

Links 219: October 2025



South East Strollers enjoy the beauty of Creswell Crags - see Page 25

Contact us

Our website is at: https://su3a.org.uk

Here you will find all the latest news and information about Su3a, including items that do not appear in *Links*.

Membership inquiries:

Su3a Membership Team members@su3a.org.uk

.....

Information about groups:

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07774 142409

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All news and correspondence to the editors: email: links@su3a.org.uk Please provide text and photographs separately. If you are providing photos please confirm you have the permission of any Su3a members appearing and that the photos are not in breach of copyright.

The Links team is not responsible for the content of any articles. For any queries please contact the author of the article.

Facebook group

To join our Facebook group, please go to https://www.facebook.com/groups/sheffieldu3a/ and hit Join. You will be asked to answer two questions and will need your Su3a membership number.



It's membership renewal time again

As always, we ask you to renew online if you can. If you never shop online then feel free to fill in the form which has come with this *Links* and send a cheque. To renew your membership online go to https://su3a.org.uk/. You will need to log in before you can renew. If you have forgotten your password, click on the here below the Log in box. When your password reset email arrives click on the link provided. The link in the email may be split over two lines. Make sure you select all the link; if necessary, select it, copy it and paste it into your browser. On the next screen you can accept the suggested password or delete it and type in the password of your choice. Click on Save Password. (Do not click on Generate Password as this will simply give you a new suggested password.)

If you share an email address, one of you will have that email address as a login and the other will have a dummy address. The person with the dummy address will not get a reset email so, if no reset email arrives for you, please email members@su3a.org.uk and request a password. The membership team will then send you one.

When you have logged in click on Renewal/Join Us. Your details will appear in the form for joining us or renewal. (If your details are not there you have not logged in.) You can change your membership level here and choose to pay for printed copies of *Links* (£5 for 2026) and/or Third Age Matters (£4 for 2026). Check all your details are correct and then select your payment method. If you are paying by debit/credit card fill in your card details here. Be very careful you type in all the information required correctly or your payment will fail. Your renewal will be processed in the following few days and your new membership number will be emailed to you.

If you have any problems renewing, contact our membership team at members@su3a.org.uk.



From the Chair 🔨 👂 🞉





Save the date! Tuesday 9 June 2026. We'll be having an all-day event at Whirlow Brook Hall to celebrate the 40th anniversary of Sheffield u3a. There will be music from some of our groups, a chance to do a spot of drawing or painting, 'en plein air' if the weather is good, inside if it isn't, a Wellness Walk in the park and many other activities.

It's a chance for groups to showcase their activities to other members so if your group isn't yet involved but would like to be, please let me know at chair@su3a.org.uk. We're hoping that this will be the culmination of a year of activities celebrating this great organisation of ours. Other events are still in the discussion stage. We've already had ideas from some members but there's room for more, particularly if they come with an offer to organise or help organise the event.

Back to business now. At the AGM in July we enjoyed a performance by Vintage Voices beforehand and a buffet lunch afterwards. We try to get the business of the meeting done in double quick time and didn't do too badly this year, despite having the election of four new members to the Executive Committee (EC) to contend with. We now have a full committee for the first time in a while. New members are:

Anita Brough - Vice Chair, Maria Buller - Secretary, Sarah Williamson - Committee Member, George Hampson - Committee Member.

We said goodbye and thank you to Elaine Burtoft, who has stepped down from the EC after six years. Elaine will be very much missed by EC members but fortunately she is happy to continue running our website.

That's all from me in this issue. See you in December.

Mo Cave

Notices

Drop-In

Please note that the monthly Drop-In at the Central United Reformed Church will now run from 10.00 to 11.30 instead of until midday. This is because in the past we have had prospective members turning up at 11.50 and as we need to vacate the church at midday this does not allow us sufficient time to deal with them.

The Drop-In will remain open until midday so If you are one of our members who likes to meet up with other Su3a friends for coffee at the Drop-In then as long as you are there by 11.30 at the latest, you shouldn't be inconvenienced by this change.

Do something different - run a group!

We have so many great suggestions from members about groups they'd like to see or join and so many queries asking why there aren't any Su3a groups and activities in their area. Unfortunately what we are short of is people to run those groups.

Some groups can be so easy to run. For example, book, card and social groups can mean as little as sending an email each week or month to book your chosen venue and tell members the date and time of meetings. Our General Coordinator's team, groupsa@su3a.org.uk, will help you to get members, find a venue and provide a risk assessment. We'll also help if you have problems with your members. Occasionally we might ask for information on your group. Help is always available but what we can't do is run the group for you.



Research and Shared Learning (RSL)

Participating in research or learning projects is not time-consuming and members need no academic qualifications, previous experience or expertise. So why not get involved in RSL by becoming a member of our Interested Members' Group (IMG)? IMG members will be the first to learn

of and take part in university research specifically aimed at improving the health and well-being of our age group. In addition you will also get feedback about any research RSL have participated in. To discover what interesting and exciting projects RSL have been in and are currently involved with, go to su3a.org.uk/home/research-projects.

If you want to become a member or would like more information email Gordon Dabinett at gordondabinett@gmail.com.



Open Groups Activities

Activities of Open Groups, such as the European Travel Group, UK Travel Group and Lunch and Lecture, are open to all members of Su3a.



Lunch and Lecture



New venue: Starting from our next meeting on 24 October, we will be at The Mercure Sheffield. Kenwood Hall Hotel and Spa, Kenwood Road, Sheffield S7 1NQ, as the Doubletree by Hilton Sheffield Park Hotel at Norton has closed.

The Kenwood is an admirable replacement and we're thrilled its Lakeview Room is available to us. It has a fan-

tastic view over the grounds and lake, offering plenty of natural light, and is ideally situated on the ground floor of the main building, close to the reception and lounge bar, offering easy access via a couple of steps or a ramp with a hardly noticeable upward slope.



Free parking is available in two areas to the left of the reception and some overspill around the corner to the right. (Once inside the reception area, there are two facilities for you to record your registration number.) Parking is also available on the road by the gate. Bus number 218 runs every 30 minutes from Pond Street via Furnival Gate and Fitzwilliam Gate to Psalter Lane where you can get off at the Stag's Head and walk via Kenwood Bank and Kenwood Road to the hotel. Bus route 56 is also an option, but involves a slightly longer walk from Montgomery Road along Rundle Road to the hotel.

As usual, we advise arrival at 12 midday for a 12.30pm start. Please note that the events manager at Kenwood asks members to register and collect place cards, which will have your name and menu choice, for displaying on the dining table to assist the waiting staff to work efficiently. Please bring your booking receipts with you as we will be using them to help with registration on arrival.





Our speaker for October is Peter Machan whose topic will be *The Last of the Little Mesters?* Peter is a well-known speaker and author on topics of Sheffield's local history, having a Masters degree in the subject. He has been fascinated by the surviving heritage of the Sheffield cutlery industry and has charted and researched the traditional craftspeople and their premises over the last 40 or so years. His talk is based on his recent book and follows the rise, decline and survival of the Sheffield metal trades, in particular illustrating the state of the traditional cutlery and silverware trade in the city today.

Lunch and Lecture – Peter Machan on The Last of the Little Mesters?				
Mercure Sheffield Kenwood Hall Hotel & Spa, Kenwood Road, Sheffield S7 1NQ Friday 24 October 2025, 12 midday for 12.30pm start.				
NAME(s) Su3a No(s)				
ADDRESS				
POSTCODETELEPHONE				
Email address				
(I agree/do not agree to you retaining my email address for the purpose of sending me further information about this event or future similar events - please delete as applicable.)				
MENU CHOICES – please tick one main and one dessert per person				
A B C D E				
Special dietary request:				
Forms should be sent to arrive no later than Wednesday 8 October 2025, to Barbara Hutton, 57 Bradway Road, Sheffield S17 4QR.				
(Inquiries: Barbara Hutton O114 4384412 or O7873 202996; Sue Connelly ksueconnelly@hotmail.com O1246 418251 or O7890 522014)				
If you would like to find out more about resources to help with hearing at the lecture please tick the box below for someone to contact you:				
If booking multiple places, please record all names and Su3a membership numbers (use a separate sheet if necessary) and indicate their menu choices.				

Menu choices:

A Chicken, tarragon and wild mushroom casserole

B Grilled hollandaise salmon

C Seasonal risotto (VE)

Served with seasonal vegetable and potatoes

D Baked vanilla cheesecake, berry compote and Chantilly cream

E Sticky Yorkshire parkin with custard

Tea/coffee with mints

Please note our deadline for notifying numbers to the hotel is three weeks before the event and we cannot be as flexible as in the past. When received please keep your receipt safe and bring it with you.

NB If you have the E-*Links*, not a paper copy, please print the form or write out the required information clearly to send with your cheque and SAE.





Travel Groups

This article is a gentle but important reminder for all members applying for trips organised by the UK Travel and European Travel groups.

Our trips are open to all Sheffield u3a members only. Please do not ask if a friend, family member, etc, can join and then take offence at the refusal. All applications must have up to date Su3a membership numbers and emergency contact details and should be filled in correctly.

The organising team will try to give as much information about a trip being offered as possible. However, it is the responsibility of the applicant to be able to get on and off the coach and enjoy the trip independently or with the assistance of a carer (who does not need to be a Su3a member but must pay for the trip). Members must not rely upon the coach driver, the organising team or fellow travellers to assist them throughout the day. Applicants must highlight any issues (and allergies if lunch is being provided) on the application form. Informing the team the day before or on the day means we cannot always make any allowances required. If

in doubt applicants can always contact the relevant trip leader for further information so that an informed decision can be made by you.

Sometimes applicants, rightly or wrongly, become frustrated. However the members of the organising teams, like many other members, have other commitments outside of the travel groups, e.g. other charity work, family and friends. So I would ask all applicants when contacting the team members to be courteous and patient. Rude behavior will no longer be accepted.

Samina Aslam, Co-ordinator sammas1747@gmail.com



Burgundy and Dijon 16-22 May 2026

We travel by Luxuria coach to our hotel in Dijon for our four-night stay. En route we stop overnight east of Paris and complete our journey to Dijon the following day.



All photographs courtesy of Leger Holidays

Dijon is regarded as the gastronomic centre of France and has recently opened the 'International Food and Wine Centre' featuring the best of

French gastronomy and wines. We will enjoy a guided tour of Dijon taking in the Romanesque and Gothic churches and medieval streets of the capital of Burgundy.

We visit the little-known gem of Besançon, the home of Victor Hugo. The city straddles the Doub, a river that has shaped and saved the city over the centuries. Even Julius Caesar recognised the defensive qualities of the location and many remnants of the fortifications remain, including the incredible military citadel that sits above the city. We will enjoy lunch at a local brasserie.



One of the days will be dedicated to the wines of the region and we will visit Beaune, seeing the Hospice de Beaune, one of France's most prestigious monuments with its flamboyant Gothic architecture. We have lunch at a local restaurant before going to the vineyards of Patriarche Père et Fils. Here a sommelier will guide us through the exceptional cellars, housing more than two million bottles, and there will be an opportunity to taste six different wines.

On our way back to England we stop overnight at Auxerre, giving us time to look around the historic stone and wood town centre, before returning to Sheffield the following day.



The Luxuria coach can accommodate 31 passengers and its seats are wide and comfortable, with plenty of leg room. Drinks and snacks are served on board and each seat has an entertainment screen.



This tour will cost £1,300 per person sharing a double room (£280 extra for single occupancy). The cost includes coach travel from/to Sheffield, bed and breakfast each day, two lunches, six dinners, all gratuities (except hotel), visits as listed on the itinerary and wine-tasting.

To join, please complete the application form below and return it to Brian Cave, 73 Highcliffe Road, Sheffield, S11 7LP together with your deposit cheque for £150 made payable to Leger Holidays and an A5-sized SAE.

If you are unable to print or copy the form, please write all the required information on a sheet of paper.

Burgundy and Dijon 16-22 May 2026
Please complete the booking form in BLOCK CAPITALS.
NAME Su3a No
NAME Su3a No
ADDRESS
POSTCODE
Email address
Mobile telephone number
Please reserveseats. I enclose a cheque for the required deposit of \pounds (£150pp). Cheques must be made payable to Leger Holidays. This is non-refundable unless a new person can be found to take your place in the event of your cancellation. I/we require a double/single/twin room.
Pick-up point: Knowle Lane: or Sheffield Interchange E5:
Please send this completed form together with your deposit cheque and an A5 (size of our <i>Links</i> magazine) SAE to Brian Cave, 73 Highcliffe Road, Sheffield, S11 7LP by 20 October 2025. A booking form and further details will be sent during November. If you have an questions email Brian at bpcave@hotmail.com or ring O1142305312 or O7768121767

Registration of Interest - The Vibrant Cities of Andalucia 6-13 October 2026

Join us for a two 4* hotel stay (Jerez and Antequera) to uncover the enchanting landscapes, timeless traditions and vibrant cities of Andalucia.

We will explore iconic landmarks such as the Alhambra and the Cathedral of Seville, savour authentic tapas, experience a passionate flamenco performance and visit a traditional sherry wine cellar.

We will begin our exploration of the region in Seville with a guided walking tour in Santa Cruz and a visit to the cathedral with half the day free to explore and shop this iconic city independently. The following day we explore Jerez, visiting a carriage museum followed by a visit to the world-famous Andalucian Horse Show. We will also have a tapas menu lunch in the local winery followed by sherry wine tasting. Dinner will be taken independently at local restaurants or at the hotel.





We will have a full-day excursion to Cadiz including a panoramic tour and an official guided tour of the cathedral followed by free time for lunch, shopping or further independent exploration. In the evening, dinner will be followed by a flamenco show featuring the area's best local flamenco artist. We then journey to the heart of Andalucia and our second hotel in Antequera, stopping at Ronda and an official guided tour of the oldest bullring in Spain with free time for lunch or further independent exploration.

The next day it's the "City of the Caliphs", Cordoba, with its historic centre with narrow whitewashed lanes and hidden squares and of course the Mosque-cum-Cathedral. Then comes what is to many, the jewel in Andalucia's crown: Granada and the Alhambra Palace and the Generalife Garden. The last stronghold of the Moorish dynasties before it fell to the Catholic monarchs. We will have a guided tour of the chambers, patios and gardens.

Depending upon flight times, additional visits could be added to the itinerary for the first and last day. The cost of this trip is approx £2,100pp

with a single supplement of £210pp subject to minimum numbers being met and includes: return UK coach transfers, return flights from Manchester or East Midlands airport, 7 nights accommodation, 7 breakfasts, 6 dinners, 1 tapas menu lunch. To register your interest, please contact Samina Aslam by 31 October 2025. 0114 2351489/ sammas1747@gmail.com



Good Food Show Winter, NEC, Sunday 30 November 2025 🎄



We are organising a visit to the NEC Good Food Show Winter at the NEC in Birmingham on 30 November 2025. This show is very vibrant with well-known chefs and many ideas for the festive season.

'The Good Food Show Winter is back from 27-30 November packed with more festive flavour and more foodie fun than ever! Join top chefs and experts live including Michel Roux, James Martin, Si King, Jane Dunn of Jane's Patisserie and many more cooking their very best seasonal recipes. Explore and shop from hundreds of artisan producers and big brands perfect for your Christmas shopping lists. Discover the new Good Food Hub where the magazine recipes come to life with book signings, live podcasts and the brand-new Kitchen Clinic. Enjoy free demos and talks across the show with top names to be announced and add some sparkle to your day with hands-on workshops and tastings!'

The cost of the visit based on 40 tickets and coach cost will be £40 including an amount for the driver's gratuity and the basic cost of entry. Other sessions would need to be individually booked. I have made a list of everyone who responded positively to the Open Group advert in August. I still need to receive a form to confirm your place. If you wish to pay by BACS transfer the details are on the application form. Please let me know that you have paid. Thank you.

Julia Daine



Good Food Show Winter at the NEC Sunday 30 November 2025

Please complete the booking form in BLC	OCK CAPITALS.
NAME	Su3a No
NAME	Su3a No
ADDRESS	
	POSTCODE
Email address	
Mobile telephone number	
Either: I enclose a cheque for the required Cheques must be made payable to Sheffi Or: I have paid by Bank Transfer. Account name: Sheffield u3a UK Travel Account no: 67203497 Date of Transfer	ield u3a UK Travel. Sort code: 08-92-99 Ref: GFS your initial & surname esponsible for any lost or orrect reference details when
Name	int and note departure times: Interchange E5 (8.15am): ulia Daine, 27 Gaunt Close, Kil- O October. will be by email. To ensure you

The Travel Group's visit to Northumbria

A sunny week in late May found 27 members venturing up the A1 to Northumbria, stopping off in Durham to visit the magnificent cathedral before arriving at our hotel, a few miles west of Newcastle.

The history of Alnwick Castle, home of the Percy family, which we visited on our first full day, stretches back to Norman times. The interests of each generation are reflected in the different styles of individual rooms, for example, the comfortable library contrasts with the sumptuous design of both the saloon and drawing room.

Cragside, a vast Victorian pile near the village of Rothbury, was created in three phases by William and Margaret Armstrong in the 1870/80s, much of it based on the ideas of the architect Norman Shaw. William Armstrong (1810-1900) was a visionary inventor, engineer and businessman, whose company, Elswick Works by the River Tyne, employed more than 25,000 people in the manufacture of hydraulic cranes, ships and armaments. Decades ahead of its time, Cragside was the first home in the world to be lit by hydroelectricity. Armstrong created several artificial lakes and a dam which generated the power to operate a telephone, showers, a lift, dishwasher, fridge and other items in a way unheard of at the time.

The visit to Bishop Auckland was very different. A former market town, it has suffered economically in recent years. Jonathan Ruffer, a wealthy City investor, art collector and philanthropist became involved in a regeneration project to transform the fortunes of the town and surrounding area by establishing The Auckland Project, based in Auckland Palace. The palace, the home of the Prince Bishops of Durham over many years, also contains a series of 13 paintings by Francisco de Zurbaran, bought by Mr Ruffer to preserve them for the people of the North East. With the continued financial support of Mr Ruffer and his wife, the project supports the palace itself, the faith museum, a mining art museum and the Spanish art gallery. In 2017 transformation of the extensive, curved terraced gardens began, using many traditional methods, materials and planting.

Unfortunately our boat trip around the Farne Islands was cancelled as we were approaching Seahouses, though many of us were more than a little relieved once we saw the height of the waves. Instead we were able to visit Bamburgh Castle, a short distance along the coast. Originally the site of a Celtic fort, it occupies a commanding, exposed location high on the cliffs. In 1894 it was bought by William Armstrong, whose family still own the castle. Our last visit was across the causeway to Holy Island and 12th century Lindisfarne Priory.

On our final day, we visited the Bowes Museum near Barnard Castle, after first calling in on the Angel of the North, as emblematic and striking as ever. Disappointingly it is now only partially visible from the A1 as nearby trees have grown too tall. At first sight, the museum seemed out of place in the countryside of County Durham. The huge house was built between 1869 and 1892, in the style of a French château, to house the extensive art collection of John Bowes and his wife Josephine. Their collection consists of ceramics, jewels, porcelain, furniture, clocks, silverware, paintings and far more.

We would all like to thank Samina for her hard work in arranging the trip and for her endless patience and kindness.

Deborah Beetham

Potential New Group

Bus walks from Sheffield 🖵 🖄

For some years we have hosted a website on bus walks from Sheffield at https://www.camillaanddavidjordan.org.uk/buswalks/index.html. We are now proposing to set up an Su3a group with a view to refreshing, updating and future-proofing this site. We are thinking in terms of one organised walk each month either checking an existing walk or setting up a new one. Typically walks should end at a café or pub near a bus stop in time for refreshments before returning to Sheffield. The length of walks is variable. We hope to attract some members who would be keen to contribute text or photos to the website but this will not be required of all members.

The current site is dominated by the routes 218, 272 and 65 which pass the end of our road but we would welcome new walks in other directions.



Walk summary

- Length: 9.5 km, 6 miles
- Maps: OS Explorer OL24 The Peak District White Peak Area, OS Landranger 119 Buxton and Matlock
- Approximate timing: 2hrs 45 mins
- Ascent: 225 metres
- Descent: 385 metres
- Maximum altitude: 335 metres

If you are interested in the possibility of joining this group please email David Jordan at david.jordan50@gmail.com by 31 October. If there is sufficient interest we will then set up a meeting in November to discuss arrangements.

Camilla and David Jordan

News from Groups ✓ ♥ 🗱 💌 🖊 🛔 🗸 🗴 🗘

Where groups are encouraging potential new members to make contact, details of coordinators may be found either in the centre pages of the hard copy of *Links* or online at

https://su3a.org.uk/grouppages/interest-and-activity-groups/groups-a-z/.



We meet every Thursday afternoon at Ecclesall Church and have vacancies for new members. We are a lively, friendly group and enjoy exploring a range of subjects and media. To find out more please email pauline@mm1728pm.plus.com

Pauline Miller



As the weather gets colder and wetter, would you like some exercise that is weatherproof, sociable and as intense as you wish to make it? If yes, then give racketball a try. If no, then try racketball anyway, you might surprise yourself.

It is easy to learn, all equipment is provided and showers, sauna and refreshments are available. Sessions are coach-led with plenty of variety and a very sociable, mixed group of players. We meet on Monday and Thursday mornings in S17. For more information, please contact me on O7534 521554.

Peter Keen





The Wednesday weather has been incredibly kind so far this year and we've completed some wonderful high rides, with amazing views almost every week

. The group continues to thrive with a regular turnout of

website: https://su3a.org.uk/

between six and 12 cyclists on a mixture of pedal and eBikes. The rides are 20 to 28 miles, always on quiet or traffic-free routes, and always with at least one cafe stop!

Sandie Andrews



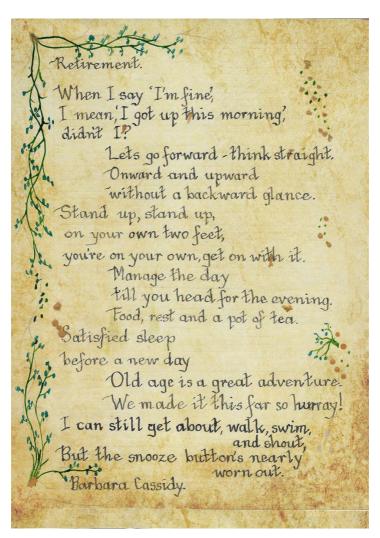


Vintage Voices successfully ended our January to July rehearsals with a performance in the Winter Gardens followed by a lovely meal in the town centre. Since June we have also performed at St Williams of York Luncheon Club, Henleigh Hall Care Home, the Su3a AGM and Bents Green Rosemary Luncheon Club – and we have been invited back so we must be doing something well! We re-commenced rehearsals in September and already have potential performances arranged for November and December. We are a very friendly group and are currently looking for bass, tenors and altos to join us. Please contact me via the Su3a website if you are interested.

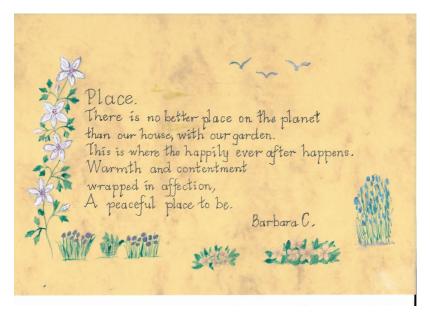
Jackie Hall

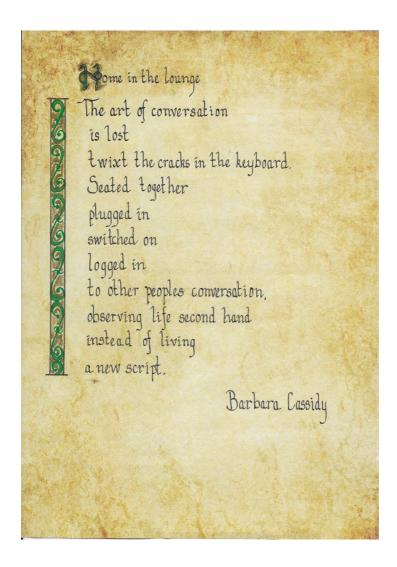


We thought you would like to see some of the work of the Calligraphy Group.









Our main aim is to improve our calligraphy and we currently have space for one or two new members.

Barbara Cassidy



We are a small group who enjoy a Saturday morning walk once a fortnight covering areas such as Creswell Crags, Anston Woods and the Chesterfield canal. See the front cover for a photo. Our walks generally are about three miles long and we look after each other if we have undulating terrain or have the occasional stile to navigate. We occasionally visit local parks and may pop into the Peak District too, so we enjoy a vast variety of locations and are very versatile! After our walk we enjoy lunch together at a local pub. If you would like to join us or find out more please email me at stephdixon247@gmail.com

Stephanie Dixon



In June 12 members of the group enjoyed a trip to the Isle of Man, staying a few nights in each of Port Erin and Peel. We travelled by ferry, some as foot passengers and some taking their cars.







Highlights included coastal walking, steam trains and, for the birdwatchers, the black guillemots at Peel harbour. We would commend the island as a venue to other walking groups.

Camilla Jordan



Not played for a while and a bit rusty? A complete beginner? Can beat the computer but what about a person? Whatever your level you will be welcome at our club. We meet at St Columba's Church, 503 Manchester Road, Crosspool S10 5PL every other Thursday from 2-4pm. This month we will meet on October 2, 16 and 30. For further information email me at dandmmargerison@gmail.com



David Margerison



The long hot summer starts to affect Croquet Group members.





Heather ironing her dress pattern



Making a dress





Our group does all kinds of needlecraft - at the moment there are members doing embroidery, dress making, alterations and 'make do and mend'.





We have nine sewing machines, although you can bring your own machine and any patterns, materials, etc, you need. There is no-one actually teaching but members are always willing to share their skills. The sewing room is large and well-lit and there is an ironing board. There is also a café.

Jackie Smith





Dippers Monday walk around Damflask

Jackie Smith



We are singing at Dore and Totley Music's Sounds On Saturdays event at Totley United Reformed Church at 3.15pm on 18 October. For tickets and further information, please visit

https://www.eventbrite.co.uk/o/dore-totley-music-114922629341.



Tying Up Your Loose Ends and What to do with the Ashes

'Tying Up Your Loose Ends' is full for October but there are still a few places for January. Over 60 people have now done this course which helps you think about how to organise ahead rather than in a crisis - the idea is to open the discussion both on the course but also with the people in your life. The course runs over two afternoons (21 and 22 January) at Shirley House, off Psalter Lane. Please email

joanna.mutlow@humanistcare.org.uk to reserve a place or to go on the waiting list for the next time it runs - it seems the demand is about three times a year.

There are a few places left on the 4 November course on 'What to do with the Ashes' which is running for the second time (email Jo to reserve a place or to go on the waiting list for next time). One in five people have ashes at home and the course aims to help with this as well as looking at options for your own ashes if you are planning ahead. Feedback from the first cohort found the planning sheet useful and liked the examples of the different rituals you could invent. They liked the discussion and opportunity to ask questions and said that the information provided was clear and helpful.

Io Mutlow



Deaf Awareness Group

The group was set up to campaign for better access for the hard of hearing at theatres, cinemas and talks and to share experiences of using equipment and strategies to improve communication between deaf and hearing people. Initially we advised on the most suitable choice of

equipment for radio transmitters and receivers to support deaf people in Su3a lectures. We selected the TourTalk system which is still being used.

We have tried to recruit new members but unfortunately nobody has shown the commitment to attend more than one meeting and most have not shown up when they said they would. As a result, the group has not grown over the last couple of years and has become a social group of about eight regular attendees of whom some have indicated that, for various reasons, they will no longer be able to attend. Sadly this means the group is no longer viable.

While we intend to keep up with each other socially we no longer wish to do so as an Su3a group. However we can look back on some early success in campaigning and, thanks also to improvements in the technology, things are better than they were when the group was set up by Heather Rostron, a wonderful person who has since sadly died, and myself.

Chris Carter

Forthcoming lectures

- 17 October *Emergency Care* Prof Steve Goodacre Identifying the most urgent cases in A & E.
- 21 November *The Hebridean Way* Rachel Firth A personal journey across this iconic route.
- 19 December *Who Wants to be a Millionaire?* Pat Collard A lighthearted look at one woman's brief moment of fame on the small screen.

Lectures are in the Showroom and begin at 11am.

u3a Su3a Executive Committee

Chair	Maureen Cave	07831 353243 chair@su3a.org.uk
Vice Chair	Anita Brough	vice-chair@su3a.org.uk
Secretary	Maria Buller	0747 8667848
, , , , , , , , , , , , , , , , , , ,		secretary@su3a.org.uk
Treasurer	Les Baker	07847 383636
		treasurer@su3a.org.uk
Member	Brian Barrett	barrettbb3@gmail.com
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Minutes Secretary	Michael Clift	

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u3a Calendar October - December 2025

As always, this is subject to change. See Page 30 for Friday lecture titles.

7 October	Drop-In	10am-12 midday, CURC*
17 October	Lecture, Prof Steve Goodacre	11am, Showroom
24 October	Lunch & Lecture	Kenwood Hall & Spa
	Peter Machan	The Last of the Little Mesters?
4 November	Drop-In	10am-12 midday, CURC*
21 November	Lecture, Rachel Firth	11am, Showroom
30 November	Travel Group	Good Food Show
		NEC Birmingham
2 December	Drop-In	10am-12 midday, CURC*
19 December	Lecture, Pat Collard	11am, Showroom

^{*} CURC: Central United Reformed Church

Links 220: December 2025

Copy Deadline: Friday 31 October 2025

Regd. Charity No 703147