

# Shared Learning & Research Projects (SLRP)

## 2019 Report for EC

**Members:** Samina Aslam, Philip Long, Denise West

**Summary:** 2019 was SLRP team's first full year and proved to be a very busy time for us, losing one member of the team due to family commitments. Following the advert in Links, three members registered interest two withdrew straight away and one joined and left due to other commitments. This has put a lot of pressure on the remaining team members

The team welcomes the introduction of the e-newsletter which hopefully will allow us to get information out to those members who have registered to receive it in a timely manner. Completed projects have been logged with National Office and YAHR. No information has been reciprocated though we understand that the rules around SLRP are changing. We have been approached by two Shared Learning Projects to enter MOUs. These are very time consuming and after the initial check by the team it is our intention then to forward these to the EC for their consideration

To date no Sheffield U3A money has been spent and the provisional offer of £150 from the EC is intact (note: this is not money we have received but money that we have been allocated for promotions, sponsorship etc.)

Research Projects from students and tutors have all been from the Drop Ins. Difficult to know outcomes of projects. Updates will be requested during Q1 2020 however historically we get very few responses.

### Shared Learning Projects:

These are projects that involve, a partner outside of Sheffield U3A, that create an opportunity for learning for all participants and have an outcome (can be written document, an article on a website etc)

Total number investigated – 27  
Active – 14  
Successfully Completed - 2  
Not successful – 11  
(not enough time/ unsuitable/ involved too late)

### Research Projects at Drop Ins:

Total- 13  
Active - 5  
Completed/unsuccessful – 8

Further details of all projects can be found below

## Shared Learning and Research Projects Team Task List

<b>Task</b>	<b>Progress</b>	<b>Lead</b>
<b>Festival of Debate 2020</b> Partners – Opus Independents	11/10: Meeting arranged for 05/11 with Phil and Samina to discuss & review options e.g. MOU, one of event Potential participation publicised 01/20 e-news and in 02/20 <i>Links</i>	Phil
<b>Festival of the Mind</b> Partners: Sheffield University and others	Initial meeting 11/09 11/10: Nothing for us yet, currently linking sponsors	Denise
<b>Story Gallery</b> Weston Park Museum & Gallery	11/10: A Gallery is being created starting Jan 2020 with the 50's and 60's. Criteria are for participants to be born and raised in Sheffield. Article to put forward for Links	Denise
<b>Healthy Lifespan (Institute (HELSI))</b>  <b>( Was:multi-morbidity</b> (two or more chronic conditions) and how to live better and independently, reducing the cost of care)  Led by: Healthy Lifespan Institute ( Prof. Alan Walker, also U3A member), Sheffield University/ Ideas Bazaar may come under this	10/05: To be pursued. If and how SU3A can participate 10/07: HELSI have joined the revised funding bid on the role of organised travel in active ageing (Dr Liam Foster) 11/10: Looking to create a panel within the city to inform research. Advert was placed in 12/19 Links for any interested members to join panel. Good response reported by HELSI. Follow up with Gemma Stephens planned 01/20	Phil
<b>Invisible Cities</b> Archer Project?	Working with Archer Project, Steel City Wanderers group to explore potential for training selected homeless people to guide walks for the public (such projects exist in York, Manchester, Edinburgh & London) 28/02: Archer Project still interested but have another project to complete with higher priority 10/05: No further developments 10/07: No further developments. Archer Project has other priorities. Before pushing this to a low priority pursue through Big Issue Publication 11/10: No further developments 01/20: Following up after the feature in the 12/19 Big Issue	Phil

	on the success of Invisible Cities elsewhere	
<p><b>"Story Catcher"</b></p> <p>Partners: South Yorkshire Housing Association/ Age Better/ Sheffield Hallam University/ Ignite Imagination/ Living Better</p>	<p>Initiative to review the progress made by Age Better in delivering services to members of the community to tackle isolation and loneliness( 6 year project with funding, now in 4<sup>th</sup> year)by "interviews"</p> <p>Partnership with Hallam Uni, providing training and Age Better</p> <p>10/05: Two members from SU3A participating along with six other participants, training commenced.</p> <p>10/07: Training complete waiting for first "interviews". Project timetable running over into possible 2020</p> <p>11/10: half the interviews completed. Project will run into 2020</p>	Samina
<p><b>Heritage Festivals</b></p>	<p>Information slow in coming. Low priority</p> <p>11/10: Progress with Heritage Strategy being created. Meetings arranged for:</p> <p>19/10 – workshop</p> <p>23/10</p> <p>26/11 – working group</p>	Denise & Phil
<p><b>YAHR</b></p>	<p>Ongoing: Investigate any projects that have been started by other U3As or could be shared with them.</p> <p>10/05: Some U3As looked at cemeteries/ war memorials. More information required for next meeting</p> <p>10/07: No further developments</p> <p>11/10: No further developments</p>	Samina
<p><b>Sheffield Citizens Advice</b></p>	<p>Ongoing:</p> <p>Changes in the board come into effect 2018. Approach in 2019</p> <p>New CEO has stepped down, no approach will be made until matters have settled</p> <p>10/05: Ongoing</p> <p>10/07: No further developments</p> <p>11/10: New CEO appointed</p> <p>Low Priority</p>	Samina
<p><b>Create Sheffield</b></p> <p><b>Formerly led by SCEP</b> (Sheffield Cultural</p>	<p>Waiting approval from EC for bronze membership- now received. Mtgs held:</p>	Phil takes lead on All SA to liase with Steve Betts

<p>Educational Partnership)/ Learn Sheffield</p> <p>Long term project to bring art to schooling in Sheffield</p> <p>Learn Sheffield owned by Sheffield's schools and colleges (80%) in partnership with Sheffield City Council (20%).</p>	<p>Office space offered in S2 – space not suitable</p> <p>17/01: Meeting with S Betts, all agreed worth following up and working with Learn Sheffield. Agreed that we would wait for S Betts to contact us (Feb/March) with a list of projects. SU3A would review and highlight projects where our members could offer their expertise/ become involved.</p> <p>No cheque would be offered until projects have been agreed</p> <p>10/05: Phil to chase for progress.</p> <p>10/07: July meeting cancelled by Steve Betts, meeting rearranged for 26/08. SA to attend</p> <p>11/10: SB didn't arrive for 26/08 meeting. Rearranged to 30/08 and attended by SA&amp; PL.</p> <p>Summary: Create Sheffield will now take the led (coordinator Sophie Hunter). Check Eat Smart Sheffield website in 2 weeks. SB to come back to us with ideas for Evaluation/review opportunities</p> <p>Create Sheffield has launched and remains interested in identifying inter-generational learning projects with SU3A. MOU and specific requirements on safeguarding policy are key concerns for them</p>	
<p><b>Bournemouth and Surrey Universities "The Role of Organised Tours and Travel in Active Ageing Research Project" (and funding application to Economic and Social Research Council)</b></p>	<p>Ongoing: SU3A partners in principle subject to successful funding Submission for funding due Jan'19</p> <p>Meeting arranged for 10.00 Thursday 7<sup>th</sup> at Crucible Café for update from Bournemouth. Outcome Surrey Uni also joined project</p> <p>10/05: Funding request has been submitted, Phil to update national office</p> <p>10/07: Funding request refused but proposal was termed as "promising" has resulted in re-submission with the participation of Gerontologist Dr Liam Foster</p>	<p>Phil</p>

	(University of Sheffield HELSI). 2020. National Office informed as requested	
<b>International Partnerships within U3A movement</b>	<p>Ongoing:</p> <p>23/11: Aims &amp; goals and practicalities to be identified via Ian Jones.</p> <p>Contact made with National Office</p> <p>Follow any guidelines provided by National Office contact as published in TAM</p> <p>Possible contact avenue's through ETG</p> <p>28/02: will see if there's interest within SU3A for "Exchange Learning" after protocols and ways of working have been defined</p> <p>10/07: No further development. SA to contact Prof. Yasu at Kyoto to see if 3 year study has been concluded and investigate any further engagement U3A</p> <p>11/10: Prof. Yasu advised that the study has been extended to 4 years</p> <p>12/19: Phil drafted proposal for setting up an International Exchange Group (awaiting EC response)</p>	Phil
<b>60's Experience</b>  <b>Sheffield University, 2<sup>nd</sup> Year History students</b>  <b>Chesterfield U3A</b>  <b>Ignite Imagination</b>	<p>Ongoing</p> <p>23/11: Some sub projects now closed new one being created "National Service" from personal anecdotes. Advert required in Links.</p> <p>60's evening - complete</p> <p>Articles for Links, YAHR &amp; TAM req.</p> <p>Project Team will be meeting to discuss: dissemination/ next stages / publicising within SU3A (Notice Board at NMM, Drop In etc)</p> <p>17/01: offshoot about National Service, received sufficient interest to continue.</p> <p>28/02 Article in TAM received 67 responses. Ignite Imagination &amp; SU3A "Road show" in some deprived areas of Sheffield, reaching out into the community. Dates to be confirmed.</p>	Denise

	<p>National Service will continue but not as SLRP, no longer within our remit.</p> <p>10/07: Website updates ongoing/ Project representatives invited to talk at Rotherham U3A 20<sup>th</sup> Anniversary dinner in October '19</p> <p>11/10: Rotherham U3A presentation a success. No dates yet for "Roadshow". Website updates ongoing</p>	
<p><b>Fun Palaces</b> (Beverley Nunn, Sheffield Theatres plus 5 public libraries)</p>	<p>11/10: Nothing forthcoming. As and when details emerge, to be reconsidered</p> <p>Annual Event</p>	Phil/ Samina
<p><b>Carterknowle &amp; Millhouses Environmental survey</b></p> <p>Partners: Carterknowle &amp; Millhouses Community/ Steel City Wanderers</p>	<p>Building new houses &amp; effects on the environment. To be investigated further for next meeting</p> <p>10/05: Phil will attend next meeting which is on 20/06</p> <p>10/07: Successful collaboration with Steel City Wanderers. Project to be lodged with National Office</p> <p>11/10: National Office to be notified. Produce a frame work which can be used in other areas. Articles in Links and TAM</p> <p><b>Complete</b></p>	<p>Phil Complete – could be used as a template for other areas of Sheffield</p> <p>Piece appeared in 12/19 <i>Links</i></p>
<p><b>Intergenerational Oral History</b></p>	<p>10/07: School children interviewing U3A members about their experiences. Organised by Mary Grover in passing conversation, quickly (within a week). Observation - wrong age group as children too young to understand</p> <p><b>Complete</b></p>	Denise
<p><b>HeShe Shed Project</b></p>	<p>Working with Stradbroke Community Centre, have funding.</p> <p>Various SU3A interest groups. Learning and combating loneliness. Pursue further with Helen Eadon</p> <p>10/05: meeting arranged 21/05. MT &amp; PL attending. Ask if this is a national initiative and for details</p> <p>10/07: Meeting held. Nothing that U3A can get involved with.</p> <p><b>Discontinued</b></p>	Matt
<p><b>Sheffield and Rotherham Wildlife Trust</b></p>	<p><b>Discontinued</b> – time constraints</p>	Samina

	Data for Nature Project: Funding received to review and implement where required protocols at all 15 reserves. Project end November 2019 17/01 - it was agreed that we would pursue this, though the timeline is very tight. Coordinators at the Coordinators meeting will be approached	
<b>Florence Nightingale</b>	<b>Discontinued:</b> No major defined relevance to Sheffield – will not pursue	Samina
<b>Ruskin</b>	<b>Discontinued:</b> Too problematic	Denise
<b><i>Cox initiative on loneliness within the community</i></b>	<b>Discontinued:</b> To be pursued through other avenues	Samina
<b>Sheffield Suffragettes</b>	Too late	Denise
<b>Defibrillators in Sheffield (St John's Ambulance)</b>	<b>Discontinued</b> – no interest from St Johns	Denise
<b>Booklet of George Fullard Statues</b>	<b>Discontinued:</b> Unitarian Church produced on their own	Denise
<b>RSPB</b>	<b>Declined</b>	Samina
<b>BBC Online Isolation Survey</b>	<b>Too late</b>	Samina

## Research Projects at Drop Ins

Those projects that we participated will be followed up in 2020 for any outcomes

Project	Student/ Uni	Outcome
Loneliness in the Rural Community	Celine Houghton, SU	Didn't respond to offer of Drop In
Living Meaningful Lives for Older People – A one off Focus Group	Shabnam Thapa, SU	Not enough time, came to Drop In
Care and Carers Needs	Sarah Abdi, SU	Not enough time, carrying out a recruitment drive to get carers
Experiences of Pregnancy & Child Birth – dissertation	Matilda Baker, SU	Ethical statement received late, invited to Jan '20 Drop In
Microvascular Study	Beatrice Hunt, SHU	Full complement of Volunteers achieved (15), attended two Drop Ins
Smart Phones for Independent Living	Kristina, SU + York & Leeds Unis	Email via secretary/ no response to email, no ethical statement cannot pursue
SU Student Architecture Project	Carole Latham, tutor	Too late to join Dec w/shops, on web and e-letter for Feb w/shops
Anti Stigma in Mental Health	Lucie Rees, SU	Attended Dec invited back for Feb '20
Music to support mental health & wellbeing	Dr Renee Timmers, SU (Tutor)	December Drop In - Preparing a bid for funding for conference/event. Agreed in principal, Sheffield U3A interested. Will take approx 12 months for bid. To be registered on SL list at Jan mtg.
Effects of Tart Cherry Juice on gout attacks	Kirstie Lamb	No takers at Drop In – ongoing until May'20 will put forward to website and Feb newsletter
Involuntary& Repeatedly music in the mind	Georgina Floridou, SU	Request made 30/10 deadline Dec. Invited to November Drop In
Types of Strength training for older adults	Clare Appleby, SHU	Attended Nov Drop In, Invited back to Dec Drop In – no show. Project deadline early March'20
Protein Supplement Study	Esmee Tuttiett, SU	May - Achieved required volunteers