

Walking Group R Risk Assessment

The following risk assessment is intended to cover the actual walks. Risks involved with getting to and from the walk are the personal responsibility of members.

Risk	Mitigation	Comment
Getting lost	The walk leader has a map and/or gps. The walk will have been re-connoitered	Members of the Group are likely to be tracking the walk on their phone.
Getting separated	A back marker is appointed when there are more than six walkers. The pace is adjusted if necessary. Walkers wait at key points	Count walkers - in check list.
Slips and falls	Members have appropriate footwear and other equipment (eg sticks).	Members take personal responsibility for first aid kits and being appropriately equipped.
Serious Accidents & illness	The Group has at least one charged mobile phone.	All members should carry personal "In emergency information". The walk leader should be aware of possible short cuts and/or escape routes, particularly in areas of doubtful mobile signal.
Road Accident	The walkers follow the highway code.	The reconnoiter should identify any potential road traffic hazards and ensure availability of high visibility jacket if appropriate.
Weather hazard	The forecast is checked before the walk. The walk is cancelled when appropriate. Open moorland is avoided in thunder storms.	The walk leader should be aware of possible short cuts and/or escape routes.
Member struggles to complete walk	Length and difficulty of walk are shown in the programme.	Appropriate action that avoids the member being left alone is taken.
Covid-19	The Group follows current guidelines	Members take personal responsibility for vaccination etc. Members do not come if they have symptoms.
Risks to the public	Walkers follow the country code.	In particular gates are monitored.

Check list

The following checks should be carried out by the walk leader at the beginning of each walk.

1. Count the number walking and ensure everyone know each other.
2. Check phone, maps etc.
3. Appoint back marker, if there are more than six walkers.
4. Inform walkers of route and any specific hazards.