rita Brent	258 5896
Film Appreciation	V	<i>Tu.pm.m</i>	S1	A	Lesley Dixon	268 5881
New Writers	V	<i>Tu.am.m</i>	various	MH	Peter Barclay	230 4327
Novel Reading I		<i>Mo.pm.4w</i>	S10	MH	Pam West	266 2188
Novel Reading II	V	<i>Mo.pm.m</i>	S11	MH	Kay Beeston	01433 631 247
Novel Reading III		<i>Fr.am.m</i>	various	MH	Judith Vernier	01246 418 607
Novel Reading IV	V	<i>We.am.m</i>	S5	A	Mary Simpson	245 2568
Play Reading I		<i>Tu.pm.4w</i>	various	MH	Ruth Abel	272 0404
Play Reading II	V	<i>Fr.pm.m</i>	S11	MH	Doreen Findlay	266 8577
Play Reading III		<i>Th.pm.4w</i>	S 17	MH	Mavis Frost	236 4249
Poetry for Pleasure	V	<i>We.pm.f</i>	S17	MH	Pat Parkin	236 8009
Poetry Study	V	<i>We.pm.f</i>	S11	MH	Enid Bennett	236 1379
Shakespeare for Pleasure		<i>Tu.am.f</i>	S11	MH	Kay Nicholson	230 7576
Story Writers		<i>Tu.am.4wk</i>	various	MH	Margaret Briddon	262 0501

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
MUSIC						
Enjoying Opera I		Mo.pm.f	S10	MH	John Williams	230 4568
Listening to Music (SE)	V	Th.pm.f	various	MH	Brenda Keeling	266 1635
Listening to Music I	V	We.am.f	S11	MH	Kenneth Seal	230 3914
Listening to Music II		We.pm.f	S8	MH	Ray Cottam	235 0536
Music Appreciation I	V	We.pm.f	S11/17	MH	David Andrews	235 3389
Music Appreciation II	V	Th.pm.f	S6	A	David Andrews	235 3389
Singing for Pleasure		Fr.pm.f	S1	A	Irene Lees	267 1857
PHYSICAL ACTIVITIES						
Arabic Dance	V	Tu.am.w	S36	X	Beryl Sharp	283 1392
Bowling Crown Green (SE)	V	Th.am.w	S20	X	John Hunt	269 8811
Bowling Crown Green		Mo./Th.am.w	S8	X	Keith Alcock	230 7813
Bowling Indoor - Mon		Mo.am.w	S36	X	Keith Alcock	230 7813
Country Dancing	V	Tu.pm.f	S8	X	Marjorie Michael	236 6892
Croquet		Th.pm.w	S7	X	Peter Jones	230 5987
Keep Fit		We.pm.w	S18	X	Shelagh Woolliscroft	01246 416 139
Table Tennis		Mo.&Th.am.w	S17	X	Susan Wormald	268 0487
Tai Chi I	V	Tu.am.w	S35	X	Jenny Freeman	220 6670
Yang at Heart	V	Fr.am.w	S36	X	Angela Butler	288 4778
SCIENCE AND TECHNOLOGY, SOCIAL SCIENCE						
Environment I	V	Tu.am.f	S8	MH	Elisabeth Vallance	255 3132
Geology	V	We.--.m	various	X	Dan Higbid	230 3919
Natural History I	V	Tu.am.m	various	X	Chris Hobson	253 0416
Natural History II	V	Th.--.m	various	X	Marion Edmondson	235 0313
Science & Technology		Mo.alt/am/pm.m	S8	A	David Cassy	247 4454
Sustainable Development	V	Various.m	various	X	Rose Tanner	245 0200

GROUP	VACANCIES	MEETING	AREA	ACCESS	COORDINATOR	TEL No.
SOCIAL						
After Hours		<i>Eve/weekend</i>	various	X	Mary Entwisle	255 2368
After Hours NW		<i>Tu.eve.m</i>	various	X	Joyce Franks	234 8587
Dining Out I	V	<i>We.pm.m</i>	various	X	Lorna Baker	236 9025
Dining Out II	V	<i>We.pm.m</i>	various	X	Roy Morris	236 3800
Dining Out NW	V	<i>Tu.eve.m</i>	various	X	Pamela Conroy	288 7081
Lunch & Chat Social Group NW	V	<i>Th.pm.m</i>	S35	A	Sylvia Parry	288 2918
WALKING						
Dippers "Too" (7-10mls)	V	<i>Mo.--.f</i>	various	X	Ron Little	249 2886
Dippers I (4-6mls)	V	<i>Mo.--.f</i>	various	X	Donald Ward	296 0629
25 Gannets (5-7mls)		<i>Mo.--.f</i>	various	X	John Lees	267 1857
Late Walkers (5mls)	V	<i>We.am.w</i>	various	X	Jill Whyns	235 9893
Peak in Bloom	V	<i>Su.--.f</i>	Pk Dst.	X	Wendy Taylor	230 9290
Strollers I (Public Trspt.)	V	<i>We.--.f</i>	various	X	Pat Parkin	236 8009
Strollers II (Public Trspt.)		<i>Mo.--.f</i>	various	X	Cicely Chibnall	230 8803
Strollers II (Saturday)	V	<i>Sa.am.f</i>	various	X	Norman Benson	236 1080
Strollers II (Tuesday)	V	<i>Tu.am.f</i>	various	X	Clive Williams	230 8177
Strollers III (Public Trspt.)		<i>We.--.f</i>	various	X	Pat Clifton	251 0450
Strollers III (Saturday)	V	<i>Sa.am.f</i>	various	X	Judy Hillman	266 7574
Strollers SE (Saturday)	V	<i>Sa.am.f</i>	various	X	Barbara Steel	247 4696
Sunday Walkers (7-9 mls)	V	<i>Su.--.f</i>	various	X	David Hydes	288 7815
Walking Grp A (5-6mls)		<i>Alt Tu./We.--.w</i>	various	X	Jack Wearing	01246 413 613
Walking Grp B (7-9mls)	V	<i>Alt Tu./We.--.w</i>	various	X	Margaret Barlow	231 5190
Walking Grp C (5-7mls)		<i>Alt Tu./We.--.w</i>	various	X	Gilbert Smith	230 5769

GROUP	VACANCIES MEETING	AREA	ACCESS COORDINATOR	TEL No.
WALKING cont.				
Walking Grp D (10-12mls)	V	Alt We./Th.--w	Harold Moore	268 6632
Walking Grp E (5-7mls)	V	Alt We./Th.--w	John Ould	236 9606
Walking Grp F (10-14mls)		Alt We./Th.--w	Peter Digby	236 6821
Walking Grp G (5-7mls)		Th.am.w	Glyn Davies	289 0987
Walking Grp H (9-10mls)		Mo.--w	Marion Edmondson	235 0313
Walking Grp J (10-15mls)	V	Alt Tu./We.--w	Bill Barracough	258 1294
Walking Grp K (5-7mls)PubTrspt.		Th.--f	Pat Clifton	251 0450
Walking Grp L (4-5 mls)	V	Th.am.w	Barbara Cassidy	262 0699
Walking Grp M (6-8mls)		Fr.--w	David Lightowler	236 3177
Walking Grp N (5-7mls)		Fr.am.w	Sheila Harris	236 9653
Walking Grp NW (5-7mls)	V	Th.am.w	Mary Condon	288 5238
Walking Grp P (8-10mls)	V	Alt We./Th.--w	Jean Rodgers	01433 630 216
Walking Grp Q (5-7mls)	V	Tu.am.f	Anne Chatterton	246 2106
Walking Grp SE (8mls)	V	Tu.--w	Kenneth Stringfellow	230 4063

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THE FOLLOWING GROUPS ARE ADVERTISED IN LINKS AND ARE OPEN TO ALL MEMBERS

Classical Concertgoers'	various	X	Derek & Maureen Shipley	236 6257
ICT	Tu.pm.w	A	Clare Chiba	01433 659 864
Literature Network	various	A	Rita Brent	258 5896
Lunch and Lecture	various	A	Doreen Bezan	236 6596
Travel	various	X	Travel Committee Members	

Group Coordinators are reminded that SU3A has a **YHA Group Card**, which means that non-YHA members do not have to pay the £3 per night additional charge. Please contact Marion Edmondson on (0114) 235 0313 for further details if you are planning a trip involving stays in Youth Hostels.

Italian for Holidays

Have you started to think about New Year resolutions yet? Why not resolve to learn a new language?

We are hoping to start a new Group of beginners in January. This year's beginners have all made impressive progress and can chatter away about most subjects related to taking a holiday in Italy. We have also a Group who already have some knowledge of Italian and are keen to practise and improve their vocabulary and fluency.

If you think you qualify for this Group, or are a complete novice, why not come and join us. We are a happy little Group and enjoy having a laugh together, while learning to speak this beautiful language.

Ciao !!

Mick Hague Coordinator (0114) 236 6336

German for Beginners

A small Group will commence on 11 January 2010. Meetings will be held weekly on Monday mornings from 9.30 - 11.00 am, at my house in Dronfield Woodhouse (293 bus route). The teaching is aimed at absolute beginners - to be eligible you need to have either no German at all, or at the most just a few words/phrases. We will concentrate on the sort of conversational German that you would need for visits to the country.

If you are interested, please contact Shelagh Woolliscroft before 7 December on (01246) 416 139

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Bridge for Beginners - Volunteer Tutors Wanted

A number of SU3A members have expressed a wish to learn to play bridge. We are seeking volunteers to provide teaching for a new Group it is hoped can be established. If you are able to help, please contact the Joint General Coordinators.

Doreen & Brian Bezant (0114) 236 6596



Thinking of Forming a New Group?

Always contact the Joint General Coordinators to discuss your idea first.

Doreen & Brian Bezant
(0114) 236 6596

Travel Group News

Make a note in your diary and come and support us

SHEFFIELD U3A TRAVEL GROUP

ANNUAL GENERAL MEETING

Thursday 11 March 2010

1.30 to 4.00 pm

At Holy Trinity Church Hall, Millhouses

Come and discuss previous visits, future plans and ideas for future programmes.

We do appreciate your opinions and ideas on
Sheffield U3A Travel

Come and have a sociable afternoon with us!

There will be no art competition this year.

Travel Organising Committee

Barry De Roek, Treasurer (0114) 236 9169
Derek Shipley, Minutes Secretary (0114) 236 6257
Margaret Bullivant (0114) 296 2256
Barbara Robertshaw (0114) 236 9102
Val Wiley (0114) 236 0726

Only members of Sheffield U3A can join the tours/day trips.

Holiday Insurance - All members travelling have full responsibility for arranging their own Travel Insurance. In no circumstances will Sheffield U3A be responsible for covering claims for loss of life, personal injury, medical expenses, accidents, loss or damage of luggage or personal property, cancellations or loss of deposits. Each member **MUST** insure themselves against such risks.

Disabilities - When sending an application slip for a holiday or day trip, please inform the organiser of any disabilities. Whilst every effort will be made to accommodate a disabled person on all social trips, if there is a conflict of opinion the Tour Operator / Travel Agent or day trip venue will make the final decision.

Cancellations - In the case of a cancellation please contact the organiser or another member of the Travel Group Committee as soon as possible. **Refunds** cannot be given for cancellations unless a replacement can be found.

Pick-up Point - Please contact the Organiser if you are unable to be at your pick-up point, or want to change it.

Envelopes - Please ensure that you attach the correct postage when sending applications. Envelopes larger than 240 x 165 x 5 mm (approx 9.4 x 6.5 x 0.2 in) require a large letter stamp. When sending a **stamped addressed envelope** it should be no less than DL size - 220 x 110 mm (8.6 x 4.3 in), with the correct postage for its size.

Please do not park in front of the doctor's surgery on Millhouses Lane.

Travel Excursion and Holidays

Sudbury Hall and the National Museum of Childhood

Wednesday 17 March 2010

The first day visit of 2010 is to one of Derbyshire's historic gems. This is a 17th century family home with richly decorated interiors, including wood carving by Grinley Gibbons. The Great Staircase is one of the most elaborate of its kind in any English house. We can go below stairs to the 1930's kitchen before walking in the naturalised garden by the lake and boat house.

Included in the entrance is a visit to the National Museum of Childhood – housed in the 19th century service wing. The Museum has fascinating displays and a fine collection of toys and dolls. On our way to Sudbury we have a stop in the old market town of Ashbourne for coffee. (Have you tried the famous gingerbread? It's delicious!) We should arrive at Sudbury about 12.30 pm. There is a good selection of food and refreshments available in the tea room – e.g. sandwiches, jacket potatoes, hot meals and cakes. After lunch we will have plenty of time for the house and the Museum. We should be back in Sheffield at about 6.30-7.00 pm.

The cost for the day is £10.50 for National Trust members and £23.50 for non National Trust members. To reserve a place please complete the booking form at the back of this issue and return to Margaret Bullivant as soon as possible.

SHEFFIELD U3A TRAVEL

PLEASE NOTE THAT

ONLY POSTAL APPLICATIONS

WILL BE ACCEPTED FOR HOLIDAYS AND DAY TRIPS

***PLEASE ENSURE YOU USE THE CORRECT POSTAGE
and include the SAE envelope size requested***

London and the Houses of Parliament

18 - 20 April 2010 (Three days/two nights)

We shall be staying at the Holiday Inn at Shepperton on half board basis.

On our first day we will visit Windsor Castle, on our way to the hotel. On our second day a tour of the Houses of Parliament is booked in the morning, after which there will be 3-4 hours to independently visit other cultural sites in the city. At 4.30 pm a tour of the Royal Albert Hall has been arranged. On the last morning we will visit Hampton Court, on our way back to Sheffield.

The cost is £192 (single supplement £32), which includes half board, executive coach for three days, entrances to Windsor Castle and Hampton Court, a guided tour of the Royal Albert Hall and gratuities for the driver and the guide.

To reserve a place please complete the form at the back of this issue and send with a deposit cheque for £50 per person and a SAE to Shirley Marney as soon as possible.

Cumbria Holiday

12 - 16 September 2010

For this autumn break, we are going to the north west and we will be based in the historic city of Carlisle. From there we will be able to explore the exciting and dramatic countryside of Cumbria and the Lake District.

On our journey north, we will visit Levens Hall, near Kendal - an Elizabethan mansion, famous for its topiary gardens. We will have Monday with Tom Keating (who was our Guide for our holiday based around Newcastle) and he will lead us through beautiful parts of the Lake District. On the following days, we shall visit Brantwood, the former house of John Ruskin, arriving in style on the National Trust steam yacht Gondola across Lake Coniston; Hill Top, Beatrix Potter's House; Rydal Mount and Gardens, the home

of William Wordsworth; as well as Grasmere. Also included in the programme is Blackwell, Britain's finest surviving Arts and Crafts House, near Bowness on Windermere. On our last day, we will have a guided tour of Carlisle Castle. Afterwards we shall be free to visit the Cathedral and see the city centre, before boarding a train to Settle, travelling on the famous Carlisle - Settle Railway, well known for its scenic views. Our coach will meet us at Settle Station for our journey home to Sheffield.

We shall be staying at the Hallmark Hotel in the centre of Carlisle. All bedrooms are en-suite, with the usual facilities, and a lift serves all floors. The cost of the 4 night/5 day holiday is £350 per person, with a single supplement of £65. Included are bed, breakfast and evening meal at the hotel; coach throughout and gratuities; the train fare and all admission fees, except for the National Trust properties.

Members must arrange their own comprehensive travel insurance and send a photocopy to the organiser as soon as possible. To reserve a place, please complete the booking form at the end of this issue and send it with a deposit of £35 per person, together with a C5 size stamped addressed envelope to Barbara Robertshaw, to arrive no later than 14 January 2010.

Holiday Review

Visit to Kraków 2009

It was the best of times, it was the worst of times. I quote Charles Dickens in my personal account of the SU3A trip to Kraków, because it was a life enhancing experience.

Our outward journey was on the 1 September - a very significant date in Polish history, the beginning of World War Two. In Kraków we were met by our guide Barbara Novak, who very quickly endeared herself to the group. We were taken on to our hotel close to the old city. After dinner on the first evening the more adventurous went out to discover the city for themselves.

The following morning Barbara took us into the old city, through the Barbican Gate (overleaf). This is now surrounded by an established park, once part of the medieval defensive system. We were asked

if we wanted to jog around the three kilometres - but there was not a Paula Ratcliffe or Ron Hill amongst us! The old city was fascinating, a Prague to be discovered. My senses were bombarded by the sights, sounds, smells and all the time Barbara our guide was answering inquisitive questions



from members of our group. At one point she gave an impromptu lecture on Polish history. Did you know that Kraków was founded in 965 and in 1257 it became a city? It was the second capital and had a Queen called Hedwig, who was known as King of Poland.

What fascinated me, though, were some of the names given to aristocrats during the history of the making of Poland - men such as Boris the Bashful and Vladimir the Small. I suspect there must be a subversive element in the Polish psyche. Barbara emphasised the liberal nature of Polish society early in its creation, which was to continue through the centuries. Merchants from Magdeburg first planned the city square with its perpendicular street design, Town Hall, Cloth Hall and Cathedral. We visited St Mary's Basilica to see the Veit Stoss altar commemorating Mary. It was begun in 1477 and completed in 1489. From one of the towers a trumpeter played to the four corners of the world, and gave us a wave.

The University of Kraków was founded in 1364, the second to be founded in central Europe. It had three faculties - Liberal Studies, Law and Medicine. In 1399 Theology became the fourth faculty. A quadrangle was added in 1401 and over the door was the Inscription *from stupidity to knowledge*. The University, famous of course for producing Nicolaus Copernicus, also claims to be the first University to separate oxygen from air.

In the evening we went to the Mall, close to our hotel. We found Terracotta Warriors in large numbers throughout the precinct. Mongols had invaded in 1260 - whether invasion or immigration, Kraków had always looked to the positives they presented.

The next day we saw more cathedrals - pictures, banners and statues of the Archbishop who was to become Pope. The rich

tapestries of the Royal Castle were comparable to Hampton Court, as was the furniture. What I remember most, as I gazed at the light coming through a modern stained glass window at the Franciscan Priory, was the first reference to a Polish priest being murdered in Auschwitz-Birkenau. That afternoon, most of us went to the death camps. I will not describe them, as it was intensely personal. That evening, while dining, the subject was not mentioned.



Watchtower at Birkenau

On Friday we were driven to Kazimierz the Jewish quarter. During the 14th century Jews were encouraged from all over Europe to come to Kazimierz. They grew and prospered, developing intellectual thought and commerce. We visited the synagogue where the most famous Jewish preacher, Rabbi Moses, taught and prayed. All was not plain sailing for them however and in the 15th century Giovanni da Capistrano came from Italy to preach against them. The result of this was that no Christians were allowed to buy property in Kazimierz - it was segregated. By 1939, 24% of Kraków was Jewish. The population is now 750,000, but less than 2,000 are Jewish. Our guide took us across the Vistula to see Schindler's factory, made famous in the film *Schindler's List*, and now in the process of becoming a museum. We returned to Kazimierz in the evening to have dinner in an intriguing old Jewish restaurant. As we ate our meal a trio of musicians came in and started to play klezmer music for us. It was really vibrant and enjoyable, of a high technical quality, yet with a melancholy strain, an experience not to be missed.

The salt mine of Wieliczka was our final destination, before an evening departure. The mine is an extremely interesting museum where wood, water and wind, together with rock carvings, gave an eerie sense of awe and wonder. After a late lunch we were driven to the airport to begin our return journey.

There were tears from Barbara and others at the end of an excellent trip. A vote of thanks was given to Margaret Bullivant for

choosing such an interesting city to visit, and for her hard work and detailed organisational skills in making it so enjoyable.

Paul Kelly

(Photographs by Derek Shipley)

Member's Contributions

Norfolk - a perfect walking holiday

Norfolk, the setting for Walking Group B's holiday, solved the problem for members who now find hill climbing a challenge. Led by keen twitchers Keith and Anita Wall, the Group enjoyed a variety of flat, but interesting, walks. Bird watching and Norfolk go together - the RSPB reserve being close to our base of Old Hunstanton.

Our walks covered diverse terrain of woods, sea shore, fields and sand dunes, touching on many quite beautiful villages. Who could fail to appreciate Burnham, Blakeney and Thornham with their shingled cottages and beautiful ancient churches. We walked mainly on the new coastal path and the old Roman road, Peddars Way - constructed for military access to successfully overthrow Boudica and the Iceni tribe. The villages along this coast, once busy ports but now mainly silted up, are attractive to tourists and birds. Much of the landscape of marsh, reed beds, salt and fresh water channels is designated an area of outstanding natural beauty.

A few windmills remain to delight the artist, as do the famous cliffs of Hunstanton, striped in dark red and white - a dramatic backdrop. Early September provided bountiful harvest and our expert scavengers collected wild blackberries, apples, medlars and plums.

Interestingly, Anita and Keith had booked the local coastal bus service to carry us to and from our walks. A customised service *ALL FREE*. Other Groups please note. Oh we lucky bus pass holders! Ray and Margaret Thompson had also negotiated a good deal for us in the comfortable Le Strange Hotel. Thanks Ray, Margaret, Keith and Anita. You could not have done better.

Margaret Briddon (0114) 262 0501

N.B. Copies of our walks are available on request.

Uzbekistan

Alan and I had the wonderful opportunity to join a group from Shrewsbury U3A on this odyssey into the unknown east. In May 2009 we spent 12 days with them in Uzbekistan.

We left Heathrow, via Paris, aiming for Tashkent. Our itinerary took us to Samarkand, Shakhrisabz, Bukhara, Khiva and back to Tashkent - all locations connected to the silk route. We stayed in comfortable hotels, in which the food was a compromise between local and western cuisine. Our bus driver was the most accommodating person we ever met on our travels. The tour manager was a most charming Uzbek. His knowledge of the English language and his humour were enchanting. He looked after us as if we were the most important VIPs travelling in his country.

Apart from such generalities, the country is just one big treasure box - the culture, art, architecture, mixture of religions, general way of life, contrasts between the young and the old - our minds could not always absorb the volume of information and the beauty of the world around us.

Even after a very long period of



Russian dominance, the Uzbeks have maintained a very proud and confident attitude - they will use the Russian language only if any other method of communication fails. We have encountered much friendliness, kindness and helpful gestures. Their multi-faith society seems to thrive on the general tolerance towards each other and keeps a healthy respect for the relationships between the generations. There are still many signs of the Russian past, for example the grand monuments in Tashkent and the political dealings.

But we as tourists were in the fortunate position that we experienced the positive side of the country only. From the moment of arrival until our departure it was the most rewarding experience in every way.

In fact, we are planning to join the same U3A on the next journey to Uzbekistan in April 2010, organised by an English travel company based in Hereford, on a half board basis at a cost of £1350. If you have not yet made any firm bookings for 2010, we highly recommend an exciting and most rewarding trip to this country. The route will include the eastern part, including Ferghana, with its beautiful wild tulip fields and breathtaking countryside. If you are interested, please telephone me for further details.

Annelene Furness (0114) 289 0516

IMPORTANT REMINDER

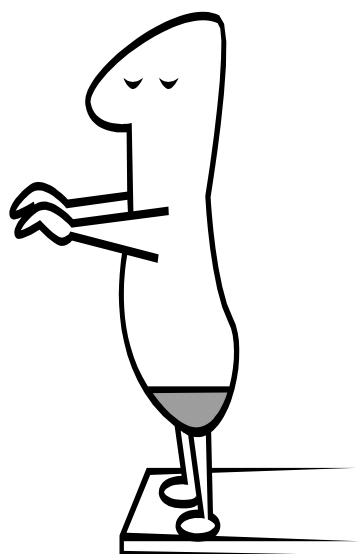
Your subscription is now due for renewal - please use the form on page 39 and send off your cheque for £8 ASAP.

DROP-IN SESSIONS

The sessions are held on the first Tuesday of every month, from 10.00 am - 12.00 noon, at the Central United Reformed Church (opposite the Crucible Theatre).

Don't hesitate - join us!

Free refreshments.



Glad Rags

It will soon be time for me to dig out one of my most colourful dresses, to apply my make-up with more care than usual, and to wear some of my most stylish underwear. The underwear is critical; in particular my enormous padded bra. Yes, you've guessed it. Soon it will be panto-time again and I shall once again be treading the boards as a pantomime dame. Sometimes I wonder why I do it!

The panto is just one of the three shows a year that my Light Opera Group puts on. This entails rehearsing twice a week, with all the work and stress that it creates. The obvious reward for me is to see the pleasure and appreciation shown by our audiences (especially the children, who enjoy a traditional panto and don't often go to live theatre); but it seems to me that there are others. One of them is that I learn so much. Now of course I always have lots of lines to learn. Unfortunately I don't have a natural talent for learning things off by heart. Some of my colleagues, especially younger ones, suddenly turn up at rehearsals able to deliver all their lines, having seemingly got a photographic memory, whilst for me it takes weeks and weeks of reading, reciting and repetition until dress rehearsal arrives and even then I am rarely word perfect.



But it is not that kind of learning I mean and I certainly don't put the hard work into it that I do when learning lines. Sometimes I am not aware of learning anything and only realise afterwards. The first obvious kind of learning is that I've been learning how to act. I have never received any formal training and I am sure that my

Booking Forms and Reply Slips

For those of you who do not wish to cut up your copy of *Links* to send back booking forms and reply slips, it is suggested you either copy the form using a copier or scanner, or download the form from the SU3A website. However, ***please note that a copy of the actual form MUST be returned as directed - hand written copies will NOT be accepted.***

SHEFFIELD UNIVERSITY OF THE THIRD AGE
2010 MEMBERSHIP RENEWAL FORM

Regd. Charity No 703147

Name (1): (Mr/Mrs/Miss/Ms)

date of birth:(dd/mm/yyyy) ____ / ____ / ____

email:

Name (2): (Mr/Mrs/Miss/Ms)

date of birth:(dd/mm/yyyy) ____ / ____ / ____

email:

Address

.....

Postcode Tel No:

I / We attach a payment of £ for membership at

£8.00 per person. If you **do NOT** wish to receive the
national U3A News, please tick the box on the right.

☐

**Please note that members not renewing before
28 February 2010 will be deemed to have resigned.**

GIFT AID DECLARATION

If you are a UK taxpayer, Sheffield U3A can claim back tax on your subscription(s), provided that your current annual tax bill is more than the tax reclaimed (£2.00 on an £8 subscription). If so, please complete the declaration below:

I(PRINT NAME)

am a UK taxpayer in accordance with the above and wish Sheffield U3A to treat the above subscription(s) as Gift Aid donations.

Signed: Date:

Please make cheques payable to: **Sheffield U3A** and send to:
Mrs Lorna Baker, 8 Thornsett Gardens, Sheffield S17 3PP.

performances don't compare with those of professionals (although I've seen some with a great deal of room for improvement!). On the other hand I'm sure that I have learnt, because I can recall my nervousness and lack of accomplishment in my early attempts. If I am in any doubt I can look at the videos of our shows to see the improvements made over time.

Our Group puts on musical performances, whether they be the light operas of Gilbert and Sullivan or the more popular and contemporary shows from Hollywood or the West End. That necessitates an ability, or at least a willingness, to sing and that's certainly not one of my talents. Even here, though, I have improved and bit by bit I have developed an understanding of all those dots and lines on a musical score that originally meant nothing at all to me. We also dance in most of our shows. With this I cannot claim to have learned as much and I have a tendency to hide on the back row of the chorus.

I suppose that kind of learning is understood by most people, as it is essential for individuals who seek to perform well. A moment's reflection, though, will highlight the fact that participating in a Light Opera Group offers many more learning opportunities. One might aspire to produce or direct a show - and that is an enormous challenge to anyone's organisational and creative skills. After their first attempt they end up quite exhausted and yet with a huge amount of learning under their belts, upon which they can draw for their next one. And then there are those who make their contributions backstage or front of house. Backstage, scenery and props are made; lighting is planned and installed, sound equipment is always needed; and occasionally some pyrotechnical display is required. There are lots of practical, as well as other, skills to be developed and some of these are usefully transferable to other activities.

Then, on the other side of the stage, there are not only refreshments to be organised; but management and control of a large number of people, safety matters, and of course ticket sales and receipts. Running a Light Opera Group is like running a small business and it continues to thrive because its members continue to learn, from each other and from their own experience.

In the world of work, of course, there is lots of learning going on through formal training and development courses. We do not have

Classical Concertgoers' Group

Visit to the Symphony Hall, Birmingham

Thursday 11 February 2010

Name(s) SU3A No(s)

Address Tel:

..... Postcode

Please reserve place(s) for me (£28.75 each). I enclose a cheque for £ payable to **SU3A Concertgoers'** and a **C6 size stamped addressed envelope**. If possible, I would like to sit with at the concert. Forms should be sent to arrive **as soon as possible** to Derek Shipley, 40 Wollaton Avenue, Bradway, Sheffield S17 4LA .

✂ _____

Sudbury Hall & National Museum of Childhood

Wednesday 17 March 2010

Name(s) SU3A No(s)

Address Tel:

..... Postcode

Please reserve place(s) for me (£10.50 per person NT members) and place(s) for me (£23.50 per person non NT members). I enclose a cheque for £ payable to **Sheffield U3A Travel** and a **DL size stamped addressed envelope**. Forms should be sent to Margaret Bullivant, 14 Kingsley Park Grove, Sheffield S11 9HL, to arrive **as soon as possible**. Please indicate if you live in North Sheffield: YES/NO

My preferred pick-up point is - ***please tick one***:

Sheffield Interchange - Platform 5E	8.45 am ()
Bus Bay Ecclesall Road South/Millhouses Lane	9.00 am ()

anything like that; the learning is done through the job of putting on the shows. We learn on the stage, behind it and around it. Come to think of it, the world of work is like that as well. Besides the millions of hours spent in formal training courses, there must be many more hours of learning arising from actually doing the job, through the work itself.

Even if you add in all the hours of learning in schools and Universities, the total amount of learning acquired in formal ways must be tiny by comparison with the billions and billions of hours picked up by people throughout their lives at work, at play, through books, television and films and, yes, the U3A. Yet there are some who would be quite scornful of the idea. "That's not proper learning" they say. "Where is the curriculum? Where is the course? Where is the certificate or qualification? It's not real learning!"

To them I'm inclined to reply "Oh yes it is!"

David Pierce

[and on the front cover - Oh yes he is!]

Serenade

This item originates from a request from two musical members of Ken Gale's German Group, Rosalind Rogerson and Michael Copeland, who were preparing items for a church recital on the theme of *Birds*. One was Schubert's *Ständchen* (Serenade), a setting of a German translation of Shakespeare's "Hark, hark, the lark" with two extra stanzas. For the benefit of their audience they wanted to use the original Shakespeare, and wanted me to provide a translation of the other two stanzas, in a form that was singable, i.e. fitted the metre and the music. Literal translation proved impossible for this purpose, as some of the idioms are foreign to our own, so I had to make an adaption, keeping the basic pattern of concepts but rendering into an English context.

They were happy that the result met their requirements. I added a coda for Michael, who has a mischievous streak, to declaim in his best Yorkshire accent, without music, after the applause for the Schubert. A rooster is after all another bird, but might not otherwise feature in their programme.

[continued on page 44]

London and the Houses of Parliament

18 - 20 April 2010

Name(s) SU3A No(s)

Address Tel:

..... Postcode

Please reserve place(s) for me. **Room** :Twin / Single

Please indicate if you live in North Sheffield: YES / NO

I enclose a deposit of £ (**£50** per person) payable to **Sheffield U3A Travel** and a **DL size stamped addressed envelope**. Forms should be sent **as soon as possible** to Shirley Marney, 21 Everard Avenue, Bradway, Sheffield S17 4LY.



Short Break in Cumbria

12 - 16 September 2010

Name(s) SU3A No(s)

Address Tel:

..... Postcode

Please reserve place(s) for me.

Room :Twin / Double / Twin Share / Single

Please indicate if you live in North Sheffield: YES / NO

I enclose a deposit of £ (**£35** per person) payable to **Sheffield U3A Travel** and a **C5 size stamped addressed envelope**. Forms should be sent **to arrive no later than 14 January 2010** to Barbara Robertshaw, 20 Whinfell Court, Sheffield S11 9QA.

*“Hark, hark, the lark” from Shakespeare’s Cymbeline’
with two Stanzas by Fr. Reil for Schubert’s setting,
adapted from the German with Yorkshire Coda*

Hark, hark, the lark at heaven’s gate sings,
And Phoebus ’gins arise,
His steeds to water at those springs
On chaliced flowers that lies,
And winking Mary-buds begin to ope their golden eyes;
With everything that pretty is,
My lady sweet, arise, arise, arise!

All night the starry host hath passed
Across the vaulting skies,
Awatch e’er faithful to the last
O’er th’ bed wherein thou liest,
In hope with longing glances cast to ope thy sleepy eyes;
With all the beauty that thou hast,
My lady sweet, arise, arise, arise!

Thy suitor ’neath thy window sings,
Alternate with his sighs,
The songs that only true love brings
To bind two hearts with ties.
Wouldst thou by keeping furled thy wings deny thy swain his prize?
This morn we pledge ourselves with rings!
My lady sweet, arise, arise, arise!

Yorkshire Coda

*Should that have been a milkmaid’s dream,
Then here’s her rude awakening!*

’Ark, ’ark yon cock on t’ muck ’eap crows,
Tho’ wintry be the skies;
The frettin’ ’erd in t’ cowshed lows:
’s ’igh time fer thee ter rise,
Ter milk, ter churn an’ t’ butter mek, so cast thi dreams aside.
Ah tell thee streight, ah’ll no more tek.
Yer lazy lass, gerrup, gerrup, GERRUP!