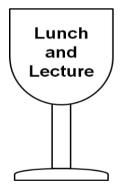


Links Open Groups Supplement













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This supplement is produced by the various Open Group Committees. Any comments should be directed to them and not to the Links Editors.

> Links 207: October 2022 Copy Deadline: 26 August 2022



The Open Groups are open to all members of Sheffield u3a

Most open group activities require you to send in a booking form with deposit and S.A.E. The booking forms will be found in Links, in the Open Groups Supplement and in the monthly e-newsletter and should be completed and returned to the person named by the due date.

For the opportunity to learn more about our city, go on day trips, travel to Europe, listen to a lecture and meet new people, then one of the open group activities is for you.

Travel Audio System

To further enhance the tours where guides are used, Su3a have invested in the Whisper Audio System. Basically, you are provided with a small receiver (about the size of a pack of cards) which you wear around your neck. This has an earpiece attached. The guide wears a transmitter with a microphone and talks normally. Through your earpiece, you can hear the guide up to 70 metres away.

Ideal for those city walks or when visiting country houses and churches. For those with hearing aids with a 'T' switch, loop receivers are available. Just let the organiser know in advance.

Your tour organiser will let you know if these will be used on your excursion.



Report on the European Travellers' trip to Santiago de Compostela and Porto. 15-22 May 2022

Early on 15 May, 33 intrepid U3A European Travellers set out on a much anticipated visit to Santiago de Compostela and Porto, following the cancellation last year caused by the Covid pandemic.



We were accompanied throughout our visit by Maria, our friendly, endlessly patient and helpful Portuguese guide, who had an astounding, in-depth knowledge of the history, culture and life of Portugal, all of which was delivered without a single note. Her Galician colleague, Carlos, charming and funny throughout, guided us around Santiago and A Corunna. A highlight was the Cathedral

in Santiago, a magnificent building with its swinging Botafumeiro, dating back to the 11/12 centuries, and crowded with those attending mass, priests, pilgrims and tourists such as ourselves. High on the windy cliffs near A Corunna, looking out across the Atlantic, is the Tower of Hercules, Europe's oldest working lighthouse. Close by are some old canons, parts of which were made in Sheffield in the 1920s. Atlantic waves crashed against the cliffs below the lighthouse.

The following day, we left Santiago and headed across the border towards the city of Braga. En route, we spent time in Padron, a small town with an interesting market, full of piles of salted cod, peppers including the Padron piemento and luscious fruits. With its formerly grand buildings, there was an atmosphere of faded elegance in



Padron. A wine tasting at a winery in the town of Cambados followed. Later we spent some time in Viana do Castelo, a handsome town situated on the estuary of the river Lima, with a very impressive double decker bridge. We drove up a steep wooded hill to the church of Santa Luzia, from where we had a wonderful view over the town and the Atlantic. It was interesting to see 3 off-shore wind turbines, a far cry from the extensive arrays off our own coastline but, as Maria reminded

us, Portugal makes far more use of solar energy than we can in the UK, so wind power becomes less significant.

Our hotel in Braga, formerly a large elegant private house, was very friendly and welcoming though some of us never did get the hang of the numbering of the floors or the lifts. Braga is a modern elegant city though with a long religious and commercial history. We visited Bom Jesus do Monte, Portugal's most spectacular religious sanctuary, designed by the Archbishop of Braga in 1722 and from



where we had far reaching views over the surrounding area. From there, we went on to Guimaraes.

Our final day was spent in Porto, Portugal's second largest city with a strong British heritage. It was an extremely hot day, so we were glad to be in the cool surroundings of the magnificent Stock Exchange and the bizarrely ornate San



Francisco Church. In their different spheres, both were displays of wealth and power. We had a very pleasant lunch in a waterside café followed by a river cruise on the Douro before our final visit to Serralves Park, a large, peaceful park with a lake, a tree walk, a very welcome tea house and the large Art Deco house, now the Museum of Contemporary Art. It provided a welcome break before our late evening flight back to the UK.

To conclude this brief account of our trip, a few general impressions include: beautiful decorative, ceramic tiling on the external walls of buildings; vast acres of eucalyptus trees, originally from Australia in the 19c, now the basis of a flourishing paper industry; pastel de nata tarts; small granaries formerly used for winter storage; no large vineyards found elsewhere in Europe but small vineyards with vines sometimes growing up trees; wonderful camellias; and many more....

On behalf of all my fellow travellers, I'd like to thank Samina and Brian for making this much delayed visit possible and, of course, the indefatigable Maria, who contributed so much to our enjoyment of this holiday.

Deborah Beetham



Steel City Wanderers

The Steel City Wanderers returned to active duty on Thursday 26 May, when local author Dave Pickersgill skilfully lead us on a Pub Heritage Walk in the City Centre. We started at Fagan's on Broad Lane and walked up to Trippett Lane where we stopped in the Grapes for refreshments! From there we moved up to West Street and, finally, to the Red Deer. (Other excellent real ale pubs are available!)



Forthcoming walk:

On 24 August, I will lead a walk around the city centre focused on "Sheffield's Music Heritage". This looks at many aspects of our musical history – iconic clubs and record shops; locations immortalised in song; places pertinent to a particular Sheffield performer etc. We happily encourage participation in this – as we walk, feel free to share your own memories of the music scene in the city!

For further details on both these walks, please see the Sheffield U3A website, particularly:

https://su3a.org.uk/home/regular-events/steel-city-wanderers/

Beyond that; for all U3A urban adventurers, this link is worth checking regularly, as more 'wanderings' will be announced soon. In order that the walk leaders and stewards can properly manage the walks (which are often in busy urban environments), we limit each event to a maximum of eighteen participants, and places are allocated on a first-come, first-served' hasis

Happy wanderings!

Brian Clark
Steel City Wanderers
blclark9@hotmail.com





The Friday Lecture Programme

All lectures take place in Showroom Cinema 4 and commence at 11.00. Coffee and tea is served in the Showroom Café from 09.30. Online registrations open on the Su3a website early in the week of the

lecture. This helps us estimate attendances. However, you are welcome to come along without registering.

At the time of writing (June) the programme for September – December is as follows:

16th September: Rebecca (Beck) Gadsby, Founder and Director, Inside Theatre, *The Future of Theatre*

With advancements of digital technology in every aspect of our lives from Health to Hollywood, how are these affecting the theatre industry? And what could the future hold for your favourite plays?

Voted '100 Ones to Watch' by the Creative Industries Council, Beck Gadsby has been developing and experimenting with digital technology in the theatre for the past 6 years. A theatre director of 20 years, she became interested in technology for theatre following a Japanese art installation. In 2020, during the pandemic, she developed "Inside Theatre" and the world's first theatre design app. Winner of "Best New Digital Company" in 2022, Inside Theatre is now developing exciting tech solutions for many different theatre projects.

28th October 2022: Dr Simon Duffy, It's Our Community, Reforming Social Care in Sheffield

Dr Simon Duffy is President of Citizen Network, a global cooperative, created in Sheffield and now extending to 34 countries. He was awarded with the RSA's Prince Albert Medal and the Social Policy Associations' award for contribution to social policy. Simon developed the concepts of Personal Budgets and Personalised Support and has been very active in advocating for change in social care to advance citizenship and human rights, nationally and internationally. Simon will argue that the current social care system for children, adults and older people is deeply flawed. Problems go far beyond chronic under-funding. The system pushes people out of family and community life, encourages abuse and undermines the

development of good neighbourhood-based care. Simon will propose an alternative Progressive Model of Social Care, one that could be politically attractive, but one which, if it had the will, Sheffield could adopt today.

18th November: Jill Croskell, Hilary Lawrenson and Hazel Jones, *The Pinnacle Club: 100 years of women climbing together*

The Pinnacle Club is a UK-wide club of women climbers, which celebrated its centenary in 2021. When the Pinnacle Club was founded in 1921, women climbing independently from men was very unusual. The Club's development over the last century is an illustration of the journey of female emancipation and independence. This history is embodied in journals, photographs, films, letters and the memories of our members, some now in their 80s and 90s.

Our presentation will provide glimpses of the exciting and pioneering climbing and mountaineering exploits of Pinnacle Club women over the last 100 years, illustrated by stories of prominent members past and present. The presentation will draw on photos, film clips, journal articles and memories and anecdotes from current members, many of whom have gravitated to Sheffield because of its status as the Outdoor City and its world-famous climbing crags.

16th December: To be confirmed

As noted previously, a small team of 3-4 members is required to propose, correspond and introduce speakers and to liaise with the Showroom regarding technical requirements. We need to return to the *modus operandi* of the pre-Covid lecture planning team who agreed among themselves who was to take responsibility for which dates.

Please contact me at <u>pelong54@gmail.com</u> if you are interested and able to commit to this for 2023.

Philip Long



Tour of TV Drama Locations 30th – 31st October 2022

ITV's **GRANTCHESTER** and BBC's **Call the Midwife**

This 2 day/1 night tour takes us to the Cambridgeshire village of Grantchester, location of the popular crime series from ITV starring Robson Green and Tom Brittney. During our visit we will enjoy a 2 hour guided walking tour. This 2-hour

walking tour starts in the heart of Grantchester. You'll be guided through familiar locations that required very little set dressing to transport them back to the 1950s. You may be surprised at how many film locations can be found on the vicar's doorstep!



Many of the show's memorable moments

take place in Grantchester Meadows, so pull on your walking boot, because no Grantchester tour would be complete without a visit to the Meadows. Scenes in the Meadow and by the river included moments of loneliness, heartache, love, guilt, happiness and above all friendship, all of which will be discussed during the tour. What better way to reminisce over these scenes than by enjoying a leisurely walk along the banks of the River Cam.

The tours highlights include the Church of Saint Andrew and Saint Mary whose interior and exterior feature heavily throughout all 6 series of Grantchester. So many memorable scenes have been filmed inside this church including Mrs Maguire's marriage to Jack and the 'Brechtian' Christmas nativity directed by Leonard.



Next to the church, you'll see the real vicarage where both heart-breaking and heart-warming scenes were filmed and you'll get a chance to quietly enjoy the charming graveyard with its ancient gravestones, striking war memorial, and elegant red brick wall.

The tour route is a little under 2 miles and includes some rough terrain and hills. The tour will go at a leisurely pace and include stops where the guide will share anecdotes and trivia about Grantchester, however, a reasonable level of fitness is required. The Grantchester tour will go ahead come rain or shine and some parts of the tour may be quite muddy, we, therefore, request that you dress appropriately.

After we finish our tour of Grantchester, we travel to our hotel in Chatham where we can relax and enjoy dinner. After breakfast, our coach takes us to Chatham docks where the BBC's *Call the Midwife* is filmed.

If you're a fan of the hit series and you've been wondering where *Call the Midwife* is filmed, put yourself in the picture and explore where the real drama happens with a Call the Midwife Official Location Tour at The Historic Dockyard Chatham.

Walk in the footsteps of Nurse Trixie Franklin, Sister Julienne and Dr Turner and explore where the real drama happens. The walking tour is led by your very own costumed midwife.



As you walk around the dockyard, you will recognise the streets and buildings that have been used to portray the area around Poplar Dock (set in the East End area of London) where many memorable scenes involving its stars, such as Miranda Hart and Jenny Agutter, have taken place. See sites such as the Lisbon Buildings, the exterior of The London hospital. Thames dockside scenes, the entrance to Doctor Turner's surgery and much more.

The Call the Midwife Tour of Locations is a gentle-paced walking tour led by your very own 'midwife'. Your 'midwife' will share with you fascinating anecdotes about the filming of the show and behind-the-scenes facts. Your midwife will set the scene by providing a background to Chatham Dockyard itself. After the tour, there will be some free time to look at other parts of these famous docks including the 'ropery'.

The cost of this 2 day/1 night tour is £195 pp plus £25 single supplement. This includes executive coach travel, guided walking tours of both locations and an overnight stay at a 4* hotel in Chatham including evening meal and breakfast.

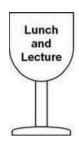


Tour of TV Drama Locations 30th- 31st October 2022

Booking Form

Name 1
Name 2
Su3a Membership Number : Traveller 1 2
Post Code:
Tel:
Email:
Special dietary requirements:
Emergency contact: Name: Tel:
Please reserve places. I enclose my cheque for £
I require the following room type: double / twin / single / share twin.
Please return this completed form together with your cheque and a s.a.e. to Brian Cave, 73 Highcliffe Road, Sheffield, S11 7LP to arrive no later than Wednesday 17 th August 2022.
Please indicate your preferred pick-up point:
Sheffield Interchange Pier E Door 5 ()
Knowle Lane Bus Stop (corner with) Ecclesall Road South. ()

LUNCH AND LECTURE



REPORT: LUNCH AND LECTURE 6 MAY 2022

It is usual for the Lunch and Lecture Open Group to hold two events per year, one in May and one in October or November. Our speakers are from a wide variety of backgrounds and with very different specialisms.



Our next event will be held on 11 November 2022 and as this is Armistice Day we have invited a speaker from The Commonwealth War Graves

Commission (CWGC), whilst the Lecture for our May 2023 event will be from Steve Porter, Head Gardner of Chatsworth House, and November 2023 will be about the Air Ambulance Service. A very varied programme.

For Friday, 6 May 2022, we were fortunate enough to be able to engage Mr Andrew Thwaite, a Chocolatier from York Cookery School, who has been working with chocolate since 1995. Andrew was extremely knowledgeable and had a fabulous sense of humour, keeping us enthralled with stories of some of his amazing international travels in his quest to



understand cocoa, interjected with facts from the history of the development of the chocolate industry. Whilst he was speaking, he demonstrated the making of some of his speciality chocolates - quite fascinating. The plenary was lively with a 'question and answer' session,



rounded off with a generous selection of samples that Andrew had brought for distribution at the end of his session. None of our members were disappointed!

Attendance at our Lunch and Lectures is good varying between approximately 180 and 100 members. Previous congestion, in

the bar/anteroom, prior to the meal was alleviated this time by inviting

members to take their seats in the dining room much earlier. After trialling a 'help yourself to coffee and tea' arrangement following our delicious meal, the Lunch and Lecture Team decided that it was not a successful way of serving post dinner hot drinks and, for next time, we have asked for them to be available on every table.



The microphone system used this time was a little inadequate for the type of demonstration we had. As the venue's hearing loop no longer works, the events team at the hotel very kindly hired microphones and a hearing loop for us to use. Next time they would need to charge for that facility, therefore, we need to investigate the costs of providing/hiring microphones and a hearing loop ourselves and looking at the presentation equipment more closely.

K Sue Connelly pp Lunch and Lecture Team

LUNCH AND LECTURE - 11 NOVEMBER 2022



We trust that you are all feeling more positive about getting out and about as the Covid regulations have relaxed. Time seems to be passing more quickly as we get busier once more! It is already time to think of our next Lunch and Lecture which will be on **Friday**, 11 November 2022 at the Doubletree by Hilton Sheffield Park Hotel,

Chesterfield Road South, Meadowhead, SHEFFIELD 58 8BW. Arrival 12 noon for a 1230 start. Cost - £20.00.

As this will be Armistice Day we thought it would be appropriate and topical to invite Steven Rendi to speak about the varied activities and duties of The Commonwealth War Graves Commission.



The Commonwealth War Graves Commission (CWGC) cares for the graves and commemorations of over 1.7 million men and women who died in the two World

Wars. Steven Rendi is one of the UK speaker volunteers and during his talk he will cover the origins of the CWGC, how the organisation changed through the First and Second World Wars and what they do today. Explaining about the CWGC graves in the UK, he will tell us more about those local to us, including some of the stories of local casualties.

The CWGC is a global organisation with sites in more than 150 countries and Steve's talk will explain about the different locations where they work and some of the problems that this can cause.

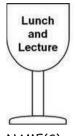
Menu choices:

- A Steak and Ale Pie served with creamed potatoes and roasted root vegetables
- **B** Grilled Salmon Fillet served with sautéed new potatoes, green beans, tomato and black olive cassoulet
- C Redefined Gnocchi Bolognese (V)
- D Apple and Sultana Crumble served with custard
- **E** Fresh Fruit Salad served with raspberry sorbet

Should you have a special dietary request, please include in your application.

PLEASE NOTE that this is a set menu and once you have made your menu choices you cannot change your mind.





LUNCH AND LECTURE: COMMONWEALTH WAR GRAVES COMMISSION

Friday, 11 November - 12 Noon for 1230 start

Doubletree by Hilton Sheffield Park Hotel, Chesterfield Road South, Meadowhead, SHEFFIELD S8 8BW

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SU3A No(s):					
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Special dietary Please reserve and a cheque forms should b	request: or £		00 per person. effield U3A Lu onday, 31 Octob	I enclose a small SA nch and Lecture.	E

NB If you have an E-Links or E-Newsletter, not a paper copy, please printout the form or write out the required information clearly to send with your cheque and SAE.

(Enquiries: Barbara Hutton (01144384412 ~ 07873202996)

<u>barbara_hutton@hotmail.com</u> Sue Connelly (01246418251 ~ 07890522014)

<u>ksueconnelly@hotmail.com</u>



Sheffield u3a Private Facebook group

Sheffield u3a now has a private members only group on Facebook. The aims for this group are to share photographs of us in our group activities (please obtain everyone's permission first), share the benefits we gain, promote information about new groups, post updates about drop-ins and new members' meetings, plus links to our monthly e-newsletter and other useful information. This private group will help us all keep much more in touch and aware, and spread the buzz and love about Su3a.

Please go to https://www.facebook.com/groups/sheffieldu3a/ and hit 'Join'. You will be asked to answer 2 questions including typing in your u3a membership number. See you in our new Facebook group.





At the moment there is only Samina Aslam and Brian Cave organising the weekenders trips and the European Travel Tours. We would like some help. In particular, if you feel you could help us organise the weekenders day and two day trips, please contact either Samina on sammas1747@gmail.com or Brian on bpcave@hotmail.com.

You will be working with us and full support will be given as you learn our procedures.

Now that we are learning to live with Covid, we would gradually like to increase to 4-6 weekend trips per annum. However, we will not be able to achieve this without help.

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Calendar 2022

Spiders Web
Aug. 16 UK Travel Group Four Yorkshire Churches
Aug. 24 Steel City Wanderers Sheffield's Music Heritage
Sept. 6 Drop-in 10:00 – 12:00 CURC*
Sept. 6 – 11 European Travel Group Hidden Umbria
Sept. 11 – 15. UK Travel Group Cotswolds & Beyond
Sept. 16. Friday Lecture** Beck Gadsby – Immersive Theatre
Oct. 4. Drop-in 10:00 – 12:00 CURC* Oct. 28 Friday Lecture** Dr. Simon Duffy – <i>Reforming Social Care</i>
In Sheffield
Oct. 30 -31. Weekenders Tour of TV drama locations <i>Grantchester</i> and <i>Call the Midwife</i>
Nov. 2 Drop-in 10:00 – 12:00 CURC*
Nov. 11 Lunch & Lecture Steven Rendi – Commonwealth War
Graves Commission
Nov. 18 Friday Lecture** The Pinnacle Club – 100 years of Women
Climbing Together
Dec. 6 Drop-in 10:00 – 12:00 CURC*
Dec. 16. Friday Lecture** TBC
Dec. 25 Merry Christmas Everyone

2023

May 9 – 16. **European Travel Group** Hidden Northern Greece

*CURC: Central United Reform Church, Norfolk Street
** Friday Lectures are held in the Showroom at 11:00

Sheffield u3a is a registered charity No: 703147

https://su3a.wildapricot.org/ http://su3a.org.uk