

## Links 206: July 2022



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#### **Contact Us**

Our website is at: https://su3a.org.uk

Here you will find all the latest news and information about Su3a, including items that do not appear in *Links*.

Joining Su3a or to find out more:

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Membership number or renewal:

Su3a Membership Team wa-admin@su3a.org.uk

01433 659864

Information about Groups:

Fran Rodway

O7774 142409

Group Records Team

Covid and Risk assessments

General Coordinator

groupsa@su3a.org.uk

grouprecords@su3a.org.uk

mocave@btinternet.com

**Group Finance Officers** 

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**Anything else:** Anna Harvey

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## From the Chair

As the outgoing Chair of your Executive Committee (EC), my remarks here will be brief. If re-elected as Chair my priority in agreeing the agenda with the new EC will be to re-focus on securing the sustainability of our u3a through a medium to long-term approach to succession planning and ensuring that we have sufficient cover in support of our key roles. If re-elected, I will also return to the point put to me when I was persuaded to stand for election as Chair in 2021, that our u3a 'needs to be more outward looking. For me, as well as continuing to build on our good reputation with the Third Age Trust, this outward focus involves making connections selectively with external organisations with whom we share interests. Other u3as do this and it is indeed encouraged by TAT in terms of our being 'more engaged with our communities'. With this is mind, tentative introductory discussions have been held with Age UK in connection with 'Age Friendly Sheffield'. This is a United Nations recognised designation to which our city is working. Barnsley is an example of a nearby u3a that has developed mutually beneficial links with its local Age UK in this context.

Related to the health and wellbeing benefits of u3a membership, introductions have been made with the 'People Keeping Well' (PKW) programme. This national programme endorsed by the NHS promotes 'social prescribing'. Local PKW groups exist across the city and our participation would be welcome. These external relationships may involve both the promotion of u3a and thereby the recruitment of new members. However, in some cases there may be opportunities for a 'shared learning' relationship where those of our members who are interested can participate in activities where we have something to learn from each other. Importantly, we make it clear that u3a is a self-help, mutual support organisation and not a service provider. As the outgoing Chair of Barnsley u3a eloquently puts it, 'we are a caring organisation but not an organisation of carers.' To conclude, I noted in a previous 'From the Chair' that 2022 marks the 40th anniversary of the u3a movement. It would be good to be in a position to organise one or more public events that showcase the range and diversity of what Sheffield u3a offers.

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Please do contact me or any member of the current EC if you have ideas and would like to get involved. I look forward to seeing those of you who wish to attend at the Annual General Meeting on the 12th July at the Central United Reform Church at 10:30am.

Phil Long

#### **Drop-Ins**

Fancy a free coffee and a chat? Then come along to our monthly Drop-In sessions. They are held on the first Tuesday of each month (except August and New Year's Day), from 10 – 12 in the Central United Reformed Church in Chapel Walk. If you are a new member and have questions or are thinking of starting a new Group and are not sure what to do, or you just want to chat about any Su3a business, this is an opportunity to come and talk to other members to find out more about us.

There is no formal programme – this is an opportunity to meet up, make new friends from different Groups, exchange ideas, ask questions and promote forthcoming events. You can also advertise your Group or test interest in a potential new Group. There will be several committee members present each month who can help.

Have you got IT problems? Help from our IT/Web support team is also usually available for those with iPads or tablets. We can also help with any online membership renewal issues. Su3a members take part in many research projects designed to improve understanding of physical and mental issues in older people. These are sometimes advertised at the Drop-In, and you can talk to the organisers about what is involved. We look forward to seeing you soon. If you are interested in volunteering at the Drop-Ins, please contact Barbara via barbara.31@btinternet.com

## u3a News

As the Open Groups supplement is now up and running again *Links* will now revert to its previous production schedule. It will appear in April, June, October and December. The last dates for copy will therefore be the last Friday in February, April, August and October.

#### Sheffield u3a Facebook Group

Sheffield u3a now has a private members only Group on Facebook. The aim for this Group is to share photographs of us in our Group activities, promote information about new Groups, post updates about Drop-Ins and new members' meetings, plus post links to our monthly e-newsletter and other useful information. This Group will help us all keep more in touch and aware, and spread the buzz and the love about u3a.

Go to https://www.facebook.com/groups/sheffieldu3a/ and hit 'Join'. You'll be asked to answer 2 questions including typing in your membership number. See you in our new Facebook Group.

#### Facilities for Groups (Room 50, Whisperbox, sound system)

Our meeting room in the Victoria Hall is available. In a city centre location close to several bus routes, it currently accommodates up to 10 people (allowing for social distancing). It is set out with tables and chairs which can easily be reconfigured and there are tea and coffee making facilities. The cost is £10 for a half-day session. If you have never used 'Room 50' before, why not come and have a look? To arrange a viewing or to check availability contact Mo Cave mocave@btinternet.com.

Ever been on a guided tour and missed most of what the guide is saying because of background noise? The Whisperbox system could be the answer. The tour guide uses a head set with combined microphone. Members of the group wear a receiver the size of a cigarette packet round the neck and are supplied with an earpiece. Alternatively they can plug their own earpiece or headset into the receiver as long as it has a standard jack. If you're going on a Group outing and think you may benefit from this, contact your Group coordinator. If you're a Group coordinator and think this might be useful to your Group, the headsets can be delivered to you, fully charged. In many cases, all you have to do is hand them out. An added advantage is that it tends to reduce the number of Group members getting lost along a busy route!! For further information about the Whisperbox system or to book it contact Brian Cave bpcave@hotmail.com.

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We also have a sound system with amp, mics and stands which can be used by Groups. Please contact Mo Cave for information.

AGM

U3A SHEFFIELD NOTICE OF THE THIRTY-SIXTH ANNUAL GENERAL MEETING OF THE U3A SHEFFIELD 10.30am, Tuesday 12th July 2022, Central United Reform Church.

Only current 2022 members may attend and vote at the AGM. The final agenda for the AGM and 2022 minutes are published in this edition of *Links*. Anna Harvey - Secretary

Members wishing to raise business under clause 14(ii) of the Constitution should have notified the Secretary, in writing, by 18th April 2022, as advertised in April *Links*, so that it could have been included in the final agenda. There will be the opportunity for informal discussion (see agenda item 9(b)) but no decisions can be made on these items at the AGM.



#### Agenda

- 1. Apologies for absence
- 2. Minutes of the 35th Annual General Meeting
- 3. Chair's Annual Report
- 4. Review and Approval of the Accounts
- 5. Re-election of the Independent Examiner Mark Randall of AIMS
- 6. EC Members Stepping Down
- 7. Approval of Elections to the Committee
- 8. Re-election of the Committee of existing serving members
- 9.(a) Any Other Business (formally brought up and previously notified)

"It has been stated by the EC that other than the declaration of the total turnover of the Interest Groups in the annual accounts nothing else has changed.

Who then has ultimate control of Bank Balances, Assets, Contracts etc? The Interest Groups are not registered charities with their own Charity Commission Registration number. The registered charity is SU3A. Is it not the case that EC members are Trustees of SU3A and as such have a personal liability for each individual Group? This liability cannot by subcontracted.

Hence nothing as changed only the declaration of total turnover is incorrect. Ultimate Group responsibility is that of the Trustees and power and authority cannot be given legally to the Interest Groups.

Is this interpretation of Charity Commission Law correct?"

- (b) Any Other Business (can be brought up informally but no decision can be taken at the meeting).
- 10. Closing remarks by the Chair

Minutes of last year's AGM

Minutes of the 35th Annual General Meeting held at 10.30am, on 13 July 2021 via Zoom

Present: 57 members, with Brian Cave in the Chair

#### 1. Apologies for Absence

David Bradley, John Dixon, John Lees, Irene Lees, Brenda Long, David Price, Judith Price and Pat Roddis.

#### 2. Welcome and Minutes of the 34th Annual General Meeting (AGM)

The Chair welcomed members who had been able to join the AGM online and he thanked Camilla Jordan for setting up the meeting. He expressed the hope that it would be possible to meet in person for the next AGM. The Chair asked members present online not to vote again if they had already tendered a paper vote prior to the AGM, as their online vote would be null and void. The Chair also asked members to use the chat facility if they wished to ask a question.

The minutes of the AGM held on 15 July 2020 (previously circulated) were agreed as a correct record, by online voting (no paper votes were tendered). There were 48 votes for, none against and 4 abstentions.

#### 3. Chair's Annual Report

The Annual Report had been published in the June 2021 edition of *Links*, which had been made available on the u3a Sheffield website and in printed form, for some members. The Chair said the year had been dominated by Covid, with online meetings being the norm. And, although membership had fallen slightly, Sheffield remained the largest u3a in the country.

The Chair said the very successful Friday lectures would continue monthly, and remain online, until the Spring. He stressed that several members of the lecture organising team had stepped down recently, after many years of involvement, and volunteers were needed to ensure the lectures continued beyond next Spring. He asked anyone interested to contact a member of the Executive Committee. The Chair confirmed that Room 50 in Victoria Hall would be available for use again and they were waiting to hear about any restrictions, which might remain in place after 19 July.

The Chair said u3a Sheffield was in a strong position to bounce back after Covid restrictions were lifted and would continue to play a significant role amongst Yorkshire and Humberside u3as, as well as working closely with the Third Age Trust (TAT). In conclusion, the Chair thanked all Executive Committee members for their support and contributions over the last year.

#### 4. Review and Approval of the Accounts

Chris Jones, the u3a Sheffield Treasurer, said he would mention both the accounts and the Governance Review, which had been completed recently. The 2020 Accounts, along with the Independent Examiner's Report, had been published in the June edition of *Links*. Chris Jones said the balance sheet at 31 December 2020 showed there had been an unexpected surplus in 2020, resulting from minimal expenditure since March, due to Covid restrictions. Also, he explained that the cash in hand could be misleading because it included the prepaid 2021

subscriptions for u3a Sheffield. Chris Jones confirmed that u3a Sheffield could run at a loss for several more years and still maintain the subscription rate at around the current level.

Chris Jones said the 'Income and Expenditure Account for the Year Ended 31 December 2020' had been published in the June edition of *Links*. He confirmed that income in 2020 had been just under £40,000 and that the membership had been 3,440, including those who could join free of charge and those who were members of other u3as. Chris Jones encouraged members who had not signed a gift aid declaration to do so, if they could, as this would generate additional income for u3a Sheffield.

The Treasurer said the largest expense related to the TAT affiliation fee and the u3a national magazine, the cost of which had not been reduced during 2020. Chris Jones confirmed there had been savings through moving to the publication of *Links* on line and far fewer activities taking place because of Covid. He also confirmed the cost of using Zoom was included in the 'Central Activities' line of the accounts. The Treasurer emphasised the essential role played by volunteers in ensuring the Friday lectures were delivered and events, such as Drop-Ins, took place.

Chris Jones reported there had been a 20% drop in membership for 2021 and the budget assumed the first six months of the year would be subject to lockdowns or other restrictions. He expected there to be a small loss for the current year.

Chris Jones said the Executive Committee considered that individual Groups were special interest groups not undertaking charitable activities and as a consequence, in accordance with the Charity Commission's guidelines, their accounts had not been included in the accounts for 2020. This same policy would apply in 2021, as supported by u3a Sheffield's Independent Examiners and the Institute of Chartered Accountants. Chris Jones confirmed this policy would change in 2022, in response to TAT's wish to see the accounts of individual Groups, consolidated within the main u3a Sheffield accounts. Chris Jones said this currently involved 75 Groups, with financial transactions of around £65,000 and assets of around £40,000, in total. He emphasised that such changes of accounting policy were not unusual and happened

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frequently in the corporate and charity world.

Chris Jones said he had very much enjoyed his five years as Treasurer and wished the new Treasurer well for the future.

Members approved the 2020 Accounts, with 64 voting for, 1 against and 1 abstention (including both paper and online votes).

#### 5. Approval of Appointment of the Independent Examiner

Chris Jones reported that the Independent Examiner for 2020, Fawthrop Williams, was stepping down and the Executive Committee recommended that Mark Randall of AIMS Accountants, should be appointed as the new Independent Examiner. Chris Jones confirmed that AIMS Accountants understood and supported both the current and future accounting policies.

Chris Jones proposed that Mark Randall of AIMS Accountants be appointed as Independent Examiner for the Accounts to year end 31 December 2021. This was approved by members, with 66 voting for, 1 against and no abstentions (including both paper and online votes).

#### 6. Executive Committee Members Stepping Down

The Chair reported that Maggie Bower, Jenny Graff, Chris Jones and Barbara Lowe were all stepping down as Executive Committee members. He thanked them all and confirmed they would each receive a token of appreciation for their greatly valued service over several years.

The Chair also confirmed that he was stepping down from the Executive Committee. He said the time seemed right to do so and the Committee would be in good hands for the era to come.

#### 7. Elections to the Executive Committee

The Chair said there was one nominee for Chair of the u3a Sheffield Executive Committee 2021; one nominee for Treasurer; and two nominees for membership of the Committee. He confirmed their applications had been published in the June edition of *Links*, along with the names of their respective Proposers and Seconders. The Chair then asked members to vote for each in turn and the results were as follows (including both paper and online votes):

	For	<b>Against</b>	<b>Abstain</b>
Chair: Philip Long	64	0	3
Treasurer: Les Baker	65	0	2
Committee Members:			
Clare Chiba	65	1	3
Jonathan Powell-Wiffen	62	1	3

These four nominees were duly elected to the Executive Committee, in the roles designated.

#### 8. Re-election to the Executive Committee of Existing Serving Members

The Chair confirmed the following Members were eligible for re-election. He asked members to vote on each in turn and the results were as follows (including both paper and online votes):

		For	Against	Abstain
Phillipa Bartlett	Member	65	0	1
Elaine Burtoft	E-Newsletter	65	0	1
Maureen Cave	Member	64	1	1
Anna Harvey	Secretary	65	0	1
Camilla Jordan	Links & IT	65	1	0

These existing Members were duly re-elected to the Executive Committee.

#### 9. Any Other Business

#### (a) Brought up formally and previously notified:

i. What are U3A Groups, special interest or activity? The Charity Commission has a term 'Special Interest Groups' that allows Groups within a Charity, satisfying the criteria, to manage their own finances and not have them included in the parent Charity's returns. These Groups are not charities in their own right, for example, they do not claim gift aid. U3A Sheffield has historically managed its finances in this way. This was supported by our Treasurers and our Independent Auditors/Examiners. Our current Treasurer also took advice on this from the Institute of Chartered Accountants and they agreed this was a reasonable way to proceed. However, the Third Age Trust has made it clear that they would prefer us to return consolidated accounts, which

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- include accounts for our Groups, to the Charity Commission. We will, therefore, be doing this from 2022.
- ii. Legal advice on compliance for u3a Sheffield? U3A Sheffield has always complied with the law and accounting regulations. We have never operated unlawfully and this has been confirmed by Womble Bond Dickenson (The Third Age Trust's legal advisers), the Charity Commission, the Institute of Chartered Accountants and 2 Independent Advisors/Examiners.
- (b) Brought up informally but no decision can be taken at the meeting:
  No informal, other business was raised.

#### 10. Closing Remarks by the outgoing and incoming Chairs

The outgoing Chair said it had not been an easy time over the last eighteen months but u3a Sheffield was in a strong position to move forward, as current restrictions eased. He emphasised again the importance of volunteers for making activities, such as the Friday lectures, happen and encouraged anyone interested in getting involved to contact a member of the Executive Committee. He offered his final thanks to all the Executive Committee members and others he had worked with over the years and wished everyone well for the future.

Philip Long, the incoming Chair, proposed thanks to all the retiring Committee members and, in particular Brian Cave and Chris Jones, for leading the governance review with TAT. He extended thanks to all Committee members and others, who had responded so well to the challenges of the past year. Philip Long said he approached his new role of Chair with trepidation and humility, along with great respect for the achievements of his predecessor. He also wished everyone well.

Brian Cave thanked everyone for attending and closed the AGM.

#### Chair's Annual Report for the 2022 AGM

Your Executive Committee (EC) has had a busy and productive year since the 2O21 AGM. Our agenda has been at times complex and challenging during a year that was affected by Covid, lockdowns and changing rules for meeting others that have at times, been open to interpretation. At all

times, we have sought to operate cautiously and responsibly with the health and safety of our members paramount in our thinking.

I would like to record my sincere thanks on behalf of all of our members to colleagues on your EC who have worked hard in devising and implementing policies and advice on critical areas such as operational risk assessments, the maintenance of Group attendance records, advising and supporting Group coordinators, communications via our *Links* and online newsletters, the provision of IT support, maintaining and developing our website, and managing membership records. Thanks are also due to all of the volunteers who support these functions 'behind the scenes'. During lockdowns, we offered a weekly programme of talks via Zoom which attracted audiences online of up to 200 members. At least 55 recordings of these talks remain available online to our members. Thanks are due to all who contributed to this impressive achievement through giving talks and in managing registrations and online access.

The contributions of members who volunteer in support of our monthly Drop-Ins and also all of you who contribute through coordinating our very impressive range of Group activities also warrants your recognition and appreciation.

Turning to our governance, I commend the implementation and management of a new system for monitoring Group finances. This has been a significant achievement in the past year. My thanks on your behalf are due to our Treasurer and the team of Finance Officers who have supported this.

Your EC has also addressed wider issues relating to our governance. This included the transparency of our proceedings, which we have addressed by the publication of EC minutes online. However, more work needs to be done regarding the specification of roles, succession planning, and the mapping of capacities and expertise among the membership of EC.

Our agenda and priorities during 2021-22 have understandably focused on our internal governance and processes. However, I was elected Chair on a platform of encouraging Sheffield u3a to be more outward looking. A part of this has involved strengthening our relationship with the Third Age Trust (TAT). During the past year we have done this through, for

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example, our Mindfulness Group organising a national event; being referred by the Trust to advise Swindon u3a on its fees and finance policies; making a lead contribution to a national consultation on the development of environment policies for u3as; participating in u3a network events on governance, strategy and marketing. We have also been invited as an exemplary u3a to present our Research and Shared Learning activities at a national conference in August. Our Equality, Diversity and Inclusion policy was also shared with the u3a Yorkshire and Humber Region at their request.

Beyond u3a, we have developed an important partnership with the University of Sheffield Healthy Lifespan Institute (HELSI). We have agreed to offer an annual Su3a undergraduate student prize for the best project relating to healthy or active ageing. This award has been announced to all staff across faculties and we look forward to participating in the selection process soon. We also have good shared learning connections with Joined Up Heritage Sheffield and Sheffield Theatres, with these recently shared with our colleagues at Barnsley u3a as potential collaborations arise associated with the South Yorkshire Mayoral Authority.

We finish the year in a reasonably strong position. Membership numbers are increasing slowly and surely and we welcome the prospect of a new promotion and publicity team to contribute to growing and diversifying our recruitment of new members. Many of our Groups have returned (though I hesitate to refer to 'normal' given the times in which we live) and it's great to see our Open Groups offering very popular trips, walks and talks back up and running.

On a personal note and to quote our strapline, I have lived and learned a lot through being the Chair of your EC and it has at times even raised a laugh.

I conclude by proposing a vote of thanks to Camilla Jordan who is standing down from the EC but who has kindly agreed to continue with her highly valued contribution in editing our *Links* publication and also as IT expert. I also propose thanks to Samina Aslam who is stepping down from key roles liaising with universities, research and shared learning and as Drop-In organiser.

# SHEFFIELD U3A Registered Charity 703147 BALANCE SHEET AT 31 DECEMBER

		2021	2020
		£	£
Fixed assets			
Cost		7,079	7,079
Accumulated depreciation		6,797	6,515
Net book value		282	564
			001
Current assets			
Debtors & prepayments		11,603	6,029
Cash on deposit		55,181	27,973
Cash in hand & at bank		8,880	27,882
Restricted Funds in bank account		0,000	21,002
	7 500		
Travel Group	7,500		
Classical Concertgoers	2,431		
Shelter Project	-	9,931	
		85,595	61,884
<u>Current liabilities</u>			
Creditors and accruals		25,310	20,621
Net current assets		60,285	41,263
Total net assets		60,567	41,827
Represented by			
Accumulated funds at 1 January - unrestricted		41,827	33,195
Surplus for the year - unrestricted		8,809	8,632
Restricted Funds surplus for the year		9,931	
Restricted Furids surplus for the year		3,331	
		60,567	41,827
		00,001	41,027

#### Accounting policies

- The accounts are prepared under the historical cost convention and on an accruals basis.
- 2. Fixed assets are written off in equal instalments over their expected useful life.
- 3. Stock is valued at the lower of cost and net realisable value.
- 4. The Committee consider that individual groups are special interest groups not undertaking charitable activities and as a consequence, in accordance with the Charity Commission's guidelines, their accounts are not included in these accounts. Where interest groups are holding cash in the central Su3a bank account, these funds are included as Restricted Funds

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Philip Long Les Baker 21st April 2022 Chair Treasurer

#### SHEFFIELD u3a

## Registered charity 703147 INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER

	20	021	20	020	20	022
	Ac	tual	Ac	tual	Bu	dget
		Per		Per		Per
	£	member	£	member	£	member
INCOME						
Subscriptions	28,826	10.36	33,432	9.71	26,360	10.00
Gift aid	4,503	1.62	5,910	1.72	4,112	1.56
Interest	34	0.01	140	0.04	50	0.02
Room 50 lets	_	-	297	0.09	_	
Other income - NatWest incentive	1,500	0.54	_	-	_	_
Donations & sundry	20	0.01	_	_	_	_
Total	34,883	12.53	39,779	11.56	30,522	11.58
<u></u>	01,000	12.00	00,	11100	00,022	11.00
EXPENDITURE						
External						
National Affiliation fee	10,320	3.71	11,935	3.47	10,344	3.92
Third Age Matters magazine	4,967	1.78	5,926	1.72	5,681	2.16
National AGM	_ ´ _	_	_	_	750	0.28
Regional meetings	_	_	_	_	200	0.08
YAHR event	_	_	_	_	_	_
	15,287	5.49	17,861	5.19	16,975	6.44
M 1 1:						
<u>Membership</u>						
New members meetings	3	0.00	_	-	300	0.11
Membership renewal	3,525	1.27	3,857	1.12	3,803	1.44
Zoom costs	700	0.25	-	_	350	0.13
	4,228	1.52	3,857	1.12	4,453	1.69

Communication						
Links magazine	3,483	1.25	3,997	1.16	5,000	1.90
Publicity	-	-	-	-	500	0.19
Website	_	_	_	_	200	0.08
	3,483	1.25	3,997	1.16	5,700	2.16
Groups						
Coordinators meetings	_	_	-	-	1,400	0.53
Start up support	_	_	_	-	200	0.08
Insurance & sundry	214	0.08	_	_	100	0.04
·	214	0.08	_	-	1,700	0.64
Committee & administration						
Administration expenses	155	0.06	154	0.04	200	0.08
Room hire	32	0.01	20	0.01	200	0.08
Su3a AGM & IE Fee	317	0.11	368	0.11	600	0.23
Sundries	25	0.01	223	0.06	115	0.04
	529	0.19	765	0.22	1,115	0.42
Central activities						
Drop ins	257	0.09	225	0.07	1,200	0.46
Lectures	(36)	(0.01)	1,153	0.33	2,250	0.85
Room 50 costs	1,830	0.66	2,250	0.65	450	0.17
Volunteers	_	_	_	-	100	0.04
Projects (60's & Learning )	-	- 1	20	0.01	750	0.28
Depreciation	282	0.10	1,019	0.30	283	0.11
	2,333	0.84	4,667	1.36	5,033	1.91
Total	26,074	9.37	31,147	9.05	34,976	13.27
	20,011	1 2.01	,	1 2.00	02,010	20.21
SURPLUS/(DEFICIT - unrestricted)	8,809	3.17	8,632	2.51	(4,454)	(1.69)

## Independent Examiner's Report to the Members of The Sheffield University of the Third Age – Charity no: 703147.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 st December 2021. The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination, which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act: or
- · the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements
  concerning the form and content of accounts set out in the Charities
  (Accounts and Reports) Regulations 2008 other than any requirement
  that the accounts give a 'true and fair' view which is not a matter
  considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Mark Randall - AIMS Accountants for Business - Chartered Accountants – 21st April 2022. Studio 21, Sum Studios, 1 Hartley Street, Sheffield, England, S2 3AQ

#### **Candidates for Office**

## Candidate for Vice-Chair – Maureen Cave Proposer: Peter Reed Seconder: Alison Bond

I have been a member of Sheffield u3a for 8 years, having joined shortly after my retirement. I am secretary of the Su3a Croquet Group and attend many of the Open Group activities. I'm also a regular at the monthly Drop-Ins. I have made many new friends within Su3a and after 6 years as a member I felt that I wanted to give something back to the organisation. So, in 2020 I put myself forward for election to the Executive Committee and I've served on the committee since that time.

Before retirement I worked for over 40 years in local government finishing my working life as a Head of Service in a nearby local council. Local government is a team activity with elected officials, officers and stakeholders, mainly the general public, all playing their part. Negotiating skills, attention to detail, ability to see all sides of an argument plus being inclusive and a "team player" are all skills which were vital in my working life and which I feel would be vital for the vice-chair of Su3a.

I believe that we need good governance and policies which support and protect our members' activities without hindering them. I would like to see our u3a back to the position it was in before the pandemic and to build on that to ensure we have a secure and flourishing future.

## Candidate for Secretary – Brian Barrett Proposer: John Kirkwood Seconder: Liz Kirkwood

I graduated from the University of Sheffield in 1979 and stayed in Sheffield since then. My later career was heading up a building design and construction service in a Local Authority, giving me the experience of partnership and collaborative working. I took early retirement in 2016 and soon after joined Sheffield u3Aa and its Science and Technology Group. I am also a trustee of Joined Up Heritage Sheffield having initially provided project management advice. This has involved working with varied voluntary groups throughout Sheffield.

Walking in Sheffield's surroundings and the Peak District is a keen hobby together with membership of the RSPB and following Rotherham Titans rugby.

I have been a co-opted member of EC since January 2022 and I would like to continue making a contribution to this valued organisation.

**Election of New Committee Members** 

#### Candidate – Francine Rodway

Proposer: Ralph Negrine Seconder: Deborah Beetham

I have been volunteering for a few years and am now the General Coordinator, assisting Group coordinators as needed. I was co-opted onto the EC last year to keep them appraised of my interactions with Groups, and now I am standing for election, as required. I retired from work 4 years ago and have experience of many of the current responsibilities of organisations and have volunteered, should I be successful today, to be the EC lead on data security (General Data Protection Regulations). Hopefully, I have some useful qualities to offer.

Thank you for listening.

#### Candidate - Shirley Taylor

Proposer: Dave Wilkinson Seconder: Samina Aslam

Until recently, I worked in Singapore for 20 years, running my own business as a communication and business writing trainer. For four years, I served on the Executive Committee of Asia Professional Speakers Singapore and became their President 2011-12. I then served on the Board of the Global Speakers Federation for four years, serving as their President 2017-18.

Having recently returned to my home town of Sheffield, I was keen to join u3a, and I've enjoyed meeting new people and trying different activities. I'm interested to join the EC to take on the role of Publicity Officer with the aim of approaching organisations to promote u3a by speaking to their pre-retirement groups, as well as keeping current members more informed, and creating wider community interest in what's happening in Su3a.

#### Candidate - Helen Brown

Name:

Proposer: Samina Aslam Seconder: Martin Harvey

My husband and I moved to Sheffield six years ago when he retired and it was, and still is, a good move for us. I was pleased to be able to join an Su3a French improvers' Group which had been one of my ambitions once I was no longer working full time! My career has been in the academic world and as a public sector management consultant and company director, working particularly with the NHS, local authorities and universities. Since joining Su3a's Research and Shared Learning Group last year, I have enjoyed working with colleagues to design and report on the recent communications survey which has given us a clear picture of members' communication preferences. Key themes throughout my career have been equality, diversity and inclusion, and participation in decision making, and I would seek to bring these to a role on EC.

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#### u3a Sheffield Annual General Meeting Tuesday 12 July 2022

The following have put themselves forward for election to the Executive Committee. Please put an X in the appropriate box against each of the candidates. There are more than four vacancies.

		For	Against	Abstain
Brian Barrett	Secretary			
Fran Rodway	Member			
Shirley Taylor	Member			
Helen Brown	Member			

Membership Number:
Date:
Please return this form so that it arrives no later than 9th July 2022 to Anna
Harvey, u3a Secretary, 56 Chelsea Road, Sheffield S11 9BR or
email annaharvey1954@gmail.com

#### u3a Sheffield Annual General Meeting Tuesday 12 July 2022

The following Committee members are eligible for re-election and have put themselves forward for another term in office. Please put an X in the appropriate box against each of the members.

	For	Against	Abstain
Phil Long – Chair			
Proposer: Brian Clark			
Seconder: Matt Turner			
Les Baker – Treasurer			
Proposer: Nigel Thomas			
Seconder: Dave Longson			
Clare Chiba – Membership Sec			
Proposer: David Jordan			
Seconder: Richard Cooper			
Maureen Cave – Vice Chair			
Proposer: Peter Reed			
Seconder: Alison Bond			
Elaine Burtoft – Website Editor/IT			
Proposer: Pril Rishbeth			
Seconder: Jackie Wilson			
Jonathan Powell-Wiffen – Member			
Proposer: Elizabeth J Turner			
Seconder: David Bills			
Anna Harvey – Member			
Proposer: Shirley Clay			
Seconder: Martin Harvey			

Name:
Membership Number:
Date:
Please return this form so that it arrives no later than 9th July 2022 to Anna
Harvey, u3a Secretary, 56 Chelsea Road, Sheffield S11 9BR or
email annaharvey1954@gmail.com

## Open Groups Activities

Activities of Open Groups, such as the European Travel Group, Weekenders, UK Travel Group and Lunch and Lecture, are open to all members of Sheffield u3a.

#### u3a Travel Group

As many of you may recall, the Travel Group Committee had hoped to arrange outings to both Leicester and the Manchester Ship Canal. However, issues have arisen with both venues so we shall not be going ahead with planning either of those visits this year.

Regarding Leicester, we have been advised that building work will be taking place within the cathedral on unspecified dates throughout 2022. During these periods there will be no public access. We do not want to arrange an outing, only to find that we are not able to visit the tomb of Richard III, a focal point for many people's outing. Regarding a boat ride along the Manchester Ship Canal, the two boat rides are of either 4 or 6 hours which seems an inappropriate length of time after having been on our coach for at least 1.5 hours each way. Shorter boat rides don't actually travel along the canal, using the River Weaver instead.

We are disappointed that we haven't been able to offer many outings this year but it has been extremely difficult for us to obtain information from venues. Due to Covid, places are unsure about what facilities they can provide for us regarding refreshments or guided tours because they are uncertain of the number of volunteers which they will have working for them at any one time. Hopefully, the situation will have improved by next year.

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Sheila Harris, Coordinator of the Travel Group

## OUTING TO FOUR YORKSHIRE CHURCHES on TUESDAY 16th AUGUST 2022

After an enforced break of two years, we hope to resume our church visits with Pat McLaughlin as our guide.

The coach will pick up at Knowle Lane, Ecclesall at 8.30am and at The Interchange at Platform E5 at 9am.

We will meet Pat McLaughlin at St. Winifred's Church, Stainton and have coffee there. The church is thought to have been built in the 12thC in the Norman Style, although the site and the graveyard could have Saxon origins. The Nave and Chancel are Norman and the octagonal font dates from 17thC. The 14thC Chapel is known as the Holm Choir, formerly belonging to the local Holm Hall.

From Stainton we proceed to St. James in Braithwell. The church was constructed in the 11thC as one cell of a Norman church. Added in the 14thC is a Lady Chapel or Chantry which includes a now blocked-up door which was used by the priest. The pulpit incorporates panels taken from an Elizabethan, three decker pulpit. On the south wall of the church is a Mass dial dating from the 12thC.

We travel to Anston for a pre-booked buffet lunch before visiting St. James Church which dates from the Norman Conquest. It houses a 14thC tomb cover depicting a man, a child and angels, and there is some early stained glass and a double piscina. It is a limestone church with 14thC pillars, the holes in which are attributed to musket shells from the Civil War. The Lych Gate stands as a War Memorial.

Our final visit is to All Saints, Laughton-en-le-Morthen which is another remarkable limestone church with a 14thC spire where its 187ft height dominates the landscape. The north doorway is Saxon and the Chancel is Norman and ornamented with stone carvings including Green Men. There is a medieval carved font. A Motte and Bailey castle can be seen from the churchyard. Ingenious flying buttresses in two diminishing sizes support the spire.

After some light refreshments we board the coach to return to Sheffield.

The cost per person for this outing is £32 which covers coach travel, driver's remuneration, payment to our guide, donations to each church, tea, coffee and lunch.

To apply for a place on this outing please complete the booking form on page 30 and return it with a cheque payable to SU3A TRAVEL GROUP together with a stamped addressed envelope to: Valerie Wiley, 112, Button Hill, Sheffield S11 9HJ.

Please remember that INDEPENDENT MOBILITY is essential; many of the churches have uneven floors and steps.



#### **European Travel Group**

#### **Register your Interest**



Monastery in Meteora



Ioannina Old town



Ioannina Lake



Pindos Mountains

website: https://su3a.org.uk/

The ETG management team are organising a tour of Northern Greece. 9th – 16th May 2023. This will be a 7-night/8-day 2-centre tour arriving

and leaving from Thessaloniki (Salonica), Greece's second city. If this tour is one you may be interested to go on, please send an email to bpcave@hotmail.com, putting Northern Greece in the subject field.

During this exciting tour we will have a guided tour of Thessaloniki which was founded in 315BC. We travel to Halkidiki, home to spectacular mountains and delightful water inlets. We take a boat to see the monasteries of Mount Athos (a favourite retreat of Prince Charles) from the sea, as only male visitors are allowed to land.

We go to the Meteora area, a UNESCO Holy site. Here you will see towering rocks, some over 600mtrs tall, with magnificent monasteries on top. James Bond's 'For your Eyes Only' featured the awesome Meteora region.

During our journey to our second hotel we visit Pella, the old capital where Phillip II ruled Macedonia, once an important shipping port. We visit Vergina region stepping back in time, we visit Aigai, where the ancient Macedonian Kings are buried. The fields surrounding are littered with tombs from the lavish to humbler. The tomb of King Philip II, the father of Alexander the Great, was excavated in the 1970s. We visit the fascinating Museum here which is home to a fabulous collection of weapons, jewellery unearthed from the tomb and the golden oak-leaf crown of Phillip II.

Our second hotel is on the banks of Ioannina Lake where we stay for 3 nights. We have a tour of Ioannina, the Capital of ancient Epirus. The city is home to the majestic Castle dating from 6thC. The castle is surrounded by charming cobbled streets and houses typical of the area. We take a boat trip across the lake to see the Ali Pasha museum, formerly the summer retreat of Ali Pasha, who once ruled this region in the 18th century. We explore the Zagora region, located in the heart of the Pindos mountains, adorned with valleys, gorges and snow-capped mountains. We may even see wild bears and wolves. We stop at Mondendri, look at the Kokkori Bridge and see the Vikos gorge which is in the Guinness Book of records as being the world's deepest gorge in proportion to its width.

The cost of this trip is £1599 pp plus £299 single supplement and includes 7 nights in 4\*/5\* hotels on a B&B basis, all transfers to/from Sheffield,

return flights, a local Tour Manager, 5 x dinners, 1 x lunch, boat trips, executive coach travel in Greece, entrance fees, taxes and guided visits.

This is a different Greece from that shown in the traditional holiday brochures. See and learn about the best of Northern Greece. Please register your interest as shown above. If there is sufficient interest, an application form will be published in the August and October *Links* and in the monthly e-newsletter.

### **Steel City Wanderers**



The Steel City Wanderers returned to active duty on Thursday 26 May, when local author Dave Pickersgill skilfully led us on a Pub Heritage Walk in the City Centre. We started at the marvellous Fagans on Broad Lane, wound our way up to Trippett Lane where we stopped for refreshments in the Grapes, where we were warmly welcomed. From there we

moved up to West Street and, finally, to the Red Deer - another treat. En route, other notable pubs were featured and we all came away educated and entertained by Dave's knowledge, but also his ability to take us 'back through time' and bring it all into context . A big 'thank you' to Dave.

#### **Lunch and Lecture**



We trust that you are all feeling more positive about getting out and about as the Covid regulations have relaxed. Time seems to be passing more quickly as we get busier once more! It is already time to think of our next Lunch and Lecture which will be on Friday, 11 November 2022 at the Doubletree by Hilton Sheffield Park Hotel, Chesterfield Road South, Meadowhead, SHEFFIELD S8

8BW. Arrival 12 noon for a 12:30 start. Cost - £20.00.

As this will be Armistice Day we thought it would be appropriate and topical to invite Steven Rendi to speak about the varied activities and duties of The Commo nwealth War Graves Commission which cares for the graves and commemorations of over 1.7 million men and women who died in the two World Wars. Steven Rendi is one of the UK speaker volunteers and during his talk he will cover the origins of the CWGC, how the organisation changed through the First and Second World Wars and what they do today. Explaining about the CWGC graves in the UK, he will tell us more about those local to us, including some of the stories of local casualties. The CWGC is a global organisation with sites in more than 150 countries and Steve's talk will explain about the different locations where they work and some of the problems that this can cause.

If you would like to join us, please book places by completing the following form, being sure to add the names, membership numbers and menu choices of all attendees. Send it to Barbara Hutton (address on the form) together with your cheque and a small, stamped addressed envelope to arrive no later than Monday, 31 October 2022.

#### Menu choices:

A Steak and Ale Pie served with creamed potatoes and roasted root vegetables

B Grilled Salmon Fillet served with sautéed new potatoes, green beans, tomato and black olive cassoulet

C Redefined Gnocchi Bolognese (V)

D Apple and Sultana Crumble served with custard

E Fresh Fruit Salad served with raspberry sorbet

Should you have a special dietary request, please include in your application.

PLEASE NOTE that this is a set menu and once you have made your menu choices you cannot change your mind.

## LUNCH AND LECTURE – COMMONWEALTH WAR GRAVES COMMISSION

Friday, 11 November - 12 Noon for 12:30pm start Doubletree by Hilton Sheffield Park Hotel, Chesterfield Road South, Meadowhead, SHEFFIELD S8 8BW NAMESu3a No(s)								
ADDRESS								
POSTCODETELEPHONEEmail addressMENU CHOICES – please tick one main and one dessert per person								
A B C D E								
Special dietary request:								
Please reserve place(s) for me at £20.00 per person								
I enclose a small stamped addressed envelope and a cheque for £ payable to Sheffield U3A Lunch and Lecture.								
Forms should be sent to arrive no later than Monday, 31 October 2022, to Barbara Hutton, 57 Bradway Road, SHEFFIELD S17 4QR								
NB If you have the E-Links, not a paper copy, please print the form or write out the required information clearly to send with your cheque. (Enquiries: Sue Connelly ksueconnelly@hotmail.com 0124 6418251 or 07890 522014; Barbara Hutton barbara_hutton@hotmail.com 0114 4384412 or 07873 202996)								



# TRAVEL SHEFFIELD U3A TRAVEL GROUP OUTING TO FOUR YORKSHIRE CHURCHES on TUESDAY 16th AUGUST 2022

NAME(S)	Su3a NoSu3a No
ADDRESS	
POSTCODE Tel EMERGENCY CONTACT for each per NAME:	MOBILErson named above :
Tel:	
DIETARY REQUIREMENTS FOR LUN	
Please reserveplace(s) for me. I	
per person), payable to SU3A TRAVE self-addressed envelope. Please sen WILEY, 112, BUTTON HILL, SHEFFIEL Please indicate your preferred pick up Knowle Lane / Ecclesall Road junctio Platform E5 The Interchange 9.00an	d your application form to : VALERIE LD S11 9HJ. o point : n 8.30am ( )

## News from Groups ✓ ♥ 👯 🗷 Υ 🛕 🔹 🎜 🛠 🗘 🗶

Where Groups are encouraging potential new members to make contact, details of coordinators may be found either in the Centre Pages of the hard copy or online at

https://su3a.org.uk/grouppages/interest-and-activity-groups/groups-a-z/.



It's official singing is good for you!



Hi, do you enjoy singing? Do you enjoy meeting people and having fun? Then why not come and join us at VINTAGE VOICES.

We are a very friendly mixed-voice choir who sing in 4-part harmony. Everyone is welcome and we have vacancies in all parts. Our repertoire is varied, from 16th century glees and rounds and light classical music, such as *Ave Verum* and *The Lord is my Shepherd*, to 20th century musicals and Wartime sing-a-longs. We sing in friendship groups around the City including luncheon clubs, care homes, the Winter Gardens, churches and cathedrals.

We normally meet every Monday morning at the Victoria Hall in the city centre. Rehearsals start at 10:15 (so that we can use our bus passes!) and finish at 12:15. There is a fee of  $\pounds$ 12 per calendar month to cover rent and music expenses but you can attend 2 rehearsals free of charge before deciding to join us.

There are no auditions, but some experience of choral singing is desirable, as is the ability to read music at some level. We occasionally meet socially for a meal especially around Christmas.

So give us a ring and come and enjoy yourself. Meet new people, sing your heart out.

If you would like to join us or book the choir for an event or a performance please contact Jackie Hall on 07770332155.

Jackie Hall

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The 40-strong u3a Group that play at Abbeydale Park have a waiting list of 25 people, some of whom have been on the list for over 2 years. The popularity of the game among retired people has increased enormously over the

time we have been involved. There is clearly an opportunity to start another Group on one or two days per week but it needs someone to become a coordinator and organise this as a separate venture. Abbeydale Park Table Tennis Club, to whom we pay rent for our 2 morning sessions, are keen to have their hall in use during weekdays and increase their income. We could put you in touch with the relevant Committee members at the club to discuss details. We would be very happy to meet with anyone who thinks they could take on the role of starting another separate but similar u3a session. Would anyone like to come along and see the venue and how we operate? If so please contact by phone or email either: Belinda Taylor on O11423O4489 or

 $belind a taylor {\color{red} \varpi} talk {\color{blue} 21.com}$ 

John Warwick on 01142530789 or john.suewarwick@talktalk.net.

Belinda Taylor



The A Cappella Group has performed twice recently, for a lunch club at their rehearsal venue in Heeley, and at the Winter Gardens. The latter was part of a sunny Saturday afternoon session run by Classical Sheffield. Both performances were warmly praised.

The Group is now back to full strength, singing four-part unaccompanied songs under the inspiring leadership of Fran Wells.

**David Longson** 



Video of A Capella in the Winter Gardens



The Patchwork and Quilting Group is usually about 6 to 8 members. This number works as the Group takes turns at meetings in each other's homes, but we are flexible with this, so we need to fit around a table.

Some members are very experienced and talented, but I joined not knowing anything. We learn from each other. We meet every 2 weeks at members' houses and the hostess usually makes a cake or buys biscuits. The Group is free.

Flaine Pritchard



## Knitting 1

Lockdown seems to have encouraged a revival of various forms of old-fashioned craft: baking, sourdough-making, gardening - and knitting. We have been very thankful for knitting, which is known to be calming for those under stress, as well as a good accompaniment to such lockdown activities as binge-watching TV series and just staring into space: it has helped us to preserve some sanity. At first we were not able to meet at all, but eventually pulled ourselves together and started to make use of Zoom to keep in touch and to do virtual 'show and tell' sessions so that we could share our knitting achievements (and difficulties). When at last meeting became possible, we are lucky in that

several of us have gardens: our first meeting was in the garden of a very keen guilter, who provided not only tea and cake but an individual guilt each - greatly appreciated, as it was a chilly spring day. Now we are able to go back to meeting in each other's houses once a month, to share tea and cake as well as news of places where wool is to be found (now that we no longer have John Lewis or the Wool Baa). We can admire each other's work 'for real' again - it's so important to be able to feel the yarn!

.....

Jane Harling



## Knitting 2

Before lockdown struck, we used to meet once a fortnight at the Quaker Meeting House in the centre of town, and felt very much adrift when that was no longer possible. However, we kept in touch by email - our tech skills had to improve quite quickly, so that we could take photographs of our work and even include them in emails. Then some of us graduated to using Zoom, which felt like a great leap forward! Eventually, when it began to be permissible to meet in person, we chose a cafe which was just opening up, and because it was new and outside the centre of town. was not at all crowded. By that time we had been vaccinated, so we felt pretty safe. Not all of us are comfortable using Zoom, and not all feel confident in using buses or meeting in person, so at present we are meeting twice a month in the cafe and once on Zoom, so that all can keep in touch. We have sadly lost some members, but have also been able to welcome some new ones, and can once again talk knitting with like-minded others and get help with problems as well as show off our successes.

pp. Helen Gwyddanes



#### How's your Latin?

'dicit oppidum parvum quod Poeni capere cupiant vallis maximis muniri.'

If you can understand that sentence and you'd like to join learners at a similar level of accomplishment in order to improve your knowledge of the language, find out more by emailing Latin - Old Skool coordinator Paul Cordwell (paulcordwell3@gmail.com).



#### Mindful Ageing

The Mindful Ageing Group has been invited by u3a nationally to run a short series of sessions on mindfulness and meditation, using Zoom. These will run every Thursday morning from 10am to 11.15am, beginning on 9 June and concluding on 14 July.



In this series, members of the Mindful Ageing Group will introduce mindfulness and meditation, using the 'Five Ways to Wellbeing' as a basis. We will explore these questions and suggest ways in

which you can practice mindfulness as an aid to ageing well. Every session will be practical!

Each week we will explore a new theme: Take Notice, Connect, Be Active, Give, Keep Learning, and finally, the Full Monty – bringing it all together. For example, in the Be Active session, we shall be talking about the benefits of mindful walking and connecting to nature.

You can book now for these sessions at https://u3a.org.uk/events/educational-events. We hope you can join us, and please pass the message and link to anyone in u3a you think may be interested.

Mike Pupius



The Group has managed to continue activities throughout the pandemic, and we're almost back to normal levels of activity. We explore a different play each month by watching productions individually or as a group. We use the Internet to source different versions of the plays and to do some background research. We also meet in smaller groups to watch plays together in members' homes. Every month we meet at the Florentine pub to discuss the plays. Our discussions range far and wide from the themes of the play, the political, social and religious background, past productions, the language and imagery. The meetings are generally lively and informal with everyone coming from different backgrounds and different experiences of Shakespeare. We're brought together by our shared enthusiasm. If you're interested, please give me a ring to find out more details.

Jennifer Mellor, Group Coordinator



## Science & Technology

Our Group meets on the second Monday of each month at Millhouses Methodist Church starting at 10 am. The outcome of the resurgence of COVID infections at the beginning of the year was that the meetings in January and February took place on Zoom. Happily, we were able to return to Millhouses in February when we received a description of the latest advances in special steelmaking at the Stocksbridge Works of Liberty Steel. Subsequently we have learned about the surge of lead poisoning that occurred in Sheffield in the years 1880 to 1920 and the latest developments in the capture and use of carbon dioxide and the search for a sustainable carbon economy. Our monthly audiences have been healthy (in more ways than one) and numbers are continuing to grow as members become more confident in participating. The church provides a large and well-ventilated area and has good audio-visual facilities. In July we have a visit to Hope Cement Works to discover the nature of the processes carried out there. The progamme for the remainder of 2022 is shown below.

Date	Speaker	Subject
11 July 2022	Visit	Hope Valley Cement
		(To be confirmed)
8 August 2022	Helen Theaker	Anaerobic Digestion
12 September 2022	Rehka Jain	To be arranged
10 October 2022	Rohit Chakrabarty	Air pollution in Sheffield
14 November 2022	Mohamed Pourkashanian	Sustainable Aviation Fuel
12 December 2022	To be arranged	

All our speakers are established experts in their fields. New members are welcomed. Please contact our Coordinator, Alan Zinober at a.zinober@shef.ac.uk if you are interested.

Alan Zinober





I'm pleased to report that the Badminton Group is now up and running every Friday morning, at Abbeydale Park Badminton Club, with attendances at around 16 players on a regular basis. New members will be very welcome.

Dave Wilkinson



### Feminists over Fifty (FOF)



The Feminist Discussion Group is governed by our Ground Rules, promoting respect and kind and supportive behaviours. We meet monthly at the Quaker Meeting House in St James' Street, arriving at 10:15 for coffee and settling down to the Group for 10:30. Our volunteer Chair introduces the Group and reads out the Ground Rules. We then break into smaller groups of 6/7 to discuss our topic (chosen in advance by online poll) for about an hour. Then we come back together as a whole group and those who wish to give feedback on the discussion do so. We have had many fascinating topics and deep and thoughtful discussions. The meeting costs £5.00 each (room hire) and includes coffee. It is a very easy way to meet other FOF members as the meeting is structured and the small group discussion format makes it easy to have an interesting and meaningful conversation. Email feministsover50@gmail.com for more information.

Maggie McCarthy



The Walking Cricket Group (Summer season: meeting weekly on Thursday mornings 10:00 to 12:00 at Parkhead Cricket Club, Ecclesall Road South) continues to thrive. We play on the all-weather strip in the lovely cricket ground at Parkhead. We are a friendly Group of 26 with about 15 playing each week. We are seeking new players – men and ladies of all abilities - come and give the game a try.

Walking cricket was masterminded by Mac McKechnie of u3a Barnsley a few years ago. Now the national co-ordinator, Mac has driven the game forward both in u3a and also nationally. You may have read the article in the last issue of Third Age Matters.

Teams are selected to get a balance of abilities and the aim is to provide an inclusive enjoyable game with everyone batting, bowling and fielding equally. For example: everyone bats for the same number of overs and simply loses 5 runs if they are 'out'. We've introduced monthly socials this summer too.

All kit is provided. Contact Chris Jones on 07753 829771 or chrisbjones23@gmail.com if you'd like to know more.

Chris Jones, Walking Cricket Coordinator

#### u3a Su3a Executive Committee

Chair 07527 198426 Philip Long pelong54@gmail.com, chair@su3a.org.uk 07973 771957 Secretary Anna Harvey secretary@su3a.org.uk Treasurer Les Baker 07847 383636 treasurer@su3a.org.uk Vice Chair Members Brian Barrett 07950 943738 barrettbb3@gmail.com Mo Cave 07831353243 mocave@btinternet.com Clare Chiba 01433 659864 data@su3a.org.uk Ionathan Powell-Wiffen 07502 165184 jwpw@su3a.org.uk General Coordinator 07774 142409 Fran Rodway groupsa@su3a.org.uk Flaine Burtoft 07803 130021 Web Coordinator web@su3a.org.uk IT Member 0114 2685355 Camilla Jordan su3ait@su3a.org.uk Minutes Secretary Michael Clift Clare Chiba Membership Team 01433 659864 wa-admin@su3a.org.uk Ranmora, Ranmoor Lane, Hathersage S32 1BW **Drop-In Organiser** Barbara Doyle 07941188340 barbara.31@btinternet.com Links Editors 0114 2685355 Camilla Iordan David Iordan links@su3a.org.uk Roger Vernon **Equipment Officer** 07769 696909 roger.vernon@btinternet.com Home Pages Manager Stuart Barlow homepages@su3a.org.uk

## Calendar 2022, to September

If attending a Showroom Lecture please bring your membership letter or email (copy on your phone is fine). This programme is subject to change.

July 5	Drop-In	10:00am-12:00 noon, CURC
July 5	Travel Group	RHS Garden at Bridgewater
July 12	AGM	10:30 - 11:30, CURC
July 16	Weekenders	Stamford Open Air Theatre - Hay Fever
July 22	Title tbα Sarah McCleod, CEO of Wentworth Woodhouse Preservation Trust	11:00am, Showroom
Aug 13	Weekenders	Stamford Open Air Theatre - Spider's Web
Sep 6	Drop-In	10:00am-12:00 noon, CURC
Sep 6-11	European Travel Group	Discovering Hidden Umbria
Sep 11-15	Travel Group	Cotswolds
Sep 16	Immersive Theatre Beck Gadsby, Inside Theatre	11:00am, Showroom

<sup>\*</sup> CURC: Central United Reformed Church

Links 207: October 2022
Copy Deadline: 26 August 2022

Regd. Charity No 703147